



# Jax Air News

A CHINFO AWARD-WINNING NEWSPAPER

## TOUCHING BASE



### Front gate closure

Due to road construction, the NAS Jacksonville Main Gate will be closed tonight from 6 p.m. to 2 a.m. and tomorrow from 6 p.m. to 2 a.m. on Sunday. The Pass and I.D. office will remain open. All NAS Jacksonville personnel should use the Birmingham Gate during these closures. For more information, call Maj. Glenn Williams at 542-5118.



### Softball championships being held here

NAS Jax will be hosting the Women's Softball Armed Forces Championships Aug. 5-9. The opening ceremony is scheduled for Aug. 7 at 9 a.m. with the first game beginning at 10 a.m. between the Navy and Air Force. There will be six games per day, Aug. 7-9. For a complete schedule of games, see page 10.

### Your vote counts

Register to vote at the Navy Exchange on Aug. 6 from 10 a.m. to 2 p.m. and at the base galley on Sept. 4 from 10:30 a.m. to 12:30 p.m. All active duty, family members, retirees and DoD civilians who are local residents of Clay and Duval Counties are encouraged to register. For those active duty military members living away from their legal residence, absentee forms are also available. Armed Forces Voter's week will be celebrated Sept. 2-6. Come out and exercise your right to vote. For more information, contact ACCS(AW) Diana Burns, NAS Jacksonville Voting Assistance Officer at 542-2516/2838.

# 'Simply The Best'

## Hospital accreditations ensure quality care

By Loren Barnes  
NavHosp Jax Public Affairs

Naval Hospital Jacksonville and its seven Branch Medical Clinics (BMCs) spanning Georgia and Florida as well as the hospital's Addictions Rehabilitation Clinic (ARC) are accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). In addition, the command's Family Practice and other teaching programs and laboratories are accredited through various accrediting organizations. JCAHO surveyed the Naval Hospital and clinics July 15-19. The hospital and clinics were also inspected by the Navy Medical Inspector General (IG) and Medical Occupational Safety and Health (MED OSH) that same week. JCAHO, a private, not-for-profit organization, is the leading healthcare accrediting body in the world. Accreditation validates that the command is adhering to established JCAHO standards. The accreditation process at Naval Hospital Jacksonville included an on-site survey by a team of highly experienced healthcare professionals who evaluate compliance. Heading the JCAHO survey teams were Shirley Francisco, RN; Dr. Robert Potter, MD; Dr. Thomas Treat, PhD, FACHE; Dr. William McCabe, PhD; and Karen Szymanski, RN, MSN, MBA. For a healthcare facility to maintain accreditation, the survey must be completed every three years. Passing the Joint Commission survey is considered the "Good Housekeeping Seal of Approval," and confirms that the hospital and its clinics are in compliance with nationally established standards.



Photo by HM2 John Veres

Lt. Cary Schultz, SRNA, Student Registered Nurse Anesthesiologist, administers anesthetic and monitors vital signs to a patient in the Operating Room. Observing is Cmdr. John Waegerle, CRNA, Certified Registered Nurse Anesthetist Instructor. The joint JCAHO survey and IG inspections are now administered with just 30 days notice. Previously, hospitals were informed at least one year before the teams arrived on site. The survey teams evaluate the hospital and its clinics from all perspectives; administrative, human resources, quality of care, safe working conditions, patient safety, soundness of fiscal policy, record keeping, customer satisfaction, etc. The surveys are geared toward process and performance improvement and offer the hospital a unique opportunity to showcase its strengths while presenting its special challenges, making the case for increased support in order to better serve our customers. The weeks leading up to the inspection and during the survey week itself were challenging as the entire hospital and branch medical clinic staffs, under the leadership of Commanding Officer Capt. Ralph Lockhart and the hospital's Executive Steering Committee (ESC), prepared each directorate, department and clinic for the microscope. The excitement and expectation was palpable when the survey team leaders met with the ESC

See HOSPITAL, Page 8

## Memorial ride held for Warmowski

By Miriam S. Gallet  
Editor

Close to 300 cyclists participated in the Jim Warmowski Memorial Ride for Safety held last Wednesday in Clay County. Lt. Cmdr. Jim Warmowski was a 20-year Navy veteran and a member of the Naval Health Care Support Office (HSO) at NAS Jacksonville. He was tragically struck and killed on July 14, as he trained for his next triathlon on County Road 17, south of Green Cove Springs. Warmowski was an accomplished member of the Navy South Regional Triathlon Team. Capt. Lawrence Walters, officer-in-charge of HSO, who was present at the memorial ride, expressed his sorrow and praise for Warmowski. "This is a wonderful tribute to an outstanding cyclist. This is truly a celebration of his love for life. Jim lived life 'large.' I am expecting him to be watching us from few yards away. He was a superb naval officer and dedicated professional and we miss him," said Walters. Others at the memorial echoed the words of memorial ride organizer Lt. Cmdr. Tom MacRae, officer-in-charge of PSD Jacksonville, when he called on the



Photos by Miriam S. Gallet

As part of the Jim Warmowski Memorial Ride for Safety, Jeanne Hardgrave (center), a long time Jacksonville cycling icon and friend of Warmowski, leads the peloton out of the Winn-Dixie parking lot on County Road 220 enroute to the site where Warmowski was struck and killed last month. people of Jacksonville to share the road with cyclists and thank those who already do. MacRae was a close friend of Warmowski and also a member of the Navy South Regional Triathlon Team. In a letter sent local and state officials, MacRae called for stiffer penalties for drivers that threaten or kill cyclists, accelerate into a bicycle lane when bicycle signs are posted, and called for additional bicycle paths like the Jax-Baldwin Rail Trail. Cyclists placed flowers, candles and a wooden cross at the site of the fatal accident. Local vocalist Rachel Kamps, a cyclist and long time friend of Warmowski sang the National Anthem. Clay County Sheriff's office provided the police escort for the 25-mile ride.



Cyclists place flowers and candles in memory of fellow cyclist and Navy Cmdr. Jim Warmowski, in the vicinity of where was struck and killed on July 14.

### WEEKEND WEATHER

**FRIDAY 7/6/94**  
SCATTERED THUNDERSTORMS

**SATURDAY 7/5/93**  
SCATTERED THUNDERSHOWERS

**SUNDAY 7/5/92**  
SCATTERED THUNDERSHOWERS

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site:  
<https://www.nlmof.navy.mil>

### INSIDE

- Classified .....15
- Community Calendar 13
- FFSC Classes .....10
- From The Galley.....11
- Helping Hands.....6
- Hey MoneyMan! .....2
- Jax Sports.....13
- Jax Tales .....13
- Meet a Civilian .....2
- Meet a Sailor .....2
- MWR Notes.....11
- PSD Passdown .....2
- Sports Standings .....13

# FFSC News

## FFSC marketing team trained support campaign

From FFSC

As part of its goal to improve recruitment, readiness, and retention, the U.S. Navy has launched a global campaign to encourage Service members and their families to take advantage of life-and career-enhancing programs offered at its 55 Fleet and Family Support Centers (FFSCs) around the world.

To help raise awareness and change perceptions of the center, Navy Personnel Command brought nearly 60 of its FFSC directors and marketing specialists to Millington, Tenn. for three days of training in June and July.

McNeely Pigott & Fox, a Nashville-based public relations firm with offices in Memphis, developed the marketing campaign and conducted the training.

"This training is one element of our commitment to getting service members and their families to take advantage of this important benefit they earn every day through hard work and dedication to our armed forces," said Capt Kim Drury, Navy Personnel Command.

The training sessions included a presentation by marketing expert O.C. Ferrell, Ph.D., who chairs the department of marketing at Colorado State University. Ferrell is a leading

professor and scholar of marketing and business ethics who has co-written more than 70 articles and 17 books.

"Fleet and Family Support Centers are among the Navy's best efforts to put service members and their families first," said Drury. "We offer a range of programs from personal financial management and new parent support to spouse employment assistance, professional counseling and deployment support."

The Center's services are free to all service members, their families, retirees and activated reservists. It is a benefit unmatched in the private sector, said Drury. "No private sector employer takes care of its own the way the Navy does. And the new logo and theme line we've adopted to promote the programs reflect this."

The FFSC's new lighthouse logo and theme line, "Meeting Your Needs. At Home. At Sea" were designed to give the Centers a uniformed identity at naval bases around the globe.

