



# JaxAir News

## TOUCHING BASE

### Bass touney this Saturday

The 21st annual NAS Jacksonville Bass Tournament begins at first light Saturday at the Mulberry Cove Marina.



Due to enhanced security, this year's tournament is open only to those who have access to the base.

The tournament follows a team format of two anglers per boat. The entrance fee is \$75. There is an optional Big Bass pot fee of \$10. The cash prize payout is 80 percent, with 100 percent of the Big Bass Pot awarded.

Every angler will receive a tournament hat and/or T-shirt, sponsor bag with promotional items, and complimentary food and drinks during the weigh-in ceremony.

For more information, call 542-3260 or e-mail collinsph@nasjax.navy.mil

### Offices move in Bldg. 1

The Disaster Preparedness Office and the Fire Prevention Bureau have relocated to rooms 138 and 139 in Building 1. They are located at the end of the west corridor as you enter the Quarterdeck. Both offices' phone numbers will remain the same as their previous numbers.

### Naval Hospital to host Medical Town Hall Meeting

Naval Hospital Jacksonville will host a Medical Town Hall Meeting, April 16 at 2 p.m., at the NAS Jacksonville Naval Hospital Galley.

The Town Hall Meeting is an opportunity for hospital staff to update patients on military health care and to receive comments and suggestions.

For more information, call 542-9175.

### Volunteers needed for Egg Hunt

The NAS Jax MWR Department is hosting a Night Easter Egg hunt again this year at McCaffrey Field on April 18 at 7 p.m. Children up to age 12 will be allowed to participate in the free event. There will be 10,000 eggs hidden for the children to find.

Volunteers are essential to make this event a success. If you would like to volunteer, please contact Erica Hickey of MWR Youth Activities at 778-9772 or email dhickey@

## Operation Iraqi Freedom

# HS-7: Releasing HST's guard dogs

By JO1(SW) April Gorenflo  
USS Harry S. Truman Public Affairs

**U**SS HARRY S. TRUMAN. At Sea (NNS) — From late night March 21 through the next day, USS Harry S. Truman's (CVN 75) flight deck was inundated with the unceasing roar of jet engines as the ship and Carrier Air Wing (CVW) 3 began combat operations into Iraq.

But it wasn't just the fighter and attack squadrons who took to the skies. It was just after 1 a.m. March 22 when the word was passed over the 1MC, "Now set full bore . . ." As Sailors aboard the ship rushed to man their .50-caliber machine guns and stood ready to defend the ship from possible attack, one helicopter was already in the air, racing toward a possible enemy combatant.

HS-7, based at NAS Jacksonville, flies the SH-60 Seahawks that provide plane guard and defensive capabilities for Truman. When the full bore was called, flight operations were already well underway, so HS-7 already had a crew in the air.

"It took me by surprise at first," said AW1(AW/NAC) Jeremy Burkart, who was part of the H-60 air crew when the full bore was called. "The strikes were going on, so we were already pumped up, and when we got the full bore call, it just added to the excitement."

Full bore is set when a possible enemy contact has been sighted. The ship takes a defensive posture and moves at top speed. An armed helicopter attempts to identify the contact as friend or foe, and chase away or engage any contact that turns out to be unfriendly.

"We protect the ship. That's our first priority," Burkart said. "We're armed, so we're able to do that. Our goal is to put as much distance as possible between the ship and an aggressor."

Although the contact turned out to be a false radar hit, Lt. Cmdr. Mark McManus said his crew was more than prepared for the real thing.

"Obviously the ship was pretty concerned with this contact," he said. "It was the first night of air strikes, and we sent out our senior crews. I think we handled it well. We were prepared to handle it."

Although the intensity has stepped up a bit, HS-7's mission hasn't changed since the air strikes began. The squadron's primary mission is still providing plane guard protection.

This requires HS-7's pilots and air crewmen to vigilantly patrol the waters around the ship when flight operations are underway.

"We provide a search and rescue platform. If someone falls overboard or a pilot



Photo by PH 2 John Beeman

An enlisted aircrewman assembles an M-60 machine gun in the cabin of an SH-60F Sea Hawk assigned to the "Dusty Dogs" of HS-7. The NAS Jacksonville-based HS-7 is assigned to Carrier Air Wing Three (CVW-3) aboard USS Harry S. Truman (CVN 75).

See HS-7, Page 8

# 'Scouts' participate in Operation Iraqi Freedom

By Lt.j.g. Robert Shuman  
VS-24 PAO

**O**n the evening of March 17, President George W. Bush announced to America that he was giving Iraqi President Saddam Hussein 48 hours to leave Iraq or face war. In the early morning hours on March 22, aircrews from the "Scouts" of VS-24, led by Cmdr. Brad Robinson, were preparing to launch their S-3B Vikings in support of Operation Iraqi Freedom (OIF).

Six Scout aircraft were the first jets to launch off the deck of the USS Theodore Roosevelt (CVN 71), or TR as she is affectionately known, in OIF. Hundreds of repor-



Photo courtesy of VS-24

"Scout" 700 provides fuel to a F/A-18 Hornet before going on mission. VS-24 is currently deployed in the Eastern Mediterranean in support of Operation Iraqi Freedom.

ters, cameramen and anxious Sailors looked on as the Scouts led the ship and Carrier Air Wing Eight into battle. The primary mis-

sion for VS-24 during the early stages of war is to act as "mission tankers," providing fuel to strike aircraft to enable them to make

their way over land and into Iraq. As the strike aircraft returned to the carrier, the Scouts were the safety net, providing recovery fuel to any aircraft that needed it.

Prior to the start of the war, the Scouts spent the first half of the month of March training and getting some much needed rest and relaxation. On March 2, TR pulled into Souda Bay, Crete for a five-day port call after two straight months at sea. Many Scouts spent the majority of their time on the largest of the Greek islands relaxing in the city of Hania. There was plenty of Greek cuisine, shopping and entertainment. Some Scouts

See VS-24, Page 8

## Local bases selected for volunteer award



Photo courtesy of FFSC

Cindie Badger, NS Mayport volunteer coordinator and Dianne Parker, NAS Jacksonville volunteer coordinator proudly display the JaxPride Week's 2002 Flossie Brunson Achievement Award for Continuous Community Service. This new award was presented in honor of Flossie Brunson, a well-known Jacksonville community activist who recently passed away. The two bases were presented this award in recognition of Navy volunteer's beautification efforts at the Children's Home Society during JaxPride Week.

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## WEEKEND WEATHER

	<b>FRIDAY 43/68</b> PARTLY CLOUDY
	<b>SATURDAY 45/74</b> CLEAR
	<b>SUNDAY 51/73</b> PARTLY CLOUDY

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site:  
<https://www.nimof.navy.mil>

# EO UPDATE

## Volunteers needed for recruiting programs

By QMCM(SW/AW) Kathy Cochran  
CNRSE Equal Opportunity Advisor

Navy Recruiting Command is seeking volunteers from the officer/enlisted community to participate in three worthwhile recruiting assistance programs.

These programs are excellent ways to return home to tell friends, educators, etc. about the benefits of a Naval career, share their experiences and achievements and enhance the Navy image in the community. The Navy benefits by having an

additional recruiting asset to relay the Navy experience to influential centers of influence.

Public speaking and local media exposure opportunities are often arranged for the volunteer.

Senior Minority Assistance to Recruiting Program (SEMINAR) duty is targeted towards African-American, Hispanic and Asian volunteers in pay grades E-6 through O-6.

SEMINAR must be performed in conjunction with normal rotation and, is subject to the availability of

Military Personnel, Navy funds (Chief of Naval Personnel approval), which will be included in permanent change of station (PCS) orders.

Officers volunteering for Officer Hometown Area Recruiting Program (OHARP) duty return to their hometown and may do so on permissive no-cost TAD travel authorizations or no-cost temporary duty travel authorizations in conjunction with PCS rotation.

For more information, consult BUPERS Instruction 1150.1 or call (901) 874-9139 or DSN 882-9139.

# FROM THE DOC

## Ringworm - it's not really a worm

By Lt. Chris Alfonso  
VP-30 Flight Surgeon

Ringworm is a fairly common infection of the skin that many people know about. However, most people do not know that the infection is in fact, not caused by a worm at all!

Actually, it is not caused by any type of parasite. Ringworm is a fungal infection of the uppermost layers of skin.

Ringworm got its name from the fact that the skin lesions it causes have a very characteristic red ring. Ringworm infection is generally known as tinea corporis in medicine.

A typical ringworm infection starts out as a tiny red bump on the skin that slowly gets larger. When the rash reaches about a centimeter in diameter, the center of the red rash starts to become clear.

As the rash gets even bigger, it will take on the appearance of a red ring. At this point, the red raised ring portion of the skin rash may be scaly.

There may also be little pus-filled bumps over the infected skin area. If there

are many skin rashes close together, it can be hard to distinguish individual rings from one another.

The rash can be very itchy, and can spread from one body part to another by contact. For instance, if the rash is on the inside of the upper arm, it may spread to the area of the upper torso that the upper arm comes into contact with.

Although it is becoming less common to see, ringworm can also infect the scalp and nails. When ringworm infects the scalp, it can cause bald spots.

Ringworm is spread by contact with an infected person or an infected source including such as towels and clothes. Ringworm infections are more commonly seen in areas of crowded living conditions, and with children who attend daycare.

The spread of ringworm may also be seen with activities or sports that involve bodily contact, such as wrestling. (I guess golfers don't have to worry about ringworm!)

If you develop a rash that you recognize as a ringworm infection, you can try

treating it first, by using anti-fungal medicine. Anti-fungal ointments and creams such as Tinactin, Lotrimin, and Micatin, are all available over-the-counter.

Any of these anti-fungal medicines is effective, especially in the cream form. Generally, you apply the anti-fungal medicine to the rash thoroughly two to three times a day, and continue to do so for at least a week after the rash has disappeared.

Applying the anti-fungal medicine for an extra week helps insure that the infection is completely gone. It can take anywhere from two to six weeks of using anti-fungal medicine before the infection is entirely treated.

If you do not see any improvements in the rash after a week of using anti-fungal medicine, or the rash continues worsen, you should see your healthcare provider.

You should also see your healthcare provider if ringworm infects your scalp or nails, you have any immune system problems, or have any other symptoms of concern.

Your doctor will examine you, and help confirm the diagnosis of ringworm by taking scrapings of the rash and looking at them under a microscope.

If the infection is on the scalp, your doctor may use an ultraviolet lamp to look for affected hairs that become fluorescent with ringworm infection.

Depending on the infection's location, your doctor may prescribe you an anti-fungal medicine that you take orally.

