



JaxAir News

A CHINFO AWARD-WINNING NEWSPAPER

TOUCHING BASE



Paper delivery change

A change has been made regarding the delivery of the JaxAir News at the Cecil Field Yellow Water Housing Area. The newspaper will no longer be delivered to individual housing units. Anyone desiring a copy of the latest edition can obtain one from the newspaper stand located at the mini-market or at the corner of Bicentennial Drive and Bicentennial Drive North.

Medical Service Corps celebrates 55 years of service

The Medical Service Corps' 3,306 active duty and Reserve personnel celebrated 55 years of dedicated service on Aug. 4.

To celebrate this birthday, Naval Hospital Jacksonville Medical Service Corps personnel will hold a ball Saturday at 6 p.m. at the NAS Jacksonville Officer's Club. The guest speaker will be Rear Adm. Jan Gaudio, commander, Navy Region Southeast. "The MSC vision of 'many specialties, single mission, one Corps' embraces our role in readiness and wellness and focuses our strength on achieving the mission of the Navy and Marine Corps team," said Rear Adm. Philip VanLandingham, director of the Medical Corps. "We perform countless duties on multiple platforms."

From scientists and clinicians to administrators, the many specialties that comprise the MSC all aim for three important goals: creating a cohesive team in support of Navy missions, capitalizing on the expertise, experience and diversity of their specialties and enhancing career development.

Not only have these officers been meeting the goals of force health protection, but also have demonstrated their unwavering commitment to duty as shown in their vital response in the aftermath of Sept. 11.

Chapel celebrates Holy Day of Obligation

The Assumption of the Blessed Virgin is a Holy Day of Obligation. Mass will be celebrated at the St. Edward Chapel at 11:30 a.m. on Aug. 15. For more information, call 542-3440.

'Pelicans' soar back home

By Lt. j.g. Sven Sharp
VP-45 PAO

Friends and family members gathered this week as the "Pelicans" of VP-45 made their official return to NAS Jacksonville following a record-breaking deployment.

The process of moving more than 400 personnel and eight aircraft thousands of miles back to homeport began when the first aircraft departed Naval Station Roosevelt Roads, Puerto Rico on Aug. 1

For many of the family members involved, the reunion seemed a world away from tearful goodbyes said back in early February. At that time, the "Pelicans" embarked on their multi-site deployment sending personnel and equipment to NAS Keflavik, Iceland, Naval Station Roosevelt Roads and the Forward Operating Location (FOL) Comalapa, El Salvador. Despite being spread across the Western Hemisphere, the "Pelicans" held fast to the "one squadron, one team, one fight" concept that kept them united as they faced numerous forward-deployed challenges.

In Puerto Rico, the traditional Patrol Squadron Hanger was closed down for major renovations forcing the "Pelicans" to move all personnel and support equipment to the opposite side of the airfield to three previously unused buildings. Completing the challenging task in less than a week, the "Pelicans" made the new facilities fully functional without missing an operational commitment.

In Keflavik, the severe Icelandic winter presented its own unique challenges for the squadron. With high winds and heavy snow, operations were often limited and transportation to and from the hangar was impossible at times. Undaunted, the "Pelicans" worked through the bitter cold of the first months of deployment, meeting exercise and operational commitments despite the extreme conditions.

Tasked with two distinct missions in vastly different corners of the globe, VP-45 personnel excelled in both, completing operations vital to national security. "Pelicans" operating out of NAS Keflavik participated in 18 NATO and other multi-national exercises throughout the North Atlantic while



Family members and friends wait for their loved ones to depart the plane.

Photos by PH2(AW) Tolette Jackson

honing their Anti-Submarine Warfare skills. Executing detachments to nine European countries including Scotland, France, Germany, Spain, and Norway, VP-45 personnel worked shoulder to shoulder with our NATO allies, showing the resolve of free nations of the world to keep the peace. In doing so, the squadron wound up flying more hours than any other squadron deployed to Keflavik since it became part of a split-site deployment.

One of the highlights from the Keflavik region was the squadron's participation in Operation Geysir Watch in support of Secretary of State Colin Powell's recent visit to the city of Reykjavik for the NATO Foreign Ministers Conference. Security for the conference was paramount, and VP-45 played a vital role, showcasing the Intelligence, Surveillance and Reconnaissance (ISR) capabilities of P-3 AIP aircraft.

During around-the-clock operations, the



AD2 Byron Merritt is greeted by his wife and son after returning from deployment.

See VP-45, Page 6

Jags offer huge military discount

From the Jacksonville Jaguars

The Jacksonville Jaguars are offering special 50 percent discount "E Z Pay" ticket to active duty military and their immediate families.

The "Military E Z Pay Ticket Plan" offers 10-games, one-year tickets for as little as \$120 per seat, which may be paid for with zero down, and either 12 monthly installments or pay in full. Tickets may be paid for on a monthly basis either by automatic



debit from a checking account or a pre-authorized charge to a credit card or by cash, check or credit

card when paying in full.

"Military E Z Pay Ticket Plan" forms are available at all MWR I.T.T. offices on NAS Jacksonville, NS Mayport and Subase Kings Bay, Ga.

or visit the Jaguars website at www.jaguars.com (click on military special offer tab) for forms, further program details, and seating locations. Anyone desiring seats next to each other must submit orders together and make note on the forms.

This offer is good through Aug. 15 and seat assignments will be made in the order in which they are received. Completed forms may be returned in person or by fax to any I.T.T. office.

See JAGCS, Page 10

WEEKEND WEATHER

	FRIDAY 71/88 PARTLY CLOUDY
	SATURDAY 72/89 PARTLY CLOUDY
	SUNDAY 73/90 SCATTERED THUNDERSTORMS

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site: <https://www.nlmo.navy.mil>

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River Cove Grand Opening

The grand opening and ribbon cutting ceremony for the newly remodeled River Cove Officer's Club and Conference Center (above) was held July 31.

At right: NAS Jacksonville Commanding Officer Mark Boensel and Lt. Hene Duyal of Resident Officer in Charge of Construction (ROICC) cut the ribbon at the ceremony. (L-R) Cmdr. Rob Fetter, Chris Aiello, Capt. Mark Boensel, Lt. Aylin Duyal, Sandra Shelton, Gary Leatherbarrow, and the catering staff from Morale, Welfare and Recreation (MWR) stand proud.

The Officer's Club renovation was made possible through the teamwork of MWR, ROICC Jax, NAVFAC Southern Div., and Base Facilities. The club will provide conference facilities and will generate revenue for MWR," said Duyal.



Photos by JO2 Jackey Bratt

FROM THE DOC

Battling those mosquito menaces

By Lt. Chris Alfonso
VP-30 Flight Surgeon

Have you ever tried to enjoy a perfect day outside only to find yourself constantly swatting at blood-sucking mosquitoes, or scratching at the bumps caused by their bites?

Out of all the types of insects in the world, mosquitoes are the most troublesome pests that affect humans. They can also carry diseases. Typically, only female mosquitoes feed on blood, and they can smell mammals up to 40 yards away.

Some individuals may attract mosquitoes more than others simply because of particular chemicals secreted from their skin. Here are three steps to help you avoid mosquitoes and their bites.

The first step is to avoid mosquitoes altogether. Most mosquitoes prefer to feed at night, especially at dusk. During the day, mosquitoes can be found resting in areas that are cool and shaded, like caves and areas with tall grasses.

Mosquitoes prefer wet regions, especially areas around bodies of standing water. You can lessen your

exposure to them by avoiding areas of infestation, and by being indoors around time of dusk.

The next step is to use physical barriers. Protective clothing is a great means to reducing mosquito bites, and the less access the mosquito has to the skin, the better. There are countless designs of clothing for this very purpose that can be found in most outdoor recreation stores. Still, ordinary clothing can be effective if worn properly.

Long sleeved shirts, pants, hats, and ankle-high footwear afford good protection. Clothes that are loose-fitting also help protect.

Clothes that are tight or expose skin areas during activity are not ideal for protection from mosquitoes. Aside from clothing, mosquito nets or screens can also provide a barrier to mosquitoes. If camping outdoors, a mosquito bed net is a wise investment.

The last step is to use repellents. The most effective ingredient in a repellent is DEET. Most commercial repellents have DEET as their major active ingredient.

Repellents with DEET can come in all fashions, such as gels, lotions,

creams, and sprays. Commercial repellents may contain anywhere from 2 percent to 100 percent DEET.

The higher the percentage of DEET, the longer bugs are repelled. However, the likelihood for bad reactions to the DEET also increase. Most new repellents typically use less DEET, and are very effective when applied properly.

DEET is toxic by nature, so parents must always keep repellents out of reach of children, and never apply any repellent to children's hands as their hands may end up in their mouth or eyes. Avoid applying repellents near eyes, lips, cuts in the skin, or on sensitive skin areas. Always read the repellent's label and only use as directed.

Another way to repel mosquitoes is to treat clothing with repellents that contain permethrin. Clothing treated with permethrin is both safe and can prevent mosquito bites even after being washed many times. Mosquito nets and screens should also be treated with permethrin.

Hopefully this advice will help make your time outdoors more enjoyable, and your summer less itchy.

