



JaxAir News

TOUCHING BASE



Government travelers may now keep flying benefits

By Lt. Cmdr. Heidi Hupp
Deputy Staff Judge Advocate

With the President's signature of the FY02 National Defense Authorization Act on Dec. 28, 2001 there has been a noteworthy change in the current ethics regulations, which has already been incorporated in the Joint Federal Travel Regulation (JFTR), effective Dec. 31, 2001.

More specifically, the former prohibition on the retention for personal use of travel promotional items, including frequent flyer miles, has been lifted. The following are a few practical tips when conducting official travel.

Travelers on official business traveling at Government expense may now keep promotional items for personal use. Promotional items include frequent traveler benefits such as points or miles, upgrades, or access to carrier clubs or facilities. This change applies to promotional items received before, on, or after Dec. 31, 2001, provided:

- Promotional items were obtained under the same terms as those offered to the general public; and
- Items were obtained at no additional cost to the government.

Please note that family members and other persons traveling on ITCs are now permitted to keep promotional items received while traveling at government expense.

Voluntary vs. involuntary "bumping": The rules on retention of benefits when a traveler is bumped from travel arrangements have not changed—that is, if you are involuntarily bumped from a scheduled flight, any benefits for the involuntary bumping belong to the government.

If you have any questions regarding this change, please contact the Legal Office at 542-2133.

'Remember! Celebrate! Act!'

From the Chief of Naval Operations

Dr. Martin Luther King Jr. Day - Jan. 21, 2002

Jan. 21 marks the anniversary of the Dr. Martin Luther King, Jr. national holiday. The theme for the 2002 King holiday celebration is "Remember! Celebrate! Act! A Day On, Not a Day Off."

The weekend of Jan. 18-21 has been designated as the period to commemorate the annual Dr. Martin Luther King, Jr. holiday observance, which is celebrated in some form in more than 100 countries around the world.

We pause to commemorate Dr. King's lifelong commitment to peace and justice, especially in light of recent events since Sept. 11 where our nation and our Navy have been challenged to come together and revitalize our commitment toward maintaining the peace and freedom that all of humanity cherishes.

In 1963, Dr. King wrote in "Strength to Love," "The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy. The true neighbor will risk his position, his prestige and even his life for the welfare of others. In dangerous valleys and hazardous pathways, he will lift some bruised and beaten brother to a higher and more noble life."



As a servant of the American people, the United States Navy is committed to upholding these basic principles of personal sacrifice, justice and equality to which Dr. King devoted his life.

Our commander-in-chief recently addressed the crew of USS Enterprise stating: "There is a great divide in our time – not between religions or cultures, but between civilization and barbarism. People of all cultures wish to live in safety and dignity. The hope of justice and mercy and better lives are common to all humanity."

This is a testament to Dr. King's words which ring true today, dedicating his life to overcome the great divide of segregation during his time.

Today, as much as any time to remember the values and ideas he fought for as we overcome the challenges of our present world bringing together and respecting all races, genders, ages, religions, beliefs, and values.

India's Nationalist Leader Mahatma Gandhi said, "We must become the change we wish to see in the world." We must embrace inclusion which Dr. King championed and the Navy supports today.

All commands are strongly encouraged to commemorate the Dr. Martin Luther King, Jr. holiday and participation in local community observances is highly encouraged. For more information on this holiday visit the Navy Web site at www.bupers.navy.mil/mentor.

CNO sets course for Navy leaders

WASHINGTON (NNS) — Chief of Naval Operations Adm. Vern Clark recently released CNO Guidance 2002, which applauds the Navy's impressive accomplishments last year and provides specific goals to help win the war on terrorism and make the Navy even better. CNO Guidance 2002 is posted on his Web page at <http://www.chinfo.navy.mil/navpalib/cno>.

"As we move into 2002, I believe more than ever that it is dedication to causes greater than ourselves that transforms our profession into a calling, and brings honor to the Navy we serve and the uniform we wear," the CNO stated.

Clark expresses gratitude for the progress made on the Navy's "Top Five" priorities (manpower, current readiness, future readi-

ness, quality of service and organizational alignment) in 2001, and he emphasizes that the new guidance is "about the future."

"Even the most aggressive of leaders need guidance to help them focus their efforts," he said.

CNO Guidance 2002, written for every leader in the Navy — from LPO to CPO to CO to CNO — stresses the continued importance and time-honored value of leadership in the Navy.

"We expect a great deal from our leaders, from the most senior to the most junior. I will never apologize for that. Our people promise to serve. In return, our Navy provides the opportunity to lead. Some days are victorious; some days are difficult. We do not promise an easy life. Anyone can lead when the going is easy; it takes strength and character to lead when circumstances are



Adm. Vern Clark
Chief of Naval Operations

challenging — but the rewards are immense."