One such medicine is griseofulvin, which is generally taken for at least a month, and is helpful in treating scalp or nail infections.

To help prevent getting ringworm, try to keep your skin dry as the fungus likes moist conditions.

Also avoid close, physical contact with anyone who is infected, and try not to use any towels, bedding, or other things the infected person may have been in contact with.

If you yourself have ringworm, wash clothes, towels or whatever else you have been in contact with, and do not share any such items with others.



## Meet A Sailor...

MS2 TERRY JACKSON

**Job title/command:**  
Cash Collection Agent,  
NAS Jax Galley

**Hometown:** Alexandria, Va.

**Family Life:** Married with four children.

**Past Duty Stations:** USS Carney, NSWC  
Indian Head, Md.

**Career Plans:** To make chief petty officer and limited duty officer.

**Most Interesting Experience:** Going to sea for the first time and visiting foreign ports.

**Words of Wisdom:** Life is short, never take it for granted.



## Meet A Civilian...

LISA NEWSOME

**Job title/command:**  
Fitness Specialist

**Hometown:** Norwich, England

**Family Life:** Married with two children.

**Past Duty Stations:** British Airways,  
London, England.

**Career Plans:** To continue working with our Sailors in health and fitness.

**Most Interesting Experience:** Doing a parachute jump for charity in Nottingham, England.

**Words of Wisdom:** Life is short, live it to the fullest.

# HEY, MONEYMAN!

### Hey, MoneyMan!

Last week I was in Orlando and this company paid my wife and me \$150 to take a tour of their resort. It was very nice.

They then told us we could stay in a two-bedroom luxury suite for only \$600 per week. They said when we come back they will tell us about purchasing a "time-share."

Do you know anything about these? They make it sound like a great deal.

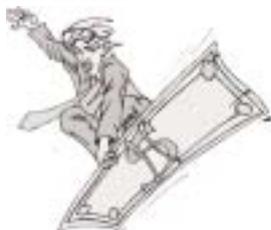
### MoneyMan Sez:

I suppose for some people time-shares may be okay. For most of us, it is a very expensive way to go.

Most of these places offer you to buy one or two weeks in a particular location, with the opportunity to trade your weeks for time-shares in other areas.

For example, if you buy a week in Orlando, you may be able to trade for a week in San Francisco. However, when you look at the total cost, most of the time it turns out to be an expensive week.

One of our service families came



very close to purchasing one of these and here is their "deal." They could "purchase" one week in a two-bedroom condo for \$10,900.

That means they could vacation at that location for a week every year at no charge for the rest of their life. Sounds great! In fact, if they used it for 15 years, the cost per week would be "only" \$727 per week or about \$104 per day.

But, there was also an annual "maintenance fee" and taxes added to the deal which started at \$600 per year and likely to increase every year.

This "annual" fee is really a "weekly" fee since they would own only one week of the year. Therefore, the actual cost for the week was going to be \$727 plus the \$600 "fee" for a total weekly cost of \$1327 or \$190 per day! That is if they paid cash for the time-share.

They were offered the opportunity to finance their purchase (with no credit check) for 10 years at \$175 per month. At that, they would have paid \$21,000 for the time-share, not \$10,900.

Bottom line: do the math. If it seems too good to be true, it probably is! By the way, if you want to pre-pay for your weekly vacations, take the \$175 per month and put it into savings.

Even at no interest, you will save \$2,100 for your week's vacation which will give you \$300 a day to spend wherever and however you want!

**More questions, call Hey, MoneyMan! at 778-0353.**

## Shoreline clean up coming up

In celebration of Earth Day, the NAS Jax Environmental Division will once again sponsor a base shoreline cleanup.

Volunteers are needed on April 17 at 7:45 a.m. at the Mulberry Cove Marina to help with the clean up.

Areas covered will include Blackpoint, Mulberry Cove, the adjacent shoreline, and the northern shoreline. The event concludes at 11 a.m. followed by a free lunch at the Sea Bat Pavilion. For more information, call 542-2717.



## Sunday Services

You are invited to the following Base Chapel Worship Services this Saturday and Sunday:

<b>Saturday</b>	5 p.m.	Catholic Mass
<b>Sunday</b>	8:30 a.m.	Holy Eucharist Episcopal
	9:30 a.m.	Catholic Mass
	11 a.m.	Protestant Worship
	6:30 p.m.	Contemporary Service "The Leading Edge,"

Hangar 749 at the Base Chapel Center

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-12:15 p.m.

**Religious Ministries Department**

**Holy Week Services 2003**

Catholic	Protestant
<p><b>Passion Palm Sunday</b>                      Tuesday, April 12, 5 p.m.                      Sunday, April 13, 9:30 a.m.</p> <p><b>Holy Thursday</b>                      April 17, 7 a.m. - midnight</p> <p><b>Good Friday</b>                      Day of Fast &amp; Abstinence                      April 18, 3 a.m.</p> <p><b>Solemn Easter Vigil Celebration</b>                      Saturday, April 19, 7 a.m.</p> <p><b>Easter Sunday</b>                      April 20, 9:30 a.m.</p>	<p><b>Palm Sunday</b>                      April 13, 8:30 a.m. &amp; 11 a.m.</p> <p><b>Holy Thursday</b>                      April 17, 5:30 p.m.</p> <p><b>Good Friday</b>                      April 18, 7 a.m.</p> <p><b>Easter Sunday</b>                      April 20, 6:45 a.m. Sunrise Service                      7:00 a.m. Palm Sunday                      9:30 a.m. &amp; 11 a.m. Easter Services</p>

For more information, please call 542-3651/3952

**Jax Air News**

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# Sea Control Wing, U.S. Atlantic Fleet changes commanders

From Commander, Sea Control Wing, U.S. Atlantic Fleet

Capt. Theodore Algire relieved Capt. Steven Luce as commander, Sea Control Wing, U.S. Atlantic Fleet April 3 aboard NAS Jacksonville.

Algire was born in Crestline, Ohio, and received his commission from the U.S. Naval Academy in May 1979.

Upon designation as a naval aviator in October 1980, Algire reported to VS-41 in San Diego, Calif., for initial S-3A Viking flight training.

He was then assigned to VS-22 at NAS Cecil Field. In 1984 he reported to VS-27 at NAS Cecil Field for instructor duty as the initial cadre of officers to receive S-3B factory training. He also served as VS-

27's pilot training officer. From 1988 to 1990, Algire served on the staff of Strike Fighter Wing, Atlantic as the VS readiness and training officer.

In 1990, he reported to VS-24 where he served as the safety officer and Operations Department head. During this tour, he participated in Operations Desert Storm and Provide Comfort.

In 1992, he was assigned to the Naval Military Personnel Command where he served as the VS and training command placement officer.

Algire graduated from the Naval War College in 1996 with a Master of Arts in National Security and Strategic Studies and then reported to VS-30 where he served as the executive officer and commanding officer.



Capt. Theodore Algire

In April 1998, he reported to USS John F. Kennedy as the operations officer. Algire's most recent assignment was commander, U.S. Pacific Fleet Operations Director.

Luce's next assignment will be as chief of staff for Commander, Cruiser-



Capt. Steven Luce

Destroyer Group One in San Diego, Calif.

Sea Control Wing, U.S. Atlantic Fleet, was established in April 1973 as the command wing for all operational S-3 "Viking" aircraft on the U.S. East Coast.

After 24 years at NAS Cecil Field, the wing relo-

cated to NAS Jacksonville in 1997. The staff is charged with maintaining the material and operational readiness of five Atlantic Fleet fixed wing, carrier-based sea control (VS) squadrons.

The wing also serves as immediate superior of the Sea Control Weapons School, the VS community's tactical center of excellence, in addition to the NAS Jacksonville Tactical Support Center, Aviation Support Equipment Detachment, and Aircraft Intermediate Maintenance Detachment.

The Sea Control Wing provides the oversight and community guidance for all surface and electronic warfare issues, maintenance developments, and operational readiness factors impacting the VS communi-

## Tax season nearing end

The NAS Jax Tax Center is open Monday through Friday from 9 a.m. to 5 p.m. in Building 590. The center will be open until April 15, the last official day to file tax returns.

All active-duty, retirees, recalled reservists and their families can use this free service. Qualified Volunteer Income Tax Assistance representatives will prepare and electronically file tax returns free of charge.

For more information or to make an appointment, call 542-3395.



## TPU Jax holds change of command ceremony tomorrow

By Staff

Cmdr. John Shockley relieves Cmdr. Cynthia Talbert as commanding officer of Transient Personnel Unit (TPU) Jacksonville during a change of command ceremony tomorrow at the pavilion between the NAS Jacksonville Officers' Club and Bachelor Officers' Quarters.

A native of Ohio, Shockley enlisted in the Navy on Feb. 11, 1977. Following recruit training in Great Lakes, Ill. and YN "A" School in Meridian, Miss., he reported to VA-115 aboard USS Midway (CV 41) in Yokosuka, Japan.

Shockley's other sea tours include VP-45 at NAS Jacksonville and USS Charles F. Adams (DDG 2) at NS Mayport, where he

earned his commission to ensign through the Limited Duty Program in 1987.

As an officer, his first tour was as the personnel officer and quality assurance inspector for Personnel Support Activity Jacksonville.

As a naval officer his first tour was as the personnel officer and quality assurance inspector for Personnel Support Activity Jacksonville.

Shockley also served onboard USS Saratoga (CV 60) as personnel/ship's secretary and USS John F. Kennedy (CV 67) as administrative department head.

Shockley's only enlisted shore tour was as a plank owner of Personnel Support Activity Detachment, Naval Hospital Jacksonville.

In 1992, he was assigned

as the officer-in-charge, Personnel Support Activity, Guantanamo Bay, Cuba.

During this tour, Shockley coordinated the evacuation of more than 2,500 military and civilian dependents due to 50,000 Haitian and Cuban migrants being sent to Guantanamo Bay for processing.

In 1995, he was selected flag secretary for Commander, Submarine Group Ten at NSB Kings Bay, Ga.

This was followed by a tour in 1998 as executive department head and administrative officer of NAS Jacksonville.

He comes to TPU following a tour as Recruit Training Command's director of training at Great Lakes, Ill.

Shockley holds a bachelor's degree from Southern



Cmdr. John Shockley



Cmdr. Cynthia Talbert

Illinois University and a master's degree from the University of Phoenix.

Under Talbert's command, TPU Jacksonville earned the Certified Pipeline Movers Award for 2002/03 for processing excellence and the Commander-in-Chief, U.S. Atlantic Fleet Retention Excellence Award.

The command also played a vital role in NAS Jacksonville's receipt of the CNO's Environmental Award for 2001. Talbert was also nominated for the 2002 Capt. Joy Bright Hancock Award for career contribution to the Navy.