"The goal is to familiarize more service members and their families with the 14 programs offered, and increase utilization," explained Drury.

"These programs are specifically designed to address the unique challenges that come with life in the military," she continued. "We are here to

help families and service members manage their finances, deal with stress, relocate, adjust to parenting and everything in between."

Service members are often unaware of or are misinformed about the array of programs available to them and their families.

"Like many of my former peers, I was under the assumption that you only go to the FFSC if you are in trouble," said 20-year Navy Veteran Eugene Jackson, who retired from the service and now serves as a relocation specialist at NAS Whiting Field in Milton, Fla.

"I was amazed to find out about all the services and resources the FFSC has to offer - services that could've made my career a lot less stressful if only I had known or had made an effort to find out," he added.

"Those who use the FFSC once tend to use it again because they receive great service and they discover all the other beneficial programs available to them there. The challenge is getting service members to walk in the door the first time," Ferrell said. "That's where effective, targeted marketing comes in, and this campaign delivers that element."

For information on programs and services provided by NAS Jacksonville FFSC call 542-2766, Ext. 127.



### Meet A Sailor...

MS3 ROSARIO MENDEZ

**Job title/command:**  
Morale, Welfare and Recreation

**Hometown:** San Antonio, Texas

**Family Life:** Married with two children.

**Past Duty Stations:** Subase Groton, Ct., NS Mayport

**Career Plans:** To retire from the Navy.

**Most Interesting Experience:** Having my two children.

**Words of Wisdom:** Live life.



### Meet A Civilian...

K.C. MCCARTHY

**Job title/command:**  
Community Relations, Commander Navy Region Southeast

**Hometown:** San Diego, Calif.

**Past Duty Stations:** Naples, Italy, Warminster, Penn., Subic Bay, Philippines, Columbus, Ohio and NAS Jacksonville

**Career Plans:** Just started my second career... to soon to tell.

**Most Interesting Experience:** The evacuation from the Philippines following the eruption of Mount Pinatubo.

**Words of Wisdom:** Work hard and have fun while you're doing it.

## Memorial service held for SAR student

By Staff

A memorial ceremony was held for GSM2 Kellye McCarty at the NAS Jacksonville Base Chapel last Friday.

McCarty, a native of Irving, Texas, passed away July 22 after losing consciousness during a routine swim test. She was 38.

A 10-year Navy veteran, McCarty, was beginning her fourth week of search and rescue swimmer training at the NAS Jacksonville Search and Rescue School.

She was to graduate with her class last Friday. During the gradu-



GSM2 Kellye McCarty

ation ceremony, the class honored McCarty with the Inspirational

Leader award which is presented to the student who "inspired her class to work as a team and helped them overcome all obstacles." Her brother, Jeff McCarty accepted the award.

McCarty's jersey number, 05 was retired during the ceremony and now hangs on the wall at the school in a shadow box along with her picture.

McCarty was a crewmember of the pre-commissioning unit of the new Arleigh Burke Destroyer USS Preble, homeported in Pascagoula, Miss.

She was buried in Grapevine, Texas on Monday.

## HEY MONEYMAN

### Hey, MoneyMan:

My wife and I just moved into the area and she wants to attend a local college. I am an E-5 and we do not have a lot of money.

Do you know about any loans or scholarships for spouses attending school?

### MoneyMan Sez:

You bet! Going to school is worth considering because a better education usually leads to better pay.

There are a number of financial assistance sources available. She should first check with the Navy and Marine Corps Relief Society at 542-3515.

If she is going to school full-time, she may qualify for the Adm. Travers Scholarship which offers

### Money Man Art

either a \$2,000 per year grant or a \$3,000 per year interest-free loan. The deadline for applying is March 1.

You should also contact the Navy College Office at 542-2477 for more sources.

### Hey, Moneyman:

My credit is in shambles, largely due to "self-inflicted

wounds." I have a hard time getting credit and most of my credit cards have high interest rates.

I was recently turned down for a car loan. My shop supervisor gave me the name of a credit repair shop that fixed his credit and helped him get a car loan.

Do you know anything about these credit repair places?

### MoneyMan Sez:

If you want sound advice, go to a sound advisor. Most of these "credit repair" places are in business to make money and they will only make matters worse for you.

Usually they charge high fees for their services and

they do little that you could not do yourself. Often they use unscrupulous or even illegal strategies.

They may advise you to change the spelling of your name or to borrow money at a high interest rate in order to "fix" your bad credit.

That is like telling someone to get drunk to solve their drinking problem.

My advice is for you to make an appointment with your command financial specialist, credit union, Navy and Marine Corps Relief Society or the local Consumer Credit Counseling Service.

**More questions? Call Hey MoneyMan at 778-0353.**

## FFSC offers educational and support programs

From FFSC

The Fleet and Family Support Center Life Skills Education and Support Program is the foremost preventive measure for the avoidance of personal and family problems.

All FFSC workshops and classes are free of charge and available to service members and their families, and civilian personnel aboard the base.

Pre-registration is required. If special accommodations or handicapped access is required, please notify us upon registration. Contact 542-2766, Ext. 127 to register.

The following workshops are available during the month of August:

Aug. 5-8, 7:30 a.m. - 4 p.m. - Transition Assistance Workshop (Separation)

Aug. 6, 9-11 a.m. - What

About The Kids?

Aug. 6, 1-3 p.m. - Debt Management

Aug. 8, 8 a.m. - noon - Smooth Move Workshop

Aug. 12-16, 8 a.m. - 4 p.m. - Command Financial Specialist Training

Aug. 12-16, 6-10 p.m. - Basic Ombudsman Training

Aug. 13, 8 a.m. - 4 p.m. - Stress Management Workshop

Aug. 14, 9 a.m. - noon - How to Have a Healthy Relationship

Aug. 14, 6-8 p.m. - Budget for Baby Workshop

Aug. 19, 9 a.m. - noon - Florida Family Law Information Seminar

Aug. 19-22, 7:30 a.m. - 4 p.m. - Transition Assistance Workshop (Retirement)

Aug. 20, 11 a.m. - 1 p.m. - Budget for Baby Workshop

Aug. 20, 1-3 p.m. -

Checking Account

Aug. 21, 8 a.m. - noon - Divorce Adjustment Workshop

Aug. 22, 6:30-9:30 p.m. - Ombudsman Assembly

Aug. 28, 9 a.m. - noon -

Coping with Difficult People

Aug. 29, 8-11 a.m. - Anger Control Workshop

Aug. 29, 1:30-3 p.m. - Volunteer Service Council



## Sunday Services

You are invited to the following Base Chapel Worship Services this Saturday and Sunday:

**Saturday** 5 p.m. - Catholic Mass  
**Sunday** 8:30 a.m. - Protestant Communion  
9:30 a.m. - Catholic Mass  
11 a.m. - Protestant Worship

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon.

## CREDO

It's free! Give yourself the gift of a Navy CREDO Retreat. The next Personal Growth Retreat is Aug. 15-18. For more information, or to register, call CREDO at 270-6958.

## Jax Air News

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Deadline for all routine copy is close of business the Friday before publication. Deadline for Classified submission is noon Monday. Questions or comments can be directed to the editor. The **Jax Air News** can be reached at (904) 542-1533 or (904) 542-3531 or by fax at (904) 542-1534 or write the **Jax Air News**, Box 2, NAS Jacksonville, Fla., 32212-5000. All news releases should be sent to this address.

The **Jax Air News** is published by The Florida Times-Union, a private firm in no way connected with the U. S. Navy under exclusive written agreement with the U. S. Naval Air Station, Jacksonville, Florida. It is published every Thursday by The Florida Times-Union, whose offices are at 1 Riverside Ave., Jacksonville, FL 32202. Estimated readership over 32,000. Distribution by The Florida Times-Union.

Advertisements are solicited by the publisher and inquiries regarding advertisements should be directed to:

**Jax Air News**

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1 Riverside Avenue • Jacksonville, FL 32202  
904-359-4168  
Linda Edenfield, Advertising Sales Manager • 904-359-4336  
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# “Dragonslayers” hold change of command

By Lt.j.g. Teresa Ferry  
HS-11 PAO

Cmdr. John Schoeneck will relieve Commander Brent Canady as commanding officer of HS-11 in a change of command ceremony today.

Schoeneck arrived at HS-11 in June 2001 as the executive officer. He had been previously assigned to Commander Helicopter Antisubmarine Wing, U.S. Atlantic Fleet (CHSWL) Weapons Training Unit where he served as officer-in-charge.

