



# Jax Air News

A CHINFO AWARD-WINNING NEWSPAPER

## TOUCHING BASE



### Road construction end in sight

Although you have gotten to see much of the base due to extensive detours and road closings, the end is near! Construction will be taking place at the Birmingham Gate on Friday evening through Sunday. Because the gate is closed on Saturdays and Sundays normally, this will not affect personnel driving on base according to the Resident Officer in Charge of Construction.

### Chapel celebrates Holy Day of Obligation

The Assumption of the Blessed Virgin is a Holy Day of Obligation. Mass will be celebrated at the St. Edward Chapel at 11:30 a.m. today. For more information, call 542-3440.



### September advancement exams just around the corner

From Personnel Support Detachment

Are you prepared? The September 2002 Navy-wide advancement exams are just right around the corner.

Please take note of the following advancement exams information.

Candidates for E6 will take the exam on Sept. 5, E5 candidates on Sept. 12, and E4 candidates on Sept. 19 at Hangar 1000.

All candidates must report by 6:30 a.m. with their military I.D. card in the uniform of the day.

The verification of worksheets will be handled through command Pass Liaison Representatives (PLR). Please contact your command PLR for dates and time of exam worksheet verification.

Commanding officers and officer-in-charge are authorized to waive up to one year of the required time-in-rate for members in pay grades E5 for the E6 exam, who received a promotion recommendation of "Early Promote" on their recent periodic evaluation.

For more information, call PSD at 542-4218.

## Mosquitoes more than a nuisance

### West Nile Virus only one of many diseases they carry

By Kaylee LaRocque  
Staff Writer

With all the rain we've been having lately, mosquitoes seem to be everywhere. Most of us enjoy spending time outdoors, but these pesky critters are making it miserable out there.

They are downright vicious. And, as we've all heard recently in numerous news reports, mosquitoes can transmit several types of diseases to humans and animals as they enjoy their meals.

Unfortunately, they are not going to disappear any time soon. In fact, during the months of August and September, the population is expected to increase when mosquitoes hit the peak of their lifecycles. This means we need to prepare ourselves in battling these little, blood-sucking vermin.

"Education is the key here. People need to be aware of the risks and what preventive measures they should take in dealing with mosquitoes. West Nile Virus has been highly publicized lately, but we need to worry about the other viruses they carry as well," said Lt. Vernon Richmond, department head of the Naval Hospital Jacksonville, Preventive Medicine Department.

Mosquitoes also carry viruses like St. Louis encephalitis (SLE), Eastern Equine encephalitis (EEE), dengue fever and other non-viral diseases like malaria. Very few cases of malaria or dengue fever are ever reported in the United States and in the majority of those cases, the disease is acquired while traveling outside the United States. In this country, SLE and EEE are well established and West Nile is becoming more widespread within this country. The first notable outbreak of St. Louis encephalitis occurred in 1974. The next year 95 people died from the disease and nearly 2,000 were infected. The disease is still around today, but the number of cases has fallen to about 128 annually.

Although the West Nile virus was first identified in 1937 in a West Nile District in Uganda, Africa, the first case didn't surface in the United States until 1999 when it was discovered in New York. That year, seven people died from the disease and 55 were hospitalized. Since then it has been making its way across the country with new cases identified nearly every day. It has also been discovered throughout the

Middle East and in Eastern Europe.

"If you think about the risk posed by West Nile virus in the U.S. on a global scale, people should realize that two and a half million people die of malaria each year. That's one percent of our population in the U.S. Several billion people are at risk around the world for dengue fever. We just don't hear about all these because they usually don't occur here, so on a global scale our risk from mosquito-borne diseases is fairly minimal," explained Lt. Jeff Stancil, department head for Medical Entomology Information at the Disease Vector Ecology and Control Center (DVECC) at NAS Jacksonville.

HM3 Noel Torres of NavHosp Jacksonville's Preventive Medicine Department carefully sets up a gravid trap to specifically catch mosquitoes that may carry the West Nile virus.



"Our department runs the mosquito control program for the base, Yellow Water housing area, DRMO and Whitehouse. We also oversee the programs for seven other bases in the Southeast Region. This entails pulling samples of mosquitoes in different areas, sending them to a lab for testing, monitoring the results and overseeing mosquito spraying which is handled by contractor," explained Richmond.

The Preventive Medicine Department is comprised of eight preventive medicine technicians (PMTs) and Richmond. Two PMTs are specifically designated to work full-time on mosquito surveillance. "We could definitely use some more people working on this program.

There is so much involved in maintaining quality control. But we are definitely on top of the program here," stated Richmond.

See MOSQUITOES, Page 8



Photo by HM1(AW/FM) Jeff Walker

Above: HM2 Maria Herrera conducts mosquito larvae dipping in a small puddle of water on the base.

Below: HM3 Noel Torres and HM2 Maria Herrera of NavHosp Jacksonville's Preventive Medicine Department set up a CO2 mosquito trap in some woods aboard NAS Jacksonville. After the mosquitoes are trapped, they are sent to a lab for testing.



## The race is on to register



Photo by Kaylee LaRocque

MA1 Edwin Mananquil, voting assistance coordinator (right), assists MA1 Stanley Plummer and EM1 Lindsey Miller, who helped out with the voting drive, with a question as several military members register to vote in Duval and Clay Counties and through the absentee process. The drive was held Aug. 6 in front of the NAS Jax Navy Exchange. Another voting drive is scheduled for Sept. 4 from 10:30 a.m. to 12:30 p.m. at the NAS Galley.

## WEEKEND WEATHER

	<b>FRIDAY 75/91</b> SCATTERED THUNDERSTORMS
	<b>SATURDAY 75/91</b> SCATTERED THUNDERSTORMS
	<b>SUNDAY 75/91</b> SCATTERED THUNDERSHOWERS

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site: <https://www.nlmof.navy.mil>

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# RED CROSS REVIEW

## Prepare now for nature's fury: hurricanes

From the American Red Cross

Though the updated forecast for the 2002 hurricane season calls for normal to below-normal activity, the American Red Cross recommends residents take time now to prepare.

Experts expect seven to 10 tropical storms this season and four to six hurricanes, but it only takes one storm to cause extensive damage and require a lengthy disaster relief effort.

### Here's how to be ready:

Assemble the following in your disaster supplies kit: put them all together in a large, water-tight container in advance:

- \* Flashlight with plenty of extra batteries
- \* Battery-powered radio with extra batteries
- \* First aid kit
- \* Prescription medications in their original bottle, plus copies of the prescriptions
- \* Eyeglasses, including prescription
- \* Water (at least one gallon per person per day for three to five days)
- \* Foods that do not require refrigeration or cooking
- \* Items that infants and elderly household members may require
- \* Medical equipment and devices
- \* Change of clothes, including socks and shoes, for each household member
- \* Sleeping bag or bedroll and pillow
- \* Checkbook, cash, and credit cards
- \* Map of the area

### Important papers to take with you:

- \* Driver's license or personal ID
- \* Social Security card
- \* Proof of residence (deed or lease)
- \* Insurance policies
- \* Birth and marriage certificates
- \* Stocks, bonds, and other negotiable certificates

\* Wills, deeds, and copies of recent tax returns

### Protect your valuables.

Move objects that may get damaged by wind or water to safer areas. Move TVs, computers, stereo and electronic equipment, and easily moveable appliances like microwave ovens to higher levels and away from windows. Wrap them in sheets, blankets, or burlap.

Make a visual or written record of all of your household possessions. Record model and serial numbers. This list could help prove the value of what you owned if those possessions are damaged or destroyed.

Include expensive items such as sofas, chairs, tables, beds, chests, wall units, and any other furniture. Store a copy of the record in a safe deposit box.

### Protect your home.

\* Bring things indoors. Lawn furniture, trash cans, children's toys, garden equipment, clotheslines, hanging plants, anything that may fly around should be brought indoors.

\* Leave trees and shrubs alone. If you did not cut away, leave them alone. Local rubbish collection services will not have time before the storm to pick anything up.

\* Look for potential hazards. Look for objects in trees that could blow or break off and fly around in high winds. Cut them off and store them indoors until the storm is over.

\* Turn off electricity and water. Turn off electricity at the main fuse or breaker, and turn off water at the main valve.

\* If high winds are expected, cover the outside of all windows. Use shutters that are rated to provide significant protection from windblown debris, or fit plywood coverings over

all windows.

\* If flooding is expected, consider using sandbags to keep water away from your home. It takes two people about one hour to fill and place 100 sandbags, giving you a wall one foot high and 20 feet long.

### Remember these points:

\* Houses do not explode due to air pressure differences. Damage happens when wind gets inside a home through a broken window, door, or damaged roof.

\* Tape does not prevent windows from breaking. Tape only prevents windows from shattering. Using tape on windows is not recommended.

\* Prepare a home evacuation plan.

\* Identify ahead of time where you would go if you were told to evacuate. Choose several places, such as a friend's home in another town, a motel or a shelter.

\* Keep handy the telephone numbers of these places as well as a road map.

\* Listen to local radio and TV stations for evacuation instructions.