Talbert's next duty will be as executive officer of NS San Diego.

## Hospital offers grief program

Naval Hospital Jacksonville will begin a seven-session Grief Reconciliation Group beginning April 17 at 4 p.m.

The hour-long, once a week sessions are for persons who have recently lost a loved one. This group offers hope and help through seven steps toward healing. These include topics such as mourning, working through loneliness, pain, sadness, anger and guilt, along with group support.

It will be held in the Pastoral Care Department at the hospital. There is no charge. To register or for more information, call 542-7531/2.

TIRE KINGDOM; 3c; 11"; Black Only;

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# NAS Jax Self-Help Division selected best on East Coast

By Kaylee LaRocque  
Staff Writer

Each year, a special monetary award is presented to Navy Self-Help Divisions that have achieved their missions above and beyond the normal day-to-day activities. In a message released last week, Commander United States Atlantic Fleet announced the winners of the annual Navy Self-Help Bronze Hammer Awards for 2002.

NAS Jacksonville Self-Help Division, which is part of the Facilities Department, placed first overall in the Large Activity Category (greater than 1,000 enlisted allowance with a Construction Battalion Unit in the immediate area.)

For their efforts, NAS Jacksonville will receive a \$100,000 monetary award to be used for materials and other self-help projects. The division will now compete in the Chief of Naval Operations awards program to be announced May 15.

"We won this award for various projects completed around the base though the different activities here. Through these projects, the base saved more than two million dollars, mostly in labor costs. We don't save much money in material costs, but we have a lot of dedicated people working here who made this all possible," said Sonia Guiler, who has been the Transportation and Self-Help Division officer for the past four years.

Some of the major projects highlighted in the award package submission include: renovations of the Chief's Club, Supply Warehouse Office and the Self-Help/First Lieutenant workspaces; construction of the Military Working Dog (MWD) kennels, airfield/waterfront security towers, Weapons Department administration facilities, an



Mike Swannen, Housing representative at the NAS Jax Self-Help Division helps customer, Patricia Stephens obtain supplies to landscape her home on base.

AIMD storage facility and a break room for the Security Department; repairs of the VP-30 barracks and the removal of the base steam pipes.

Many of the renovations consisted of completely gutting the interiors and replacing everything from the floors to the ceilings.

"Over the years, I've seen a lot more people wanting to get involved with projects like this. It is such a morale booster to participate in a Self-Help project," stated Guiler.

"We have all the materials needed for these projects. And if we don't, we can order them. They are provided at no cost as long as the project is approved by the base Fire Department and Facilities Department. We also have a large selection of tools to lend out and offer technical advice. If someone needs some assistance, the First Lieutenant Division and the Seabees are usually willing to lend

a hand."

Several Self-Help projects including the dog kennels and security towers were initiated following the Sept. 11, 2001 terrorist attacks to aid in security measures onboard the base. The new kennels provide permanent housing for the MWDs, where in the past, they were transported from NSB Kings Bay, Ga. The new towers aid in observation measures along the waterfront and airfield perimeters.

The steam pipe removal project was completed last December because the pipes were no longer being used and as part as a beautification project for the base. While the actual removal of the pipes was contracted out, the First Lieutenant's Division has also played a vital role in this project.

"I think the most important aspect about winning the Bronze Hammer Award is the ability to reutilize the

materials we have on the base. The First Lieutenant's Division works hand-in-hand with Self-Help. We provide a lot of the labor for projects around the base. As part of the steam pipe project, we are removing hundreds of telephone poles. We are reusing these poles as borders and for beautification projects around the base," explained BMC(SW) James Lamb, division officer.

The First Lieutenant Division is comprised of military members attached to the Transient Personnel Unit.

"We have about 60 people working here each day, some are on medical hold while others are awaiting orders. We do a little of everything, from renovation projects to setting up for ceremonies, helping move departments to keeping the base clean, we are here to help. Last year, we provided 60,000 hours of manpower for projects around the



Teri Grant, customer service representative at Self-Help Division, stocks some paint in the Self-Help Warehouse.

base," added Lamb. The Self-Help Division is comprised of only four personnel including Guiler.

"I have one person who runs the warehouse and provides customer service and another who orders and tracks all the supplies needed. We also have a Housing representative working with us who handles all the outside items needed by housing residents such as mulch and timbers," Guiler said.

"We are hoping to get a couple military members working here in the near future. We've had to close down our wood shop and we can no longer check on our projects around the base, we just don't have the manpower," explained Guiler.

Previously, two Seabees were assigned to the division to help out with projects. "Although they are no

longer stationed here, CE1 Carlos Johnson and BU2 Michael Martin played a huge role in this division winning this award. I also have to thank AM1 Edward Keen who helped put our package together," Guiler said, enthusiastically.

Although, the Self-Help Division is being recognized for this award, it's the support of every department participating in innovative Self-Help projects that make this award possible. "The materials are available and we are here to help anyone interested in taking on a project as long as they follow the necessary guidelines," concluded Guiler.

For more information on Self-Help projects, call the Self-Help Office at 542-3180 or the Facilities Department Self-Help coordinator at 542-2717, Ext. 132.

# NMCRS Fund Drive kicks off at NAS Jacksonville



Photo by JO1 Mike Jones

PC3 Kelley Thomas cleans one of many cars at the NAS Administration Department's Navy and Marine Corps Relief Society (NMCRS) fund raiser April 3. The car wash raised more than \$300 towards this year's NMCRS Fund Drive.

By JO1 Mike Jones  
Assistant Editor

This year's Navy and Marine Corps Relief Society (NMCRS) Fund Drive began April 2 with an organizational kick-off at the NAS Jacksonville Officers' Club on base.

Slated to end May 15, the fund drive is designed to generate donations towards the local NMCRS – an organization which has benefited many Sailors and their families in the Jacksonville area.

"Each command on base has a set of assigned keypersons to ensure 100 percent contact is made during this drive," said NMCRS Fund Drive Coordinator Lt.j.g. Michael Winn.

Armed with allotment forms, these keypersons will attempt to visit with as many Sailors possible to ensure everyone has an opportunity to donate to the NMCRS. "The keypersons carry allotment forms that are nearly complete," he said. "This makes it easier for the folks out there who wish to donate. They don't have to spend a lot of time filling in the forms – most of the blocks are already completed."

The shortened schedule will prove challenging for command keypersons, Winn mentioned, but it's a challenge they can meet. "It's going to take a significant effort from all the commands to

get their allotment forms completed and returned in the time span given," he said. "However, I very confident everyone can achieve this."

Last year, NMCRS Jacksonville assisted eligible area residents with more than \$1 million in interest-free loans and more than \$100,000 in grants.

Knowing the program is so beneficial to Sailors and their families makes the effort worthwhile, Winn remarked. "I gladly took on this task," he said. "I've seen how NMCRS helps and supports the Sailors. From loans and grants to providing education and counseling services, this organization does great things."

It's the combined effort of everyone that makes the program a success, Winn added. "I would highly recommend every Sailor take part in this effort because there might come a time when that Sailor would need the assistance NMCRS provides."

Founded in 1904, NMCRS is a private non-profit charitable organization. It is sponsored by the Department of the Navy and operates nearly 250 offices ashore and afloat at Navy and Marine Corps bases throughout the world.

See your command NMCRS Fund Drive keyperson for more



Photo by JO2(SCW) Eric Clay

ETSN Daniel Sellman (left) and FN Jeremy Croom put the finishing touches on the Navyand Marine Corps Relief Society (NMCRS) fund drive sign April 2.

information, or contact the local NMCRS Branch at 778-0353.

## SPAWARSYSCEN moves



Photo by JO2(SCW) Eric Clay

A ceremony was held last week to celebrate the grand opening of SPAWARSYSCEN Charleston's new office in Building 135 at NAS Jacksonville. "The teamwork and can-do spirit of the Facilities Team Southeast was the key to the success of the Building 135 renovation project," said Lt. Ahmed Feruson, Facilities Department head. (From left) SPAWAR Charleston Representative Bill Cashman, Rusty Dahms ROICC, Assistant Base Communications Officer Chuck Bennit, Base Communications Office (BCO) Site Manager Frank Stanley, BCO Representative Lt. Gerald Wilson, Commanding Officer SPAWAR Charleston Commanding Officer, Capt. Nancy Deitch, NAS Jacksonville Commanding Officer, Capt. Mark Boensel and SPAWAR Charleston Executive Director James Ward.

# Baily retires after 30 years of service

By Lt. Jonathan Voorheis  
COMPATRECONWING 11 PAO

On March 21, the Navy said farewell to shipmate, CWO4 Llewellyn Bailey following 30 years of honorable and faithful service. For Bailey, it was a sad day, a day to remember and a day to put a close to this chapter in his life and begin a new one.

Bailey, a native of DeLand, Fla., enlisted in the Navy on April 24, 1973 and reported to Recruit Training Center, Great Lakes, Ill.

Upon completion of Operations Specialist 'A' School, he reported to USS Fearless (MSO-442) for his first tour of sea duty. His next assignment was aboard USS William C. Lawe (DD-763), homeported at Naval Support Activity, New Orleans, La. He completed this tour and was transferred to Naval Unit, Lowry Air Force Base, in Denver, Colo. where he was advanced to Operations Specialist 1st Class.

Drawn to aviation and the Aviation Anti-Submarine Warfare Operator rating, Bailey reenlisted and converted to his new rating.

His first operational squadron was VP-44, NAS Brunswick, Maine where he was a P-3C Update II Acoustic operator. During this tour, he made deployments to NS Rota, Spain and NAF Lajes, Azores, NAS Bermuda and NAS Sigonella, Sicily, Italy. He qualified as a Sensor Station One operator, was selected as the squadron's Sailor of the Year and subsequently was advanced to chief petty officer in September 1984.

His next duty assignment was to Commander, Patrol Wing Eleven (COM-



Photo by PH2 Alesha Stanailis

Capt. Carlos Chavez, commander, Patrol Wing Eleven (left) presents Sally Bailey with a Letter of Appreciation as her husband, CWO4 Llewellyn Bailey looks on. CWO4 Bailey recently retired after 30 years of naval service.

PATWING 11), at NAS Jacksonville, where he served as the OPCON, Analysis and Automated Data Processing leading chief petty officer.

His next set of orders took him to the Anti-Submarine Warfare Operational Center, Sigonella, Sicily, Italy to serve as the command senior chief. While assigned to ASWOC, he was selected by Commander-in-Chief United States Naval Forces, Europe to attend the Air Force Senior Non-Commissioned Officers Academy at Gunter AFS, Montgomery, Ala. He also participated as a watch officer in Jeddah, Saudi Arabia, during the final days of Operation Desert Shield.