A native of Syracuse, N.Y., Schoeneck graduated from Rensselaer Polytechnic Institute and was commissioned in 1985. That same year he began naval flight training and was designated an unrestricted naval aviator in August 1986. He has served in

HS-5, and HS-1, flying

the SH-3H and the SH-60F/HH-60H and has accumulated more than 3,300 flight hours.

Schoeneck resides in Orange Park with his wife, Lisa, his son, Daniel and two daughters, Abigail and Claire.

Canady, a native of Shelbyville, Tenn., graduated from the United States Naval Academy, and was commissioned in 1984. He was designated an unrestricted naval aviator in April of 1986.

Canady took command of HS-11 in June of 2001 and led the “World Famous Dragonslayers” through a record-breaking deployment on board USS Theodore Roosevelt (CVN 71), spending 159 consecutive days at sea in support of Operation Enduring Freedom.

During the deployment, HS-11 forward deployed ashore to support Combat



Cmdr. John Schoeneck



Cmdr. K.B. Canady

Search and Rescue, participated in Leadership Interdiction Operations against two suspected smuggling ships and also performed three lifesaving search and rescues. Under Canady's leadership, the squadron was awarded the Battle Efficiency Award for 2001.

Canady has accumulated more than 3,600 flight hours.

He currently resides in Orange Park with his wife Kate and his two sons, Andy and Benji. His next

assignment will be with the National War College in Washington D.C.

Cmdr. Joseph D'Angelo became the “Dragonslayers” executive officer following his tour at HS-10 where he served as executive officer. HS-10 is the current Fleet Replacement Squadron for all SH-60F/HH-60H aviators.

D'Angelo is a graduate of Penn State and resides in Orange Park with his wife, Lorena and twins, Kelley and Nicholas.

## Multi-Cultural Awareness Fair

Aug. 29 -10 a.m. - 4 p.m.  
Sea King Park 1 and 2

- Cultural heritage representations and art displays
- Diverse cultural entertainment – music, dancers, live bands and Caribbean
- Stilt Walkers
- Classic car show
- Free samples of cultural food dishes from 11 a.m. to 1 p.m.

For more information call SMC Fronzaglio at 542-3304 or Sylvia Kitt at 542-0842.



## September exams coming up

From Personnel Support Detachment

The September 2002 Navy-wide advancement exams are just right around the corner.

Candidates for E6 will take the exam on Sept. 5, E5 candidates on Sept. 12, and E4 candidates on Sept. 19.

The place of examination will be promulgated by respective commands or by Personnel Support Detachment for commands being served by PSD.

The verification of worksheets will be handled through command Pass Liaison Representatives (PLR). Please contact your command PLR for dates and time of exam worksheet verification.

Commanding officers/officer-in-charge are authorized to waive up to one year of the required time-in-rate for members in pay grades E5 for the E6 exam, who received a promotion recommendation of “Early Promote” on their recent periodic evaluation.

For more information, call PSD at 542-4218.

# Please Fill

# DEFY

2002

DRUG EDUCATION FOR YOUTH

## A WEEK OF FUN & LEARNING



VP-30's ATC John Kempton briefs the DEFY group before boarding a P-3.

Photo by JOC Bill Austin

### DEFY 2002 makes seven years for VP-30

By JOC Bill Austin  
Healthcare Support Office PAO

Nestled among the seemingly endless acres of Jacksonville's historic Camp Blanding, a National Guard Post, the sounds of splashing and belly laughs were heard as kids from the Drug Education For Youth (DEFY) went for a much needed swim on the beach to cool off from the scorching Florida sun.

This was day one after all, and they had plenty of fun and experiences in store for them during the week ahead.

On July 15, 72 Sailors and civilians rallied together and provided plenty of time and mentorship to more than 70 kids as DEFY 2002 got underway.

VP-30, who has hosted and organized DEFY for the past seven years, joined forces with representatives from several other base commands for a fun-filled week. "I have volunteered for the past five years," said YNSN Nicole Mannon of VP-30 as

she walked through the camp pointing out some of the facilities Camp Blanding had to offer. "They stay in open bay barracks here," she continued Mannon.

"You've got your female and male barracks over there, galley, first aid station, everything we need to support us. This is really a great program for everyone involved. I love being around the kids," she added with a smile.

DEFY was established in 1993 by the Secretary of the Navy. It is an eight-day program for kids ages 9-12, designed to give them the tools they will need to resist drugs and develop positive social skills. The program, which falls under the guidance of the Navy's Director, Drug Demand Reduction Task Force (DDRTF), is a year-long, two-phase program designed to increase community participation and commitment to youth. DEFY is integrated with the President's National Drug Control Strategy, and fully funded through the Office of the Secretary of Defense. DEFY has been the Navy's cornerstone for

drug demand reduction for dependent youth and adult mentoring involvement. It also provides drug education, conflict resolution, team building exercises, and leadership development.

Aside from the training, physical fitness and team building exercises, field trips were sprinkled throughout the course as well. VP-30 for example, hosted the young group for a tour of their massive squadron, complete with a first hand look at the inside of a P-3. As ATC John Kempton led the kids towards the cockpit, you could see the young eyes light up as they took turns sitting in drivers seat. When Jarrod Ward climbed into the seat, his eyes and smile said it all. As they continued on through the aircraft, many of the kids recognized some of the gear and gadgets. You could hear comments like, "my dad works on that," or "my mom can operate this."

After the tour they were treated to lunch at the base galley and then it was back on the bus

bound for downtown Jacksonville. "We're taking them to see the Museum of Science and History," said AT3 Johnathan Venstra. He went on to say that this was his first year volunteering for DEFY. "I'm having a great time with this. I would do it all again next week if they had one," he added. Other trips the kids went to include the Landing Zone, a scavenger hunt and tour of a WWII museum.

The success of DEFY according to VP-30's NCC Tammy Long, who has spearheaded the program for the last three years is teamwork. She spoke with passion as she explained the camaraderie that takes place. "Every year military and civilian personnel come together regardless of rank, command or position and give everything they possible can for these kids to make this camp a success," she said. "What made this year so special was every staff and junior mentor not only battled the heat, but came together as a team and displayed a constant and fun attitude towards

the kids. There is no way this camp would have happened if it weren't for all the staff members. I specifically want to mention AMC Tom Macdonald, AWC Rob Lesefka, ATC John Kempton, YN2 John Green, HM2 Lewczak, YNSN Mannon and Rondia Hinote. These folks made it happen."

Other commands involved included NamTra, Naval Hospital Jacksonville and the Naval Healthcare Support Facility.

On July 19, a graduation ceremony was held for DEFY 2002 at VP-30. This was a time of celebration and thanks to those who spent so much time and effort in making the program a huge success. "The children who completed the DEFY Program this week are now much better prepared to deal with the negative influences of drugs, alcohol and

gangs. They are great role models for their classmates, friends and families. We are all very proud of them," said Capt. Brian Prindle, commanding officer of VP-30.



YN2(SW/AW) John Green screens a DEFY Camp participant on the first day of camp.



Youngsters and camp volunteers enjoy a swim to cool off from the intense heat.



DEFY participants check out the cockpit of a P-3.

Capt. Brian Prindle, commanding officer of VP-30 and CMDCM(SW/AW) Lawrence Welden, VP-30 command master chief answer some questions about the squadron and its aircraft during DEFY Camp 2002.



For more photos, see Page 5

Camp Volunteer YN2(AW) Johnny Gholby entertains a group of camp participants during a Karaoke session.

# DEFY

DRUG EDUCATION FOR YOUTH

## A WEEK OF FUN & LEARNING



AW2 Justin Rogers, AWC(AW/NAC) Rob Lesefka and AT3 Mark Donovan perform during the Karaoke session.



Maj. Greg Parsons, director of the Camp Blanding WWII Museum gives DEFY Camp participants a tour of the museum.



Volunteer Megan Toole gets a hair-raising experience during a DEFY Camp field trip to the Museum of Science and History.



A youngster gets an inside look in a dinosaur's mouth at the Museum of Science and History.

Photos by  
PH3 Ray Marcus Hunt



DEFY Camp volunteers and participants pose for a group photo. This was the seventh year VP-30 hosted the event.

# Children get 'buggy' during bible school



From left: Kevin Oyola and Mark Wilmer create worms during the arts and crafts session of Vacation Bible School, while Volunteer Geneva Schutte helps Dean Shaw with his project.