### When a hurricane is approaching:

\* Listen to your local radio and TV stations for updated storm information.

\* Fill your car's gas tank and prepare to evacuate if told to do so.

\* If possible to evacuate, do so as soon as told. If you are not advised to evacuate, do not do so. Be prepared to stay inside, away from the windows.

### After the storm passes.

\* Watch out for fallen power lines.

\* Listen to the radio for information and instructions.

\* Use a flashlight to inspect your home for damage.

For more information about hurricane preparedness, call the Northeast Florida Chapter at 358-8091.



## Meet A Sailor...

AZ3 EILEEN LAWSON

**Job title/command:**  
Transient Personnel Unit  
(enroute to USS JFK)

**Hometown:** Saco, Maine

**Family Life:** Third generation Navy. I'm married and have two children, Alexandria and Peter.

**Past Duty Stations:** AIMD, NS Mayport

**Career Plans:** To follow in the footsteps of my father and his father to make chief. But why stop there?

**Most Interesting Experience:** Scuba diving the coral reefs in the Philippines.

**Words of Wisdom:** With faith in God and unending understanding and patience, all things are attainable.



## Meet A Civilian...

LOUISE GLOVER

**Job title/command:**  
Lead Cashier, NEX

**Hometown:** Charleston, S.C.

**Past Duty Stations:** Lakehurst, N.J.

**Career Plans:** To retire from the NEX in a couple years and travel.

**Most Interesting Experience:** Meeting the Rev. Jesse Jackson at the airport in New Orleans, La. after the Essence Music Festival.

**Words of Wisdom:** A closed hand has two problems. It can't give nor it can receive.

# FROM THE DOC

## Safety tips for lightning storms

By Lt. Chris Alfonso  
VP-30 Flight Surgeon

Lightning may be a beautiful natural phenomenon but it is also a deadly one. In the United States alone, there are about 150-300 deaths per year caused by lightning strikes.

Lightning is so dangerous for the reason that it can cause immediate cardiac arrest, and a lightning strike can affect multiple different organ systems in the body at the same time.

The topic of lightning is especially important for us here due to the significant amount of lightning storms that we see in this area.

Although a lightning strike is very quick, the amount of energy in a lightning bolt can reach up to 100 million volts and 100,000 amperes.

There are three primary ways that lightning may injure an individual: direct strike, side flash, or ground effect.

Direct strike is the most dangerous type of lightning exposure, and it occurs

when lightning comes in direct contact with a person.

The current may pass through or over the person. This can also occur when the person is touching an object that is struck by lightning, such as a tree.

Side flash occurs when lightning strikes an object such as a tree, or metal pole, and then "splashes" onto a person nearby.

Lightning may also strike one person, but side flash onto other people that are nearby, thereby injuring others with one bolt.

Ground effect occurs when a lightning bolt strikes the ground and the electrical current travels through the earth and up into a nearby person's body.

Lightning can also inflict harm by causing burns. This may happen if the lightning causes the victim's clothes to catch fire, or if the person is in contact with any metal objects that may get superheated by the lightning's energy.

A lightning strike may cause a shockwave where

the lightning bolt impacts, and this explosive force can also cause injury by throwing the nearby individual down or into surrounding structures.

To avoid any serious injuries that lightning can cause, stay alert to weather conditions and the forecast. Lightning can strike up to six miles away from a storm cloud, straight out of a clear blue sky.

Avoid going outside or being in wide open areas if a lightning storm is predicted, and make sure that adequate shelter is nearby.

If you do become caught in an electrical storm, you should seek shelter in a large building, or all-metal vehicle. By all-metal vehicle, I mean a vehicle that is not a cloth-top convertible.

If lightning strikes the vehicle, the metal body will help pass the current around you to the ground. The old-saying that rubber tires help provide insulation is just a myth.

If indoors, avoid any openings such as doors, windows, and fireplaces, and stay away from metal objects, electrical outlets, and wired electrical

devices.

Do not use any telephones, or computers that are hooked to a modem. If outside, stay away from metal objects and structures. Wire fences, motorcycles, tent poles, golf clubs, telephone poles, power lines, metal umbrellas, and so on, can all increase your chances of getting struck.

If you cannot get to shelter, avoid hilltops, and do not seek shelter under large trees that are standing alone. Try to find shelter under thick areas of small trees.

If you are stuck out in the open, it is recommended to crouch down on both feet, kneeling, and roll your body up into a ball. Do not lie flat. If you are on the water, get to shore immediately.

If a group of people are exposed to a lightning storm, everyone should try to stay several yards apart. That way, if a lightning bolt strikes, the chance of injury from side flashes and ground effect will be decreased.

Enjoy the outdoors, but don't let the weather shock you.

## HEY MONEYMAN

### Hey MoneyMan!

When I finished boot camp and went to "A" school in Pensacola, Fla., I needed a car. I did not have any credit so I paid a lot for my car and they are charging me 20 percent interest on my loan.

When I went to the credit union to refinance, they told me they would not help me. I thought the Navy credit unions were supposed to help you with your debt and credit. What should I do now?

### MoneyMan Sez:

Buying a car, new or used, is normally an expensive undertaking. At boot camp you should have attended a two-day financial planning course, which exposed you to the hazards of car buying. Unfortunately, car dealers make the deals sound "too good to be true" and they usually are.

What is the "blue book" price for your car now and how much do you owe? If you owe more than the car

is worth, it is hard to refinance it.

Stop by the Navy and Marine Corps Relief Society office and ask one of the caseworkers to check out your contract.

If you cannot refinance the car now, you may be able to pay extra each month until the amount you owe equals the value of the car.

Think carefully before you let anyone repossess the vehicle. Normally if they take the car back even with a "voluntary repossession," they will sell the car and you still must pay the difference between the selling price and the amount you owe. Not a good deal.

Try to maintain good credit as you work through this problem and keep talking to your credit union about refinancing.

Get out from under this high interest loan as soon as you can.

**More questions? Call Hey MoneyMan at 778-0353.**



## Sunday Services

You are invited to the following Base Chapel Worship Services this Saturday and Sunday:

**Saturday** 5 p.m. - Catholic Mass

**Sunday** 8:30 a.m. - Protestant

**Communion** 9:30 a.m. - Catholic Mass

11 a.m. - Protestant Worship

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon.

## Jax Air News

NAS Jacksonville Commanding Officer ..... Capt. Mark S. Boensel  
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Deputy Public Affairs Officer ..... Miriam A. Lareau  
U.S. Naval Air Station, Jacksonville Editorial Staff  
Editor ..... Miriam S. Gallit  
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Staff Writer ..... JO2(SCW) Eric Clay  
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Manager ..... Ellen S. Rykert  
Staff Writer ..... Kaylee LaRoque  
Design/Layout ..... George Atchley

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Ellen S. Rykert, Military Publications Manager  
1 Riverside Avenue • Jacksonville, FL 32202

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Linda Edenfield, Advertising Sales Manager • 904-359-4336  
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# HS-7 returns from Fallon

By Lt.j.g. Kristopher Robinson  
HS-7 PAO

The "Dusty Dogs" of HS-7 returned home to the sea wall last week after spending a month away in the high desert of NAS Fallon, Nev.

The lengthy detachment was part of the continuing Inter-Deployment Training Cycle (IDTC) in preparation for the squadron's six month deployment later this year.

The squadron was not alone in the heat however, the rest of Carrier Airwing Three (CVW-3) also joined the men and women of HS-7 for the airwing's first real combined arms exercises.

NAS Fallon presents unique training opportunities for the U.S. Navy, as it's relatively remote location allows for the use of weapons and tactics that would otherwise not be available to units operating from their home station.

This is especially true for the "Dusty Dogs." The high desert elevations and mountainous terrain offer unique flying challenges not normally found here at NAS Jacksonville. It was time well spent.

For HS-7, and the rest of CVW-3 as well, the training administered by the Naval Strike and Air Warfare Center (NSAWC) follows the "crawl, walk, run" method.

Units begin their time in Fallon with Unit Level

Training (ULT). During ULT, the various squadrons operate, for the most part, independently; rehearsing each asset's specific role in the big picture of an air warfare scenario.

For the "Dusty's," this included training flights during both day and night-time hours to get familiar with their new operating environment.

In addition, HS-7 worked with members of SEAL Team 8 to practice unique missions such as fast-roping and SEAL insertion and extraction techniques.

Following each squadron's ULT, the airwing begins to come together for Mission Level Training (MLT). MLT brings all the individual players together and begins the process of building the airwing as a team. This is done through scenarios and exercises developed and briefed by the instructors at NSAWC.

The airwing is given all the details of the mission and the opposition, and its job is to carry out the plan as developed.

The most important task of MLT is to get all the squadrons to begin to "speak the same language," to bring their individual jobs, honed during ULT, together to form a potent strike package.

The main focus for the "Dusty Dogs" during this time was on their mission of Combat Search and

Rescue. To facilitate this, NSAWC produced scenarios of an airwing pilot or pilots going down behind enemy lines. It is HS-7's job to bring them home safely.