In February 1991, he became command master chief of VP-11 at NAS Brunswick, Maine. During this tour, the squadron conducted the first tri-site deployment between NS Roosevelt Roads, Puerto Rico, Keflavik, Iceland and Rota, Spain. The squadron also conducted an additional deployment to NAS Sigonella, Sicily.

Bailey, then returned to

COMPATRECONWING 11 as command master chief. During this tour, he applied and was selected for a commission as a chief warrant officer and was commissioned to CWO3 in November 1995.

Bailey's next assignment was aboard USS George Washington (CVN 74) where he served as the ASW Module division officer and ship's anti-submarine warfare (ASW) officer.

He deployed to the Mediterranean Sea and Persian Gulf region. From there, he reported to USS John F. Kennedy (CVN 67) serving as the ship's tactical action officer and ASW officer. His final tour of duty brought him back to COMPATRECONWING 11 where he served as the Operations Communications and Analysis division officer.

He and his wife, Sally, have three children, Beth, Buddy and Joshua. Bailey and his family plan to relocate to Stuart, Fla. where he will enter the private sector as an environmental planner/consultant.

## PSD Jax wins top award

By YN2 Sandra Malone  
PSD Jax Admin

Personnel Support Detachment (PSD) Jacksonville recently received the "Certified Pipeline Mover" award for the outstanding efforts of its limited duty and transient personnel sections.

This award recognizes individual detachments for the speed and efficiency of their limited duty and transient personnel processing programs.

The officer-in-charge of Enlisted Personnel Management Center Detachment, Transient Monitoring Unit (TMU) and his

team visited PSD Jacksonville on Feb. 18 to look at every aspect of limited duty and transient personnel processing.

The inspection covered the transient and limited duty population, as well as the timeliness of administrative separations, medical boards, court martials and non-judicial punishments. PSD Jacksonville excelled in every area.

A large amount of money is invested in personnel held in transient and limited duty statuses.

It's very important to keep them moving, whether it's tracking an individual through "fit for full duty

status," transferring someone to a new permanent duty station, or separating a Sailor out of the Navy altogether.

The Transient Monitoring Unit was established in 1975 to monitor the movement of personnel through the transient, prisoner, patient, holdee and student pipelines.

TMU conducts electronic review and on-site assist visits to ensure that personnel administration and management procedures are in place.

Each PSD is inspected annually and awarded the certificate based on the results.

## NAS Jax to hold command Volunteer Service Recognition Luncheon

From FFSC

NAS Jacksonville will observe National Volunteer Week, April 30, with our annual Volunteer Service Recognition Program. This event is held each year to honor departments/commands and their personnel for the volunteer service they give to support Jacksonville and its surrounding communities. The program will be a luncheon at 11:30 a.m. at the NAS Jacksonville River Cove Conference Center.

Hugh Jones, former chairman and chief executive officer of Barnett Bank of Jacksonville will be the guest speaker. During his 23 years as a bank executive, Jones developed a unique corporate philosophy that encouraged bank employees to be responsible citizens. For his efforts, Jones was recognized as the "1012th Day Points of Light for the Nation" by

President George Bush and was honored by the Caring Institute as one of the 10 most caring people in America.

This event is planned each year to raise awareness of the Navy Community Service Program and the importance of volunteer service in our society. In 2002, NAS Jacksonville department and resident command personnel contributed more than 414, 549 hours of volunteer service to the local community. In addition to being beneficial to the communities, our local volunteer efforts allow the Navy to make a vast investment in its workforce.

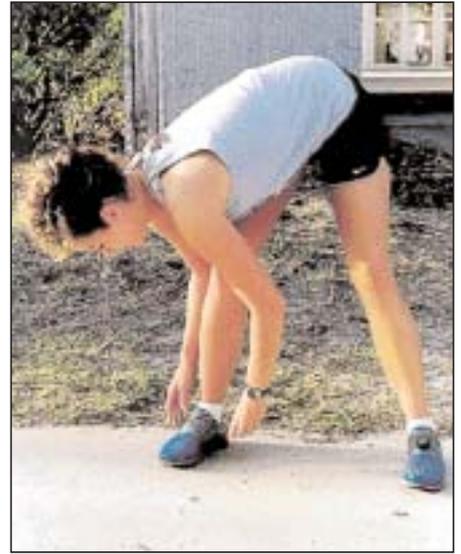
All NAS Jax departments and resident command personnel (active duty military and civilian) are invited and encouraged to participate in this activity. Tickets for the luncheon are \$8.50 and can be purchased through the Fleet and Family Support Center, Bldg. 554. For more information, call Dianne Parker at 542-2766, Ext. 130.



# Navy Run



Members of the Search and Rescue (SAR) School carry the POW/MIA, American and SAR flags as they lead the race.



Lindy Avery of NavComTelSta stretches as she prepares to participate in her first Navy 10K Run.



Last-minute participants register for the Navy 10K Run at the MWR booth.

## Hundreds participate in 25th Anniversary Navy 10K Run

### Myers, Coats win male, women open

By Miriam S. Gallet  
Editor

Sunny and clear weather greeted this year's 507 participants at the 25th anniversary of the Navy 10K Run held last Saturday at NAS Jacksonville. This well-organized event began with a bang as the NAS Jacksonville Weapons Department 40-mm Saluting Team fired its cannon.

Setting a blistering pace from the beginning, Gary Myers, a local dentist and a guest of an active-duty member, topped the field and defended his title with a time of 33:01 to win the Men's Open.

Myers, 30, of Middleburg, was three seconds faster than his time last year and 18 seconds faster than the time clocked by John Rogerson, winner of the first Navy 10K Run back in 1979. Heather Coats, 28, sprinted ahead of her competition to easily win the Women's Open with a time of 42:21.

Following Myers' footsteps were Jeremy Criscione with a time of 33:37 and John Metzgar at 34:44. In the Women's Open category, following Coats were Holly Turner, who clocked 43:50 and Lisa Sullivan with 44:25.

In the Men Masters Frank Reynolds clocked 35:56 and Cindi Cox in the women's side came in at 47:13.

The Grand Master male and female titles were won by Paul Geiger with 41:27 and Kwan Supapah with 51:24.

Fifteen different age categories made it possible for all ages to compete in this year's Navy Run including canine companions on leashes and parents pushing baby joggers. It was an event for the entire family.

Unlike the first race in 1979 that took place on the shimmering surface of the runway, this year's race began on Child Street between the U.S. Post Office and the NEX. The pack took off down Child Street and continued towards the Naval Hospital. The race continued down Akron Street to Perimeter Road to Navy Family Housing until they reached Mustin Road. The runners continued down Mustin until they turned onto Enterprise down to the finish line.

NAS Jacksonville Commanding Officer Capt. Mark S. Boensel welcomed the runners and their families with words of praise and encouragement. "This is our 25th anniversary and I'm proud to be here sharing this historic moment with you today. I wish every one success and lots of fun. We have a great race."

After Boensel's remarks, the Navy Band



Navy Run participants included this eight-month-old chocolate pointer, Rocky, led by Susan Conner.



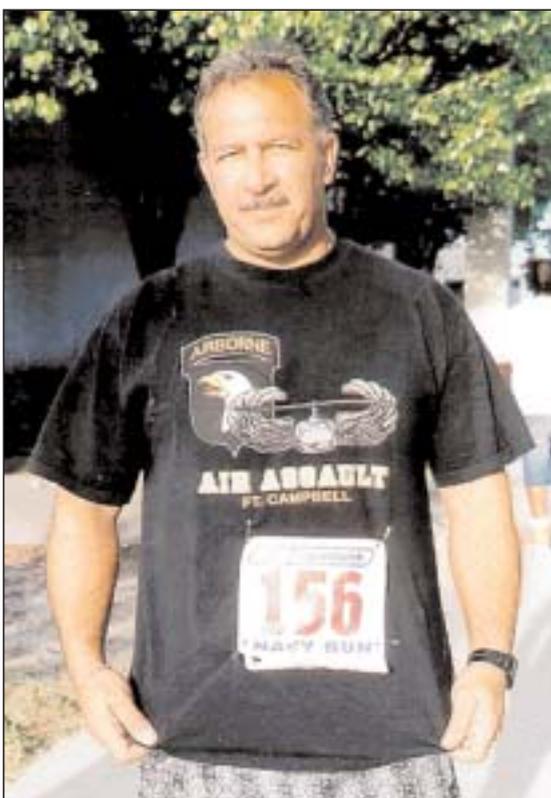
Jennifer Medillin runs with her daughter, 11-month old Sophia, during the race.

Southeast proudly played the National Anthem. The Search and Rescue School (SAR) members led by AWC(AW/SW) Bruce Kane, carried the American, POW/MIA and SAR flags and lead the 507 participants down Child Street.

Race Director Barbara Millhollan, NAS Jacksonville MWR fitness director, was delighted with the event.

"We had a tremendous turn out. The number of participants doubled from last year," said a smiling Millhollan.

Angela Wannall, a 20-year veteran marathoner and CLJ Co. representative that donates the sunscreen lotion for the run every year, said, "This is my



Retired Navy Chief Warrant Officer Mike Divona proudly displays his son's unit T-shirt. His son is currently deployed with the 101st Airborne in Iraq. "I'm running this 10K for my son, Eric, and in the name of every Soldier fighting for freedom," Divona said.

# Navy Run



Photos by  
Miriam S. Gallet



First-place finisher Gary Myers crosses the finish line with a time of 33:01.



Military Spouse Holly Turner, second-place finisher in the women's open, clocks 43:50 as she crosses the finish line. Turner's husband is deployed in support of Operation Iraqi Freedom.

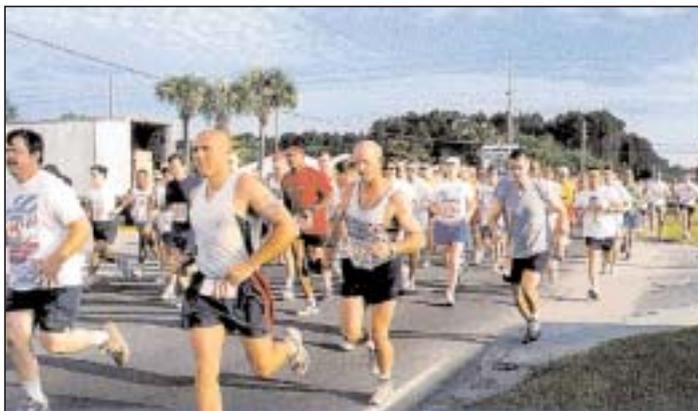
For race results, see Page 8



Paul Walker removes the championship chip from a runner's shoe at the finish line.