HEY MONEYMAN



Hey Moneyman:

My wife and I are expecting our first child soon and we are very excited. The Navy Hospital has provided some great information and we think we are ready for our new addition. However, we were told that a new baby could be very expensive. Where can we get information on how much our new baby will cost?

MoneyMan Sez:

Congratulations. Being a parent will be one of the most challenging but most important things you will do in your life. I recommend you immedi-

ately sign up for the Navy and Marine Corps Budget for Baby class

by calling 542-3515.

This class is offered twice a month, both daytime and evenings. It runs two and a half hours and provides a wealth of information on the cost of a new baby. You will receive a very nice layette worth about \$100 for attending.

There are a lot of things you can do to control expenses, but you should anticipate that your new little one will increase your spending by \$350 to \$500 per month.

More questions? Call Hey MoneyMan at 778-0353.

Nominations needed for military appreciation program

From CNRSE

Nominations are now being taken for the 25th annual Clay County Military Appreciation Program. This program recognizes outstanding personnel who promote the county's goals and objectives within the civilian community.

Nominations are being taken for Military Person of the Year, Military Spouse of the Year, and Reservist of the Year. All nominees must be residents of Clay County.

Selection criteria and nomination forms can be found at www.cnrse.navy.mil (click on command info, then click on Clay County Military Appreciation Nominations 2002). Additional copies may be obtained by calling CNOCM(AW/NAC) Phil Mauffray at 542-2403 or from the Clay County Chamber of Commerce at 264-2651.

The deadline for submis-

sion of nominations is Sept. 11 at 5 p.m. Nominations can be dropped off at the NAS Jacksonville USO office, emailed to Kathy@claychamber.org, faxed to 264-0070 or mailed to: Clay County Chamber, 1734 Kingsley Ave., Orange Park, FL 32073. You can also drop off nominations at the Chamber of Commerce Monday through Friday from 8:30 a.m. to 5 p.m.

Finalists from each category will be honored at a luncheon hosted by the Clay County Chamber of Commerce at the Riverdance Music Hall at 797 Blanding Blvd. on Oct. 2.

All nominees and military representatives of the commands to which the nominee belongs are invited to attend. The uniform requirement for all Navy personnel is summer whites or the equivalent for other services.

For more information call 264-2651.

FCCJ fall term schedule

Sept. 3 - Dec. 20 Fall Term		
Hum 2211	Humanities: Foundations	M
MAC 1114	College Trigonometry	M
SYG 2000	Intro Sociology	M
EDF 1005	Intro to Education	T
MAT 1033	Intermediate Algebra	T
STA 2023	Intro Statistics	M
DEP2024	Human Growth&De	W
ENC 110	English Composition I	W
MAC 1105	College Algebra	W*
HUM 2236	Humanities:15th-20th C.	W
EDP 2002	Educational Psychology	TH
ENC 1101	English Composition II	TH
MAT 0024	Elementary Algebra	TH*
Sept. 3 - Oct. 27 Fall 'A' Term		
BSC 1005	Life Biological Environmt	M/W
BSC 1005L	Bio Lab at Kent Campus*	TH
CGS 1060	Intro Computers*	M/W
ENC 1101	English Composition I	M/W
MAT 0024	Elementary Algebra*	M/W
MAT 1033	Intermediate Algebra*	M/W
MET 1010	Meteorology	M/W
AMH 2010	U.S. History I	T/TH
CGS 1560	Microcomputer Appl*	T/TH
ENC 1102	English Composition II	T/TH
MAN 2300	Human Resources Mgt.	T/TH
PSY 1012	General Psychology	T/TH
POS 2041	American Fed Govt.	T/TH
SPC 2600	Fund Speech Comm.	T/TH

Class times are 5 - 7:50 p.m. for Fall except where noted. Tuition is \$51.45 per credit hour. Schedules and more information can be obtained in the FCCJ office in the Navy College Office, Bldg. 110 or call 771-3979.

Textbooks will be sold on base for one night only from 4 - 5 p.m., Sept. 3 outside Bldg. 110 or students can purchase books at the Kent Campus bookstore or College Bookrack on Roosevelt Blvd.

Students must register by 4 p.m. Aug. 29 on base. No tuition assistance funding can be authorized after the day classes begin. Please visit the FCCJ office on base as soon as possible to avoid the last minute rush and assure yourself a seat in class.

*Class times 5 - 8:50 p.m.

Open season for insurance

From HRO

Open Season for the Federal Long Term Care Insurance Program started on July 1 and continues through Dec. 31.

Long-term care is ongoing care for people who need lengthy or even life-long assistance with daily living due to an illness, injury, or severe cognitive impairment.

Created solely for members of the federal family, the new Federal Long Term Care Insurance Program is a new valuable benefit designed to protect insured individuals from the potentially high cost of long term care.

The insurance is sponsored by the U.S. Office of Personnel Management

and offered by John Hancock and MetLife. It is administered by Long Term Care Partners, LLC, a joint venture company between John Hancock and MetLife.

This program features group premiums for eligible members of the federal family, coverage for informal home care, access to care coordination services for qualified relatives of enrollees, and international benefits.

A representative from LTC Partners will hold the following meetings here at the base theatre:

Aug. 13 -	9-10 a.m.
	11 a.m. - noon
	1-2 p.m.
Aug. 14 -	8-9 a.m.
	10-11 a.m.



Sunday Services

You are invited to the following Base Chapel Worship Services this Saturday and Sunday:

Saturday	5 p.m. - Catholic Mass
Sunday	8:30 a.m. - Protestant
Communion	9:30 a.m. - Catholic Mass
	11 a.m. - Protestant Worship

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon.



Meet A Sailor...

SHSR SUZANNE LEFLER

Job title/command:
NAS JAX Quarterdeck

Hometown: Port St. Lucie.

Family Life: Parents, Christine Trapp and Jerry Lefler.

Past Duty Stations: RTC Great Lakes, Ill. and "A" School in Meridian, Miss.

Career Plans: To earn a bachelor's degree in psychology and become a FBI profiler.

Most Interesting Experience: Going to basic training and seeing how people react to extreme circumstances.

Words of Wisdom: Be happy with yourself, know who you are, and don't put up with anything less than you deserve.



Meet A Civilian...

WILLIAM (GLENN) MEBANE

Job title/command:
Marketing Assistant, MWR

Hometown: Greensboro, N.C.

Past Duty Stations: Retired Army

Career Plans: To continue working with Sailors and family members for MWR.

Most Interesting Experience: Jumping from a perfectly sound airplane.

Words of Wisdom: To whom much is given, much is required.

September exams coming up

From Personnel Support Detachment

The September 2002 Navy-wide advancement exams are just right around the corner.

Please take note of the following advancement exams information.

Candidates for E6 will take the exam on Sept. 5, E5 candidates on Sept. 12, and E4 candidates on Sept. 19.

The place of examination will be promulgated by respective commands or by Personnel Support Detachment for commands being served by PSD.

The verification of worksheets will be handled through command Pass Liaison Representatives (PLR). Please contact your command PLR for dates and time of exam worksheet verification.

Commanding officers/officer-in-charge are authorized to waive up to one year of the required time-in-rate for members in pay grades E5 for the E6 exam, who received a promotion recommendation of "Early Promote" on their recent periodic evaluation.

For more information, call PSD at 542-4218.

Jax Air News

NAS Jacksonville Commanding OfficerCapt. Mark S. Boemel
Public Affairs OfficerCharles P. "Pat" Dooling
Deputy Public Affairs OfficerMiriam A. Lareau
U.S. Naval Air Station Jacksonville Editorial Staff
EditorMiriam S. Gallett
Assistant EditorJO2 Mike Jones
Staff WriterJO2(SCW) Eric Clay
Staff WriterJO2 Jackey Brett
Civilian Staff
ManagerEllen S. Rykert
Staff WriterKaylee LaRocque
Design/LayoutGeorge Achley

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Deadline for all routine copy is close of business the Friday before publication. Deadline for Classified submission is noon Monday. Questions or comments can be directed to the editor. The Jax Air News can be reached at (904) 542-1533 or (904) 542-2531 or by fax at (904) 542-1534 or write the Jax Air News, Box 2, NAS Jacksonville, Fla., 32212-5000. All news releases should be sent to this address.

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Ellen S. Rykert, Military Publications Manager
1 Riverside Avenue • Jacksonville, FL 32202
904-359-4168

Linda Edenfield, Advertising Sales Manager • 904-359-4336
Beeper: 904-306-3853 or 888-980-3874 • FAX: 904-366-6230

VP-5 gets safety 'S'

By Lt.j.g. Brett Staples
VP-5 PAO

VP-5 was recently awarded the CNO Aviation Safety Award for 2001.

Cmdr. Pat Buckley, commanding officer of VP-5, accepted the award on behalf of the "Mad Foxes" from Commodore Mark Ensor, commander, Patrol and Reconnaissance Wing Eleven, during a ceremony on July 22 in Hangar 1000. The Safety "S" recognizes a command's unwavering commitment to all aspects of the Aviation Safety and Operational Risk Management (ORM) programs.

Due to the inherent risks associated with naval aviation, safety continues to be the number one priority of the aviation community. The most important measure of the "Mad Fox" safety program is its ability to minimize risks and preserve valuable assets, while safely operating at an unprecedented operational tempo.