MLT integrates the support of CVW-3 assets to provide rescue escort and strike support to allow the squadron members to get in and out safely.

Following MLT, the Intermediate Training Phase (ITP) provides the airwing with the challenging opportunity to plan and execute "stand alone" missions.

The last week of detachment Fallon begins the final phase of training: Advanced Training Phase (ATP).

Here is the time the airwing takes their now well-developed skills and carries out the war on it's own. Everything from mission planning, to intelligence gathering, to execution of the strikes themselves is carried out by the CVW-3 team on it's own. NSAWC moves from its role as teachers, to a role solely as adversaries.

And, while the teachers become tough, aggressive foes, they have done their job well in the preceding three weeks and the airwing performed extremely well and was able to meet whatever challenge was thrown at them.

The advanced phase of training concluded well, with the whole team able to



Photo courtesy of HS-7

A HS-7 HH-60H practices fast-roping SEALs at NAS Fallon's "Combat Town".

look upon itself as a highly effective fighting force.

While the main focus at Fallon is on the pilots and the flying, all the worthwhile training would not have been possible without the outstanding job performed by the squadron's Maintenance Department.

The maintainers were on duty and working hard twenty-four hours a day, seven days a week for the

duration of the detachment.

The hard working maintenance men and women were charged with keeping five aircraft consistently up and ready to fight, and by far had the most difficult jobs of anyone in the squadron. As always, however, they were up to the task, further cementing their reputation as the best around.

The pilots and crews of

HS-7 were able to fly and fight hard in Fallon, knowing that the maintenance job was always being done right, and right away.

While the squadron is back, and enjoying their time at home, it will not last long. HS-7 will leave Jacksonville again later this month for Composite Unit Training Exercise (COMPTUEX) aboard USS Harry S. Truman.

## Multi-Cultural Awareness Fair Aug. 29, 10 a.m. – 4 p.m. Sea King Park 1 and 2

\* Cultural heritage representations and art displays

\* Diverse cultural entertainment – music, dancers, live bands and Caribbean Stilt Walkers

\* Classic car show

\* Free samples of cultural food dishes from 11 a.m. to 1 p.m.

For more information call SMC Fronzaglio at 542-3304 or Sylvia Kitt at 542-0842.

## USO request

The USO is collecting old scarfs, hats, kerchiefs, or wigs to donate free to cancer patients.

The items will be cleaned, washed and ironed and distributed to the oncology offices in Jacksonville and the American Cancer Society.

The USO is located across the street from the Pass and Decal Office at the main gate.

For more information call, 542-3028.



Photo by Amy Chesire

Recent graduates, Logistics Management Specialists Darrell Monday and Ed Rios (center) are pictured with the entire group of NAVAir Depot Jax logistics interns.

## NAVAir Depot graduates two logistics interns

By Susan Brink  
NAVAir Depot Jax Public Affairs Specialist

A ceremony was held July 31st to recognize two logistics interns who have successfully completed the Naval Acquisition Intern Program (AIP).

The Depot has participated in this program for several years and currently has 11 logistics interns and nine engineering interns.

Logistics Management Specialists Ed Rios and Darrell Monday are the Depot's most recent graduates to complete the three-year program. The AIP includes all of the classes required to complete Defense Acquisition Workforce Improvement

Act (DAWIA) Level II certification, the Navy's AMO School in Pensacola, and several working/training rotations in multiple NAVAir locations that expose them to logistics integration management, design interface and maintenance planning, and technical data and publica-

tions, and business operations. Dr. Donald McErlean, deputy assistant commander for Logistics, AIR-3.0A was on-hand at NAVAir Depot Jacksonville to congratulate the recent graduates and presented them certificates.

"The NAVAir Logistics Intern Program introduces new people to our business allowing them to understand us and for us to see how they will fit into our program. Many of the interns come from the military bringing a wealth of knowledge, education, and training," said McErlean.

The AIP is managed from the Department of the Navy Career Management Site

(CMS) located in Mechanicsburg, Pa. The Depot has received several highly qualified, talented individuals through this program. This program gives the interns an opportunity for rapid advancement, systematic development, career broadening assignments and graduate education preparing them for careers in the Department of the Navy's Acquisition Workforce.

# Francisco joins Fleet Reserve

From NAMTra Unit Jax

Naval Air Maintenance Training (NAMTra) Unit Jacksonville recently bid farewell to AT1(AW) Michael Francisco as he closed his naval career July 31.

In a room packed with his friends, family and co-workers, he reminded us that success without guidance and support is tough to come by. His mother, Maria, was at the top of the list of those thanked and given credit for his successes.

Francisco was born in Long Beach, Calif. in May of 1960. After moving back to Manila with his family in 1972, he graduated from St. Anthony Marie Claret School in 1977. He returned to California in January of 1982 and joined the Navy in July of that same year.

Upon completion of basic training at RTC, San Diego, he transferred to Millington, Tenn. for Avionics "A" School and Advanced First Term Avionics where he earned an accelerated advancement to petty officer third class. After completing his training, he was assigned to AIMD at NAS Moffett Field, Calif.

He then headed back for training to become a P3-C Update III Weapons Systems Technician (WST).

The "Fighting Marlins" of VP-40 was his first tour as a WST and where he advanced to petty officer second class. After finishing his five-year tour with VP-40, Francisco transferred to VAW-110 at NAS Miramar, Calif. where he was trained as an Airborne Early Warning Technician



AT1(AW) Michael Francisco

for the E2-C Hawkeye. During this tour, he was advanced to petty officer first class and decommissioned VAW-110 in 1993. He finished out his shore tour as an avionics instructor at NAMTRAGRUDET Miramar until August of 1995.

Francisco then joined VP-5 making several deployments to Puerto Rico, Panama, and Signonella, Italy. He also participated in UNITAS XXVI Joint Inter-agency Exercise held in Vina del Mar, Chile.

In October of 1998, Francisco transferred to NAMTra Unit Jacksonville for his last tour.

## VP-5 retires Holmes



Photo courtesy of PH2 Susan Cornell

AMS1 Brion Holmes (right) of VP-5 is presented with a letter of appreciation from Cmdr. Pat Buckley, commanding officer of VP-5, during his retirement ceremony more than 26 years of service in the Armed Forces. Holmes enlisted in the Navy in 1976, and has since served in the United States Navy, Naval Reserve, Army, Army Reserve, and the Army National Guard. He will reside with his family in Pensacola.



Photos by JOC Bill Austin

A group of kids march down the street displaying a National Night Out banner.

## Neighbors rally for National Night Out

By JOC Bill Austin  
Healthcare Support Office PAO

Bear Run is a neighborhood that occupies several Navy families and is tucked away from the noise and ever-steady traffic of Blanding Boulevard, a main artery that runs through Orange Park.

On Aug. 6, the normally quiet surroundings were rocked with the sounds of music and chatter of people wearing loud Hawaiian printed shirts and grass skirts. This wasn't a Don Ho look-a-like contest however, but a luau of sorts for the annual observance of "National Night Out Against Crime."

"National Night Out involves more than 9,500 communities from all 50 states, U.S. territories, Canadian cities and military bases around the world," said a grass-skirted Sharon Buonocore, who has coordinated the neighborhood event since 1995. "Over three-million people nationwide participate every year," she added.

The program, according to Buonocore, is designed to heighten crime and drug prevention awareness and strengthen neighborhood spirit. It also sends a message to criminals letting them know neighborhoods are organized and fighting back to keep drugs out.

The meeting point for the group took place at the Department of Motor Vehicles parking lot on an exceptionally hot evening.



Neighbors march through the streets of Bear Run during National Night Out.



Kendra Elster sits on her dad's motorcycle during the event. Deputy Ed Elster participated in National Night Out.

Clay County Sheriffs stood by to greet and talk to people as they filed in wearing their Hawaiian attire. "We're here to come around and share this event with the people," said Lt. Charley Calhoun. "Every year we try to put on programs like crime prevention, drug awareness and things like that. This is taking place all over the county and all over the nation tonight," he added.

The colorful crew then formed a loose rank and marched down the street following the Clay County patrol car with flashing red and blue lights. They

stopped at a cul-de-sac that had a variety of games set up for the kids like shark fishing, a coconut drop and face painting. Plenty of snacks were on hand for the hungry travelers as well.

Ninth grader Sammy Buonocore, an eight-year veteran of Bear Run, rode to the luau on his bike. He summed up the importance of National Night Out with a serious look in his eyes in spite of the grass skirt he wore on his head. "I think it's important for people to meet each other and help get rid of drugs and crime in our neighborhoods."

## Watch out for identity theft

By JO2 (SCW) Eric Clay  
Staff Writer

A recent case of identity theft struck close to home for Linda Ayres of Navy Region Southeast Environmental recently when her husband's wallet was stolen while he was visiting Taragon, Spain. Fortunately, Ayres had recently attended an identity theft briefing taught at a Navy Region Southeast Admiral's Call.

"My husband called me within two hours after his wallet was stolen and luckily I had all the information needed at my finger tips: credit account numbers, phone numbers to credit cards, phone cards, credit bureaus, government credit cards, Social Security administration, and the identity theft line for the Federal Trade Commission," explained Ayres. "It took me less than 30 minutes to stop all activity on all accounts and credit bureaus."