By Kaylee LaRocque  
Staff Writer

Vacation Bible School (VBS) at the Base Chapel last week turned out to be a huge success as 78 children registered for the annual event. This year's theme, "Bug Safari" kept the children "buzzing" throughout the morning as they participated in arts and crafts, music sessions and classroom lessons.

"This was a great year for VBS. We had lots of children enrolled and had some wonderful volunteers helping us out. It's not always easy to get volunteers for this event. We start early in the year, putting the information out during chapel services to request help. This is a joint venture between the Catholic and Protestant Chapels so we put it out at all the services," explained Grace Heffner, a member of the All Saint's Chapel congregation who has been coordinating VBS for the past six years. "Our volunteers are fantastic. We have active duty, retired and civilian volunteers. Sometimes people don't think they are qualified to volunteer, but there is always something they can do to help us out."

This year's theme was chosen because it best tied into learning different Scriptures and was the most cost-effective as far as creating decorations and hands-on projects. "Each year different Christian publishing companies send the chapel a list of concepts for VBS. We sit down and choose what theme we will use each year. The publishing company sends us all the teaching materials and we go out and purchase decorations and arts and crafts materials," said Heffner, who also teaches Sunday School here each week.

The children began each day with a special puppet show and short video to promote the lesson of the day. They were then separated into their appropriate age groups and sent to different classrooms to participate in the day's lesson, arts and crafts and music sessions. "We've broken



Music Volunteers Krista Shepler (left) and Connie Rose Seeley conduct a sing-a-long for participants of the base chapel's Vacation Bible School held last week.



Vacation Bible School Volunteer Beverly Tyrrell examines Delainey Tart's bug keeper.



Hillary Ferrar, 6, and Sara Crosso, 5, make labels for their bug keeper containers during Vacation Bible School.



The children enjoy the morning puppet show giving the lesson of the day.

them up into different age groups, 5 and 6-year-olds, 7, 8 and 9-year-olds and 10, 11 and 12-year olds. Each class is geared toward their age group," Heffner



Volunteer Teacher Julie Jones gives the lesson of the day to her class of five and six-year-olds.

added. This year's theme had the children creating bug keepers to carry the different bug that was discussed each day, stuffed worms, friendship bracelets, kites and wall hangings.

They also spent quite a bit of time learning new songs which were presented during the closing ceremony last Friday to families and friends.

Next year's VBS is already in the planning

stages. "We will probably hold it the last week in July again next year. We welcome all children to attend. VBS is open to everyone ages 5-12 and you don't have to be a member of the congregations here to attend," said Heffner.

For more information on VBS, call the Base Chapel at 542-3440.



Photos by Miriam S. Gallet

Local TV personality Dennis Stewart, better known as "Mr. Natural," prepares a healthy stir-fry meal as he explains his healthy cooking methods to NAS Jacksonville Commissary patrons.

## Commissary hosts TV's 'Mr. Natural'

By Miriam S. Gallet  
Editor

Last Wednesday morning, in the lobby of the NAS Jacksonville Commissary, cookbook author and TV personality Dennis Stewart, better known as "Mr. Natural," delighted commissary patrons with a free workshop on healthy cooking as part of the commissary's Healthy Food Fair 2002.

Over the years, Stewart has gained popularity and thousands of followers for his cooking methods which center around a healthy lifestyle. Drawing on his many years of experience, Stewart taught workshop attendees strategies for incorporating a variety of fresh fruits and vegetables into every day cooking.

Utilizing the fresh fruits available at the commissary, Stewart blended several types of smoothies that were salubrious in toning the human spirit, and heart too. He shared the nutritional value of each of the fruits and explained how the papaya seeds, when completely dried, becomes a substitute for black pepper and assist in alleviating digestive problems.

"You have a wonderful store here. You are a lucky bunch. You can't find all these fresh fruits and vegetables under one roof any where else in Jacksonville," said Stewart. I often have to go to two or three different shops in order to prepare what I am stir-frying for you today, he



Delores Andrews, a guest of Pet Pocker, a military spouse, savors one of the many smoothies created by "Mr. Natural" Dennis Stewart. "This is real good. I love it. It has bananas, mangoes and apple juice," delighted Andrews.

added. Stewart was particularly taken by the availability of fresh Asian and Mexican vegetables at the commissary.

Within a half-hour into the workshop, an aromatic and enticing scent permeated the commissary aisles. Those who had skipped the workshop were soon returning to the lobby in wonderment. Stewart's stir-fry was so perfect of form, so splendid of texture, and so succulent of taste that the audience bestowed him with continued praise and applause. The culinary master had done it again. He enlivened the minds of the commissary patrons who were treated to a gourmet stir-fry with fresh produce from their very own commissary.



**Jax Air News**  
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**ISSUE!**

## HS-11 Retirement Ceremony



Photo courtesy of HS-11  
From left: AK1 Dan Bridges proudly displays his shadow box after his retirement ceremony along with Cmdr. Brent Canady, commanding officer of HS-11 and fellow retiree, AK1 Victor Strickland.

# NavAir Depot gets AS9100 certification

By Susan Brink  
NADEP Public Affairs Specialist

On June 20, the Naval Air Depot (NavAir Depot Jax) Jacksonville, earned the prestigious Aerospace Standard AS9100 certification.

NavAir Depot Jax received certification for AS9100 (Revision A), the latest version of the standard, after a thorough evaluation by independent auditors. AS9100 characterizes what a quality management system in the Aerospace industry should be.

After receiving ISO 9001 certification in November 2001, the Depot set out to prove that its quality management system excels in aviation and aerospace processes, as well as industrial manufacturing. The Depot's ten Strategic Business Teams (SBTs), including the management competencies, were evaluated during the certification process.

This is a major accomplishment for any aerospace facility, as it proves commitment to consistency and stability of processes, a focus on customer service, reduced costs, and global market visibility. It also demonstrates the Depot's commitment to doing every job right the first time, every time, and continually improving its performance in support of the Warfighter.

At NavAir Depot Jax, "Quality Comes First." The ISO 9001 and AS9100 certifications cover the Depot's aircraft maintenance, repair, overhaul, and modification services of military aircraft, engines, aeronautical components and electrical systems including maintenance, repair, engineering, manufacturing, inspection, testing, logistics, design, analysis, and support.

The Depot is the first Navy command to receive AS9100 certification. Rick Delp, director of quality and the ISO Depot management representative stated, "This is a natural step in our commitment to continuous improvement. Being certified to the higher AS standard clearly sends the message to the world, the Navy, and most importantly our customers, the Warfighter, that we are serious about producing quality products."

Over the past three years, the Depot has made tremendous progress in working to create a facility that focuses on continuous improvement through employee empowerment and involvement. This process has allowed the workforce to focus on the process, make improvements, and standardize procedures. Clearly documented, process-focused procedures ensure the Depot's ability to provide consistent and repeatable performance. A robust and effective continuous improvement program empowers all employees to affect change and develop corrective and preventive action plans.

The Depot's mission is to provide a full range of the high quality maintenance, engineering, and logistic support services to the Fleet at a competitive price. ISO 9000/AS9100 is a never-ending process requiring continuous upgrades and audits. Receiving these certifications demonstrates the Depot's commitment to meeting that mission.

## Rodriguez selected Scout of the Quarter

By Lt.j.g. Chad Lukins  
VS-24 PAO

YN2 Jose Rodriguez was recognized as VS-24's Scout of the Quarter for the second quarter of 2002.

Rodriguez' attention to detail and personal drive for perfection are indicators of his interest and dedication to "Scouts" and the Navy.

As legal clerk, he spent many painstaking hours supporting the legal officer during a particularly busy quarter, while concurrently maintaining a superb level of performance in his yeoman duties. Most importantly, his willingness to assist and mentor other Sailors, have made him an invaluable asset to the squadron's administrative department.

Rodriguez' family is very proud of his accomplishments as a Sailor and believes "the Navy has greatly broadened his horizon." He would like to thank Ensign (formerly YNC) Troy Geiger and YNC Jesse Alcantara for their mentorship and career guidance. "They are very motivated, down to earth and have an open door policy that made me feel comfortable asking questions and learning," said Rodriguez.

His advice to new Sailors is to, "get started in school, continue your education. Make sure you get started in the Thrift Savings Plan early. Make the most of the people and services that the Navy has to



Photo courtesy of VS-24  
NAS Jacksonville Executive Officer, Cmdr. Charles King recognizes YN2 Jose Rodriguez as Scout of the Quarter.

offer. Find the programs out there that can help you."