Throughout 2001, VP-5 exceeded every operational

and training milestone while safely flying 7,952 flight hours and has now surpassed 132,000 mishap-free flight hours over 23 years.

VP-5 spent the first half of 2001 successfully completing a dynamic Inter-deployment Training Cycle (IDTC) in preparation for their Mediterranean deployment.

While deployed to Sigonella, Italy from August 2001 to February 2002, VP-5 executed an unprecedented 6,600 flight hours and 1,100 missions in support of Operations Joint Guardian, Deliberate Forge and Enduring Freedom.

The "Mad Fox" maintenance team continues to demonstrate that safety begins on the ground as evidenced by zero ground mishaps throughout the entire IDTC and high-tempo deployment.

The "Mad Foxes" have committed a great deal of time and hard work to ensuring the success of their safety program.

The command has fos-



Photo courtesy of VP-5
Commodore Mark Ensor, commander, Patrol and Reconnaissance Wing Eleven (left) presents Cmdr. Pat Buckley, commanding officer of VP-5 with the CNO Aviation Safety Award for 2001 during a ceremony on July 22.

tered a routine of "talking safety" on a daily basis, which directly contributes to the command's overall success.

In addition to this "informal" training, the "Mad Fox" Safety Department coordinates a squadron wide safety stand-down every quarter.

This provides the command an opportunity to discuss topics other than those relating to squadron operations such as home security, fire prevention and automobile safety.

To ensure squadron wide

awareness of the latest safety issues, Buckley utilizes all-hands quarters and his skipper's bulletin board to keep his Sailors informed on all messages pertaining to safety.

The men and women of VP-5 are unequalled in their ability to operate and train safely, and are certainly deserving of the recognition afforded by the 2001 CNO Aviation Safety Award.

The "Mad Foxes" believe safety is more than just a topic - it is a way of doing business.

them and the Navy well. All this flight time and skill will not go to waste; each has been hand-picked for post-deployment jobs in locations ranging from San Diego, Calif. to Jacksonville.

Brinkac is being considered as a United States Navy Test Pilot Candidate in Patuxent River, Md., while Kingsley, Walker and Wilderman will be assigned as instructor pilots at HS-10, the community FRS, in San Diego. Newkirk will go to HC-3, in San Diego, as an instructor in the new MH-60S due to his valuable experience in the H-60 Helicopter. Bartlett will stay in Jacksonville and become an instructor at the prestigious Weapons & Tactic Unit (WTU) at the Wing.

HS-5's "Magnificent Seven" complete milestones

By Lt.j.g. Larry Baggett
HS-5 PAO

Forty-two days doesn't really sound like a very long time does it?

But if you were told that is how long you would have to stay flying in a helicopter without the opportunity to touch down, then it begins to seem like a long time. That is approximately how long the "Magnificent Seven" junior officers of HS-5 have each spent airborne.

All seven pilots attached to the "Nightdippers" recently completed the 1,000-hour milestone of flight time.

The "Magnificent Seven" is a group of Lieutenant Helicopter Aircraft Commanders (HACs) comprised of Derrick Kingsley, Mark Newkirk, Chris Brinkac, Brian Bartlett, Rob Smallwood, Brian Wilderman, and David Walker.

These seven pilots have logged the majority of their time while assigned to HS-5 flying the Navy's H-60F/H model Seahawk helicopters.

So, how does one manage to stay in the air this long and accumulate so many hours during their first tour?

Primarily, it takes an impressive maintenance team to provide the helicopters, a strong backside, and

a lot of dedication to what they do as naval aviators.

It also helps when the commanding officer, in this case, Cmdr. Steven Schreiber, has more than 5,500 hours and puts a huge emphasis on flying.

When a new pilot shows up to his or her first Fleet helicopter squadron they've only logged an average of 270 hours of flight time.

The first step after flight school and reporting to a Fleet helicopter squadron is to become a Helicopter Second Pilot (H2P). Here a pilot's focus is on learning helicopter systems, limitations, and emergency procedures.

After this qualification, which culminates in a painstaking check flight and review board that could last hours, comes the even more rigorous journey towards becoming a HAC.

It can take up to a year and a half for a pilot to become a HAC. This qualification comes only after intensive training, studying, and flying.

And it is granted only after a pilot goes through another review board that is then followed by a check flight with the squadron's commanding officer or executive officer.

Once the pilot is designated a HAC, he becomes responsible for the aircraft and the lives of the entire crew.

The "Magnificent Seven" are all qualified HACs. To complete all this training, they have logged a substantial amount of hours behind the stick and gained the experience necessary to complete all the HS Community mission areas; Anti-submarine Warfare, Anti-surface Warfare, Combat Search and Rescue, Naval Special Warfare Support, Anti-terrorism Force Protection and Logistics Support.

As part of the USS John F. Kennedy Battle Group, HS-5 is currently deployed in the North Arabian Sea in support of Operation Enduring Freedom.

The squadron, along with the battle group, has been working hard to protect our American way of life. While on deployment, HS-5 personnel have flown more than 600 sorties and logged more than 3,000 hours of flight time.

For the "Magnificent Seven" though, this is not their first deployment during real-world operations. Each of the pilots have a previous deployment and full set of workups under their belts, and is now over more than two-thirds through their second deployment where they have had ample time to amass valuable experience as leaders in the sky.

The experience they have accumulated will serve

Are military members targeted by high-priced loan companies?

From Inside Edition

On July 22, Inside Edition investigated a claim made by military officials that companies offering payday loans target United States servicemen and women.

These companies, which offer high-interest short-term loans, say they provide a valuable service in helping people get by until their next paycheck. However, the annual interest rates on payday loans can reach more than 800 percent, propelling military families into long-term financial debt.

Needing extra money for Christmas, Petty Officer Dartanya Hill visited one of the many payday loan shops located outside his base in Jacksonville. He told Inside Edition's Senior Investigative Reporter Matt Meagher that he initially borrowed \$300, but soon found himself bouncing checks and \$1,000 in debt. "It's a downward spiral. Once you start it, it is very hard to stop," he said.

Similarly, Petty Officer Andrew Purchase, who served on the aircraft carrier, USS John F. Kennedy, obtained a short-term loan in Jacksonville. The loan turned his life upside down. "At one point, I thought about just running from it all and trying to find a way to disappear . . . to become another person and just start over. At one point I considered suicide," he said.

Adm. David Architzel is in charge of 83,000 Sailors on the East Coast and believes that the financial turmoil caused by these loans can affect military readiness. "You want to be able to know that servicemen and women are focused and paying attention. When they are not paying attention, bad things happen," he said.

Senior military officials are so concerned about payday loans that officers and enlisted men and women are routinely briefed in financial training seminars.

"We don't target the military. We don't target anybody else. We are a service provided to middle Americans," maintains Penny Pompei, the executive director of an association that represents the payday loan industry. She disagrees that payday loan fees are particularly high and explains, "It's not an annual loan. It's a one-to-two-week loan."

But according to a study paid for by the industry, 22.5 percent of the customers who take out these types of loans do so 14 or more times a year.

Some companies have circumvented state regulations by disguising payday loans as "instant cash rebates." Florida Internet, a company featured in the report, gives "rebates" when people sign up for expensive yearly contracts to access the Internet from their offices.

However, when Inside Edition's Meagher visited the company in Jacksonville, he found only one computer. A former employee of Florida Internet told Inside Edition that no one uses the computer and that the company is just a front for high-priced loans, charging as much as 500 percent interest on an annual basis.

The manager of Florida Internet would not talk to Meagher. Then shockingly, when Meagher tried to present his business card, he was confronted by the manager's mother and a man wielding a gun. Most of the incident was caught on tape and is featured in the report. Calls and a letter to Florida Internet's headquarters in Georgia were not returned, but the manager subsequently told Inside Edition that some customers do use the computers there and that she wasn't aware of any wrongdoing.

Military financial counselors say there are many alternatives to high-priced loans. For example, military credit unions offer cheaper rates and overdraft protection. Similarly, military relief organizations can provide emergency grants of 0 percent loans.

Multi-Cultural Awareness Fair

Aug. 29, 10 a.m. - 4 p.m.
Sea King Park 1 and 2

Cultural heritage representations and art displays
Diverse cultural entertainment - music, dancers,
live bands and Caribbean Stilt Walkers
Classic car show

Free samples of cultural food dishes from 11 a.m. to 1 p.m.

For more information, call SMC Fronzaglio at 542-3304
or Sylvia Kitt at 542-0842.

Search And Rescue

SAR swimmers train so others may live

By PH2(AW) Chantel Chapman
Special Contributor

AW1(AW/NAC) Bradley Shupert remembers, "I was off the coast of Cypress, in the Mediterranean on board the USS Forestal (CV-59). It was a dark, warm, summer night, with a calm sea state. I received a call between 11 p.m. and 1 a.m. that an S-3 crewman was in the water. I went out there to rescue him. The rescue only took about 14 minutes, but it seemed like an hour. It was so dark outside you could hardly see your hand in front of your face. The crewman also had back injuries, which made the rescue even more difficult."

This is just one of the many rescues performed by the instructors at the Commander, Helicopter Anti-Submarine Wing (COMH-SWINGLANT), U.S. Atlantic Fleet Search and Rescue (SAR) Swimmer School.