The NAS Jacksonville Weapons Department 40-mm Saluting Team fires the cannons signalling the start of the race.



This year's 507 participants begin the Navy 10K Run down Child Street.

## RUN: 507 participate in 25th annual event

From Page 6

20th race with the Navy. I enjoy running and the folks here make it fun. I don't ever miss this race."

According to Millhollan, Reebok donated 35 gift vouchers. Each voucher is worth \$115 toward the purchase of any Reebok shoes sold at any NEX or shoe stores out in town.

The Navy Run was started 25 years ago by the former NAS Jax Executive Officer "Marathon Man," Capt. Charles Cornett. Cornett, an avid runner had just returned from running the Boston Marathon and decided that an annual running event on base would build camaraderie and benefit the NAS Jax Sailors, families and the community. Prior to Sept. 11, the Navy 10K Run was part of the running circuit in Jacksonville and many local, top-seated runners would par-

ticipate.

The NAS Jax Fire Department was on-hand, providing a cool down water spray at the fish line. Base Security provided a safe course for the runners and volunteers from NAS MWR and various other activities manned the registration and refreshments booths.

Millhollan expressed gratitude for the many sponsors and volunteers.

"An event like this one can only be possible with the untiring efforts of my staff, the entire MWR team, volunteers and the generous contributions from our sponsors including the NEX," she said.

The event ended in a high note with the presentation of 75 awards to the top-three finishers in each category including the men and women open, masters and grandmasters divisions and more than 200 door prizes.



Winners of the 25th Anniversary Navy 10K Run happily get together for a group photo after receiving their plaques.

# TOP NAVY RUN WINNERS

## Open Men

1. Gary Myer - 33:01
2. Jeremy Criscione - 33:37
3. John Metzgar - 34:44

## Open Women

1. Heather Coats - 42:21
2. Holly Turner - 43:50
3. Lisa, Sullivan - 44:25

## Masters Men

1. Frank Reynolds - 35:56

## Masters Women

1. Cyndi Cox - 47:13

## Women 14-19

1. Amy De Leon - 45:57
2. Lauren Wilson - 47:28

## Women 20-24

1. Amanda Egloff - 56:45
2. Jennifer Knowles - 58:35
3. Melanie Hudak - 58:53

## Women 25-29

1. Kerri Browne - 47:37
2. Susan Wood - 54:34
3. Joanie Schlunt - 56:10

## Women 30-34

1. Dawn Dillon - 45:14
2. Marcella Wellington - 49:51
3. Janet Bennett - 52:15

## Women 35-39

1. Carrie Williams - 47:42
2. Kacee Bryner - 53:09
3. Claudia Cuadros - 53:32

## Women 40-44

1. Patti Smith - 49:58
2. Melinda Terry - 54:01
3. Trish Snyder - 1:01:44

## Women 45-49

1. Janet Lavoie - 48:36
2. Carol Kernan - 49:14
3. Tina Holtsinger - 56:21

## Women 50-54

1. Darlene Thomason - 1:08:55

## Women 55-59

1. Maria McNary - 54:04
2. Angela Wannall - 1:01:08

## Women 60-64

1. Marie Bendy - 57:54
2. Rita Jones - 1:11:22

## Women 75 & Up

1. Irene Herbertson - 1:14:20

## Men 13 & Under

1. Konner Sawicki - 48:32
2. Tommy Fossa - 50:26
3. Daniel Widergren - 57:08

## Men 14-19

1. Wes Wolfenbarger - 35:45
2. Benjamin Weide - 40:19
3. Johnathan Esteban - 43:19

## Men 20-24

1. Hidalgo Garcia - 39:45
2. Jeffrey Brown - 41:53
3. Leonardo Melendez - 43:55

## Men 25-29

1. Patrick Crews - 41:41
2. Evens Joseph - 43:43
3. Jason Gastrock - 44:13

## Men 30-34

1. Brian Weiss - 38:24
2. Andy Patterson - 39:25
3. Scott Olivolo - 41:50

## Men 35-39

1. David Shull - 39:28
2. Michael Taylor - 41:15
3. Randall Sprinkle - 41:49

## Men 40-44

1. Carlos Chavez - 43:24
2. Jerry Hillman - 46:52
3. Howard Hughes - 47:31

## Men 45-49

1. Douglas Tillett - 41:23
2. Bob Boyd - 42:18
3. Stephen Beard - 42:44

## Men 50-54

1. John Hirsch - 44:17
2. John Baty - 46:30
3. Ed Hardee - 47:39

## Men 55-59

1. George White - 44:52
2. John Bowsman - 47:27
3. Danny Weaver - 47:49

## Men 60-64

1. Frank Frazier - 44:10
2. Matt Ross - 45:16
3. Bobby Greene - 53:23

## Men 65-69

1. Everett Crum - 49:25
2. Larry Neider - 51:53
3. David Page - 53:36

## Men 70-74

1. Robert Meister - 59:14
2. Bob Carr - 1:01:32

## Men 75 & Up

1. Chuck Ellis - 58:44
2. Joe Conrad - 59:15
3. Clair McCombs - 1:13:06



PH2 John Beeman

AWAN Patrick Frizzelle monitors the position of his SH-60 "Seahawk" helicopter attached to the "Dusty Dogs" of HS-7.

## HS-7: 'Dusty Dogs' unleashed on Iraq

From Page 1

has to eject over water, we're there to make the rescue," said AW3(NAC) Sean McGowan. "We can replace aircraft, but we can't replace people."

HS-7 is also prepared for combat search and rescue operations. This possibility may soon become a reality as aircraft from Truman continue to head into the skies over Iraq.

"We're capable of being forward-deployed," McManus said. "We can fly into enemy territory to perform combat search and rescue missions if a pilot is downed or has to eject. We can also arm the helo and take out surface contacts."

As the war to liberate the Iraqi people progresses, HS-7 and the rest of the HST/CVW 3 team will continue to do what it takes to defeat the forces of terror.

## VS-24: 'Scouts' helping out in war effort

From Page 1

went horseback riding through the beautiful hills or took tours of ancient Minoan ruins, including the famous Labyrinth, a 1,600 room palace of antiquity.

As the port call concluded, no time was wasted in getting back to the work at hand. The Scouts conducted multiple unit level training missions in preparation for the missions to come.

After hearing the President Bush's

ultimatum, all Scout personnel realized their hard work and tremendous efforts would play a part in the unfolding world events, and they were determined to make their friends, families and nation proud.

To date, the S-3B Vikings of VS-24 have flown more than 300 sorties, providing more than 874,000 pounds of jet fuel to other air wing strike aircraft.

Additionally, the Scouts also provide surveillance and protection to the battle group from potential sea

borne threats.

VS-24 would like to thank everyone in the Jacksonville community for their tremendous support during the ongoing war on terrorism, particularly our current focus on Saddam Hussein's regime in Iraq.

The families of all of the Scouts help keep the operations running smoothly with their e-mails, care packages, well wishes and prayers. They are all missed and ever present in our thoughts.

## Battle of Midway 5K race slated

From Staff

Fresh air, exercise and the opportunity to meet a real-life World War II hero are on tap for participants of the Battle of Midway 5K race to be held at 11:30 a.m. aboard NAS Jacksonville on June 4.

Starting the race and assisting in the presentation of awards will be James H. Cunningham, Jr., a Battle of Midway veteran and retired Navy chief. Recipient of the Purple Heart and five Battle Stars, he was serving aboard the USS Hammann when it was sunk at Midway. Cunningham, was one of only 85 out of a crew of 250 to survive. He will be available before and after the race to share his experiences with participants.

The race will begin south of the BOQ on Patrol Road, following a course down that road and back.

Registration forms are available at the Base Gym (Building 614) located on NAS Jacksonville. The first 100 to register will receive a free Battle of Midway 5K Run commemorative T-shirt.

The race is open to all military and civilian personnel; there is no entry fee. Participants from the outside community may compete only if they have a valid ID card and Department of Defense vehicle decal, or are escorted at all times by a sponsor with a valid ID card and Department of Defense vehicle decal.

Late registration will take place up until race time. The race starts at 11:30 a.m. with an awards ceremony following. Awards will be presented to top three male and female finishers. A Battle of Midway race team trophy will be awarded to the winning team. Five-person teams are required for competition; the best four scores count. The winning team will keep the trophy for a year. It will go up for challenge at next year's race.

For additional race information, contact Barbara Millhollan, NAS Fitness Director, at 542-3518 (dmillhol@nasjax.navy.mil), or Lisa Newsome (dnewsome@nasjax.navy.mil) at 542-3518/2930.

## Battle of Midway Memorial Dinner coming up in June

From CNRSE Public Affairs

Tickets are now on sale for this year's Battle of Midway Commemoration Dinner, which will be held June 6 at the Radisson Riverwalk Hotel on Jacksonville's Southbank.

The guest speaker will be James H. Cunningham, Jr., a Battle of Midway veteran and retired Navy chief. A recipient of the Purple Heart and five Battle Stars, he was serving aboard USS Hammann when it was sunk at Midway. He was one of only 85 out of a crew of 250 to survive.

### Cost of tickets

for the dinner are:

E-6 and below = \$20; E-7 - O4 = \$30; O5 and above = \$40; civilians and retirees = \$40. Checks should be made payable to Midway Memorial Account.

Tickets may be purchased from the following: NAS Jacksonville - Command Master Chief Office, IT1 Guy Stelzenmuller at (904) 542-4545/2934; Naval Station Mayport, AECS (AW) Elizabeth Speer, 270-6101 and ITC(SW/AW) Victor Martin, 270-7354 ext 116; and Naval Submarine Base Kings Bay, MSC Eric Johnson, at (912) 673-2064.

Uniform: O-4 and above - dinner dress white jacket;

O-3 and below - dinner dress white/dinner dress white jacket optional. Civilian is black tie or business attire.

Cocktails begin at 6:30 p.m., dinner is at 7:30.

The evening promises to be fun and patriotic. Also in attendance will be other survivors of the Battle of Midway. This is an excellent opportunity for young Sailors to connect with a significant part of their naval history.

Included will be a superb meal, music by Navy Band Southeast and an historical program highlighting the contributions of all military services in this magnificent victory.

This year's event marks the 61st anniversary of the Battle of Midway as well as the 100th anniversary of flight. All naval personnel: active duty, retired, enlisted, officer and civilians are invited to attend the midday memorial dinner.

All personnel should take time to reflect upon this important event in our naval history and on our proud heritage.

Additional information can be found at the Commander, Navy Region Southeast web site, <http://www.cnrse.navy.mil/>, by clicking on the blue "special events" button at the top of the home page.

# Those who defend at home

## A salute to our military spouses

By Retired Vice Adm.