Within two hours after her husband was pick-pocketed, the criminals got away with \$298 from their Visa account without using a personal identification number (PIN).

The following night, Ayres received a call that the criminals had tried to use her husband's government credit call and his

phone card the next day.

The following are some steps to take to prevent identity theft:

- \* Minimize the number of credit and identification cards that you carry. Secure the rest of your cards in a lockbox at home. Do not carry your social security card with you.

- \* Pay attention to billing cycles, and follow up with creditors if bills don't arrive on time. Dispose of credit card receipts, credit applications, insurance forms, and bank statements properly by shredding them.

- \* Do not give personal information or account numbers to anyone until you have confirmed the identity of the person requesting the information and verified that you actually need to share the information.

- \* Put passwords on your credit card and bank accounts. Avoid using easy to guess information like your mother's maiden name, your birth date, or the last four digits of your social security number.

- \* Finally, order and examine your credit report at least once a year.

For more information about identity theft, contact NAS Jacksonville Navy Legal Services at 542-2565 Ext. 3006.

## CREDO Women's Retreat coming up

A special CREDO Women's Retreat is scheduled for Sept. 13-15.

Founders of the Westwood Institute, Bel Air, Calif., Drs. Dorothy and Mort Satten will lead participants in finding possible solutions to the many contemporary issues facing women today. The retreat is free, but attendees are required to have a current DoD identification card. Active Duty personnel have preference. For more information or to sign-up call 270-6958.

# Seabees train for Fleet Hospital possibilities

By JO2 (SCW) Eric Clay  
Staff Writer

The major mission of Construction Battalion Units (CBU) is to support the activities of the Fleet Hospital. CBU 410 is the unit that provides such support to Fleet Hospital Jacksonville.

The CBU personnel are required to attend Fleet Hospital training at Camp Pendleton, Calif., once a year during a three-year tour. This training consists of setting up a 100-bed Fleet Hospital and establishing a Public Works Division. The Public Works Division provides emergency and routine maintenance for electrical, mechanical systems as well as fire fighting and an auxiliary security force.

CBU 410 conducts regular training for fleet hospital missions and each Seabee has his or her own specific jobs and responsibilities. A builder (BU) in a CBU is responsible for controlling and maintaining all builder shop equipment. They are also required to plan and estimate all small projects to support the fleet hospital and to perform basic firefighting procedures.



SK1(SW) Stan Murray (front) helps raise a Fleet Hospital tent as part of the Seabees training.

dures.

"The training we receive for Fleet Hospital is very interesting and I think it is very important for us (Seabees) to train so that we are at the highest standards possible," stated EO2(SCW) Eric Bernard.

"It takes a lot of team work from all the rates to ensure that a Fleet Hospital is properly built and running efficiently. As a builder, it is my job to erect the temper tents as fast and safely as possible," said BU2(SCW) Shawn Cody.

Like the builders, the steelworkers (SW) are also responsible for their shops

and providing construction planning and estimation for small Fleet Hospital projects.

The construction electricians (CE) are responsible for the up-keep and maintenance on the generator systems for the base camp and the hospital. They may need to assist in the assembling and disassembling of the tentage. Performing basic firefighting procedures is also a requirement of the CE's.

The layout for the fleet hospital is performed by the engineering aids (EA) using blueprints and standard lay out equipment such as dumpy levels,

Philadelphia rods and measuring tapes.

The construction mechanics (CM) are assigned to the motor pool in which there is one mechanic assigned per six pieces of civil engineering support equipment (CESE). They are to perform regular maintenance such as oil changes, tune-ups and worn part changes. The mechanics also have the responsibility for fixing any of the CESE that may break down.

Equipment operators (EO) have the job of setting up a proper motor pool. They assist the other rates in transportation. A major task for them is operating cargo handling equipment during the assembling and disassembling of the Fleet Hospital such as 4,000 lbs. fork-lifts and 15-ton cargo trucks. EO's are also designated as emergency vehicle operators.

"There are many jobs that are accomplished by the transportation department. They are responsible for firefighting, making fresh water, providing electricity and the daily maintenance of the Fleet Hospital Facility," said EO1 Steve Tuesburg.

Utilitiesmen (UT) are responsible for the set up of



Photos by JO2 (SCW) Eric Clay

CM2 Joshua Kelsey attaches poles to the roof of the tent.

the base camp heads, mobile utility medical, field laundry and the camp galley. They also set up and maintain the water distribution system and operate sewage trucks, water tankers and the hazardous material trucks when an EO is not available.

Recently UT2 Matthew Pfitzner was able to use the training that he received through the Seabee Fleet Hospital training program in support of Enduring Freedom. Pfitzner just returned from a 90-day

mission to Guantanamo Bay, Cuba for Fleet Hospital 20 and CBU 411. While in Cuba, his duties included setting-up the hospital and bathroom facilities. He also maintained regular checks and repairs on the bathrooms and air-conditioning units within the compound.

"I enjoyed the experience, I learned a lot and was glad I was able to employ the skills the Navy has taught me. I would gladly go back again," said Pfitzner.

## Nominations needed for military appreciation program

From CNRSE

Nominations are now being taken for the 25th annual Clay County Military Appreciation Program.

This program recognizes outstanding personnel who promote the county's goals and objectives within the civilian community.

Nominations are being taken for Military Person of

the Year, Military Spouse of the Year, and Reservist of the Year. All nominees must be residents of Clay County.

Selection criteria and nomination forms can be found at [www.cnrse.navy.mil](http://www.cnrse.navy.mil) (click on command info, then click on Clay County Military Appreciation Nominations 2002). Additional copies may be obtained by calling CNOCM(AW/NAC) Phil Mauffray at 542-2403 or

from the Clay County Chamber of Commerce at 264-2651.

The deadline for submission of nominations is Sept. 11 at 5 p.m. Nominations can be dropped off at the NAS Jacksonville USO office, emailed to [Kathy@claychamber.org](mailto:Kathy@claychamber.org), faxed to 264-0070 or mailed to: Clay County Chamber, 1734 Kingsley Ave., Orange Park, FL 32073. You can also drop off nominations

at the Chamber of Commerce Monday through Friday from 8:30 a.m. to 5 p.m.

Finalists from each category will be honored at a luncheon hosted by the Clay County Chamber of

Commerce at the Riverdance Music Hall at 797 Blanding Blvd. on Oct. 2.

All nominees and military representatives of the commands to which the nominee belongs are invited

to attend. The uniform requirement for all Navy personnel is summer whites or the equivalent for other services.

For more information, call 264-2651.

# NAS Jax hosts Championship



AT3 Melissa Velcheck (above), of NAS Whidbey Island dives for the ball during the competition.



Army Sgt. 1st Class Lucy Geidner (left) sends one to the outfield during the 2002 Armed Forces Women's Softball Championship.



HM2 Dina St. Claire cracks one to the fence during play.

## Air Force grabs victory

By JO2 Mike Jones  
Assistant Editor

The overcast skies and occasional sprinkles couldn't dampen the spirits of the Air Force, Army, Navy and Marine Corps women's softball teams when the groups met aboard Naval Air Station Jacksonville Aug. 7-9 for the 2002 Armed Forces Women's Softball Championship.

It was the U.S. Air Force team, however, that dominated the field, sweeping the series with nine wins and no losses, taking first place from defending champion U.S. Army at the event.

Led by Head Coach Air Force Master Sgt. William Hardy, Keesler Air Force Base, Miss., and Assistant Coach Air Force Master Sgt. Mark Asbury, Eglin Air Force Base, Fla., the team snared the lead in a 26-13 win over U.S. Navy in Game One. Thanks to a coordinated outfield, and several homeruns delivered by Air Force Senior Airman Monica Everett, Moody Air Force Base, Ga., the group remained undefeated for the rest of the tournament.

The Army women's team, led by Head Coach Gerald Corcoran, York, Pa., took second place overall with four wins and five losses. U.S. Marine Corps women's team, coached by Marine Master Gunnery Sgt. Dave Heald, Camp Lejeune, N.C., took third with three wins and six losses followed by the Navy, coached by STGCM(SW/SS) Jim Butters,

Afloat Training Group, Naval Station Mayport, in fourth place with two wins and seven losses.

During the first day of action, the Air Force defeated Navy 26-13 in Game One. Base hits by Marine Staff Sgt. Denise Tevepaugh, Camp Lejeune, N.C., and Marine Lance Cpl. Elisa Bomer in the sixth inning of Game Two gave the Marines a four-point lead to help seal the

victory over Army, 10-6. A two-run homer by Air Force Senior Airman Monica Everett in Game Three was quickly answered with one from Army Sgt. Heather Carr, Fort Irwin, Calif., in the sixth inning. It wasn't enough, however, as the Air Force took the win, 13-6. Carr finished the competition with a total of six homeruns.

Navy beat Marines 11-2 in Game Four, Army toppled Navy

16-4 in Game Five, and Air Force stomped Marines 17-2 in Game Six to round out day one of competition.