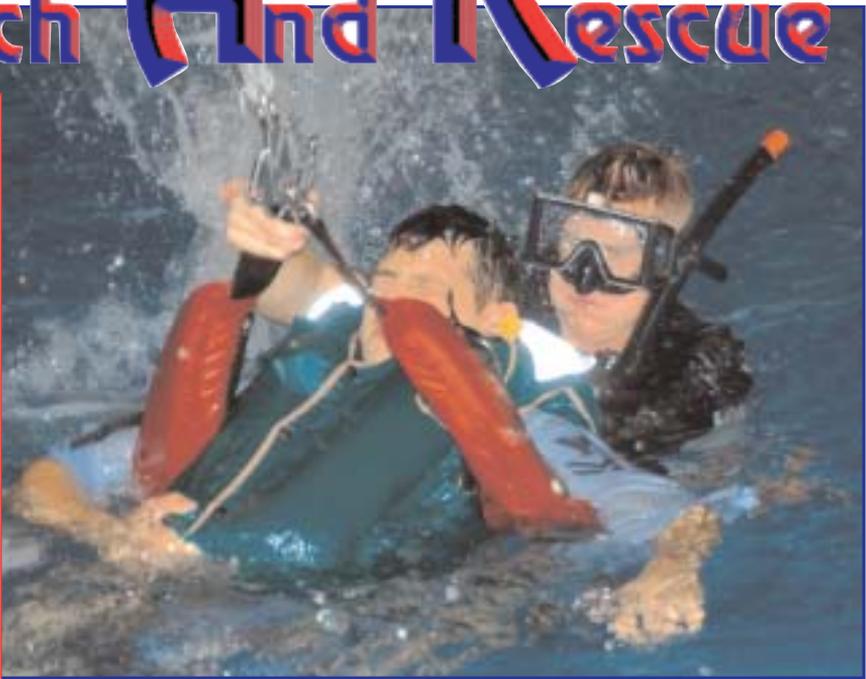
These SAR swimmers, from surface and aviation communities, train about 10 classes per year, with both officer and enlisted students.

"Our emphasis is on safety, and getting students through the course safely," commented Commodore Jim Pendley, COMH-SWINGLANT. "This class is intended to challenge them. We also emphasize attention to detail. The procedures done in the water were learned the hard way, so there's a reason as to why things are done a certain way."

Before going through the course, students are screened and go through a physical readiness test. Once they pass, their four-week training begins. Rather than trying to remember every student's name, as well as for their safety, the instructors assign them a number that is stenciled onto their jerseys.

For about the first week of their training, half is spent in the classroom going over SAR tactics and procedures. As the class progresses, more time is spent in the water, practicing what they learned. While in the water, the students go through constant pool conditioning. This is to build their strength and endurance. This includes swimming laps for 15 to 20 minutes, and a 400 and 800-meter buddy tow. Students practice various life-saving drills to prepare them for any situation that may be handed to them. They practice multi-rescues which include a rescue approach from a motor whaleboat and how to rescue a pilot, should he become entangled in a parachute. They also learn basic first aid and become CPR certified.

See SAR, Page 5



OS3 Christopher Brown (right) a rescue swimmer student from USS Deyo (DD-989) attaches a fellow student to a J-bar davit. Students practice simulated rescues with gear that is used in the Fleet.



Rescue swimmer student OS3 Christopher Brown, stationed on board USS Deyo (DD-989), enters the NAS Jacksonville pool from a trainer motor whaleboat.



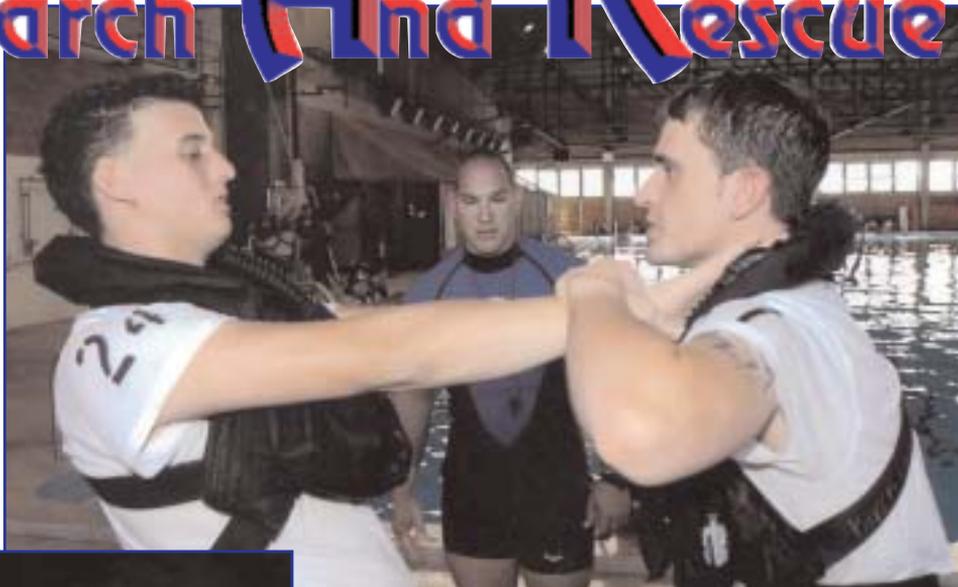
SN Guido Penafiel, from USS Letye Gulf (CG-55) checks a fellow student's gear in preparation for a rescue scenario. Students simulate rescuing pilots in full flight gear, including an opened parachute.



DC1 Gregory Castro, (left) a SAR swimmer student from USS Tornado (PC-14), practices search and rescue tactics on a fellow student as AW1(SW/AW/NAC) Kevin Lelacheur observes.

Search And Rescue

OS2(SW/AW) Jerard Beisser (center) observes as EN3 Michael Lopez (right) from USS Klakring (FFG-42) and ITSN Damon Garcia from USS McFaul (DDG-74) practice dry land drills for a tired swimmer carry.



SA Ryan Waller, a rescue swimmer student from USS Pioneer (MCM-9) is assisted by AW2(AW/NAC) Allan Keelen as he executes a rescue approach from a trainer motor whaleboat.



MN3 Jason Holland (left) from USS Avenger (MCM-1), attaches a J-bar davit to a rescue swimmer student. To simulate the rolling of a ship, AW1(SW/AW/NAC) Kevin Lelacheur tugs on the attached rope.

Photos by PH2(AW) Chantel Chapman

SAR: Training to save lives

From Page 4

This training also takes them to the St. John's River, where they conduct outdoor water laps (OWLS). This gives the students the outdoor, open-water experience during the day and at night.

"We have to be serious about our job," said AWC(SW/AW/NAC) Jason Mumford. "We have a strict curriculum to follow. We're all about saving lives."

Each instructor is firm, yet professional and experienced. They are all CPR certified and American Red Cross lifeguards. Some are qualified Emergency Medical Technicians and one is a paramedic.

Towards the end of their training, students go through a final practical. This incorporates four weeks of training into one day. This also allows instructors to evaluate their training to see if anything may need to be changed. During the final practical, the instructors create confusion by yelling and making a lot of noise to create a stressful situation for students. Water is splashed and sprayed in the student's faces, simulating a sea-state. Some swimmers become nervous under the stressful situations and others get tired while performing rescues.

If you can't follow rescue procedures when you're tired, you can't be a rescue swimmer," said AWC(SW/AW/NAC) David Peters. "That's why we physically train them, so their endurance can be built."

Once their training is complete, rescue swimmers must maintain their qualifications at their parent commands. There is a separate physical readiness test (PRT) they must complete as a SAR swimmer, along with their normal PRT. When transferring to a new command, some students return to the school for a refresher course.

"This is the best course the Navy has to offer," stated FC1 Jesus Paxon, a SAR swimmer from USS Ticonderoga (CG-47) homeported in Pascagoula, Miss. "This course is the next best thing to Basic UTD/SEAL training. It's the good training and advice from the instructors that make this class easier."

"This class was a challenge to myself," said Ensign Matthew Erdner, first lieutenant on board USS Hayler (DD-997) in Norfolk, Va. "I have a much better understanding of my job. It was not an easy class to go through, but I would not have made it through if it wasn't for the motivation from the instructors."



AWC(SW/AW/NAC) Jason Munford (far right) observes rescue swimmers doing pull ups during physical training in the morning.

Photo by PH2 Charles Withrow

Chaplain to celebrate last mass and retire

From the Chapel

Mass and retirement ceremony will be held at 9:30 a.m. this Sunday at the St. Edward Catholic Chapel on Mustin Road to honor Cmdr. Simon P.G. Ignacio who will complete his naval career after 23 years of service.

Mass celebrant will be Monsignor Ignacio. Mass co-celebrants will be the Most Reverend Jesus Varela, Bishop of Sorsogon, Monsignor Robert Reidy, Monsignor Joseph Lamonde, Father Michael Zuffolotto, Father John Lyle, Father Romeo Jasmin, Father Basel Colasito, and Father Leo Manalo. Retired Capt. Edward Hanawalt will be the guest speaker for the retirement ceremony. A reception will be held at the Chapel Center Religious Education, Bldg. 749 following the ceremony.