Michael Kalleres

Special Contributor

When the going gets tough, the military leaves home! This is a quote that we in the military often laugh at in public . . . but lament in private. To leave ones family is lamentable for the member who deploys to go in harms way and who misses and loves his or her family; but for the spouse at home it can be a frightening and challenging "mission."

Not only is the defense of the home a mission . . . but the raising of the kids and their education is also a full

time mission. Now, in the time of war, those who defend at home, especially the spouses of the POW's, are carrying out "mission impossible" . . . do all the foregoing and still be strong for the family. All too often we get too wrapped up in the words "military dependent". We tend to forget that the words, "dependent" on military pay may not even be fully true. . . . Many working spouses augment or surpass the member's pay. Dependent, hah! "Dependents" take care of enough illness, bone breaks and ailments to be the Jaguars team physician.

The "dependent" is the one to balance the checkbook, pay the bills on time, and keep the morale high for all (military member, the kiddos, parents and grandparents) including themselves. . . . at least that is the way it was in my family. Oh yes, we are fierce warriors in combat; wise sages aboard

our ships and morale builders. Reality is that it is our wives/spouses who, dare to carry on day-by-day are truly the warriors. Surveys show that more than 85 percent of member's morale comes from the spouse and family.

It was said that when God made military wives or spouses, he could not fit all the requirements into their bodies . . . Too much pressure on the "frame"! So he gave them tear ducts of love to relieve the pressure and the ability to "take part of their heart" out of the body to walk around . . . that part is their children.

For my whole life I shall thank God for my "dependent," my wife, for which I am dependent for love, wit, strength and trust which made me a success as a military leader, father and husband. Thanks is too little, "my hero is better!"

## April is Child Abuse Prevention Month

From FFSC

The NAS Jax Fleet and Family Support Center (FFSC) sponsors events and programs year-round to promote healthy military families and protect our children from abuse and neglect.

The center's child abuse prevention efforts focus on victim safety, protection and rehabilitation. The center's Family Advocacy Program provides education, counseling and resources for victims and offenders.

Whether military or civilian, the prevention of child abuse is the responsibility of everyone. What can you do to help? Support local awareness events at the center or elsewhere on base in April, which is Child Abuse Prevention Month.

And, if you see child abuse or neglect, report it. It's your duty. They're our future.

For more information about the center's child abuse prevention services, read the following questions and



answers and statistics from the United States Department of Health and Human Services.

Q: What child abuse prevention resources are available at the FFSC?

A: The FFSCs provide prevention, identification and treatment for child abuse issues. If center staffs are unable to provide a specific type of intervention, they will refer to and work with community providers to ensure that appropriate intervention or prevention is provided.

Q: What are the qualifications of FFSC staff who provide these services?

A: They are clinical counselors. The minimum qualification for FFSC counselors is a master's degree in social work, marriage and family

therapy, counseling or psychology.

Q: Are consultations and appointments with FFSC staff confidential?

A: Services at the FFSC fall under the auspices of the Privacy Act.

Q: Will FFSC staff make appointments at other locations if necessary?

A: Yes. They would be arranged on a case-by-case basis, but generally appointments take place at the FFSC facility.

Child abuse and neglect statistics (some are from the year 2000)

Protective service agencies receive about three million reports of child abuse each year in the United States - an average of one every 10 seconds.

For every 1,000 children in the United States, 12 are victims of child abuse.

Approximately 1,200 children died of child abuse or neglect in 2000 - an average of more than three children per day.

For more information on the programs the NAS Jax FFSC offers, call 542-2766.

## Chapel hosting fish fry

The NAS Jax Chapel Youth Group is hosting a fish fry this Friday at 3 p.m.

A donation of \$5 is requested. The meal includes fish, cole slaw, chips, soda and desert.

For more information, call 542-3440.



## Domestic violence leadership conference to be held May 20

The Community Support Program of Navy Region Southeast will host an executive seminar on domestic violence for all commanding officers, executive officers and command master chiefs from the Fleet Concentration Area on May 20 at the River Cove Officer's Club at NAS Jacksonville.

The program will feature experts in the field of

domestic violence who will address topics such as dynamics of domestic violence, DoD and DoN policies on domestic violence, legal issues, victim issues and more.

The program will begin at 7:30 a.m. and ends at 3 p.m. Please RSVP to Yolanda Munoz at 542-5387 or Sandy Jones at 542-1539 before May 9.

# Guests enjoy Sleuth Mystery Dinner

By Dawn Smith  
I.T.T.

Approximately 90 guests attended Lord Mansfield's Fox Hunt Banquet on March 28 at the River Cove Officer's Club. The entertaining feast was hosted by the NAS Jacksonville MWR Information, Tickets and Travel (I.T.T.) Office.

Guests were greeted by the friendly I.T.T. staff members Joyce Capling and Pam Tierney and later by Lord Mansfield's attendants, Jeffries the butler and Elga the maid.

Lord Mansfield's sister, Lady Mansfield, arrived unexpectedly from New York specifically for the event to show guest how to participate in the fox hunt.

Gypsies, an irate attorney, and the zany Riles arrived throughout the show, adding comedy and confusion while delivering essential clues to help the audience solve the mystery.

Thievery, debauchery, even magic, occurred as the guests looked for clues and interrogated the characters in solving the murder mystery.

Banquet guests concluded that Lord Mansfield was



Photo courtesy of MWR  
Lady Mansfield (left) gets some help from Sleuth Dinner attendees Tim Hooks, NAS Jacksonville Golf Course Manager, PR1 Robert Colgan, NADEP, and Carol-Ann Caffrey as she explains the fox hunt procedures.

killed in his bedroom by his sister, Lady Mansfield. She was driven in part by the motive of re-staking her claim on her mother's jewels. Solving the crime was only half of the fun.

"This was a great evening of entertainment. It was well worth the money and I'm looking forward to doing it again soon," said Mike Crivier, Safety spe-

cialist, following the show.

"It was a fun and relaxing atmosphere. We had a great time. I liked that the actors mingled around with the crowd. The show was very funny," added Nancy Colgan, MWR secretary.

Sleuth's Mystery Dinner Theatre is located in Orlando, and offers 10 shows to choose from. I.T.T. brought the characters to

NAS Jacksonville to allow service members who may not have enough time to go to Orlando to experience this great show.

I.T.T. is looking forward to partnering again with other Entertainment Groups to bring future shows to NAS Jacksonville, so keep your eyes open, looking for clues to another great event.

## Navy College Learning Center offers classes

The Navy College Learning Center (NCLC) offers free ASVAB/ACT/SAT prep classes to help increase test scores. The following are the upcoming 2003 spring classes at the (NCLC):

- April 14 - 24
- April 28 - May 8
- May 12 - 22

May 27 - June 5

Classes run from 9 a.m. to 4 p.m. for two weeks with a half hour lunch.

These classes are offered to help increase scores in math, English and reading and improve test-taking skills.

Seating is limited. To sign up, call 542-3676 or email Aslclta@inetmail.att.net.



# HELPING HANDS

## Help sort clothes

"Dignity U Wear" receives free donations of new clothing, toys and much more from area stores. They in turn supply local shelters and support agencies with brand new clothing and other items for clients and work with the Duval County School District to help less fortunate children obtain needed clothing.

Volunteers are needed to help with sorting and sizing clothes and filling agencies orders anytime between 9 a.m. - 4 p.m., Monday - Friday and from 9 a.m. - 2 p.m. on Saturdays.

The 'Dignity U Wear' warehouse is located on the corner of Myrtle and Adams Streets in downtown Jacksonville. For more information, call 636-9455.

## Jacksonville Jazz Festival

The City of Jacksonville has taken over sponsorship of this Jacksonville tradition. The Jacksonville Jazz Festival will be held tomorrow through Sunday at Metropolitan Park and The Jacksonville Landing.

Admission to the festival will be free of charge in all locations, making it even more accessible to jazz aficionados and families alike.

If you would like to be a Jacksonville Jazz Festival volunteer and help out with concessions, hospitality, marketing or logistics - fax the following information to the City of Jacksonville Office of Special Events at 630-3693 - your name, address, e-mail and phone number.

For more information about the Jacksonville Jazz Festival, call 630-3690, the Special Events hotline at (904) 630-3686, or online e-mail events@coj.net or visit the webpage at www.jaxjazzfest.com.

## American Cancer Society's Relay for Life

The American Cancer Society's needs volunteers tomorrow and April 26 to support their 'Relay for Life' events.

## Airline luggage weight limits change April 15

From the Armed Forces News Service

Northwest Airlines, American Airlines, United Airlines and Delta Airlines have changed their checked baggage policy concerning weight limits and excess charges for luggage on domestic flights. Continental Airlines also has announced it will make similar changes April 15.

The carriers will still accept luggage up to 100 pounds per piece but will charge significant fees for luggage weighing in the upper limits. Most airlines allow two pieces of luggage, 50 pounds maximum each, to be checked free of charge. Bags exceeding 50 pounds but less than 70 pounds will be assessed an excess-baggage fee of around \$25 per bag.

Bags between 70 and 100 pounds will be charged about \$80 per bag. Waivers are available to military members on official orders, including active duty, Guard, Reserve and Coast Guard. The waivers do not apply to family members or to Defense Department civilians.

## Got a consumer problem?

The following are phone numbers of agencies who can help with consumer problems:

NAS Jax Family Service Center - 542-2766

Better Business Bureau - 721-2288

State Attorney's Office Consumer Mediation - 630-2075

City of Jacksonville/Consumer Affairs Division - 630-3467

Florida Department of Business & Professional Regulation - 1-850-487-1395

Construction Industry investigative services - 727-5590

Volunteers are needed to help with set-up, team registration, luminaria ceremony and event break down on April 11 at the FCCJ Northside campus and on April 26 at the Twin Lakes Academy Middle School. For more information or to sign up, call 398-0537.

## Jacksonville Humane Society Pet Adopt-a-Thon 2003

Join in this huge effort to find good homes for shelter animals this weekend. Assist the adoption staff by training to help with

customer service and promoting the adoptable animals. This event takes place at the shelter on Beach Boulevard and from mobile units. For more information, contact Chris Whitney at 725-8766, Ext. 206

## 11th Annual World of Nations Celebration

Take an exciting trip around the globe at the 11th Annual World of Nations Celebration in Metro Park April 24-27.

Celebrate the rich cultural traditions and unique heritage of people from around the

world. Various volunteer opportunities and shifts are available to support the weekend events. Opportunities include handing out information to stamping passports and exhibit monitors. Minimum age required is 16.

Volunteers under 16 may volunteer with parental supervision. Contact the City of Jacksonville Office of Volunteer Services at 630-1020.