Rodriguez will remain attached to VS-24 until February 2003. He is currently looking closely at his career in the Navy and is entertaining the idea of returning to the civilian sector. He has aspirations to pursue an associates degree of radiology science, and is considering a return to his hometown of El Campo, Texas, to continue his education under the Montgomery G.I. Bill.

## 'War Eagles' headed to the Mediterranean

From VP-16

The "War Eagles" of VP-16 are in the final stages of preparing for a six-month deployment to Sigonella, Italy and Crete, Greece this month.

Twelve months ago, VP-16 returned from a successful split-site deployment in Iceland and Puerto Rico to a joyous reunion with family and friends. The "War Eagles" were quickly faced with the horrible reality of the terrorist attacks on Sept. 11. However, the resolve of the men and women that make up the "War Eagle" team was strong as they prepared for the new mission at hand, defeating terrorism.

Following Sept. 11, VP-16 has been busy preparing for deployment and flying new missions assigned in support of homeland security. The "War Eagles" have flown with both the USS John F. Kennedy and USS George Washington Battle Groups, in exercises preparing for the war against terrorism. In these exercises the P-3C Orion flown by the "War Eagles" has proven itself yet again to be an effective weapon in the Navy's arsenal. As a patrol aircraft, it provides a blanket of security for the battle group with the ability to defend against any surface or subsurface



A VP-16 P-3C Orion conducts a patrol mission. The squadron is currently preparing for a six-month deployment to Sigonella, Italy and Crete, Greece later this month.

Photo courtesy of VP-16

threat and provide the vital surveillance the Navy requires. The ability of the Orion to contribute in the Navy's defense of the nation is constantly growing. It is an aircraft that has the ability to adapt and meet the changing needs of the Navy and joint forces.

With the constant changes in the mission of the Orion have come changes in the required knowledge and expertise of those who operate and maintain the aircraft in a

combat ready posture.

The men and women of VP-16 have met these growing challenges head on and have performed extremely well. Each squadron member has displayed their exemplary ability to perform missions against any threats the U.S. faces. In August, Patrol Squadron 16 will have the opportunity to show how hard they have worked, and how ready they are to protect our nation's freedom.

## Hardenburg chosen to be VS-24's Scout of the Month

By Lt.j.g. Chad Lukins  
VS-24 PAO

HM2(AW) Jon Hardenburg was selected VS-24's Scout of the Month for June.

Hardenburg provided expert training to more than 20 staff and squadron corpsmen and assisted in the processing of more than 30 aviation and non-aviation physical examinations each day at the medical clinic.

As squadron corpsman he coordinated a squadron wide immunization review and shot clinic, which dramatically increased squadron medical readiness to 96 percent. His positive attitude and willingness to accept responsibility have allowed him to excel in his rating.

When asked what he enjoys the most about his job Hardenburg replied, "I like being able to make a difference. I was deployed Sept 11, and it really felt like I was serving my country in a time of need. Also, I enjoy being the go-to man for medical issues."

Hardenburg juggles his clinic and squadron duties making himself available to squadron personnel, and



Photo courtesy of VS-24

NAS Jacksonville Executive Officer, Cmdr. Charles King presents HM2 Jon Hardenburg with his Scout of the Month letter.

goes that extra mile for anyone that may need his services or advice. He is well respected and deservedly so.

He has had many accomplishments in his career and passes on some advice to young aspiring Sailors. "Don't just stay in your rate. Do extra and get your flight deck qualification even if it is not required. Get your Air Warfare wings. Go above and beyond and give that extra effort," he said.

Hardenburg also stressed the importance of having a mentor. He would like to thank, Lt. Cmdr. Chris McArthur and Lt. Prentice McCullough for pushing him to put forth the extra

effort to excel. "They took time to teach me medicine vs. protocol. They helped me to better understand my job and what was expected of me," he added.

Hardenburg will be with VS-24 until October 2003. The "Scouts" are privileged to have his continued service and expertise. He enjoys Jacksonville and is looking for follow on orders in the area when the time comes. He is from Syracuse, N.Y., where his parents still reside.

# Jaguars offer huge discount to military families

Section	Regular E-Z Monthly Payment	50% DISCOUNTED PRICE	Military Employees Pay	Annual Savings Per Seat
Upper Deck — EE, PP	\$20 per seat/ per month	-\$10.00 per seat/ per month	\$10.00 per seat/ per month	\$120 per seat
Upper Deck — NN, DD	\$25 per seat/ per month	-\$12.50 per seat/ per month	\$12.50 per seat/ per month	\$150 per seat
West Upper Deck — MM	\$33 per seat/ per month	-\$16.50 per seat/ per month	\$16.50 per seat/ per month	\$198 per seat
Lower Level — B	\$49 per seat/ per month	-\$24.50 per seat/ per month	\$24.50 per seat/ per month	\$294 per seat
Lower Level — C, D	\$65 per seat/ per month	-\$32.50 per seat/ per month	\$32.50 per seat/ per month	\$390 per seat
East Sidelines — E	\$87 per seat/ per month	-\$43.50 per seat/ per month	\$43.50 per seat/ per month	\$522 per seat

From the Jacksonville Jaguars

The Jacksonville Jaguars are offering special 50 percent discount "E Z Pay" ticket to active duty military and their immediate families.

The "Military E Z Pay Ticket Plan" offers 10-games, one-year tickets for as little as \$120 per seat, which may be paid for with zero down, and either 12 monthly installments or pay in full. Tickets may be paid for on a monthly basis either by automatic debit from a checking account or a pre-authorized charge to a credit card or by cash, check or credit card when paying in full.

"Military E Z Pay Ticket Plan" forms are available at all MWR I.T.T. offices on NAS Jacksonville, NS Mayport and Subase Kings Bay, Ga., or visit the Jaguars website at [www.jaguars.com](http://www.jaguars.com) (click on military special offer tab) for forms, further program details, and seating locations. Anyone desiring seats next to each other must submit orders together and make note on the forms.

This offer is good through Aug. 15 and seat assignments will be made in the order in which they are received. Completed forms

may be returned in person or by fax to any I.T.T. office. Active duty military members may buy tickets for immediate family members only and must provide a copy of their military I.D. card at the time of purchase.

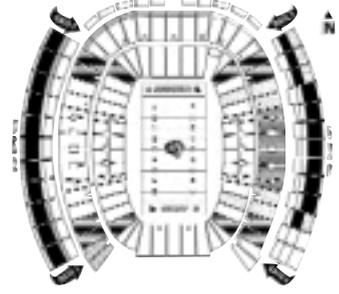
"We have enjoyed a great relationship with our military through the USO reduced ticket offer. Sailors

Aweigh and other programs," said Jaguars owner Wayne Weaver. "Working together, we wanted to do more to show our appreciation for our men and women in uniform."

Rear Adm. Jan Gaudio, commander, Navy Region Southeast, called the program another outstanding example of the Jaguars organization reaching out

to our military men and women and their families. "Wayne and Delores Weaver and the entire Jaguars organization have been strong supporters of our military since the birth of the team. This exceptionally generous offer does not surprise me in the least, and affords us all the opportunity to be Jaguars ticket holders."

## ACTIVE DUTY MILITARY SPECIAL ONE YEAR TICKET OFFER



Legend for seating chart:  
 JAC 10 per month  
 JAC 20 per month  
 JAC 30 per month  
 JAC 40 per month  
 JAC 50 per month  
 JAC 60 per month  
 JAC 70 per month  
 JAC 80 per month  
 JAC 90 per month  
 JAC 100 per month

## Annual WAVES reunion held



Photo by JO2 (SCW) Eric Clay

Chet Smith, chief of Veteran's Division, Duval County recently spoke at the 37th annual Jacksonville WAVES Reunion.

In his speech Smith said, "Right now, I am talking to the active duty females, you should thank the women in the room for the hard work they have done to allow you the benefits that you have today."

Smith also talked about the conditions of the homeless veterans in the Jacksonville area and his ideas on helping them to re-enter the job market. Twenty-six percent of Jacksonville's homeless are veterans.

Smith is working hard to get an 11 million dollar community called Patriots Village built. This community would provide apartments for homeless veterans and their families.

He also mentioned that Jacksonville is second on the national list to be approved for a National Cemetery and that Jacksonville is the only city allowed to use electronic filing to process veterans requests. Smith commented, "Electronic filing eliminates the excuse 'it got lost in the mail,' instead of five stops before its final destination, it will go straight the end," said Smith.