Ignacio was born in Virac, Catanduanes, Republic of the Philippines. He is the youngest of 16 children of the late Clemente Ignacio and Concepcion Gianan. He started his seminary training at St. Gregory the Great



Cmdr. Simon P.G. Ignacio

Seminary in 1957. After graduating from high school in 1961 at San Jose Minor Seminary, he attended college at San Jose Minor and Holy Rosary Major Seminaries from 1961 to 1963.

After a two-year novitiate with the Blessed Sacrament Fathers, Philippines, he earned his Bachelor's in Philosophy and English degree from the Our

Lady of the Angels Seminary College in 1967. During his fourth year in Theology at Loyola House of Studies, Ateneo de Manila, His Holiness, Pope Paul VI, ordained him a priest on Nov. 28, 1970 for the Diocese of Sorsogon.

He then served as Professor and Dean of College at the Penafra College Seminary in Sorsogon, Philippines, from 1971 to 1972. After earning a Master's in Theology degree and Licentiate in Sacred Theology in 1975 from the Catholic University of America, Washington, DC, he taught Theology at the Immaculata College of Washington, DC, Christ the King Seminary, East Aurora, N.Y., and Seton Hall University, N.J.

Having received his American citizenship in May 1979, he was commissioned a lieutenant junior grade in the Naval Reserve under the endorsement of the Archdiocese for Military Services, USA, and attended the Basic Course for Chaplains in Newport, R.I., in July 1979.

Ignacio's first assignment was at NAS Barbers Point, Hawaii

from 1979 to 1981, where he was also responsible for support of NAF Midway Island, and USCG Loran Station, Kure Island in the Pacific. Ignacio was promoted to lieutenant in December 1979.

In 1981, he reported to NAS Cubic Point, Philippines, with follow-on assignment to NS Subic Bay. His next assignment brought him as command chaplain to Destroyer Squadron Six, homeported in Charleston, S.C., where he was promoted to lieutenant commander in August 1985. He then completed a tour with the Marines at 2nd Field Service Support Group, Camp Lejeune, N.C., and BSSG, Ft. McCoy, Wis., from August 1987 to July 1989. Ignacio then attended the Advanced Course for Chaplains in Newport, R.I., in 1989, earning his second Master's in Human Management Resources degree from Salve Regina University, and participated in UNITAS XXXI, South American Operations.

Ignacio reported as command chaplain, MCAS Futenma, Okinawa, Japan, in January 1991 and was promoted to commander

in August of that year, followed by a tour at Naval Medical Center, San Diego, Calif., in 1993. Ignacio returned to Newport, R.I., in October 1994 for the Revised Advanced Course for Command Chaplains, then reported to NAF Atsugi, Japan as command chaplain.

In March 1997, he was made Prelate of Honor by His Holiness Pope John Paul II and was invested by his Diocesan Bishop, the Most Reverend Jesus Varela in June 1997.

In December 1997, he reported to Marine Corps Base Camp Lejeune, N.C., as deputy command chaplain and Roman Catholic Program coordinator. Ignacio reported to his final Navy assignment as command chaplain, NAS Jacksonville in July 1999.

Upon retirement, Ignacio will attend a three-month renewal course at the North American Pontifical College, Vatican City, prior to receiving a new assignment from Varela.

Twin brothers plan joint retirement ceremony

By AN Elizabeth Enockson
USS George Washington Public Affairs

While Raymond and Henry Warren look identical, Henry has always been just a little ahead.

He was born 15 minutes before Raymond and advanced to second and first class just slightly ahead of his brother. Now for the second time Henry has been deployed before Raymond. When USS John F. Kennedy (CV 67), where Henry is assigned, turned over with USS George Washington, Raymond's ship, it gave Henry a chance to once again go visit his little brother.

The first time was in 2000 during a turnover with USS Dwight D. Eisenhower (CVN-69). Raymond had recently reported aboard and deployed with GW.

Nearing retirement and having had long prosperous careers, the twins are now under way on their last deployments. "It's been



Photo by PH3 Heather Hess

PR1(AW) Henry Warren, assigned to CVW-7's VS-31 (left) visited USS George Washington July 19 to spend a few hours with his brother, VS-30's PR1(AW) Raymond Warren.

almost a year since I've seen him," Raymond said. "He has been out for his six months, and I'm going to be out for mine. It's a boost to be able to see each other and share the things we've learned. The mistakes we can both avoid making because we learn from each other." Henry wholeheartedly agreed. "It's hard to explain," he said. "Being as

close as a twin, you feel like part of you is missing. Getting to see him for this short time really is a blessing."

While the twins caught up on each other's news, those around them probably noticed how similar they are. Their mannerisms and speech patterns are almost identical. Not even their different uniforms

mar the mirror-image effect. For the two hours they shared, the twins shared memories. Henry remembered their first ship, USS Kitty Hawk (CV 63), in 1984. "We were off the coast of Russia under deceptive lighting, being followed by a submarine," he recalled. "It lost sight of us, but when it surfaced we ended up running it over."

Over the last 19-plus years, even their careers have been similar, as if choreographed.

"Becoming an aircrew survival equipmentman was more of an accident. When we were going to boot camp in San Diego we weren't allowed to take the swim test for some reason. So we lost our [aviation warfare systems operator] "A" school. We tried to pick the closest rating to it, and it turned out that PR had two open billets," Raymond recalled. "After that our careers just seemed to follow the same route." Henry picked up first class before Raymond, but advancement

has never been a competition between the brothers. "Being twins we share a very strong bond and have never really fought," said Raymond.

Eventually their careers parted for 10 long years. "After being together for 22 or 23 years, being separated was very tough," said Henry. Raymond nodded in agreement. "Being separated helps bring people closer together," he said. "You can't experience all the same things all of the time."

Except while under way, the twins do see more of each other. They are currently stationed in sea control squadrons VS-30 and VS-31, both based in Naval Air Station Jacksonville. "We're in the same hangar bay," Raymond said. "He's just one squadron over. It just happens that I relieve him every time he goes out."

Now the twins feel it's time to retire. "It's time for me to start a new career, do something different and be

at home with the family," Raymond said.

When they retire in September 2003 they will have added another 40 years to their family's legacy. "We wanted to restart a tradition that goes back an estimated 900 some years," Henry said. "Our family has been traced back to the days of William the Conqueror. [The tradition] was only broken when our father joined the Army. Their father served for 25 years in the U.S. Army."

Will future generations of Warrens join the Navy? "I hope that if my daughter chooses to follow in my footsteps, that she goes to college first and enters commissioned," Henry said.

Henry looks at his career proudly. "It was a tough road and I did it for my country. No one else. It made me a better person."

"I'm ready to retire," Raymond said. "It's been a good career, but it's time to move on. We're hoping, if things work out, on having a joint retirement."

VP-45: 'Pelicans' return home from long deployment

From Page 1

"Pelicans" flew off the Icelandic coast searching for suspicious vessels that might pose a terrorist threat. The operation then transitioned overland where VP-45 aircrews circled the Icelandic capital city using highly sensitive electro-optic equipment to continually monitor the Secretary of State's movements and all surrounding activities. Powell's visit culminated in a town hall meeting in the VP-45 hangar where some fortunate "Pelicans" had the opportunity to meet and ask questions of one of our nation's heroes.

Meanwhile, the "Pelicans" operating out of Naval Station Roosevelt Roads and Comalapa, El Salvador were fully engaged in America's continuing counterdrug operations. Flying

more than 3,800 flight hours, the squadron played a major role in the war on drugs, participating with the Coast Guard in the interdiction of more than 41 metric tons of illegal drugs valued at more than 11.3 billion dollars. To put in perspective, that amount is twice that of previously deployed VP squadrons — another record. With this unprecedented achievement, the "Pelicans" kept money out of the hands of those who spread violence and terror in our country and others.

Caribbean "Pelicans" also sustained an aggressive exercise schedule, participating in the annual UNTAS exercise with the navies of South America. SIFOREX — an annual exercise conducted with the Peruvian navy, and numerous other anti-submarine warfare exercises.

Tracking diesel and nuclear submarines at every opportunity, VP-45 aircrews continually honed their skills in this vital mission area.

The "Pelicans" also conducted successful search and rescue operations in both theaters of operation. In the Caribbean, a "Pelican" aircrew was tasked to locate two fishermen who had been reported overdue from their destination.

Searching the vast ocean below, the members of Combat Aircrew Six located the two men who

had been adrift for two days without food. In the North, an aircrew conducting a pilot training event was diverted to an area off the southern coast of Iceland. The crew, working with an Icelandic Coast Guard cutter and helicopter, was able to assist in the rescue of three fishermen fighting for survival in freezing water.

As VP-45 personnel return home to family and friends, they know there are many heavy hearts at NAS Jacksonville as their

sister squadron, the "War Eagles" of VP-16, departs for the Mediterranean. The "Pelicans" wish the men

and women of VP-16 the best for a safe, successful deployment and speedy return home.

A day of fun for National KidsDay

By Kaylee LaRocque
Staff Writer

Hundreds of children and their families turned out on Sunday to celebrate National KidsDay and National Night Out at the Yellow Water Housing Area.

Unfortunately, a thunderstorm cancelled another event at the NAS Jax pool. National KidsDay is held each year on the first Sunday in August to celebrate and honor today's youths by spending meaningful time with them.