If you would like to volunteer at the African Village, contact Martha Davis at 249-3582.

## March of Dimes

## First Coast Walk America

Head out and support the March of Dimes in saving babies April 26 by assisting with walker registration, decorating, route set-up/clean-up, food service, accounting and more.

Volunteer hours are from 8 a.m. - 1 p.m. You can also put together a team of your friends and/or co-workers and come out and walk. Minimum age required is 16.

For more information contact Erin Pont at 398-2821.

## HabiJax needs volunteers

HabiJax is taking advantage of the beautiful spring weather. Volunteers are needed every Tuesday through Friday. They will be closed, however, on April 18 for Good Friday.

Participants meet at 7:45 a.m. at the HabiJax Warehouse at 2404 Hubbard Street (off Main Street) Lunch and transportation are the responsibility of the volunteer. Activities will vary.

If anyone who would like to schedule a date, call Natalie Sears at 798-4529, Ext. 253.

## JAX TALES BY MIKE JONES

WWW.RICKYSTOUR.COM



# MWR NOTES

## NAS Jax Golf Club offers deals

The NAS Jax Golf Club is offering some great golfing challenges in April. On Sunday, the Men's Golf Association will hold their monthly event, hosting 60 players at 9 a.m. Beginning April 16, a Men's 9-Hole Scramble begins and will be featured every Thursday at 5:30 p.m.

## Aquatics Department taking reservations

The Aquatics Department staff members are now taking reservations for private parties at the outdoor pool.

The Aquatics staff is eager to help you get you fit. Join them for an aqua aerobics class, Monday - Thursday from 11 a.m. to noon, or Monday, Wednesday, and Friday from 4:30-5:30 p.m. and again from 5:30-6 p.m. There is still time to enroll in May swimming classes. Registration is open for all levels. Please contact the Aquatics Department at 542-2930.

## Veterinary Treatment Facility

Due to vendor price increases, the Veterinary Treatment Facility has been forced to increase prices. We still have the lowest prices around.

The Vet Clinic is hosting a walk-in vaccination clinic Saturday from 8 a.m. - noon.

The NAS Jax Veterinary Treatment Facility is located in Building 8 at the corner of Ranger Street and Enterprise Avenue. The clinic is open Monday through Friday from 8 a.m. - 4 p.m. It is closed on legal holidays. Pets are seen by appointment only. Appointments may be made in person or by calling 542-3786.

## Mulberry Cove Marina news

Learn the rules of the waterways and enjoy a safe boating experience. Take the Florida Safe Boating Course. "How to Boat Smart." The class is free and open to all hands.

Visit to the Mulberry Cove Marina and get your free spring stock-up coupon book. The books are stocked with more than \$175 in savings on the biggest brand names in fishing. The coupons offer great savings and will not be around long. This offer expires April 30. The marina offers free kayak and canoe rentals for active duty Sailors on Thursdays. It's a great way to get acquainted with some of the equipment on hand and have some

fun too. For more information on marina events, call 542-3260.

## Auto Skills Center

Visit the Auto Skills Center for your professional or hobby car care needs. The center offers an array of services for the novice or professional auto enthusiast. There is an ASE qualified mechanic on hand to assist with questions and tips on servicing your vehicle. The center is open Monday, Thursday and Friday from noon to 8 p.m., Saturday and Sunday from 9 a.m. to 5 p.m. and all holidays from 9 a.m. to 3 p.m. except Thanksgiving, Christmas and New Year's Day.

The Auto Skills Center offers a shop orientation class on the third Thursday and Friday of each month. Reservations are required for the orientation. Call 542-3227 for information.

## Upcoming Liberty events

We're starting a T-shirt design contest. Come by the Liberty Recreation Center to get more details.

April 19 - Sky Diving Trip

April 23 - Join us for our monthly Indoc BBQ at 11 a.m.

For more information, call 542-1335.

## NAS Freedom Lanes offers great deals

The NAS Freedom Lanes is a state-of-the-art bowling facility, with 24 lanes, a game room with pool tables and arcade gaming machines. The Gutterball Grill snack bar provides delicious food and beverage service. The facility has a fully supplied Pro Shop staffed by members of the Professional Bowling Association.

The center is open seven days a week. The center offers Cosmic Xtreme bowling on Saturday afternoon from 4-6 p.m. and again from 8 p.m.-midnights. The NAS Freedom Lane is open to all active duty, authorized civilians, retirees and their family members.

Active duty free bowling: Wednesdays from open to close.

Rent a lane special Tuesdays starting at 5 p.m. The cost is \$12 per lane per hour or \$32 per lane for three-hour rental. Shoe rental is \$1.65 per pair.

Extreme Bowling - Saturday nights. The cost is

\$15 per person. Check in begins at 7 p.m. and bowling starts at 8 p.m.

Call the center for event schedules at 542-3493.

## Summer Camp Registration

Summer is almost here and school will be out soon. Summer Camp registration at the Youth Activities Center begins April 12 from 10 a.m. to 1 p.m. Packages are now available for pick-up. Call 778-9772 for more information.

## Night Easter Egg Hunt

Kids get ready for the annual night Easter Egg Hunt at the Macaffrey Softball Complex on April 18 at dusk. There will be thousands of eggs, hiding (glowing) for you to find. Don't miss the chance to fill your baskets with delicious treats and find the golden egg with a big surprise inside.

## April is Month of the Military Child

Help celebrate our youths during this year's Month Of the Military Child celebration. The staff of the NAS Jax Youth Activities Center is putting together an exciting event with carnival rides, pool games, prizes and just plain old fun on April 26 from noon to 4 p.m. at the outdoor pool.

## Youth classes

Dance classes and Tae Kwon Do classes are available at NAS Jax Youth Gym and Yellow Water Youth Activities. If you are interested in registering your child stop by either center or give us a call at 778-9772 (NAS Jax) or 777-8247 (Yellow Water)

## Easter Brunch planned

Join us for an all-hands Easter Brunch, April 20 at the River Cove Officers' Club. Brunch will be served from 10:30 a.m.-1:30 p.m., with a special visit from the Easter Bunny at 11 a.m. The cost is \$10.95 for adults, \$5.50 for children ages 6-12 and free for children under 6. Call 542-3041 for reservations. Walk-ins will not be accepted.

## Free movies offered

Enjoy free movies at the base theater each Friday evening starting at 7 p.m. and every other Saturday at 5 p.m. and 7 p.m. Bring your own popcorn, soda and snacks. Sit back and enjoy some of Hollywood's premier blockbuster hits.

There are no alcoholic beverages allowed in the theater and persons under 17 are not permitted without adult supervision.

Tomorrow, 7 p.m. - Antwone Fisher (PG-13)

Saturday, 5 p.m. - Harry Potter: Chamber of Secrets (PG)

Saturday, 7 p.m. - Solaris (PG13)

April 18, 7 p.m. - Drumline (PG13)

## Escape the ordinary on an I.T.T. trip

Have some fun with I.T.T. - take a trip or treat yourself to a show! Stop by our office located adjacent to the NEX, and sign up for a great trip. Our trips are open to all hands, so bring a friend! For more information call the office at 542-3318.

Here are some of the upcoming events I.T.T. has tickets for:

Suns Baseball tickets - general admission is \$4.

Disney Florida resident 4-day play pass - \$107.45. Good until Sept. 30.

April 11-13 - Charleston Getaway: See all the best - Patriots Point, Fort Sumter, Magnolia and Middleton Plantation, and a city tour. Included are all entrance fees, hotel, tour, breakfast, a lunch and dinner all for \$194.25 per person.

April 19 - A Capitol Idea - We're heading to Tallahassee, Fla. to see Mission San Luis, the Capitol Building and Museum of History for only \$13.50.

April 26 - Okefenokee by Moonlight. Enjoy a special evening tour that includes a two and a half hour guided boat tour and a Low Country Shrimp Boil dinner for \$51.75.

May 3 - Shrimp Festival at Amelia Island. Then we'll head to a candlelight viewing of Fort Clinch. The cost is \$13.75.

May 8-11 - Experience Atlanta. This trip includes transportation, three nights for the hotel and entrance to all the best attractions. The cost is \$225 per person, based on double occupancy. You must sign up before April 18.

Visit MWR online at [www.nasjax.navy.mil](http://www.nasjax.navy.mil) and look for the tab marked MWR this is your tab to unlimited fun. For questions or comments e-mail us at [mwrmtg@nasjax.navy.mil](mailto:mwrmtg@nasjax.navy.mil).

# COMMUNITY CALENDAR

## The Navy Wives Clubs of America, NWCA Jax No. 86

meets the first Wednesday of each month. Meetings are held in Building 612 on Jason Street at NAS Jacksonville at 7:30 p.m. The Thrift Shop is open Tuesdays and Thursdays and every other Saturday from 9 a.m. - 1 p.m. For more information, call the Thrift Shop at 772-0242 or Pearl Aran at 777-8032.

## The Navy Wives Club's DID No. 300

meetings are held the second Thursday of each month at 7 p.m. at the Oak Crest United Methodist Church Education Building at 5900 Ricker Road. For more information call 387-4332 or 272-9489.

## Clay County Chapter 1414, National Association of Retired Federal Employees, (NARFE)

invites all retired and currently employed federal employees to their regular monthly meeting the second Tuesday of each month at 1 p.m. at the Orange Park Library. For more information call 276-9415.

## MOMS Club of Northeast Florida

meets the second and fourth Thursday of every month from 10 a.m. to noon. The meeting is free and open to all at-home mothers and children who live in the zip code areas of 32206, 32218 and 32226. MOMS Club is a support group for moms wanting a variety of activities for you and your children. The chapter offers monthly meetings, newsletters, activity calendars, playgroups, field trips and service projects. For meeting location or more information, contact Debbie at 751-0671 ([debbiejkg@yahoo.com](mailto:debbiejkg@yahoo.com)) or Kathi at 751-3400 ([katdj28@aol.com](mailto:katdj28@aol.com)).

## The Marine Corps League,

## Jacksonville Detachment

holds their monthly meeting the first Thursday of the month at 7:30 p.m. at the Marine Corps Recruiting Station at 3728 Phillips Highway, Suite 229. For more information call John Leisman at 779-7375.

## Christian Fellowship Night

will be held behind the Chapel in Bldg. 749 from 6:30 - 9 p.m. every Tuesday night. For more information call 542-3051.

## Association of Aviation Ordnancemen's

meeting is held the third Thursday of each month at the Fleet Reserve Center on Collins Road. For more information, call AOC Chris Johnson at 542-2168 or AOC's Erick Parmley at 542-8589.