In the first point of CNO Guidance 2002, Clark reemphasizes the importance of "the Fleet" and its proven ability to deliver combat credible power to far corners of the globe.

"Presence...Power...Precision. Our Navy's response to the events of 11 September is testi-

See CNO, Page 3

Sea-shore tour lengths revised

WASHINGTON (NNS) — Revised sea-shore rotation (SSR) tour lengths have been announced, and Sailors from 87 rates will see their sea tour lengths reduced while Sailors from 29 other rates will see their sea tour lengths increased.

The revised SSR tour lengths are designed to better match the projected number of Sailors available with funded billet requirements at sea and ashore. An aim with revising SSR tour lengths is to limit significant changes so Sailors and their families have maximum stability in planning their careers.

"The CNO's goal for the career rates (E-5 to E-9) is 36 months of sea duty and 36 months of shore duty," said Cmdr. Thomas McGovern, aviation enlisted community manager.

Working toward this goal, the number of career rates (E5-E9) with an SSR above 48 months at sea and 36 months ashore has dropped from 37 to 30.

See SEA/SHORE, Page 3

Construction continues at Navy Exchange/Commissary



Mike Bahl, a construction worker with Military Construction (MILCON) digs trenches for power lines being laid as new lights are installed in the NAS Jacksonville Navy Exchange/Commissary parking lot. The parking lot improvements are part of a multi-million dollar expansion project which has been underway at the NAS Jax Commissary since last year. Completion of the Commissary/NEX project is expected to be in mid-March and will be marked with a formal grand opening ceremony yet to be announced. The Navy Exchange and the Commissary both continue to provide full services to patrons throughout the expansion. Customers are reminded that work is still being done on the parking lot area and to drive slowly and obey all construction signs.

Photo by Kaylee LaRocque

INSIDE

Classified.....	12
Community Calendar	9
In Gear.....	18
Jax Sports.....	10
Jax Tales.....	9
Meet a Civilian.....	2
Meet a Sailor.....	2
MWR Notes.....	9
Navy News.....	8

WEEKEND WEATHER

	FRIDAY 45/65 PARTLY CLOUDY
	SATURDAY 51/68 VARIABLE CLOUDS
	SUNDAY 54/71 VARIABLE CLOUDS

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site:
<http://www.nlmof.navy.mil>

January paycheck puts more cash in your pocket

WASHINGTON (NNS) — The Jan. 15 paycheck brought good news for Sailors and their families, thanks to several pay and compensation initiatives that will make a tangible difference in take-home pay.

"Our Secretary and CNO have made manpower their top priority; pay hikes are another return on this investment," said Vice Adm. Norb Ryan Jr., Chief of Naval Personnel.

The entire pay and compensation package for 2002 includes hikes in career sea pay (CSP), basic allowance for housing (BAH) for single shipboard petty officers third class with more than four years of service, and a reduction in BAH out-of-pocket expenses to 11.3 percent.

Combined with a recent advancement cycle in which nearly 30,000 Sailors earned promotions, this year's pay and compensation package is great news for a naval force fighting very hard in the nation's war on terrorism.

"I've been thinking about buying a house, instead of just paying rent," said recently promoted Gunner's Mate 1st Class Matthew Carlo, a member of the weapons department on board USS John Paul Jones (DDG 53), homeported in San Diego, Calif.

"The increase in BAH will allow me that opportunity. Most Sailors just look at the money; but if they'd look at all the total benefits, including medical, they'd see we've made a decent amount of gains," Carlo said.

The pay tables for this year reflect basic pay increases of as much as 10 percent for mid-grade and senior non-commissioned officers and mid-grade officers, while most others will receive a 5 or 6 percent increase to their basic pay.



Here is an example of a single petty officer third class serving in a ship in Norfolk, Va., and receiving BAH: In Fiscal Year 2001, that Sailor made \$22,433.96. In FY02, that same Sailor's income climbs to \$33,838.80. That's an increase of 51 percent in just one year.

The increase takes into account the annual pay raise, authorized BAH for qualified single petty officers third class and the recent increase in career sea pay. Pay will vary depending on each Sailor's unique situation.

"It's not too often that E-4s get that much money, so we were overwhelmed," said Fire Controlman 3rd Class Terry Holcomb, who works in the operations department aboard USS Seattle (AOE 3), homeported in Norfolk, Va. "The E-4s with almost four years of sea duty were looking forward to the BAH so they can have their own places to reside.

"I've lived off the ship for a while, but was eligible for BAH when it was approved for single Sailors," added Holcomb, a native of Fort Smith, Ark. "It sure relieved the stress of paying for an apartment. This compensation sure came at the right time; morale

on board USS Seattle is really high." Mid-grade officers also come out with an overall increase in annual pay.