"This is a day to reinforce that children matter – that their ideas and dreams are important and worthwhile. I hope National KidsDay becomes one of the greatest days of the summer for America's children," said First Lady Laura Bush on the National KidsDay website.

This is the first year the base has celebrated the event. "We plan to continue celebrating this event each year from now on to honor our children here," stated Erica Hickey, director of the Youth Activities Center.

National Night Out is held each year to help heighten crime and drug prevention awareness, strengthen neighborhood spirit and police-community partnerships and to send



A youngster gets fingerprinted at the KidsDay event held at the Yellow Water Housing Area on Sunday.

Photos by JO2(SCW) Eric Clay

a message to criminals that neighborhoods are organized in a fight against crime.

The Yellow Water event featured several carnival rides such as a choo-choo, water rapids and a bungee run. The NAS Jax Fire Department cooled things off by spraying the kids down. Plenty of food was available and many children received special give-aways to area attractions.

McGruff the Crime Dog, mingled with the children as members of the NAS Jax Security Department fingerprinted them and passed out informational pamphlets about child safety and crime prevention.

"This was a huge success. It was a lot of fun and a great way for families to spend some quality time together doing kid's stuff," said Hickey.



Some kids enjoy the water rapids ride at Yellow Water.

USO offers Jags tickets

USO is pleased to announce that the Jacksonville Jaguars 2002 season is just around the corner.

The USO will have tickets for each home game, including the two pre-season games, for our active-duty military in the greater Jacksonville area.

Ticket distribution will be controlled at the two USO centers, at the NAS Jacksonville main gate and at the USO center on Mayport Road.

Each ticket is \$6, with a maximum of two tickets per single active duty member and four for married active duty (spouse/children).

Tickets will go on sale two Mon-days prior to each

scheduled home game.

The wearing of the uniform is not required however, all active duty and family members attending will be required to show appropriate active-duty ID at the USO gate.

The wearing of command ball caps are authorized and encouraged

Tickets for the first pre-season game Aug. 16, against the Tampa Bay Buccaneers are now on sale.

Overall coordination for the Jaguars tickets is Bob Coonan, USO executive director, at 778-

2821/542-3028 and Wayne Lester at Mayport, 246-3481.




Help Us Keep Our Base Clean! Recycle This Newspaper!

NADep Jax gets LEAN

By Susan Brink
NADEP Public Affairs Specialist

With ISO 9001:2000 and AS9100 certification under its belt, the Naval Air Depot Jacksonville (NavAir Depot Jax) continues to look at ways to improve.

"The best improvements are not the ones we get from outside sources, but the ones that our employees create. It just doesn't happen because we want it to, we must provide employees the right tools to make their ideas reality," said Cmdr. Ron Bethmann, Production Support officer.

NavAir Depot Jax has determined that the next step to be taken to become a world-class organization is the empowerment methodology known in the industry as LEAN Operations.

So what is LEAN, and why use that tool in the depot environment? LEAN is simply a methodology that was initially developed by the Japanese to manufacture automobiles, referred to as the Toyota Production System. The methodology has evolved into a very dynamic tool set that is applicable to all businesses and disciplines.

Its primary focus starts with the identification and elimination of waste. Waste, in this instance, refers to any activity in a process that does not add value to the generation of a quality product. Some examples include the time associated with waiting for parts or paperwork, searching for parts, and walking around the plant to retrieve tools, parts, or work instructions. LEAN also transforms production processes from an inefficient push system to a more efficient and less cost-



Photo by Amy Cheshire
Bill Harding from GE LEAN Manufacturing discusses accomplishments made by the F404 HPT Rotor Repair Team in the first LEAN event.

ly flow and pull system. There are other businesses in the industry that utilize the LEAN methodology and have seen success. NavAir Depot Jax has partnered with General Electric Aircraft Engines to see what has worked for them and identify processes throughout the Depot to review.

"The war on terror has significantly increased the demand for the parts we produce for the Warfighter. Because of that, we must accelerate our continuous improvement efforts to increase our throughput, decrease our turn around times (TAT), and do so with our existing resources. Lean is about working smarter, not harder," added Bethmann.

During the week of July 8, the Depot took on its first LEAN project in the F404 HPT Rotor Repair Shop. After developing four teams, they spent the week reviewing processes and looking for ways to make improvements. The Assembly Team determined that they had an average queue time of 24 days and found it



Photo by Victor Pitts
Ken Gross, a mechanic works in the F404 HPT Rotor Repair Shop.

really only takes 15.6 hours, an improvement of over 98 percent.

The Disassembly Team had an average TAT of 15.5 days and ultimately brought that down to a half-day, an improvement of

more than 96 percent. The Induction/Shipping Team determined that it had an average TAT of 19.25 days and brought it down to 1.4 days, an improvement of more than 93 percent.

And, the Material Allocation Team determined historically that its material allocation contributes an average of 90 days queue time and set a goal to reduce it by at least 30 percent. These are just some of the examples of improvements that were made to the F404 HPT Rotor Repair Shop by utilizing the new LEAN methodology.

NavAir Depot Jax employees have worked as a team identifying ways to improve efficiency in the F404 HPT Rotor Repair Shop.

"Giving employees the right tools makes their ideas reality," said Bethmann. "This is only the beginning. As we learn more about applying LEAN principles, these continuous improvement efforts will migrate throughout the plant in the months and years to come."



Photo by Amy Cheshire
From left: Garrold Truman, aircraft ordnance system mechanic; Ray Rivera, electronics mechanic supervisor; Thomas Hartin, pipefitter; and Raymond Battle, electronics mechanic were recently recognized for their contributions to NavAir Depot Jax's VISION program.

NADep employee ideas recognized through VISION

By Susan Brink
NADEP Public Affairs Specialist

On July 17, Capt. Karl Yeakel, commanding officer, Naval Air Depot Jacksonville (NavAir Depot Jax) awarded Depot employees through the Valuable Ideas Save Investments Of NADEP (VISION) Program.

Raymond Battle, electronics mechanic, received recognition for two suggestions. Battle recommended and constructed two additional Rotor/Gimbal test and run-in stations for the PS-10 Electronic Gyroscope. This idea allows up to ten rotors or gimbals to be built and tested on individual production lines, thus significantly increasing productivity and reducing turn-around-time (TAT).

The second suggestion was to develop a new procedure used during the build-up process of the PS-10 Electronic Gyroscope. This simple, but effective technique uses a six-inch 28 gauge Buss wire, which is inserted into the thin copper filler tube, thus preventing damage to the fill sensor tube. This idea eliminates re-work and saves labor and material, thus improving component TAT.

Pipefitters Thomas Hartin and Shawn Kennedy earned official recognition for two suggestions. They recommended the installation of

local isolation valves on air and non-potable water supply at each "station" in the paint bays of Building 868.

This suggestion not only improves accessibility and decreases outages during maintenance periods; it also minimizes impacts to production and most importantly, improves safety. The second suggestion was the installation of a Filter system for Tank #14, which pumps acid upstream into the heat exchanger. The design incorporates a removable filter, precluding all foreign matter from entering the heat exchanger, thus preventing clogging and rendering the system ineffective. This idea reduces system downtime, and improves overall system performance and reliability.

Garrold Truman, aircraft ordnance system mechanic, recommended the use of a Dry Film lubricant in the overhaul of C-2/E-2 Inertia reels. This process will prevent approximately 80 percent of all inertia reels from being scrapped and replaced with new parts, thus reducing material cost.

More than \$18,000 in tangible savings was realized the first year of implementation.

Yeakel commended the recipients of the VISION awards and applauded them for their efforts to improve quality, productivity, and economy at NavAir Depot Jax.

CPRW-11/VP-30 holds spouse workshops

By CPRW-11 PAO

On July 22, CPRW-11 and VP-30 hosted a workshop for spouses giving them a unique opportunity to learn firsthand about the benefits of their spouses' military careers, the detailing process and MWR.

Guest speakers from the Navy's Center for Career Development, the Rhuelin Associates, MWR and VyStar Credit Union were on hand providing information and answering questions. The workshops were held in the VP-30 auditorium for officer spouses and in Hangar 1000 for enlisted spouses. The workshops met in separate locations in order to tailor the

information to the specific interests and needs of the service members and their families. To facilitate spouses' attendance at this event, childcare and hors d'oeuvres were provided by MWR.

Commodore Mark Ensor, commander, Patrol Wing Eleven and Capt. Brian Prindle, commanding officer, VP-30 kicked off both workshops, followed by a brief on career information and financial compensation, presented by Dave Ringberg from the Rhuelin Associates and Cmdr. Garry Maynor from the Center for Career Development.

Amy Cimino from MWR also provided information on MWR programs available on base and around the

Jacksonville area. Detailers Lt. Cmdr. John Maxwell and Master Chief Andy Lott were on hand from BuPers to provide a career brief and to answer any questions the spouses had. Chalker Brown from VyStar Credit Union discussed loans and assistance available to Sailors and their families.

The event was well received by all who attended. With the success of this workshop, it will likely become a yearly event to keep the members of the local VP community and their spouses informed of their career options and the financial benefits they are entitled to.