## The National Naval Officers Association (NNOA)

holds its monthly meeting on the third Thursday each month at 5:30 p.m. at the Jacksonville Urban League, 903 West Union Street. NNOA is a non-secretariat, not-for-profit organization sanctioned by the Secretaries of Defense and Transportation to assist sea services in recruiting and training minority officers, increasing awareness of sea services opportunities in minority communities, and projecting a positive Navy, Marine Corps, and Coast Guard image.

Interested personnel are encouraged to attend or contact Lt. Herlena Washington at 696-5005 or email [WashingtonHO@matcombic.usmc.mil](mailto:WashingtonHO@matcombic.usmc.mil).

## The Military Officers Association (MOAA)

is holding their monthly dinner meeting April 16 at 6 p.m. at the NAS Jax River Cove Officer's Club. Entertainment will be provided by the swing unit of the Clay County Community Band. For more information, call 262-0209.

## The Jacksonville Genealogical Society

will meet April 19 at 1:30 p.m. at the Webb-Wesconnett Library, 6887 103rd Street. For information, call Mary Chaucey at 778-9300.

## The National Naval Officers Association (NNOA)

is holding a semi-annual membership drive and get together April 23 at 11:30 a.m. at the CPO Club at NS Mayport. The cost is \$6 for lunch. For more information, call Lt. Herlena Washington at 696-5005.

## The U.S. Coast Guard Auxiliary (Flotilla 14-8)

is sponsoring three one-day Boating Safely programs on April 26 and July 26 from 7:30 a.m. to 5 p.m. at Mandarin High School. The cost is \$20. For information, call Bob Strong at 721-1346.

# NAS Jax Golf Club Upcoming Events and News

From the NAS Jax Golf Club

## Birthdays golf

Take advantage of a free 18-hole round of golf on your birthday in April. Check the calendar for the golfer appreciation discounts days. Free greens fees on your day. Cart fees are required. Active duty is slated for April 22, retired / DoD for April 24.

Military patrons golf free when you bring three civilian guests to play NAS Jax at the normal guest rate in the same foursome. Tee times are required. This special is good every day except holidays.

## Wednesday night twilight scrambles

Every Wednesday night we will host a 9-hole scramble. All authorized patrons and guests are welcome to compete. Call the golf shop to register your name by 3:30 p.m. on Wednesday starting on April 16. The scrambles will begin at 5:30 p.m. The handicap computer will form the teams ABCD.

If you do not have a handicap index, please give us an average score or your best guess when you call up. The entry fee for authorized patrons is \$15 and guests will be \$20. The fee includes green fees, cart, and prize purse. There will be an optional team skins purse and closest to the pin contest.

## MGA member/guest event

The MGA will conduct its monthly event this Sunday. The format will be a MGA member / guest, two person best ball. Eligibility includes any NAS Jax MGA member and their invited guest. A guest includes any non-MGA member and any gender. Individual skins \$5, individual

closest to the pins \$2 entry, register starting at 7:30 a.m., MGA meeting and golf rules seminar starts at 8 a.m. Registration deadline is tomorrow.

## Demonstration Day

Multiple major vendors will showcase their latest wares April 18 from 10 a.m. - 2 p.m. at the driving range. The professional staff will also be on hand for swing advice, club fitting, and demonstrating our latest video teaching system The "Swing Eye".

## NAS Jax semi-team qualifications

The golf course will conduct the team qualifying for the Southeast Military Championship on April 26-27. Entry forms are located in the golf shop. Tee times are in the morning. No entry fees other than normal cart and greens fees for each round. The low four, two-day totals will qualify.

## Course improvements ongoing

The red cart path project has been prolonged by bad weather but has been completed for the most part until summer. The final touches to the red side and the blue cart paths will be done later this year during the dry season. The blue greens construction has started and will encompass all greens with exception to No. 4 and No. 9. Many tees will be expanded and leveled with a little more length and maybe new tees.

Get your tee times early with only 18 holes available. The weekends and holidays will go to a double tee start to accommodate more players. The tee times run from 7-9 a.m. on the front and back then 11 a.m. - 1 p.m. on the front and back.

# MWR helps future Sailors get first-hand look at Navy's QOL programs and services

From Navy MWR

Nearly 1,000 members of the Navy's Delayed Entry Program (DEP) and their families were treated to a first-hand look at the many quality of life programs and services the Navy offers during DEP Family Day Expositions held recently in San Diego and Ventura County, Calif.

Sponsored by the Navy's Morale, Welfare and Recreation (MWR) Division and Navy Recruiting Command, the program was designed to help enhance readiness by providing future shipmates and their loved ones with essential information about the Navy to ease their transition to the military, while also providing the Fleet with better informed Sailors. The inaugural DEP Family Day event was held at Naval Support Activity Mid-South, Millington, Tenn., in October.

Navy Region Southwest's MWR Department, in cooperation with Navy Recruiting District (NRD) San Diego, welcomed more than 600 DEP personnel and their families to Naval Station San Diego Feb. 7, where they attended a tradeshow at the Admiral Robinson Recreation Center featuring quality of life informational displays. MWR and QOL professionals were available to answer detailed questions from the attendees on a wide variety of programs and services, from fitness issues to housing, barracks life and childcare concerns. A guided bus tour of the

naval station included a walk-through of MWR recreation and fitness facilities, bachelor enlisted quarters and galley.

For Joseph Oeland, a senior at Jarupa High School, Mira Loma, Calif., the event "was good because it shows what the Navy offers. It's a whole different world," he said.

Oeland, 18, enlisted under the avionics program, and will report for recruit training Aug. 13.

Oeland's family has a history of distinguished naval service, as the guided missile frigate USS Taylor (FFG 50), homeported in Mayport, was named in honor of Oeland's grandfather, the late Cmdr. Jesse Junior Taylor. A naval aviator, Taylor was killed in action during the Vietnam Conflict.

For Navy recruiters, the DEP Family Day was also an opportunity for them to show how the Navy's programs and services benefit them.

At Naval Base Ventura County, Port Hueneme, Calif., the MWR Department, in cooperation with NRD Los Angeles, hosted the DEP Family Day Exposition Feb. 15 at

Duke's Place on board Naval Construction Battalion Center (NCBC) Port Hueneme. In addition to a quality of life tradeshow, MWR professionals provided a guided bus tour of NCBC Port Hueneme and Naval Air Station Point Mugu. Stops along the tour included a walk-through of MWR facilities and the bachelor enlisted quarters.

"I believe it will have a tremendous positive influence on our DEPPers," Cmdr. Ray Van Zwielen, commanding officer, Navy Recruiting District Los Angeles, said of the DEP Family Day event.

"They are staying in DEP much longer now, from 9 to 12 months. So it's important for them to stay motivated and stay excited about the Navy. The primary influence for most of them is family members, and to keep the family involved is important, too. The family members are here today, and it's important for them to know that they, too, are part of the Navy family."

Plans are underway for additional DEP Family Day events in Miami, Jacksonville, New York and Houston.

# Jax Sports News

## Sports officials and scorekeepers needed

The North Florida Military Officials Association is looking for individuals to officiate soccer, softball, football, and volleyball at NAS Jax. Scorekeepers are also needed for basketball. Experience is not required. If interested, contact Al Vandercar at 282-0809.

## Men and Women's

### Tennis Tourney slated

This tournament will be held April 28 at 5 p.m. It is free and open to all NAS Jax active duty, retired, dependents over 18, and DoD men and women. The matches will be played at the Birmingham Tennis Courts. Call the NAS Jax Gymnasium to sign up by April 25.

## Navy Southeast Regional Running and Triathlon Team

Represent the United States Navy in 5K, 10K,

marathons, and/or triathlons. The Navy will showcase elite active duty men and women in regional races. Uniforms are provided as well as transportation, entry fees, and lodging costs. Interested runners must compete in sanctioned (USA Track and Field, USA Triathlon Association, or Roadrunners Clubs of America) races and your time must be one of top 10 regional qualifying times. If you have run in sanctioned race and your time meets regional qualifying time, contact your base athletic director.

### Southeast Regional qualifying times

5K	Men 19:00	Women 24:00
10K	Men 34:00	Women 46:00
Marathon	Men 3 Hrs. 30 Min.	Women 4 Hrs.
Triathlon	Men 2 Hrs. 30 Min.	Women 3 Hrs.
Triathlon time based on 1.5K swim, 10K run, 40K bike		

For more information about any of the sports articles, call Mike Gorman, athletic director at 542-2930/3239 or e-mail dgorman@nasjax.navy.mil. Visit the MWR website at www.nasjax.navy.mil

# Golf Club winners announced

From the NAS Jax Golf Club

Fifty-six players recently turned out the annual NAS Jax Golf Club Championship. Placing first in the event was Josh O'Brien who works in the golf shop at NAS Jax and attends the University of North Florida (UNF). O'Brien shot rounds of 75 and 78 to secure a one-shot edge. Following his graduation from UNF, O'Brien plans to join the Professional Golf Association's apprentice program.

Runner-up in the event was Bob Trammell.

Dave Andrzejewski captured the Super Senior Division and his flight with rounds of 77 and 87 and moved to the No. 2 spot in the points race for Player of the Year.

New player, Fred Major recently took over as point's leader. He moved into the top position by winning the senior division and his flight. He currently holds a three-point edge over Andrzejewski.

Bob Watkins is known for shooting his age and continues to do so. He shot rounds of 90 and 82 to win the fifth flight by two shots over Bob Smith. Watkins is 88 years old and has helped out as a volunteer at the course for many years.

The third flight was bested by Al Gallups with rounds of 85 and 82 to win by three shots over Sam Crosby.

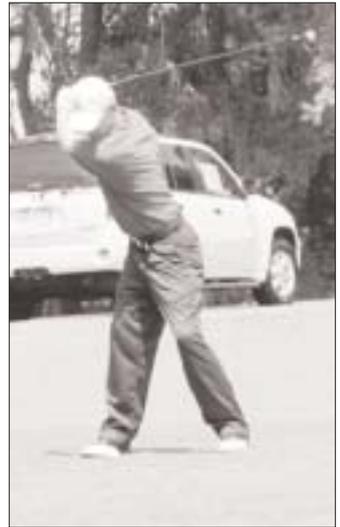


Photo courtesy of MWR  
Josh O'Brien recently placed first in the annual NAS Jax Golf Club Championship.

## Who to notify when a credit card is stolen

Credit card theft is a huge burden and can cause major problems for victims. The following are numbers to call if cards are lost or stolen. These agencies should be contacted immediately.

Equifax Credit Bureau: 800-525-6285

Experian Credit Bureau: 888-397-3742

TransUnion Credit Bureau: 800-680-7289

SS Administration Fraud Line: 800-772-1213

Federal Trade Administration - Identity Theft Line: 877-438-4338