Day two began with an Army victory over Marines, 12-7, in Game Seven, and Air Force took Game Eight over Navy, 12-7. Several base hits from the Navy, and an infield home run by Navy Lt.j.g. Tawyna Tschache, Naval Military Personnel Command

Millington, Tenn., in the third inning clinched the win over Marines in Game Nine, 11-1.

Air Force edged out Army 11-10 in Game 10, and then clobbered Marines 21-1 in Game 11. Army returned to defeat Navy 12-8 in Game 12 to end day two of competition.

By the third and final day of the tournament, focus shifted to

See **SOFTBALL**, Page 7

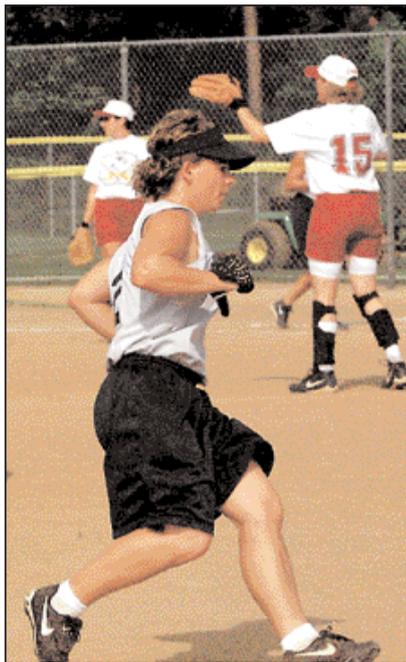


Lt.j.g. Tawyna Tschache makes the catch at first base to tag out Marine Capt. Mary Flatley during the tournament.

# NAS Jax hosts Championship



Air Force Master Sgt. Cheryl Trapnell slides safely into third base as Army Sgt. Heather Carr tries to tag her out (note the ball above Carr's left shoulder) during Game 3.



Lt. j.g. Rachel Nauta rounds third and heads for home.

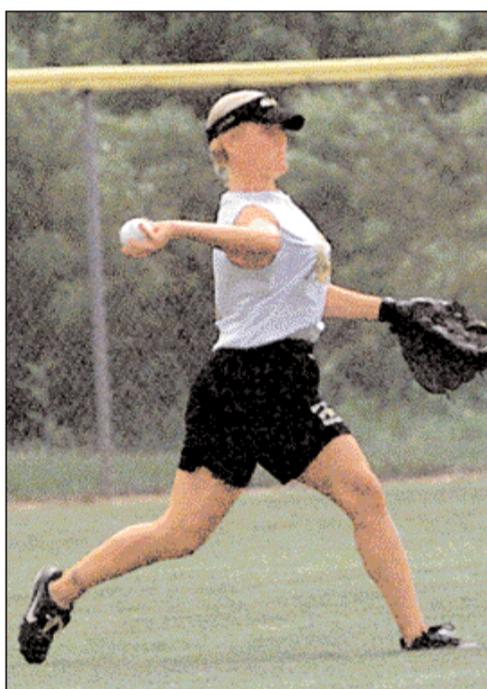
**Photos by  
JO2 Mike Jones and  
JO2(SCW) Eric Clay**



BU3(SCW) Sara Nolen of Construction Battalion Unit 402 slides safely into second base as Air Force Airman 1st Class Autumn Brown catches the ball.



As Army Sgt. 1st Class Lucy Geidner looks on, Air Force Senior Airman Monica Everett sends one over the fence during the competition.



Army Sgt. Beth Covais returns one from the outfield.

## SOFTBALL: Clouds and showers don't dampen good time at the diamond

From Page 6

second place honors as the Air Force walked away with another victory over Navy, 15-4 in Game 13. The Marines rallied to win over Army 11-9 in Game 14 and again over Navy, 2-1 in Game 15. Another homer from Everett in the third inning of Game 16 helped Air Force edge out Army 9-8. Army came back in Game 17 to beat out Navy 9-6, and the Air Force won over Marines, 7 to 6 in Game 18.

"Our hitting has kept us in the game. It's made the difference," said Air Force Tech. Sgt. Rhonda Hayes, Tyndall Air Force Base. "We played well as a team. We have excellent talent."

The chance to compete against members of the other services made the event worthwhile, said Marine Lance Cpl. Miranda Hamby, Camp Geiger, N.C. "No matter what the outcome, we've worked really hard. We get along

really well. It was a great experience."

"We played awesome," remarked MM2 Ashley Camp, USS Ronald Reagan. "We'll all keep in touch."

All the players and coaches remarked how impressed they were with the softball facilities aboard NAS Jacksonville.

"For an event like this, there's not just any one group or department that makes this happen," said MWR Director John Bushick. "All of the talent aboard NAS Jacksonville came together to make this tournament a success."

After the tournament, an All-Tournament team was chosen for the stars of each position. The players were:

**Pitcher** - Air Force Staff Sgt. Laurie Doughty, Fort Bragg, N.C.

**Catcher** - Army Sgt. 1st Class Lucy Geidner, Alexandria, Va.

**First Base** - Navy Lt. j.g. Tawnya Tschache, Memphis, Tenn.

**Second Base** - Air Force Airman

1st Class Autumn Brown, Kirkland Air Force Base, N.M.

**Third Base** - Army Sgt. Heather Carr, Fort Irwin, Calif.

**Shortstop** - Air Force Senior Master Sgt. Cheryl Trapnell, Hurlbert Field, Fla.

**Outfield** - Marine Staff Sgt. Alison Watkins, Quantico, Va.

**Outfield** - Air Force Staff Sgt. Karrie Warren, Tyndall, Air Force Base, Fla.

**Outfield** - Air Force Senior Airman Monica Everett, Moody Air Force Base, Ga.

**Outfield** - Air Force Senior Airman Toni Owens, McChord Air Force Base, Wash.

**Extra hitter** - Air Force Capt. Marcy May, Macdill, Air Force Base, Fla.

The sports directors from each service picked another 15 players from all four Department of Defense services. That team will represent the Armed Forces at the National Women's Championships in Tifton, Ga.

Aug. 15 -18.

The team members were picked by each of their unique services sport's representative who selected the players, based in large part, by their softball prowess.

However, they also narrowed them down by those who were allowed to move onto the National Championship by their commands, and also those who they felt would best represent the Armed Forces. Members of the Armed Forces Softball Team are:

Air Force Staff Sgt. Laurie Doughty, Fort Bragg, N.C.

Army Sgt. 1st Class Lucy Geidner, Alexandria, Va.

Army Sgt. Michelle Saunders, Schofield Barracks, Hawaii

Air Force Airman 1st Class Autumn Brown, Kirkland Air Force Base, N.M.

Army Sgt. Heather Carr, Fort Irwin, Calif.

Air Force Senior Master Sgt. Cheryl Trapnell, Hurlbert Field,

Fla.

Air Force Senior Airman Toni Owens, McChord Air Force Base, Wash.

Marine Staff Sgt. Alison Watkins, Quantico, Va.

Air Force Airman 1st Class Virginia Gowin, Hurlbert Field, Fla.

Air Force Capt. Marcy May, Macdill, Air Force Base, Fla.

Army 2nd Lt. Kendra Allen, Camp Carroll, Korea

Army Sgt. Michelle Murga, Hickham Air Force Base, Hawaii

Army Staff Sgt. Charisa Jordan, Kaiserlautern, Germany

Army 1st Lt. Angie Diebal, Fort Hood, Texas

Marine Lance Cpl. Elisa Bomer, Quantico, Va.

Head Coach - Gerald Corcoran, York, Pa.

Assistant Coach - Air Force Master Sgt. Mark Asbury, Eglin Air Force Base, Fla.

# It's that time of year

*Put away the beach bags and get out the backpacks*

By JO2 Jackey Bratt  
Staff Writer

The precious summer months have whizzed by, and it's time for back-to-school preparations, not only for students but also for parents. School started last week and we have been so busy! Work seemed to pick up at the same time, so all of us are running hard to adjust to our new schedules.

Those three, simple words—back to school—may trigger excitement in some youngsters and dread in others.

"Acknowledge your children's concerns about the challenges of a new school year, but help them get excited about learning and making new friends," said Erica Hickey, assistant director of youth activities center, NAS Jax. By preparing yourself and your children ahead of time, you'll pave the way for a successful start of the school year.

According to the Duval County Board of Education, there are a few tips parents can use to ensure a smooth transition from a summer to fall schedule:

- Make sure your child gets enough rest. Ease into the school-year sleep schedule by limiting television, video games and late-night meals.
- If your child is entering school for the first time, make a practice run that follows the same route your child will take. Take your child to visit the school and teachers so that you both will feel more comfortable. Also, take that first morning off work so that you can see them off to school personally.
- When buying school supplies, let your child choose at least one item, if not more.
- Get to know your child's teachers, principal, coaches and other instructors.
- Encourage good study habits by read-

ing aloud to each other or checking your child's homework.