JAX TALES By Mike Jones



RICKYSTOUR@YAHOO.COM

I found buried treasure in my basement.
These three men have spent over 20 years searching for buried treasure. They have found gold, silver, and other valuable items. They are now offering a course on how to find buried treasure. For more information, visit www.buriedtreasure.com.
Check out the Savings Bond Calculator at www.savingsbond.gov to discover how you can save money.

MWR NOTES

Cruise in November

Active duty: enter to win a cruise for you and up to four family members. Visit www.mwr.navy.mil for details.

Knock your socks off

Cardio kickboxing classes are held Fridays at 5:30 p.m. at the Fitness Source. Call 542-3518 to sign up.

Check out the new menu at The Zone

Tired of the same old thing for lunch? The Zone has come to your rescue with their new menu. New items include daily homemade soups, salad bar, Reuben sandwich and chicken fajita pizza to name just a few. Come and try something new for lunch or dinner. For more information, call 542-3521 or 542-2209.

Bingo events

Come check out the hot specials at the Bingo Hall this week:

Mondays pay out is \$50 on part A and special games.

Tuesdays offer VIP drawings. You have the chance to win \$69 for computer, plus \$25 each time you yell Bingo.

Wednesdays are double lucky with double lucky balls, payout is \$300. Thursdays change up Bingo to Bogo with buy one get one free and special games.

Fridays are for fun and \$50 payouts part A also featuring the one and only \$1,500 game.

CPO Club

Settle back at your club and enjoy some great deals and fun. Members of the Monday Mug club can enjoy refills for \$1. Tuesdays and Thursdays enjoy Happy Hour with free munchies and beverage specials from 4 – 8 p.m. Wednesdays are Spouse's night. Bring your spouse to the club and they enjoy beverage specials. Dance to your

favorite tunes, bring your own CD's.

Bowling at Freedom Lanes

Looking to get out of the heat? NAS Freedom Lanes has something for everyone. Check out free bowling for active duty on Wednesdays from 11 a.m. – 3 p.m., or the Summer Bowling Blast (open to all) which runs Monday-Friday from open – 3 p.m., \$5 will get you two games of bowling, shoe rental, a small drink and a hot dog.

Every Tuesday is \$5 "All you can bowl" from 4 – 9 p.m.

Xtreme Bowling Saturdays – 4 p.m. \$5/Person for two games & shoe rental 10 p.m. \$9 person for three games and shoe rental

Saturday night fun tournaments Aug. 10 - Scotch Doubles 9 Pin no tap \$20/Team

Aug. 17 - Xtreme Cash (Regular Lights) \$15/person

Aug. 24 - Scotch Doubles \$20/Team Super Sundays "All you can bowl" 1:30 - 3:30 p.m. shoe rental 50 cent

"Special will not be sold after 2 p.m. League Kick Off Day is Aug. 24.

There will be drawings, prizes, clinics and league information. There will be 99 cent games all day and 99 cent shoe rental all day.

On Sept. 11 the center will offer free bowling for active duty, retirees, fire fighters, and their immediate family members.

Free movies in the base theatre Tomorrow, 7 p.m. - 40 Days and 40 Nights (R)

Aug. 16, 7 p.m. - Big Fat Liar (PG-13)

Aug. 17, 5 p.m. - Ice Age (PG)

Aug. 17, 7 p.m. - Showtime (PG-13)

Aug. 23, 7 p.m. - The Sweetest Thing (R)

Aug. 30, 7 p.m. - We Were Soldiers (R)

Aug. 31, 5 p.m. - Showtime (PG)

Aug. 31, 7 p.m. - John Q (PG-13) 16 at

7pm: Big Fat Liar (PG-13)

To read a description of these movies visit MWR online. Please do not leave children under 18 unaccompanied. No alcohol is permitted in theatre.

Treat yourself through I.T.T.

You deserve a vacation, stop by I.T.T. and sign up for one of the many trips on the calendar. I.T.T. has Jaguar tickets on sale for every home game, only \$47.75 a ticket and anyone on base can purchase them with no limitations. I.T.T. also runs a shuttle to the home games and you can sign up for any game when you purchase your tickets. Call 542-3318 for more ticket information. For more information stop in our office located adjacent to the Navy Exchange in Bldg. 953-A. Trips are open to all base personnel and their guests.

The following are upcoming events: Saturday – Historical Savannah -

See one of the most beautiful cities in the south. The trip includes a trolley tour and plenty of time to explore the city for \$26.50.

Aug. 17 – Sea Island Festival - See St. Simons Island for a great day that includes a tour of the island, lighthouse and time to enjoy the Sea Island Festival. The cost is \$29.75.

Aug. 24 – Rivership Romance - You don't have to be a romantic to enjoy a relaxing lunch sailing up the St. Johns River. Included in the price is lunch, music and a narrated talk about the St. Johns River, then free time to antique shop in Sanford, all for \$44.75.

Aug. 30 – Sept. 2 - Hot-Lanta - Getaway for Labor Day! Three nights hotel, and entrance fees to all the best attractions including Stone Mountain Park, is only \$211.85 per person, based on double occupancy.

Marina has rentals available

Jet ski special: Now through Labor Day, the active duty rental rate is only \$25 per hour. We provide all the training you need at no cost.

Canoe and kayak rentals: The marina offers free canoe and kayak rentals to active duty military on Thursdays (on base use only).

During the months of July and August, the marina is offering 20 percent off boat rentals for active duty members Mondays through Thursdays. The marina also has a full line of camping and boating equipment for rent.

For more information, call 542-3260.

Dive into aquatics this summer

Swimming lessons are available. Adult lessons are 7:15 – 8 a.m., active duty enrollment is free. Kids lessons are from 5 – 8 p.m. depending on level. Call 542-2930 for class times and descriptions.

Aqua aerobics classes are Monday-Thursday from 11a.m.- noon for shallow, 12-15 p.m. – 1 p.m. for deep, Monday, Wednesday, and Friday from 4:30 - 5:20 p.m. for shallow, and 5:30 - 6:20 p.m. for deep.

Southwest Dive Adventures

Your full service MWR Dive Shop in Navy Region Southeast is aboard Naval Station Mayport in Bldg 371 on Moale Street. Call 270-5541 for details. The shop offers:

Open water certification classes, Bubble Maker for kids 8-12, Discover Scuba Program.

Youth Activities Center offers events

NAS Jacksonville Youth Activities offers a variety of events for your children to get involved with this summer. Call us at 778-9772 for more information on these events.

NAS Jacksonville's Flying Club still going strong

The Jax Navy Flying Club is located on Herlong Road. The club offers great deals if you want to learn to fly. The club offers a FAA approved pilot school that offers a variety of programs from private pilot to airline transport pilot.

For more information about joining the club or upgrading your current license, call 786-4128 or 786-9293. Memberships are transferable to any DoD flying club in the world.

Check out the RV Park

Visit NAS Jax RV Park. Reservations are taken 60 days in advance with a 14-day minimum stay. Call 542-3227.

Free Basic Auto Repair classes

Classes will be held Aug. 15-16 at 6 p.m. Call 542-3222 to register.

Ladies golf clinic

Hey Ladies! We've got a great thing going on just for you at the NAS Jax Golf Club. On Fridays at 4:30 p.m. for only \$10/week you can improve your present golf skills or learn new ones from our professional staff. You can also use the time to get together with friends and to socialize. Call 542-3249 for details.

Summer golf special

Active duty military - 18 Holes for \$16 Monday-Thursday only (Must present ID card.)

Active duty/retirees play golf for free.

- Bring three civilian guests any day of the week

and you're greens fees are waived.

DoD announces deadline extension to update TRICARE For Life eligibility

Are you and your spouse eligible for the Department of Defense's (DoD's) comprehensive TRICARE medical and pharmacy benefits?

Nearly 17,000 TRICARE For Life beneficiaries have not responded to mailings from DoD urging them to update their eligibility in the Defense Enrollment Eligibility Reporting System (DEERS) so they may use TRICARE For Life.

Recently implemented, TRICARE For Life provides wraparound coverage to Medicare, giving our older beneficiaries coverage for benefits that are unparalleled in U.S. health care. The Department of Defense (DoD) recently announced that the deadline for beneficiaries to update their eligibility in the Defense Enrollment Eligibility Reporting System (DEERS) and remain eligible for TRICARE For Life is extended until Sept. 1, 2002. The 6-month grace period has been extended 1 month to ensure that every effort is

made to reach DoD's TRICARE For Life beneficiaries. After Sept. 1, 2002, claims for beneficiaries who are not shown as eligible in DEERS will be denied and will no longer be sent electronically from Medicare to TRICARE for payment. These beneficiaries will be responsible for paying for services that Medicare does not cover.

Claims received for beneficiaries with expired eligibility will continue to be denied until their eligibility information is updated. By law, DoD must recoup (take back) payments made for ineligible persons.

Since the initial Aug. 1 deadline for updating expired eligibility was set, DoD has received health care claims for over 40,000 TRICARE For Life beneficiaries with expired eligibility, of which almost 19,000 have updated their eligibility. Approximately 4,000 lost their TRICARE eligibility due to certain events such as divorce from a military retiree, remarriage of a widow, or death. Nearly

17,000 beneficiaries, however, have not responded to mailings from DoD urging them to update their eligibility in DEERS so they may use TRICARE For Life.