He concluded his speech by saying that veterans deserve to get the help they need now and that he will do what he can to help.

# HOSPITAL: Accredited and ready to give quality care

From Page 1

July 19 to present their preliminary findings. A final written report will be completed by JCAHO within 30 days. Francisco, the JCAHO lead surveyor, announced that the hospital's preliminary score was 94 percent, a five point improvement from the hospital's last JCAHO survey two years ago. As a matter of process, the preliminary score is subject to review by the Joint Commission staff prior to awarding the final grade.

Francisco said the staff should be justifiably proud of this accomplishment. "You deserve this score, you did excellent," she said. "This shows that you are in a continuous state of readiness."

The JCAHO team then addressed discrepancies found during the survey. Lockhart expressed his appreciation to the JCAHO survey team for pointing out areas the command can use to improve services.

Treat, the Commission's Administrative Surveyor summed up the teams' findings. "You've got a great hospital. You can really hold your head high as a result of this visit," he said.

Inspector General Rear Adm. Steven E. Hart led the IG team.

The IG's mission is to assess the effectiveness and efficiency of Navy medical commands in support of the Chief of Naval Operation's (CNO) top five priorities; Manpower, Current Readiness, Future Readiness, Quality of Service, and Alignment. While here, the admiral met with Navy leadership throughout the hospital's claimancy and made a special effort to meet with the command ombudsmen, command master chiefs, and the troops. The admiral wanted to hear first hand what the hospital and its BMCs are doing in support of recruiting, raising retention, and attacking attrition.

"Our Navy depends on placing value in our people, addressing their quality of life issues, and fostering pride in their work," Hart said.

The hospital and BMCs received the highest score possible, "Satisfactory," from both the Inspector General and MED OSH inspection teams. They noted that there were a number of practices that Naval Hospital Jacksonville has implemented that they wanted to take back to the Bureau of Medicine (BUMED) to consider for Navy-wide implementation.

Lockhart expressed his pride in

Naval Hospital Jacksonville and the clinics for consistently maintaining high standards.

"I want you to know from the bottom of my heart that I am proud of you," he said. "We knew from the beginning that we were going to be truthful and honest in seeking ways to improve and we were. The things that the surveyors found are going to make us a better command," he continued. "We needed to look at things that we could do better. Ninety-four is not too shabby. It's not 100, but a score of 100 would have said that we were perfect and we know that we can always improve. The message here is very positive. From the bottom of my heart I appreciate all the work that has been done not just in the last week but day in and day out throughout the year," he said.

Naval Hospital Jacksonville constantly strives to maintain the highest standards in the programs and services the hospital delivers to its customers. This requires oversight and review by prestigious professional organizations other than JCAHO and IG.

For instance, the Family Practice Department's three-year residency program received its five-year accreditation from the Accreditation Council for

Graduate Medical Education, Residency Review Committee, in June. Director of Residency Training Lt. Cmdr. Jeffrey Quinlan said that five years is the maximum accreditation period the council gives. That speaks well of the program's performance, he said, noting that over the last 12 years every graduate who has taken the American Board of Family Practice Certification Exam has passed.

Naval Hospital Jacksonville's laboratory and its labs at supporting branch clinics were awarded a two-year accreditation by the College of American Pathologists (CAP) in the spring of 2001. The inspection leading to that accreditation included examining records, quality control, education and qualifications of the staff as well as adequacy of facilities, equipment and safety. CAP is a medical society serving more than 15,000 physician members and is considered the leader in providing laboratory quality improvement programs.

When Naval Hospital Jacksonville patients undergo a procedure requiring anesthetics or sedation, they can feel confident in the expertise of the doctors and nurses administering these procedures. All Naval Hospital Jack-

sonville Anesthesiologists are certified through the American Society of Anesthesiologists (ASA) and the hospital's Nurse Anesthetists are certified through the American Association of Nurse Anesthetists (ANNA). Nurse Anesthetists receive their first 12 months of academic and professional education at Georgetown University in Washington, D.C. where they study basic science, nursing and other clinical subjects. They then transfer to Naval Hospital Jacksonville, Naval Hospital Portsmouth or Naval Hospital San Diego for 18 months of science and research courses on clinical anesthesia. Naval Hospital Jacksonville Nurse Anesthetist students receive additional training through a partnership with Shands Medical Center. Successful completion of the program leads to a Master's Degree in nursing and qualification to take the Nurse Anesthesia certification examination.

At Naval Hospital Jacksonville and its clinics, "Simply The Best" is more than just a slogan, it reflects high-quality, family-centered care delivered by tested professionals.

# MWR NOTES

## MWR celebrates National Kids Day Sunday

Yellow Water's event is Noon - 4 p.m. at the Youth Activities fields. There will be carnival rides, food, fun and prizes. The event is open to all. Call 777-8247 for more information.

The NAS Jax's Kids Day Celebration is 5-9 p.m. at the outdoor pool. There will be

water relays, a moonwalk, DJ, and prizes. Call 778-9772 for more information.

## Cruise in November

Active duty: enter to win a cruise for you and up to four family members. Visit [www.mwr.navy.mil](http://www.mwr.navy.mil) for details.

## Knock your socks off

Cardio kickboxing classes are held Fridays at 5:30 p.m. at the Fitness Source. Call 542-3518 to sign up.

## Check out the new menu at The Zone

Tired of the same old thing for lunch? The Zone has come to your rescue with their new menu. New items include daily homemade soups, salad bar, Reuben sandwich and chicken fajita pizza to name just a few. Come and try something new for lunch or dinner. For more information, call 542-3521 or 542-2209.

## Bingo events

Come check out the hot specials at the Bingo Hall this week:

Mondays pay out is \$50 on part A and special games.

Tuesdays offer VIP drawings. You have the chance to win \$69 for computer, plus \$25 each time you yell Bingo.

Wednesdays are double lucky with double lucky balls, payout is \$300.

Thursdays change up Bingo to Bogo with buy one get one free and special games.

Fridays are for fun and \$50 payouts part A also featuring the one and only \$1,500 game.

## CPO Club

Settle back at your club and enjoy some great deals and fun. Members of the Monday Mug club can enjoy refills for \$1. Tuesdays and Thursdays enjoy Happy Hour with free munchies and beverage specials from 4 - 8 p.m. Wednesdays are Spouse's night. Bring your spouse to the club and they enjoy beverage specials. Dance to your favorite tunes, bring your own CD's

## Free movies in the base theatre

Tomorrow, 7 p.m.: Monster's Ball (R)  
Saturday, 5 p.m.: Clockstoppers (R)  
Saturday, 7 p.m.: Panic Room (R)

To read a description of these movies visit MWR online. Please do not leave children under 18 unaccompanied. No alcohol is permitted in theatre.

## Treat yourself through I.T.T.

You deserve a vacation, stop by

I.T.T. and sign up for one of the many trips on the calendar. I.T.T. has Jaguar tickets on sale for every home game, only \$47.75 a ticket and anyone on base can purchase them with no limitations. I.T.T. also runs a shuttle to the home games and you can sign up for any game when you purchase your tickets. Call 542-3318 for more ticket information. For more information stop in our office located adjacent to the Navy Exchange in Bldg. 953-A. Trips are open to all base personnel and their guests.

The following are upcoming events:

Tomorrow - Wet & Wild trip - Ticket and transportation is \$35.50 for adults and children (3-9) are \$31.25.

Aug. 10 - Historical Savannah - See one of the most beautiful cities in the south. The trip includes a trolley tour and plenty of time to explore the city for \$26.50.

Aug. 30 - Sept. 2 - Hot-Lanta: Getaway for Labor Day! Three nights hotel, and entrance fees to all the best attractions including Stone Mountain Park, is only \$211.85 per person, based on double occupancy.

## Marina has rentals available

Jet ski special: Now through Labor Day, the active duty rental rate is only \$25 per hour. We provide all the training you need at no cost.

Canoe and kayak rentals: The marina offers free canoe and kayak rentals

to active duty military on Thursdays (on base use only).

During the months of July and August, the marina is offering 20 percent off boat rentals for active duty members Mondays through Thursdays. The marina also has a full line of camping and boating equipment for rent.

For more information, call 542-3260.

## Youth Activities Center offers events

NAS Jacksonville Youth Activities offers a variety of events for your children to get involved with this summer. Call us at 778-9772 for more information on these events.