- Find out who your child's classmates and friends are, and get to know their parents. Your child's socialization skills should extend outside the home to school, the playground and extracurricular activities.
- Make sure your child is physically prepared for school. Eye exams, or, at the very least, annual physicals, are key elements of making sure your child is prepared to learn.

- Learn and practice safety measures. If your child rides the school bus, get to know the bus driver so that he or she knows when your child gets off and on the bus.
- Always reward a positive effort, attitude and good grades.
- Communicate with your child on a daily basis. Set a time each day to talk with your children about their school day. It is important to maintain an open dialogue with your children and be aware of their daily activities and what they are learning.

Another helpful practice is to set guidelines and establish a routine for your child. Earlier bed times and getting up at the same time every day brings more structure and discipline into your child's day. Elementary school children need about 10 hours of sleep each night.

NAS Jacksonville's school-age care program is a great outlet for children in kindergarten through 13 years old. The program offers a variety of before and after school activities for the kids.

Let the school-age program on base help defuse some of the back to school time bombs of anxiety. For more information on the school-age program call: 778-9772.



Photo courtesy of COMSUBLANT BGS 408  
ET2 Ralph Williams of COMSUBLANT BGS 408 talks with senior citizens at the San Jose Manor Apartments.

## Local reservist speaks to seniors

From COMSUBLANT BGS 408

Naval Reservist ET2 Ralph Williams of COMSUBLANT BGS 408 addressed a local group of senior citizens at the San Jose Manor Apartments recently.

His address was given in response to a call to reach out to the community made by Rear Adm. John Debbout, commander, Naval Reserve Surface Force, and by a speech made by President George Bush asking all Americans to help in the War on Terrorism. The topic of his speech was "Homeland Defense. What Can I Do?"

Williams began his presentation by having his children, Kurt and Kathleen recite the Pledge of

Allegiance and say a prayer for our troops currently overseas fighting the war. He discussed homeland defense using data obtained from a naval website addressing the resolve of the United States in bringing the Sept. 11 terrorists to accountability and ultimate justice.

He explained to the audience how the Naval Reserve is supporting the active duty members in many roles such as force protection. Williams also discussed his recent annual training deployment on board USS John F. Kennedy (CV-67) in support of COMPTUEX 02 and how his command was supporting the Fleet worldwide.

Williams also advised the audience on ways to respond to President Bush's

appeal for help in the War on Terrorism, by volunteering in their communities through agencies such as Senior Corps. Local volunteer opportunities were discussed and contact information was provided.

Williams called upon members in the audience to talk about their own experiences during wartime, both on the battlefield and at home. Every resident had some unique story to tell.

After the event, Williams held a free drawing for a USS John F. Kennedy ball cap and spent time mingling with the residents.

Anyone interested in volunteering for the Senior Corps, contact Sally Robson at 630-0998 or log on to [www.americorps.org](http://www.americorps.org).

## MOSQUITOES: Spreading West Nile and other viruses

From Page 1

There is so much involved in maintaining quality control. But we are definitely on top of the program here," stated Richmond.

The PMTs are responsible for setting up traps around the area to catch sample mosquitoes. There are four different types of traps currently used – the New Jersey light trap, CO2 trap, Reiter-Cummings Gravid trap and a magnet trap. "We use specifically baited Gravid and CO2 traps to catch the adult female mosquitoes which carry the West Nile virus. Once we have samples they are frozen and sent off to the U.S. Army Center for Health Promotion and Preventive Medicine in Fort Meade, Md. for testing. They will then send us back a spread sheet of the results," said Richmond.

In the near future, the department here will begin its own testing "I've recently ordered what is called the Vec-test, which tests for West Nile, St. Louis encephalitis and equine encephalitis. We will be conducting some of our own testing. It's just another surveillance measure," Richmond added.

To date, according to Richmond there has never been a positive test result from mosquitoes here for West Nile. There have however, been several positive birds found within the Preventive Medicine Department's area of responsibility. "Birds are migratory so they could have picked up the virus anywhere. This is why in the future, I'd really like to get the sentinel chicken program started here. This

**Alert!**  
Anyone finding a dead bird on base should contact the Preventive Medicine Department at 542-3500, Ext. 8822. Do not handle or touch a dead bird.

is really the only way of determining if we actually have these viruses in the area. But that is another full-time position and we just don't have the manpower to support the program right now," said Richmond.

All three diseases (West Nile, SLE, and EEE) are maintained in bird populations. "Birds are reservoirs for these viruses. It's cycled in the bird population by mosquitoes, and with the migratory behavior of some bird species, the diseases can spread rapidly over a large geographic area. Some birds are more susceptible than others and they die. When found, they are sent them to a lab to test for specific antibodies which indicates exposure. With the sentinel chicken program, virus-free chickens are placed outside and blood samples are taken regularly to determine if virus transmission is occurring," explained Stancil.

Last year, there were 12 reported human cases of West Nile virus in Florida. "West Nile is a potential threat to base personnel, but it's not something everyone is going to catch if they just walk outside. Of

course, the risk is always there and people should use repellents, stay inside during peak biting times – early morning and dusk and wear protective clothing. Elderly citizens, young children and people with suppressed immune systems are more susceptible and should be especially cautious," said Lt. Fred Stell, the operations department head at DVECC. "In a healthy person, West Nile virus tends to be asymptomatic or may present with nonspecific symptoms including a high fever, headache and body aches – much like the flu. More severe cases will include nausea, vomiting, mental status changes, swollen lymph nodes and possibly a slightly raised rash. A blood test determines if a person is infected," he added.

Making people aware of prevention measures they

## Kudo Korner

The following personnel received personal awards at a Fleet Area Control and Surveillance Facility awards ceremony on Aug. 6:

**ComNavAirLant Letter of Commendation**  
AC2 Nicholas Thomas  
AC3 Jamal Hampton

**Good Conduct Medal**  
AC3 Jillian Jameson  
OS2 Alberto Guadalupe Jr.

## NAVHOSP JAX NEWS

### What's happening at NavHosp Jax

By Marsha Childs

Naval Hospital Jacksonville Health Benefits Office

Emphasis is changing from episodic care to family centered care.

Shift being made to be more responsive to our patient's needs.

Needs assessed using patient surveys, demographics, and marketing tools.

We are driving to population health. Striving for physical, mental, spiritual, and social well-being, not just the absence of disease.

#### News on military construction and special projects...

Family Centered Care Upgrades at Naval Hospital:

Create private postpartum rooms with new furnishings & private showers.

Coordinate décor to ensure family friendly atmosphere.

Award contract by September 2002 with completion in September 2003.

Naval Branch Medical Clinic Mayport: Groundbreaking in June 2002 for new \$16.5 million, 102,000 square-foot facility that will double current size.

New clinic will house both the medical and dental clinic.

Completion scheduled for March 2004.

Bldg. 2004 Renovation (former vacant barracks):

Will house some important administrative functions and Command Education Department.

Allows patient treatment areas to expand in hospital.

On-site work in progress with expected completion in November 2002.

Completed Projects at Naval Hospital

Jacksonville Include:

115 additional parking spaces added to patient and visitor parking lot.

Emergency Medicine Department \$2.5 million renovation completed.

#### News from the Pharmacy...

More than 50 new medications now available in the pharmacy with more to come.

Average cost to government for any prescription is \$7 filled at military treatment facility vice \$40 filled in civilian retail pharmacy for 30-day supply.

Computer upgrade to refill prescriptions online (Internet) coming soon.

Pharmacy Web site at <http://navalhospitaljax.com> or call 542-7405.

New Satellite Pharmacy slated for north end of NAS JAX Commissary parking lot with groundbreaking November '02 & completion September '03.

Fill all new prescriptions written by civilian doctors.

Refill all prescriptions written by military and civilian doctors.

Drive through or walk-in options with 10 windows inside.

Volunteerism...

Red Cross Volunteer Opportunities:

Volunteers needed in all aspects of health care like nursing, administration, and computer technology.

Must be able to work four hours per week and be friendly and caring.

New Shuttle Golf Cart Service.

Volunteers with valid Florida driver's license needed.

To volunteer with the Naval Hospital Jacksonville Red Cross contact Helen Donahoe, 542-7525.

## MSC celebrates 55 years with a ball

By JOC Bill Austin

Naval Healthcare Support Office

Caregivers of the Medical Service Corps reached a landmark 55 years of service to the nation on Aug. 4, and celebrated those faithful years with a ball held in their honor at the newly refurbished River Cove Officer's Club on Aug. 10.

The ceremony began with the parading of colors by a sharp-looking Naval Hospital Color Guard team. Afterwards, MUSN Christy Hyatt sang the National Anthem, as the crowd stood tall in their crisp dinner dress uniforms.

Today, the Medical Service Corps is comprised of 3,306 active duty and reserve officers who handle a wide variety of positions that maintain the health and readiness of active duty, retirees and their families throughout the world. Some of these fields include financial management, patient administration, entomology, audiology, psychology and microbiology.