In March 2002, DoD launched a campaign to reach this "hard-to-find" population and inform them of their new TRICARE For Life benefits and what they needed to do to ensure their eligibility was up to date. The Defense Manpower Data Center (DMDC), who oversees DEERS, mailed individual letters to beneficiaries and explained how to update their eligibility information and expired uniformed services identification (ID) cards.

"We urge beneficiaries to contact DMDC and update their eligibility in DEERS so they may continue to take advantage of this incredible benefit. We want to ensure that they have every opportunity to update their eligibility and use TRICARE For Life," explained Dr. William

Winkenwerder, the Assistant Secretary of Defense for Health Affairs, on the deadline extension. DoD will take advantage of the additional time and send more individual letters to beneficiaries who have not updated their eligibility information in DEERS.

TRICARE For Life beneficiaries who need to update or re-verify eligibil-

ity, or beneficiaries who have received an Explanation of Benefits (EOB) stating that their eligibility, should contact the nearest ID card facility for assistance. The Web site developed to help beneficiaries locate the three nearest ID card facilities is www.dmdc.osd.mil/rsl/. Beneficiaries also may call the DoD

Benefits Reverification Telephone Center at 1-800-361-2620.

For more information about TRICARE For Life, interested persons may visit the TRICARE Web site at www.tricare.osd.mil/tfl/, or call the Worldwide TRICARE Information Center toll-free at 1-877-DOD-LIFE (1-877-363-5433).

School-Age Care registration

From the Youth Activities Center

The School-Age Care Program registration is ongoing. The program is available for children in kindergarten through 13 years old. Activities include indoor and outdoor recreational activities, arts and crafts, nature, multi-cultural activities, Boys and Girls Club programs, Nintendo 64 and computers.

Children must be completely registered. Registration includes completed copies of registration form, parental release, a copy of the child's current shot record, a copy of the sponsor's identification card, voluntary wage deduction form, notarized power of attorney, and a dependent care certificate. Fees are based on total gross annual household income as regulated by the Department of Defense. Patrons must provide the most recent LES and paycheck stub to determine fees.

If your child is currently enrolled in the Youth Activities Summer Camp program, then all you need to provide is a newly signed parent's agreement form.

Transportation is provided by the school district. During the 2001-2002 school year, Venetia, Southside Estates, John E.

Ford, RV Daniels, Chimney Lakes, John Stockton, Ortega and Lakeshore Middle sent buses to the center to pick up children. Transportation to the

schools must be arranged by the parent with the school.

Youth Activities will follow the Duval County traditional school calendar.



SPORTS STANDINGS

2002 Summer Basketball Standings As of Aug. 2

Team	Wins	Losses
TPU	9	1
VP-30	8	1
AIMD	8	2
VS-24	7	3
VS-32	5	4
VP-5	5	5
SERCC	4	5
NAMTRA	4	6
VR-58	2	7
HS-7	0	8

Intramural Golf Freedom League Standings As of Aug. 2

Teams	Wins	Losses	Ties
GEMD	6	0	0
VP-5	5	2	0
Navy Band	5	2	0
AIMD (B)	5	2	0
NAVARES	4	1	0
NAMTRA B	4	3	0
VS-24	3	5	0
Wing 11	2	4	1
FASO	2	5	0
FACSFAC 2	2	6	0
NHSO	0	7	1

Intramural Golf Liberty League Standings As of Aug. 2

Teams	Wins	Losses	Ties
VP-30	8	0	0
VR-58	6	2	0
FACSFAC Jax #1	6	2	0
AIMD	5	2	1
BICMD	4	2	1
ASTC	4	4	0
VP-16	4	4	0
CPRW-11 (A)	4	4	0
HS-75	2	6	0
VP-62	1	5	0
Naval Hospital	1	6	0
NAMTra 1011	0	7	0

JAGS: Military discount of 50 percent on season tickets

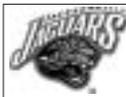
From Page 1

Active-duty military members may buy tickets for immediate family members only and must provide a copy of their military I.D. card at the time of purchase.

"We have enjoyed a great relationship with our military through the USO reduced ticket offer. Sailors Aweigh and other programs," said Jaguars owner Wayne Weaver. "Working together, we wanted to do more to show our appreciation for our men and women in uniform."

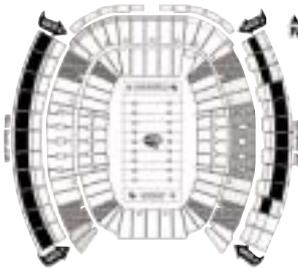
Rear Adm. Jan Gaudio, commander, Navy Region Southeast, called the program another outstanding example of the Jaguars organization reaching out to our military men and women and their families.

"Wayne and Delores Weaver and the entire Jaguars organization have been strong supporters of our military since the birth of the team. This exceptionally generous offer does not surprise me in the least, and affords us all the opportunity to be Jaguars ticket holders."



Get Your Season Tickets Now!

ACTIVE-DUTY MILITARY SPECIAL ONE YEAR TICKET OFFER



Upper Deck - EE, PP	\$20 per seat/ per month	50% DISCOUNTED PRICE	\$10.00 per seat/ per month	Military Employees Pay	\$10.00 per seat/ per month	Annual Savings	\$120 per seat
Upper Deck - NN, DD	\$25 per seat/ per month		\$12.50 per seat/ per month		\$12.50 per seat/ per month		\$150 per seat
West Upper Deck - MM	\$33 per seat/ per month		\$16.50 per seat/ per month		\$16.50 per seat/ per month		\$198 per seat
Lower Level - B	\$49 per seat/ per month		\$24.50 per seat/ per month		\$24.50 per seat/ per month		\$294 per seat
Lower Level - C, D	\$65 per seat/ per month		\$32.50 per seat/ per month		\$32.50 per seat/ per month		\$390 per seat
East Sidelines - E	\$87 per seat/ per month		\$43.50 per seat/ per month		\$43.50 per seat/ per month		\$522 per seat

JAX SPORTS

Women's Armed Forces softball championship

The NAS Jax Athletic Department is hosting the Women's Armed Forces Championship at the McCaffrey Softball Complex this week. Come check out the best of the best Armed Forces Women's Softball Teams and cheer your Navy team on to victory. For information call 542-3239.

Intramural flag football league forming

This league is for NAS Jax active duty only. The league will begin Aug. 19. Stop by the NAS Jax gymnasium to pick up the rules and entry forms.

Intramural fall volleyball league beginning

The league is for NAS Jax active duty only. The season begins Aug. 26 and rosters are due Aug. 16. Games will be played Mondays, Wednesdays, and Fridays at 11:15 a.m. and noon. Stop by the NAS Jax gymnasium to pick up the rules and entry forms.

Softball meetings set

The Greybeard league is open to all NAS Jax active duty commands and personnel ages 32 and above. This meeting will be held Aug. 14 in the Quarterdeck Conference Room (Bldg 590) at 11:30 a.m. The season begins Sept. 17 and games will be played on Tuesdays and Thursdays at 11:30 a.m.

The intramural softball league is open to all NAS Jax active duty commands and personnel. This meeting will be held Aug. 14 in the Quarterdeck Conference Room (Bldg 590) at 12:30 p.m. The season begins Sept. 16.

The women's league is open to all NAS Jax active duty, dependents over 18, retirees, and DoD civilians. This meeting will be held Aug. 14 in the Quarterdeck Conference Room (Bldg 590) at 12:30 p.m. The season begins Sept. 16.

The open league is open to all NAS Jax active duty, dependents over 18, retirees, and DoD civilians. The meeting will be held Aug. 14 at Mulligans at 4 p.m. The season begins Sept. 17 and games will be played on Tuesdays and Thursdays at 4:15 p.m. All interested personnel should attend these meetings to discuss rules and to get the required paperwork to join the leagues.

Men's/Women's Captain Cup tennis tournament slated

These tournaments will be held Sept. 30 at 5 p.m. They are free and open to all NAS Jax active duty men and women. The matches will be played at the Birmingham tennis courts. Individuals playing in the tournament will earn Captain's Cup points for their respective command. Call the NAS Jax gym to sign up by Sept. 27.

Men's/Women's Captain Cup racquetball tourney set

The tournament will be Sept. 16-20. It is free and open NAS Jax active duty only. Matches will be played nightly at the NAS Jax gym beginning at 5 p.m. Sign up by Sept. 11.

All-Navy wrestling tryouts coming up

The All-Navy wrestling tryouts will be conducted by Rob Hermann, All Navy Wrestling Coach, at the NAS Jax gym from 5-7 p.m. on Oct. 25. Weigh-ins will not be conducted and wrestling equipment is not required to tryout. Weight classes are 119; 127; 138; 152; 167; 187; 213; and 286. Call NAS Jax Athletics to sign up.

For more information about any of the sports articles, call Bill Bonser, Sports Coordinator or Mike Gorman, Athletic Director at 542-2930/3239 or e-mail us at dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil.

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CrackDog Foundation is a 501(c)(3) non-profit organization dedicated to the rescue, care, and adoption of dogs. We are currently looking for foster homes for dogs in need. If you are interested in becoming a foster parent, please contact us at 1-800-850-8500.

In Gear

A weekly look at the automotive market