For example, a married lieutenant, surface warfare officer (SWO) with more than eight years of service, four cumulative years of sea time, at least one year as a department head afloat, currently assigned to a ship in San Diego and in receipt of SWO continuation pay, received a total annual gross pay of \$79,031.44 in FY01. In FY02, that gross annual pay climbs to \$85,815.64, which is a 9-percent increase from FY01.

This year's pay increases are not limited to basic pay, but also include enhanced CSP and the opportunity to establish a Thrift Savings Plan account.

At the beginning of this fiscal year, an additional 25,075 Sailors and officers were included among the 86,193 who receive CSP.

None of these additions to the CSP roster had been eligible to receive it on Sept. 30, 2001. The investment in Sailors serving at sea was increased by \$150 million over the \$215 million invested last fiscal year.

Another quality-of-service issue Sailors begin benefiting from in FY02 is the Thrift Savings Plan (TSP).

This financial investment program lets Sailors pay themselves first by investing as much as 7 percent of their basic pay in FY02 into their TSP account. This presents the opportunity to begin an important part of planning any young Sailor's future financial stability.

For more information on this year's exciting enhancements to pay and benefits, see your command financial specialist and visit the pay tables at <http://www.dfas.mil/money/milpay>.



Meet A Sailor ...

YN3 TWYLA BECKMAN

Job title/command:
Yeoman, TPU, Jax

Hometown: Austin, Texas

Past Duty Stations: USS John F. Kennedy

Family Life: Married to Trent Beckman, one child, Tyson

Career Plans: Obtain Associate & Bachelor's Degrees, become a Radiology Technician and move back home in two years.

Most Interesting Experience: Attending BOOST Officer School

Words of Wisdom: Never allow anyone or anything to keep you from achieving the utmost in life.



Meet A Civilian...

LINDA PLEMMONS

Job title/command:
Personnelman

Hometown: Orange Park, Fla.

Past Duty Stations: MEPS, Nashville, Tenn.

Family Life: Married, two sons

Career Plans: Looking forward to retirement

Most Interesting Experience: Being an instructor for the U.S. Army

Words of Wisdom: Take care of people the way you would like to be taken care of.

SECURITY NOTES

Practicing home security makes good sense

By William Curnutte
Crime Prevention Officer

Home Security seems to be getting a lot of national press these days for obvious reasons. Who would ever have thought we would have a government department called that? However, if you really think about it, the concept of having a Home(Land) Security Department to secure our nation is not that far fetched and this department was definitely long overdue!

In fact, most Americans have been practicing home security ever since our great country was founded. Personal home security, that is. Notice, I said most Americans have been practicing home security. Unfortunately, we do have people who do not. For example, they leave the doors unlocked while at home which I think is taking that "Open Door Policy" a little too far.

Did you know that in almost half of all completed residential burglaries, thieves simply breezed in through unlocked doors or crawled through unlocked windows? Many burglars



will spend no more than a minute trying to break into a home. Obviously just locking your doors and windows will make your home more secure.

For those who do secure their homes, are you sure that your home is truly protected? I stated above that almost half of burglaries are done in unsecured homes. That means that the other half were done in supposedly 'secured' homes. The average resident is not in the habit of looking for ways to enter the home. A Home Security Survey conducted by any local police agency or by this office can help to identify any weaknesses in your home security and several solutions to correct them.

Another great tool to improve home

security is Neighborhood Watch! You and your neighbors are the only ones who really know what is going on in your community. By cooperating with each other and the police, you can fight crime in the most effective way-before it happens! How many of you know most of minutes to meet your neighbors will go a long way in keeping your house or apartment from being robbed. The truth is watchful neighbors who look out for you as well as themselves are one of the best defenses against crime. If you do not feel comfortable meeting with all your neighbors, pick just a few and agree to watch out for one another.

If you are interested in this program or you just want more information, please attend the Neighborhood Watch Meeting at the NAS Jacksonville Youth Activities Gym, building 2066, located on Knight Lane at 7 p.m. on Jan. 29, 2002

If you are interested in having a Home Security Survey conducted at your residence, please call Bill Curnutte, at 542-3223.

Logistics course offered

Fleet Readiness Logistics Course is being offered Feb. 4-8 by the Knothe-Tec Company at Embassy Suites Hotel, 9300 Baymeadows Road., Jacksonville. The course is open to all government civilian, military, Navy support contractor personnel and Department of Defense Contractors (equipment/ system contractors, shipbuilders and ship repair contractors).