"It is a true pleasure to be able to celebrate with you tonight 55 years of excellence," said guest speaker, Commander, Navy Region Southeast Rear Adm. Jan Gaudio. "That



Photo by HM2 John Veres

The Medical Service Corps Birthday Cake is cut by the youngest Medical Service Corps Officer in attendance Ensign David Bates and the senior MSC officer in attendance Naval Hospital Commanding Officer Capt. Ralph Lockhart.

excellence was recently demonstrated in the highly exceptional results of the Joint Commission on Accreditation of Healthcare Organization (JCAHO), a clear example of teamwork in action across the entire Naval Hospital Jacksonville team."

Gaudio went on to point out key historical highlights of the Medical Service Corps from its beginning during World War II, on through the wide

range of support immediately following the tragic events of Sept. 11 and ongoing Operation Enduring Freedom. He also pointed out the strides that navy microbiologists are achieving in spearheading bio-terrorism testing for the fight against global terrorism. "None of this would have been possible without the Medical Service Corps," said Gaudio.

After the opening remarks, the MSC birthday cake was officially cut, and the rock band "Pride" from Navy Band Southeast entertained the group for the rest of the evening.

"I'm proud to be here for this celebration," said Lt. Cmdr. Paul Bedsole, from the Naval Healthcare Support Office. Bedsole, who started his career as a Hospital Corpsman,

summed up the role and many opportunities the Medical Service Corps has to offer. "The thing about the Medical Service Corps is that there are more than 30 sub-specialties in the field. Anywhere you see Navy medicine, a member of the Medical Service Corps is there. Be it operational, be it brick and mortar facilities or staff at a headquarters. They are out there everywhere making things happen."

# MWR NOTES

## Cruise in November

Active duty: enter to win a cruise for you and up to four family members. Visit [www.mwr.navy.mil](http://www.mwr.navy.mil) for details.

## Knock your socks off

Cardio kickboxing classes are held Fridays at 5:30 p.m. at the Fitness Source. Call 542-3518 to sign up.

## Check out the new menu at The Zone

Tired of the same old thing for lunch? The Zone has come to your rescue with their new menu. New items include daily homemade soups, salad bar, Reuben sandwich and chicken fajita pizza to name just a few. Come and try something new for lunch or dinner. For more information, call 542-3521 or 542-2209.

## Bingo events

Come check out the hot specials at the Bingo Hall this week:

Mondays pay out is \$50 on part A and special games.

Tuesdays offer VIP drawings. You have the chance to win \$69 for computer, plus \$25 each time you yell Bingo.

Wednesdays are double lucky with double lucky balls, payout is \$300.

Thursdays change up Bingo to Bogo with buy one get one free and special games.

Fridays are for fun and \$50 payouts part A also featuring the one and only \$1,500 game.

## CPO Club

Settle back at your club and enjoy some great deals and fun. Members of the Monday Mug club can enjoy refills for \$1. Tuesdays and Thursdays enjoy Happy Hour with free munchies and beverage specials from 4 – 8 p.m. Wednesdays are Spouse's night. Bring your spouse to the club and they enjoy beverage specials. Dance to your favorite tunes, bring your own CD's.

## Bowling at Freedom Lanes

Looking to get out of the heat? NAS Freedom Lanes has something for everyone. Check out free bowling for active duty on Wednesdays from 11 a.m. – 3 p.m., or the Summer Bowling Blast (open to all) which runs Monday-Friday from open – 3 p.m.. \$5 will get you two games of bowling, shoe rental, a small drink and a hot dog.

Every Tuesday is \$5 "All you can bowl" from 4 – 9 p.m.

Xtreme Bowling Saturdays – 4 p.m. \$5/Person for two games & shoe rental 10 p.m. \$9 person for three games and shoe rental

## Saturday night fun tournaments:

Saturday - Xtreme Cash (Regular Lights) \$15/person

Aug. 24 - Scotch Doubles \$20/Team

Super Sundays "All you can bowl 1:30 - 3:30 p.m. shoe rental 50 cent

Special will not be sold after 2 p.m.

League Kick Off Day is Aug. 24. There will be drawings, prizes, clinics and league information. There will be 99 cent games all day and 99 cent shoe rental all day.

On Sept. 11 the center will offer free bowling for active duty, retirees, fire fighters, and their immediate family members.

## Free movies in the base theatre

Tomorrow, 7 p.m. - Big Fat Liar (PG-13)  
 Saturday, 5 p.m. - Ice Age (PG)  
 Saturday, 7 p.m. - Showtime (PG-13)  
 Aug. 23, 7 p.m. - The Sweetest Thing (R)  
 Aug. 30, 7 p.m. - We Were Soldiers (R)  
 Aug. 31, 5 p.m. - Dragonfly (PG)  
 Aug. 31, 7 p.m. - John Q (PG-13)/16 at 7pm: Big Fat Liar (PG-13)

To read a description of these movies visit MWR online. Please do not leave children under 18 unaccompanied. No alcohol is permitted in theatre.

## Treat yourself through I.T.T.

You deserve a vacation, stop by I.T.T. and sign up for one of the many trips on the calendar. I.T.T. has Jaguar tickets on sale for every home game, only \$47.75 a ticket and anyone on base can purchase them with no limitations. I.T.T. also runs a shuttle to the home games and you can sign up for any game when you purchase your tickets. Call 542-3318 for more ticket information. For more information stop in our office located adjacent to the Navy Exchange in Bldg. 953-A. Trips are open to all base personnel and their guests.

The following are upcoming events:  
 Saturday – Sea Island Festival - See St. Simons Island for a great day that includes a tour of the island, lighthouse and time to enjoy the Sea Island Festival. The cost is \$29.75.

Aug. 24 – Rivership Romance - You don't have to be a romantic to enjoy a relaxing lunch sailing up the St. Johns River. Included in the price is lunch, music and a narrated talk about the St. Johns River, then free time to antique shop in Sanford, all for \$44.75.

Aug. 30 – Sept. 2 - Hot-Lanta - Getaway for Labor Day! Three nights hotel, and entrance fees to all the best attractions including Stone Mountain Park, is only \$211.85 per person, based on double occupancy.

## Marina has rentals available

Jet ski special: Now through Labor Day, the active duty rental rate is only \$25 per hour. We provide all the training you need at no cost.

Canoe and kayak rentals: The marina offers free canoe and kayak rentals to active duty military on Thursdays (on base use only).

During the months of July and August, the marina is offering 20 percent off boat rentals for active duty members Mondays through Thursdays. The marina also has a full line

of camping and boating equipment for rent. For more information, call 542-3260.

## Dive into aquatics this summer

Swimming lessons are available. Adult lessons are 7:15 – 8 a.m., active duty enrollment is free. Kids lessons are from 5 – 8 p.m. depending on level. Call 542-2930 for class times and descriptions.

Aqua aerobics classes are Monday-Thursday from 11a.m.- noon for shallow, 12:15 p.m. – 1 p.m. for deep, Monday, Wednesday, and Friday from 4:30 - 5:20 p.m. for shallow, and 5:30 - 6:20 p.m. for deep.

## Southeast Dive Adventures

Your full service MWR dive Shop in Navy Region Southeast is aboard Naval Station Mayport in Bldg 371 on Moale Street. Call 270-5541 for details. The shop offers:

Open water certification classes, Bubble Maker for kids 8-12, Discover Scuba Program.

## Youth Activities Center offers events

NAS Jacksonville Youth Activities offers a variety of events for your children to get involved with this summer. Call us at 778-9772 for more information on these events.

## Yellow Water Activities

Monday - Teen nights 6-8 p.m.  
 Tuesday - Open Recreation 3-6 p.m. and 8 p.m.

Wednesday - Open Recreation 3-6 p.m. and 8 p.m.

Thursday - Open Recreation 3-6 p.m. and 8 p.m.

Friday night events:

Tomorrow - Trivia Night \$1  
 Aug. 23 - Movie night: free

Aug. 30 - Crazy relays \$1  
 Saturday - Dance Class- 10-11 a.m.

Sept. 7 - Bike Rodeo -10 a.m. - noon

## Flying Club is still going strong

The Jax Navy Flying Club is located on Herfong Road. The club offers great deals if you want to learn to fly. The club offers a FAA approved pilot school that offers a variety of programs from private pilot to airline transport pilot.

For more information about joining the club or upgrading your current license, call 786-4128 or 786-8293. Memberships are transferable to any DoD flying club in the world.

## Free Basic Auto Repair classes

Classes will be held tonight and tomorrow at 6 p.m. Call 542-3227 for register.

Visit MWR online at [www.nasjax.navy.mil](http://www.nasjax.navy.mil) and look for the tab marked MWR. This is your tab to unlimited fun. For questions or comments e-mail us at [mwrmtk@nasjax.navy.mil](mailto:mwrmtk@nasjax.navy.mil).

# Snip, snip, buzzzz ...



AN Kevin Cullen of VS-24 gets a haircut at the NAS Jax Barbershop courtesy of "Ted."

# USO offers Jags tickets to active-duty members

USO is pleased to announce that the Jacksonville Jaguars 2002 season is just around the corner. The USO will have tickets for each home game, including the two preseason games, for our active duty service men and women in the greater Jacksonville area.

The Jaguars organization recognizes the sacrifices and dedicated hard work of our military personnel in keeping America free. They want to continue their support and show their appreciation.