## NAS Jacksonville's Flying Club is still going strong

The Jax Navy Flying Club is located on Herlong Road. The club offers great deals if you want to learn to fly. The club offers a FAA approved pilot school that offers a variety of programs from private pilot to airline transport pilot.

For more information about joining the club or upgrading your current license, call 786-4128 or 786-9293. Memberships are transferable to any DoD flying club in the world.

## Check out the RV Park

Visit NAS Jax RV Park. Reservations are taken 60 days in advance with a 14-day minimum stay. Call 542-3227.

## Free Basic Auto Repair classes

Classes will be held Aug. 15-16 at 6

p.m. Call 542-3227 to register

## Bowling at Freedom Lanes

Wednesdays are free for active duty from 11 a.m. - 3 p.m. and the \$5 "all you can bowl" special lasts from 4-7 p.m.

Every Sunday is \$5 "All you can bowl" from 1:30-3 p.m. with possible bonus time. Specials will not be sold after 2 p.m. so show up early.

## Ladies golf clinic

Hey Ladies! We've got a great thing going on just for you at the NAS Jax Golf Club. On Fridays at 4:30 p.m. for only \$10/week you can improve your present golf skills or learn new ones from our professional staff. You can also use the time to get together with friends to and socialize. Call 542-3249 for details.

## Summer golf specials

Active duty military - 18 Holes for \$18 Monday-Thursday only (Must present ID card.)

Active duty/retirees play golf for free. - Bring three civilian guests any day of the week and you're greens fees are waived.

Visit **MWR online** at [www.nasjax.navy.mil](http://www.nasjax.navy.mil) and look for the tab marked **MWR. This is your tab to unlimited fun. For questions or comments e-mail us at [mwrmtg@nasjax.navy.mil](mailto:mwrmtg@nasjax.navy.mil).**

## School-Age Care Program registration has begun

From the Youth Activities Center

The School-Age Care Program registration is ongoing and there are currently 30 open vacancies.

The program is available for children in kindergarten through 13 years old. Activities include indoor and outdoor recreational activities, arts and crafts, nature, multi-cultural activities, Boys and Girls Club programs, Nintendo 64 and computers.

Children must be completely registered. Registration includes completed copies of registration form, parental release, a copy of the child's current shot record, a copy of the sponsor's identification card, voluntary wage deduction form, notarized power of attorney, and a dependent care certificate.

Fees are based on total gross annual household income as regulated by the Department of Defense. Patrons must provide the most recent LES and paycheck stub to determine fees.

If your child is currently enrolled in the Youth Activities Summer Camp program, then all you need to provide is a newly signed parent's agreement form.

Transportation is provided by the school district. During the 2001-2002 school year, Venetia, Southside Estates, John E. Ford, RV Daniels, Chimney Lakes, John Stockton, Ortega and Lakeshore Middle sent buses to the center to pick up children. Transportation to the schools must be arranged by the parent with the school.

Youth Activities will follow the Duval County traditional school calendar.

## USO offers Jaguars tickets to active duty members

From USO

USO is pleased to announce that the Jacksonville Jaguars 2002 season is just around the corner. The USO will have tickets for each home game, including the two preseason games, for our active duty service men and women in the greater Jacksonville area. The Jaguars organization recognizes the sacrifices and dedicated hard work of our military personnel in keeping America free. They

want to continue their support and show their appreciation.

Ticket distribution will be controlled at the two USO centers, at the NAS Jacksonville main gate and at the USO center on Mayport Road. Each ticket is \$6, with a maximum of two tickets per single active duty member and four for married active duty (spouse/children). Tickets will go on sale two Mondays prior to each scheduled home game.

The wearing of the uni-

form is not required however, all active duty and family members attending will be required to show appropriate active duty ID at the USO gate. The wearing of command ball caps are authorized and encouraged.

Tickets for the first preseason game Aug. 16, against the Tampa Bay Buccaneers will go on sale on Monday.

Overall coordination for the Jaguars tickets is Bob Coonan at 778-2821/542-3028 and Wayne Lester at Mayport, 246-3481.

# COMMUNITY CALENDAR

## The Navy Wives Club of America, NWCA Jax No. 86,

meets the first Wednesday of every month. Meetings are held in Building 612 on Jason Street at NAS Jacksonville at 7:30 p.m. The Thrift Shop is open Tuesdays and Thursdays and every other Saturday from 9 a.m. - 1 p.m. For more information call the Thrift Shop at 772-0242 or President Barbara Howard at 471-1444.

## Clay County Chapter 1414, National Association of Retired Federal Employees, (NARFE) invites

all retired and currently employed federal employees to their regular monthly meeting, the second Tuesday of each month at 1 p.m. at the Orange Park Library. There will be meetings in July and August. Meetings will resume in September. For more information call 276-9415.

**Submarine Sailors** - If you have qualified on a United States Navy submarine in the past or present you are invited to join "First Coast Sub Vets." If you have qualified on a submarine from a foreign country, you are invited to join as an associate member. Meetings are held the second Saturday of each month at the American Legion Post 316 on Atlantic Blvd. For more information contact the Base Commander at [rjjax@attbi.com](mailto:rjjax@attbi.com) or 241-6222.

## The Marine Corps League, Jacksonville Detachment

holds their monthly meeting the first Thursday of the month at 7 p.m. at the VFW Post 7909 on Blanding Blvd. For more information call John Leisman at 779-7375.

**Girl Scout Troop 333** meets every Wednesday from 7-8:30 p.m. at NAS Jacksonville Chapel Annex. All girls grade 4-6 are invited, adults are also

needed. If interested contact Lynne Sebring at 317-2363 or come to the meetings.

## St. Joseph's New Directions

is a year-round support group for the divorced and separated. Meetings are held the second and fourth Wednesday of every month. The meetings start at 6:45 p.m. and are held in the Convent at St. Joseph's main church on Loretto Road. Call 268-1591.

## Christian Fellowship Night

will be held behind the Chapel in Bldg. 749 from 6:30 - 9 p.m. every Tuesday night. Contempo-rary music, refreshments and bible study featuring a video study of Philip Yancey's "The Jesus I never knew" will be apart of the activities. For more information call 542-3051.

## The First Coast Black Nurses Association

will hold their next meeting Aug. 13 at 6 p.m. at Shands Jacksonville Hospital in the Coleman Room. Call Janneice Moore at 244-7950 for more information.

## The Association of Aviation Ordnancemen

invites all AO's to a monthly meeting the third Thursday of each month at the Fleet Reserve Center on Collins Road. The next meeting is Aug. 15 at 7 p.m. For more information call Chris Johnson at 542-2168.

## Jacksonville Semper Fidelis Society

will hold their monthly luncheon on Aug. 21 at 11:30 a.m. at Piccadilly Cafeteria near Regency Mall. For more information, call

Sharon Leahy at 545-0635 or check out the website at [www.jaxsemperfidelis.org](http://www.jaxsemperfidelis.org).

## The Annual Travel Processing Center

will hold a workshop Aug. 22 from 8 a.m. to noon at the Naval Air Reserve Building (Room 250). The training is designed to promote efficient processing of travel claims received throughout the Jacksonville area. To RSVP, contact Kim Toeller at [toellerk@psajax.navy.mil](mailto:toellerk@psajax.navy.mil).

## A reunion for VP-11

is scheduled for Sept. 6-8 at NAS Brunswick, Maine. For more information contact retired Capt. E. Brittingham at [captemb@eros.com](mailto:captemb@eros.com) or call (804) 342-8070.

## The 2002 Memorial Reunion of USS Canberra (CA-70 and CAG-2)

is scheduled for Sept. 19-22 in Falls Church, Va. For more information, email [memcrew@aol.com](mailto:memcrew@aol.com) or call Paul McManuels at (717) 737-2516.

## A reunion for members of USS Sperry (AS-12)

who served on the ship from 1942 - 1982 is planned for Oct. 10-12 in Galveston, Texas. For more information contact Arnold Ross at (281) 534-2459 or email [aross14573@aol.com](mailto:aross14573@aol.com).

## USS Dwight D. Eisenhower (CVN-69)

crewmembers are hosting a 25th anniversary celebration Oct. 14-18 in Norfolk, Va. For more information visit the website at <http://www.02.cif.navy.mil/eisenhower> or email [ike25@eisenhower.navy.mil](mailto:ike25@eisenhower.navy.mil).