The Fleet Readiness Logistics Course is an intensive five-day training program designed to provide participants with an appreciation of the complexities and interrelationships of efforts required to achieve and maintain fleet readiness objectives for ships, submarines and weapons systems.

For more information and to sign up call (717) 540-0095 or email knothetec@blazenet.net.



Sunday Services at the Base Chapel

You are invited to the following Chapel Worship Services this Saturday and Sunday:

- Saturday** 5 p.m. - Catholic Mass
- Sunday** 8:30 a.m. - Protestant
- Communion** 9:30 a.m. - Catholic Mass
- 11 a.m. - Protestant Worship

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon.

"Train up a child in the way he should go and when he is old, he will not depart from it."

Sailors needed for story

Do you have a part-time job? Jax Air News is looking for Sailors with part-time jobs for an upcoming

article. If interested in contributing to the feature, please contact JO3 Jackey Bratt at 542-8053.

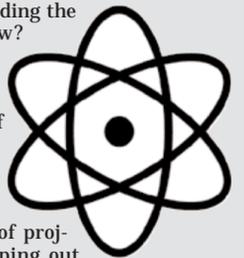
CREDO

It's free!

It's free! Give yourself the gift of a Navy CREDO Retreat. The next Personal Growth Retreat is Jan. 24-27. For more information, or to register, call CREDO at 270-6958.

Volunteers needed for science fair

Do you want to be part of molding the young minds of tomorrow? Volunteers are needed to help with the annual Northeast Florida Regional Science and Engineering Fair the week of Feb. 4-7 at the Jacksonville Fairgrounds.



Volunteers will assist with administration, judging, security and set-up and take-down of projects. Anyone interested in helping out should call ATCS Futch at 542-2975 or 779-2429.

Jax Air News

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USS Cole investigation results announced

WASHINGTON (NNS) — The Navy released the results of its Judge Advocate General Manual (JAGMAN) investigation of the terrorist bombing of USS Cole (DDG 67) during a combined Secretary of Defense, Secretary of the Navy (SecNav) and Chief of Naval Operations (CNO) press conference held at the Pentagon today.

USS Cole suffered a terrorist attack last Oct. 12, which killed 17 Sailors and injured 42 others while the ship was conducting a brief stop for fuel in Aden, Yemen.

The investigation provides a comprehensive account of the actions taken on board USS Cole before, during and after the attack. JAGMAN investigations provide the Navy an effective means to gather the facts about what happened, determine lessons learned to help prevent future such incidents, and assess accountability of those involved as appropriate.



ate.

Chief of Naval Operations, Adm. Vern Clark, completed the JAGMAN and agreed with the findings of the Commander-in-Chief, U.S. Atlantic Fleet, Adm. Robert Natter, that the commanding officer of USS Cole, Cmdr. Kirk Lippold, acted reasonably in adjusting his force protection posture based on his assessment of the situation that presented itself when the ship arrived in Aden to refuel.

"I found Adm. Natter's analysis to be both well-

reasoned and convincing," Clark said, "and therefore agreed with his determination that the facts do not warrant any punitive action against the commanding officer or other members of Cole's crew."

In assessing the accountability of the CO, the Navy needed to answer two questions: Were the decisions made and actions taken by the CO reasonable and within the range of performance; expected of naval commanders; and, would any of the force protection measures not implemented

by USS Cole have deterred or defeated this determined attack if they had been implemented.

The conclusion of Adm. Natter, agreed to and supported by both the CNO and Richard Danzig, Secretary of the Navy, is that the CO's decisions were reasonable and appropriate under the circumstances. The conclusion also states that even perfect implementation of all force protection measures specific under Threat Condition Bravo would not have prevented or deterred the attack.

The JAGMAN pointed out several lessons learned from the Cole attack,

including a need for additional training and equipment, as well as a heightened awareness of force protection that would enable ships to operate within a reasonable level of risk in a high-threat environment.

SecNav's Task Force on Antiterrorism and Force Protection is already spearheading efforts to create a fundamentally improved force protection mindset throughout the Navy.

The CNO also stressed the importance of having well-built ships, manned by well-trained crews as a key for survival either in conventional combat or against the asymmetrical threat of criminal terrorism.

The Navy's leadership also noted that the investigation underscored shortcomings throughout the network of commands, departments and agencies that provide support to U.S. Navy ships operating in foreign waters around the globe.

"The investigation clearly shows that the commanding officer of Cole did not have the specific intelligence, focused training,

appropriate equipment or on-scene security support to effectively prevent or deter such a determined, preplanned assault on his ship," Clark said.

"In short, the system — all of us — did not equip this skipper for success in the environment he encountered in Aden harbor that fateful day."

Secretary Danzig underscored the importance of a thorough assessment of accountability in his review of the JAGMAN investigation.