Ticket distribution will be controlled at the two USO centers, at the NAS Jacksonville main gate and at the USO center on Mayport Road. Each ticket is \$6, with a maximum of two tickets per single active duty member and four for

married active-duty (spouse/children). Tickets will go on sale two Mondays prior to each scheduled home game.

The wearing of the uniform is not required however, all active duty and family members attending

will be required to show appropriate active duty ID at the USO gate. The wearing of command ball caps are authorized and encouraged

Tickets for the first preseason game Aug. 16, against the Tampa Bay Buccaneers are now on sale.

Overall coordination for the Jaguars tickets is Bob Coonan, USO executive director at 778-

2821/542-3028 and Wayne Lester at Mayport, 246-3481.

# JAX TALES

By MIKE JONES

RICKYSTOUR@YAHOO.COM



## JAX SPORTS

### Intramural flag football league forming

This league is for NAS Jax active duty only. The league will begin Aug. 19. Stop by the NAS Jax gymnasium to pick up the rules and entry forms.

### Intramural fall volleyball league beginning

The league is for NAS Jax active duty only. The season begins Aug. 26 and rosters are due tomorrow. Games will be played Mondays, Wednesdays, and Fridays at 11:15 a.m. and noon. Stop by the NAS Jax Gymnasium to pick up the rules and entry forms.

### Softball meetings slated

The Greybeard league is open to all NAS Jax active duty commands and personnel ages 32 and above. The season begins Sept. 17 and games will be played on Tuesdays and Thursdays at 11:30 a.m.

The intramural softball league is open to all NAS Jax active duty commands and personnel. The season begins Sept. 16.

The women's league is open to all NAS Jax active duty, dependents over 18, retirees, and DoD civilians. The season begins Sept. 16.

The open league is open to all NAS Jax active duty, dependents over 18, retirees, and DoD civilians. The season begins Sept. 17 and games will be played on Tuesdays and Thursdays at 4:15 p.m. All interested personnel should attend these meetings to discuss rules and to get the required paperwork to join the leagues.

### Men's/Women's Captain Cup tennis tournament slated

These tournaments will be held Sept. 30 at 5 p.m. They are free and open to all NAS Jax active duty men and women. The matches will be played at the Birmingham tennis courts. Individuals playing in the tournament will earn Captain's Cup points for their respective command. Call the NAS Jax gym to sign up by Sept. 27.

### Men's/Women's Captain Cup racquetball tournament planned

The tournament will be Sept. 16-20. It is free and open NAS Jax active duty only. Matches will be played nightly at the NAS Jax gym beginning at 5 p.m. Sign up by Sept. 11.

### All Navy wrestling tryouts coming up

The All-Navy wrestling tryouts will be conducted by Rob Hermann, All Navy Wrestling Coach, at the NAS Jax gym from 5-7 p.m. on Oct. 25. Weigh-ins will not be conducted and wrestling equipment is not required to tryout. Weight classes are 119; 127; 138; 152; 167; 187; 213; and 286. Call NAS Jax Athletics to sign up.

*For more information about any of the sports articles, call Bill Bonser, Sports Coordinator or Mike Gorman, Athletic Director at 542-2930/3239 or e-mail us at dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil.*

## SPORTS STANDINGS

### 2002 Summer Basketball Final Standings

Team	Wins	Losses
TPU	9	1
VP-30	8	1
AIMD	8	2
VS-24	7	3
VS-32	5	4
VP-5	5	5
SERCC	4	5
NAMTRA	4	6
VR-58	2	7
HS-7	0	8

**The Navy Wives Club of America, NWCA Jax No. 86,** meets the first Wednesday of every month. Meetings are held in Building 612 on Jason Street at NAS Jacksonville at 7:30 p.m. The Thrift Shop is open Tuesdays and Thursdays and every other Saturday from 9 a.m. - 1 p.m. For more information call the Thrift Shop at 772-0242 or President Barbara Howard at 471-1444.

**Clay County Chapter 1414, National Association of Retired Federal Employees, (NARFE)** invites all retired and currently employed federal employees to their regular monthly meeting, the second Tuesday of each month at 1 p.m. at the Orange Park Library. There will be meetings in July and August. Meetings will resume in September. For more information call 276-9415.

**The Marine Corps League,**

### Jacksonville Detachment

holds their monthly meeting the first Thursday of the month at 7 p.m. at the VFW Post 7909 on Blanding Blvd. For more information call John Leisman at 779-7375.

**Girl Scout Troop 333** meets every Wednesday from 7-8:30 p.m. at NAS Jacksonville Chapel Annex. All girls grade 4-6 are invited, adults are also needed. If interested contact Lynne Sebring at 317-2363 or come to the meetings.

**Christian Fellowship Night** will be held behind the Chapel in Bldg. 749 from 6:30 - 9 p.m. every Tuesday night. Contemporary music, refreshments and bible study featuring a video study of Philip Yancey's "The Jesus I never knew" will be apart of the activities. For more information call 542-3051.

**The Association of Aviation Ordnancemen** invites all AO's to a monthly

meeting the third Thursday of each month at the Fleet Reserve Center on Collins Road. The next meeting is tonight at 7 p.m. For more information call Chris Johnson at 542-2168.

**The Retired Officers' Association of Northeast Florida** will hold their monthly meeting Aug. 21 at 6 p.m. at the NAS Jax Officer's Club. For reservations call 269-2942.

**Jacksonville Semper Fidelis Society** will hold their monthly luncheon on Aug. 21 at 11:30 a.m. at Piccadilly Cafeteria near Regency Mall. For more information, call Sharon Leahy at 545-0635 or check out the website at [www.jaxsemperfidelis.org](http://www.jaxsemperfidelis.org).

**The Annual Travel Processing Center** will hold a workshop Aug. 22 from 8 a.m. to noon at the Naval Air Reserve Building (Room 250). The training is designed to pro-

vide efficient processing of travel claims received throughout the Jacksonville area. To RSVP, contact Kim Toeller at [toellerk@psajax.navy.mil](mailto:toellerk@psajax.navy.mil).

**A reunion for VP-11** is scheduled for Sept. 6-8 at NAS Brunswick, Maine. For more information contact retired Capt. E. Brittingham at [captemb@eros.com](mailto:captemb@eros.com) or call (804) 342-8070.

**The 2002 Memorial Reunion of USS Canberra (CA-70 and CAG-2)** is scheduled for Sept. 19-22 in Falls Church, Va. For more information, email [memcrew@aol.com](mailto:memcrew@aol.com) or call Paul McManuels at (717) 737-2516.

**A reunion for members of USS Sperry (AS-12)** who served on the ship from 1942-1982 is planned for Oct. 10-12 in Galveston, Texas. For more information contact Arnold Ross at (281) 534-2459 or email [aross14573@aol.com](mailto:aross14573@aol.com).

## Challenge that price, save yourself some money

By David Peterson  
FOSSAC Public Affairs

Have you ever felt the price for a government-procured item seemed too high? Would you like to earn a bonus for being a smart shopper?

Well, there actually is a way you can do both — use the Navy's Price Challenge Hotline.

The Price Challenge Hotline allows any DoD or other government agency employee to question the price of any DoD-procured item by submitting a price inquiry to the Price Challenge Hotline.

Through this hotline, government employees can submit a price inquiry and possibly gain a cash bonus for their efforts.

The Price Challenge Hotline determines and centrally manages cash bonuses for price inquiries that realize a significant

cost avoidance savings. Cash bonuses, ranging from a minimum of \$50 to a maximum of \$25,000, are determined based on the documented savings.

Types of price inquiries include: items that appear to be overpriced, or are identical, and would achieve a reduced price through combined demand by consolidating their management under one National Stock Number (NSN), or would reduce the price of the NSN through a new commercial source of supply, or would achieve a reduced price as a result of a manufacturing decision.

The Price Challenge Hotline was established in 1979 at Mechanicsburg, Pa., as part of the Navy's response to highly publicized stories of spare parts and equipment overpricing. In 1983, the Price Challenge Hotline merged

into the Buy Our Spares Smart (BOSS) program to become part of the Navy-wide program to reduce costs of spare parts and equipment, promote readiness, maximize resources and to reestablish public confidence in stewardship of funds by the Department of Defense.

The following year, the Price Challenge Hotline transferred to and combined with Navy Price Fighters, part of the Fitting Out and Supply Support Assistance Center (FOSSAC) in Norfolk, Va. to create the Navy's only dedicated pricing and value analy-

sis activity in support of the acquisition community.

To date, the Price Challenge Hotline's initiative has realized a cost avoidance totaling more than \$818 million.

New and forthcoming budget restraints make it imperative that spare parts and consumables be procured at the most economical price possible without impacting Fleet readiness.

Challengers may submit inquiries to the FOSSAC Price Challenge Hotline via telephone, message, Internet or U.S. mail. For more information, go to [www.fossac.navy.mil](http://www.fossac.navy.mil).

## Jax Air News

DON'T MISS AN ISSUE!



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# In Gear

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A weekly look at the automotive market

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