# HELPING HANDS

## American Heart Walk coming up

The American Heart Association is asking for volunteers to help out with the American Heart Walk on Sept. 14 at the Friendship Fountain & Park located downtown next to River City Brewing Company.

There are two shifts available, 6-10 a.m. and 8 a.m. - noon for duties such as park decorating, event set-up and tear down, handing out food and water, etc.

All volunteers will receive a T-shirt. If interested, please call 739-0197.

## Volunteers needed to help kids ride horses

Hearts, Hands and Hooves

has opened a new location on the Northside and they are in need of volunteers. Watch children's faces light up while you help them learn to ride a horse.

Various evening and weekend shifts are available. Call Kim Fowler at 778-9697 for details.

## School needs mentors

West Riverside Elementary (Commander, Navy Region Southeast's adopted school) is looking for volunteers to participate in its Positive Adult Leaders for Students (P.A.L.S.) program for the 2002-2003 school year.

The PALS program pairs children who have academic, social, and/or emotional needs, together with adults who are willing to offer support, encour-

agement, and a positive outlook on life.

No special skills or qualifications are needed. It just takes someone who can commit an hour, once-a-week, to assist with class work, read stories, play games or just chit-chat.

The PALS orientation will be held sometime during the first or second week of September.

For more information, call LN1 Noel at 542-0313 or Sherril Albertson at 542-5380.

## Softball team chosen



Photo by JO2 Jackey Bratt

The All-Navy women's Softball Team has undergone two-a-day practices and occasional evening scrimmages to prepare for the 2002 Armed Forces Women's Softball Championships being held aboard NAS Jacksonville Aug. 7-9. Approximately 30 Sailors originally tried out for the team, the 15 final selectees are as follows: (front row) Lt.j.g. Rachel Nauta, USS Boxer LHD 4, San Diego Calif., AEAN Tracy Merrill, VQ-2, Rota Spain, (second row) HMHN Kaioni Carter, Naval Hospital Portsmouth, Va., YN1 Tracy Shivers, Afloat Training Group, San Diego, Calif., Lt. Kim Toonem, COMH-SLWINGSLANT, Naval Station Mayport, SK3 Jen Cyr, NSGA, Pearl Harbor, Hawaii, (third row) SK1(SW) Jean Heitzman, SBUT2, Little Creek, Va. MM2 Ashley Camp, Pre-Commissioning Unit, USS Ronald Reagan, AT3 Melissa Velcheck of NAS Whidbey Island, AE3 April Lewis, VS-32, NAS Jax, Assistant Coach Lt. Denise Woodfin, FISC, Naval Station Mayport, (fourth row) Coach STGCM(SW/SS) Jim Butters, Afloat Training Group, Naval Station Mayport, MA3 Sarah Calvert, NSA Naples, Italy, Lt.j.g. Tawyna Tschache, NMPC Millington, Tenn., HM2 Dina St. Claire, of Naval Hospital Pensacola Fla., and BU3(SCW) Sara Nolen of Construction Battalion Unit-402.

## New schedule for women's softball championships

From the Gym

NAS Jax will be hosting the Women's Softball Armed Forces Championships Aug. 5-9.

The opening ceremony is scheduled for Aug. 7 at 9 a.m. with the first game beginning at 10 a.m. between the Navy and Air Force. There will be six games per day Wednesday Aug. 7-9.

The following is a schedule of games:

Game #	Time	Team	Field
Game #1	Aug. 7 - 10 a.m. 11:30 a.m.	Team A vs. Team B	Field 2
Game #2	11:30 a.m.	Team C vs. Team D	Field 4
Game #3	2:30 p.m.	Team A vs. Team C	Field 2
Game #4	4 p.m.	Team B vs. Team D	Field 4
Game #5	7:30 p.m.	Team B vs. Team C	Field 2
Game #6	9 p.m.	Team A vs. Team D	Field 4
Game #7	Aug. 8 - 8:30 a.m.	Team D vs. Team C	Field 2
Game #8	10 a.m.	Team B vs. Team A	Field 4
Game #9	2 p.m.	Team D vs. Team B	Field 2

Game #	Time	Team	Field
Game #10	3:30 p.m.	Team C vs. Team A	Field 4
Game #11	7 p.m.	Team D vs. Team A	Field 2
Game #12	8:30 p.m.	Team C vs. Team B	Field 4
Game #13	Aug. 9 - 8:30 a.m.	Team A vs. Team B*	Field 2
Game #14	10 a.m.	Team C vs. Team D*	Field 4
Game #15	2 p.m.	Team B vs. Team D*	Field 2
Game #16	3:30 p.m.	Team A vs. Team C*	Field 4
Game #17	7 p.m.	Team B vs. Team C*	Field 2
Game #18	8:30 p.m.	Team A vs. Team D*	Field 4

**2002 Draw for Armed Forces Championships**  
 A=USAF B=USN  
 C=USA D=USMC

\*Home team determined by coin toss

Saturday and Sunday will be used for make-up games in case of inclement weather.

## Got a consumer problem? Here's help

The following are phone numbers of contacts who can help with consumer problems:

- Family Service Center - 542-2766
- Better Business Bureau - 721-2288
- State Attorney's Office Consumer Mediation - 630-2075
- City of Jacksonville/ Consumer Affairs Division - 630-3467
- Florida Department of Business & Professional Regulation - 1-850-487-1395
- Construction Industry investigative services - 727-5590

## JAX SPORTS

### Sports officials

**and scorekeepers needed**  
 The North Florida Military Officials Association looking for individuals to officiate soccer, softball, football, and volleyball at NAS Jax. Scorekeepers are also needed for basketball. Experience is not required. If interested, contact Al Vandercar at 282-0809.

### All Navy wrestling tryouts coming up

The All-Navy wrestling tryouts will be conducted by Rob Hermann, All Navy Wrestling Coach, at the NAS Jax gymnasium from 5-7 p.m. on Oct. 25. Weigh-ins will not be conducted and wrestling equipment is not required to tryout. Weight classes are 119; 127; 138; 152;

167; 187; 213; and 286. Call NAS Jax Athletics to sign up.

### Navy Southeast Regional Running and Triathlon Team

Represent the U.S. Navy in 5K, 10K, marathons, and/or triathlons. The Navy will showcase elite active duty men and women in regional races. Uniforms are provided as well as, transportation, entry fees, and lodging costs.

Interested runners must compete in sanctioned (USA Track and Field, USA Triathlon Association, or Roadrunners Clubs of America) race and your time must be one of top ten regional qualifying times. If you have run in sanctioned race and your time meets regional qualifying time, contact your base

athletic director.

### Qualifying Times

5K	Men 19:00
	Women 24:00
10K	Men 34:00
	Women 46:00
Marathon	Men 3H30M
	Women 4H
Triathlon	Men 2H30M
	Women 3H
	Triathlon time based on 1.5K swim, 10K run, 40K bike

For more information about any of the sports articles, call Bill Bonser, Sports Coordinator or Mike Gorman, Athletic Director at 542-2930/3239 or e-mail us at dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil. Visit the MWR website at www.nasjax.navy.mil

## SPORTS STANDINGS

### Intramural Golf Freedom League Standings As of July 26

Teams	Wins	Losses	Ties
GEMD	5	0	0
VP-5	5	1	0
Navy Band	5	2	0
AIMD (B)	4	2	0
NavAirRes	3	2	0
NAMTra B	3	3	0
VS-24	3	4	0
Wing 11	2	3	1
FACSFAC2	2	5	0
FASO	1	5	0
NHSO	0	6	1

### 2002 Summer Basketball Standings As of July 26

Team	Wins	Losses
TPU	7	1
VP-30	7	1
AIMD	7	2
VS-24	7	2

### 2002 Summer Basketball (contd.)

VS-32	5	3
SERCC	4	5
VP-5	4	5
NAMTra	3	4
VR-58	2	6
HS-7	0	7

### Intramural Golf Liberty League Standings As of July 26

Teams	Wins	Losses	Ties
VP-30	7	0	0
AIMD	5	1	1
VR-58	5	2	0
FACSFAC JAX #1	5	2	0
ASTC	4	3	0
VP-16	4	3	0
BICMD	3	2	1
CPRW-11 (A)	3	4	0
HS-75	2	5	0
NavHosp	1	5	0
VP-62	0	6	0
NAMTra 1011	0	6	0

Help Keep Your Base Clean!

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# In Gear

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A weekly look at the automotive market

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