"We must account for why 17 people under our charge died, and why many other people, material and interests within our responsibility have been injured," Danzig said.

"In the process, we cannot avoid our own responsibility for what the terrorists achieved. We owe it to those who suffer to provide the comfort of explanation, to the best of our abilities."

USS Cole is presently undergoing repairs at Ingalls Shipbuilding in Pascagoula, Miss., and remains under the command of Lippold.

CNO: Adm. Clark stresses need for innovation and experimentation

From Page 1

mony to the dedicated service of our Sailors. It also underlines the mobility, lethality and reach of naval forces. Most importantly, it shows our dedication to mission accomplishment. We stand ready to fight and win!"

The CNO says that Sailors are the key to mission accomplishment.

"Our Navy needs talented young Americans who want to serve their nation and make a difference. The key words are 'serve' and 'make a difference!' In return for their service, we offer them rich opportunities for leadership and growth."

While Clark was pleased with last year's recruiting efforts and record-breaking retention — it was the best retention year in his 32-year career — he challenges leaders to reach even greater goals in 2002, and he emphasizes the need for a sharper focus on attrition.

"Attrition is our number one manpower challenge. No one joins the Navy to fail, yet too many Sailors do not complete their first enlistment. Concerned,

involved leadership is the key to minimizing attrition without sacrificing standards. Leaders must take every measure to help their people prosper and succeed."

The CNO says that the Navy will continue to keep its prime focus on current readiness, while building the Navy of the future.

"Our Navy starts with the Fleet. Everything we do must keep the Fleet ready and make it even better. We must accurately define and continuously validate our requirements, then move aggressively to fully fund those requirements. In doing so, we will ensure the Fleet remains ready to fight and win."

To ensure the Navy remains ready to triumph in future wars, the CNO calls for buying 10 ships and 210 aircraft per year by 2007.

"The FY02 procurement budget is \$10 billion below the level required to sustain our Navy. We must buy greater numbers of ships and aircraft. To do so, we must balance competing demands of current readiness, procurement, innovation and experimentation

to stay at the forefront of military transformation."

Clark also stresses the need for greater innovation and better business practices in the Navy.

"We believe in, and will do everything we can do, to encourage innovation in our Navy. Experimentation is vital to change, and we will embrace innovation and experimentation."

We cannot have too many pilot projects underway," the CNO said. "We must become more efficient. We must spend with great care every dollar the taxpayers entrust to us for their defense."

The CNO added that "the best Navy in the world" will continue to improve, even as we fight the war on terrorism.

"We are now at war — and will fight and win the war on terrorism," the CNO said. "We did not seek this war, but we will win this war."

To read the CNO Guidance 2002 or for more information on the Chief of Naval Operations, go to <http://www.chinfo.navy.mil/navpalib/cno>.

Sea/Shore: Rotation cycle revised

From Page 1

"We are trying to make that goal for as many rates as possible," said McGovern. "However, we can't always do that. It's based on the rating structure, because of certain Navy requirements that some ratings are at sea more than others and we have to work with that and balance the sea-shore rotations."

Projected rotation dates (PRD) will be adjusted by Navy Personnel Command (NavPersCom) based on length of a Sailor's remaining tour. Sailors with PRDs of October 2002 or earlier will not be adjusted. Additionally, if a Sailor is advanced in grade during their current tour, NavPersCom is authorized to adjust the Sailor's PRD to that of the senior paygrade.

Sea-shore tour lengths are primarily

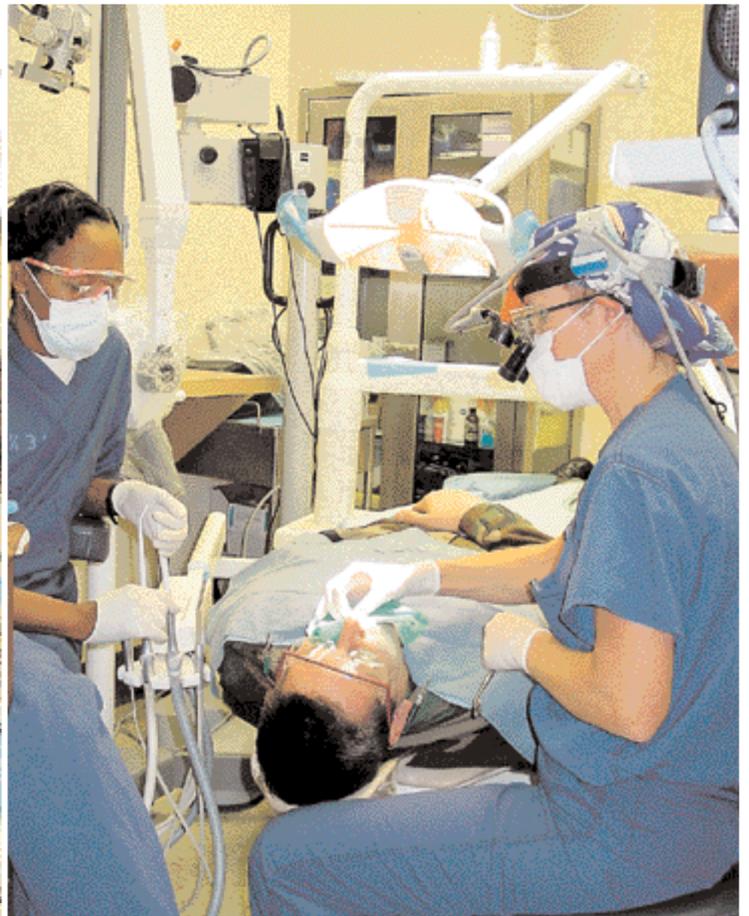
determined by the ratio of sea billets to shore billets for each rate; this ratio is used to determine the length for each assignment. Over time, some rates will become more sea intensive or shore intensive if the billet base is not adjusted.

The office of the Chief of Naval Personnel is currently working to realign general duty shore — and some sea — billets between shore and sea intensive rates in an effort to further balance SSR to the greatest extent possible. The eventual goal is to reduce the maximum sea tour for all career rates (E5-E9) to not more than 48 months.

For a complete list of revised sea-shore tour lengths, see NavAdmin 341/01, available on the Web at <http://www.bupers.navy.mil/>.



Better Living . . .



Cmdr. Charlene Auld (right), an endodontist and her assistant Jennifer Davis perform a root canal on SFC Lawrence O'Brien.



Lt. Carl Schneider, a dentist at the Branch Dental Clinic works on CWO2 Henry Olson.



DT2(SW) Chris Kuntz diligently installs a part into a new dental chair.

Dental drills and construction noise blend in symphony

By Kaylee LaRocque
Staff Writer

As you walk through the doors of the Branch Dental Clinic, it's almost as if there is a musical competition going on there. To the left, is the percussion with the steady bang, bang as a construction worker hammers on a wall. This is accented with the high-pitched squeal of a saw cutting a piece of wood and the squelch of someone using a rotary drill.

From the other side of the clinic, comes the steady whine of the dental drills and the soft clang, clang of dental instruments as the dentists work on their patients.

With a major reconstruction project in the works to expand the clinic since last June, things have been a little chaotic at the clinic the past few months. But amazingly, the staff continued to provide their patients with the best care possible. "You would think in the midst of all this turmoil, our productivity levels would go down, but we've steadily increased. Half of our clinic is currently being renovated, so our entire staff had to crunch together. We have a great staff and everyone's been extremely flexible," said Cmdr. Cathy Rearden, branch director of the clinic. "Fortunately, our patients have been really understanding through all this too."

The project began when the Navy decided to change the way the military provides dental

care. "It used to be that dentists and their assistants only worked on one patient at a time. In the civilian community, dentists do multiple chair dentistry - working on two or three patients at a time. This is much more efficient because their assistants are tasked with more functions. So, in order to do this here, we needed more space," explained Rearden.

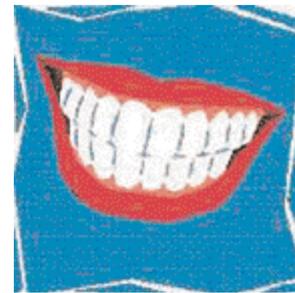
To create more space, a new building was constructed nearby to house the Naval Dental Center Southeast Headquarters and the Branch Medical Clinic administrative offices. This opened up half the dental clinic, allowing 11 offices to be converted into operating rooms. The renovation includes installing new counters, floors and equipment.

"We are also doing a substantial revamping of the entire HVAC system in the building, all the electrical, plumbing, drywall, painting and tiling. We expect this part of the project to be completed by April or May. Then, we'll start renovating the other side of the building," said Blane Crothers, superintendent of the project.

The project is contracted to Sauer, Inc. of Jacksonville and will cost 3.6 million. This includes the construction of the new building and all the renovations.

Once the entire project is completed, each dentist and their assistants will maintain at least two operating rooms. "We are completely

Through Dentistry



Darlene Reagan, a contracted dental hygienist does a six-month cleaning on Cmdr. Henry Warren's teeth.



(Above) DT2 Artis Fry pours and impression in the dental lab. The lab here creates impressions and makes bridges and crowns for all Southeast Region dental facilities.



(Left) DT3(SW) Gerald Donald (left) and DT2(FMF) Marcus Davis install one of the new dental chairs in the recently renovated area of the Branch Dental Clinic.



(Right) DA David Schultz helps a customer at the Branch Dental Clinic.

Photos by
Kaylee LaRocque

Drills: Dental clinic experiencing needed growth

From Page 4

changing the way we do things here. This will become a one-stop shop process. When a patient comes in for their yearly exam, they will get the exam, cleaning and whatever procedures they need all during the same appointment. This means people don't have to take off work to keep coming back," said Rearden.

The Branch Dental Clinic caters almost exclusively to active duty members, however; they will see retirees and family members on an emergency basis. "We encourage them to use their insurance because our primary patients are active duty. We will occasionally see retirees if we have an opening and they happen to be at our clinic. We also provide overseas screenings for family members," Rearden stated.

Active duty members are provided any dental services needed including cleanings, x-rays, fillings, crowns, root canals, surgeries and prosthetics. The only thing the clinic doesn't offer is orthodontics.

With a staff of approximately 67 people, the clinic is fully equipped to handle hundreds of patients who walk through the

door each week. "We have a pretty big staff of military, contractors and federal employees. We are also a training facility for advanced education clinical students coming out of dental school. This is their first duty station and where they learn specialty fields and get some hands-on experience," explained Rearden.

Things have been a little busier than usual at the clinic since Sept. 11. "We are an in-processing dental station for all the reservists being called to active duty. Each one must have dental exams and be cleared before they're mobilized," added Rearden.

So, in spite of all the dust, noise and an increase in patients, the dental staff is doing their best to provide their patients the services they need. "This renovation has been a long time coming, but it will be really nice and allow us to be much more efficient when everything is finished," said Rearden.

The dental clinic is open Monday through Thursday from 7 a.m. to 4:30 p.m. except Fridays when most staff secures at 1 p.m. Emergencies are seen at anytime. To make an appointment call 542-3441.

NAVHOSP JAX NEWS



Photo courtesy NavHospjax Public Affairs

HM1 Sherri Hodges, Naval Hospital Jacksonville Family Practice leading petty officer, examines Lavelle Pinson, during a clinic visit. Hodges was recently selected for the Medical Service Corps In-service Procurement Program (MSC IPP) as a Physician's Assistant (PA).

Hospital Sailor gets the Gold

By Leavonda Battle
Naval Hospital Jax Public Affairs

Naval Hospital Jacksonville's Petty Officer First Class Sherri Hodges will soon trade her caduceus for gold bars, after recently being selected for the Medical Service Corps In-service Procurement Program (MSC IPP) as a Physician's Assistant (PA).

After dedicating countless hours of hard work to achieving her goal, Hodges, the hospital's Family Practice Clinic leading petty officer will soon transfer and transition into the Naval Mustang community.

Memories of staying up late writing term papers, juggling a military career and family life, coupled with many financial sacrifices are now behind.

Hodges is one of many ambitious white hats between the ranks of E-5 through E-9, who has seized the opportunity to expand responsibilities and increase in pay.

MSC IPP is one of three upward mobility programs available for Sailors interested in becoming a Medical Service Corps (MSC) officer.

Like other medical commissioning programs, MSC IPP was originally designed for Sailors in the hospital corpsman and dental technician ratings. However, changes were made to the program allowing Sailors Navywide, the same opportunities as their medical counterparts.

Hodges, who is also a dermatology technician, is very grateful for being considered as a top Sailor and doubly to have been selected for the program.

"Every year, the selection board chooses 10 Sailors from 45 to 75 applicants, Hodges explained.

"When submitting an application, it should be concise, complete and accurate in every detail.

The board also focuses on both academics and military career.

High academics, military awards, evaluations and a strong command endorsement are key

factors in being considered for the program.

"I also encourage Sailors who are interested in a commissioning program, to stay very active in their command," Hodges added.

In addition to her regular duties as a hospital corpsman, Hodges dedicates much of her spare time to support the hospital's mission. From facilitating basic dermatology training for staff to volunteering for many command orientated committees, including The Command Equal Opportunity Team, Retention Team and a voting member of the hospital's Executive Steering Council, Hodges always has something to keep her hands busy.

As Hodges prepares to be commissioned as a PA, her excitement about her future continues to grow.

"I'm absolutely thrilled about the road that lies ahead. It took a lot of hard work to get this far and I know this is only the beginning. I have two phases of school. The first phase will be in Ft. Sam Houston, Texas, — "all-books" and in class instructions.

The second phase will be in Balboa, Calif., and that includes the hands-on patient care aspects of being a PA," said Hodges.

In addition to being very focused on her responsibilities that lie ahead, Hodges also noted how much she appreciates the sacrifice and support she has received from both her family and the hospital.

"My family has stood by me through all of my military efforts and I know I couldn't do this without their support, shared Hodges. "Likewise my family away from home, Naval Hospital Jacksonville, has given me the opportunity to support the Navy in a greater capacity and for that I am truly grateful."

Hodges concluded that she looks forward to the military path that lies ahead and hopes to further her career with pride, honor and commitment.

For more information on MSC IPP and other commissioning programs, contact your Career Counselor.

TRICARE dental premiums increasing

TRICARE Dental Program (TDP) members will notice a slight increase in their monthly premiums beginning January 2002. The new rates are effective on Feb. 1; however, since premiums are collected one month in advance, TDP members will notice the change with their January 2002 billing statement, payroll allotment or deduction.

Effective Feb. 1, TDP premiums will increase by about 3.5 percent or a little less than the annual increase in the dental services component of the Consumer Price Index.

The new monthly premium rate for active duty family members and members of the Selected Reserve, Individual Ready Reserve (Special Mobilization Category) and family members of reservists who are on active duty for more than 30 consecutive days is \$7.90 for a single enrollment and \$19.74 for a family enrollment. Members of the Individual Ready Reserve (Other than Special Mobilization Category) and their family members and the family members of the Selected Reserve will pay a new monthly rate of \$19.75 for a single enrollment and \$49.36 for a family enrollment. (See chart below for monthly premium rates applicable to each type of enrollee).

"Since the government will continue to pay 60 percent of the total monthly premium for most categories of TDP enrollees, the actual increase for the majority of TDP members will be fairly small - 27 cents a month for a single enrollment and 66 cents a month for a family enrollment," said Tom Harbold, Senior Vice President for the TDP at United Concordia Companies, Inc.

While the TDP premium increases are due primarily to increases in the cost of dental services, part of the increase is the result of enhancing the general anesthesia benefit. Effective Feb. 1, the requirement that general anesthesia be performed by a provider other than the surgeon, assistant surgeon or treating doctor is eliminated.

United Concordia Companies, Inc. administered the TRICARE Family Member Dental Plan (TFMDP) from February 1996 through January 2001. In February 2001, the TRICARE Selected Reserve Dental Program (TSRDP) and the TFMDP were combined to create the TRICARE Dental Program (TDP). United Concordia was selected by the Department of Defense to administer the TDP. Headquartered in Harrisburg, Pa., United Concordia is the fifth largest dental insurer in the country.

TDP Monthly Premiums (February 2002 - January 2003)		
	Shared Prem.	Single Family
Active Duty	\$7.90	\$19.74
Family Members		
Selected Reserve		
IRR-Special Mobilization		
Full Premium		
IRR-Other than Special Mobilization Category, SELRES & IRR Family Members.	\$19.75	\$49.36

NAVY NEWS

US Senators bring praises to USS Theodore Roosevelt



USN Photo by PH3 Stacey Hines
John McCain, Arizona Senator, talks with his constituents on board USS Theodore Roosevelt (CVN 71).



USN Photo by PH3 Amy DelaTorres
Joseph Lieberman, Connecticut Senator, chats with a constituent on board USS Theodore Roosevelt (CVN 71).



USN Photo by PH3 Calvin Williams
Bill Nelson, Florida Senator, dines with Sailors on board USS Theodore Roosevelt (CVN 71).

ABOARD THE USS THEODORE ROOSEVELT — Nine U.S. Senators whisked through a whirlwind tour of USS Theodore Roosevelt (CVN 71) Wednesday, culminating in a speech to all hands in the ship's hangar bay.

The contingent of senators included Sen. Joseph Lieberman (D-Conn.), Sen. John McCain (R-Ariz.), Sen. Fred Thompson (R-Tenn.), Sen. Chuck Hagel (R-Neb.), Sen. Susan Collins (R-Maine), Sen. John Edwards (D-N.C.), Sen. Bill Nelson (D-Fla.) and Sen. Jean Carnahan (D-Mo.). Theodore Roosevelt was one of several stops on the group's tour of the Operation Enduring Freedom theater.

Lieberman said the senators, "came as a group to say one thing to the crew of Theodore Roosevelt: 'Thank you.'"

As he addressed the crowd of 2,000 cheering and enthusiastic Sailors, Lieberman thanked TR Sailors for their service during Operation Enduring Freedom.

"Maybe you know it but let me say it again, you cannot imagine how grateful the people of America are for what you have done, and how proud they are for how successfully you have done it and how much safer they feel for the fact that you are here," Lieberman said. "I've worn a lot of hats in my day, but I have never been prouder to wear any hat than the one I am wearing today of the USS Theodore Roosevelt."

McCain, a Vietnam-era prisoner of war and a retired Navy Captain, also spoke to the group.

"We are all here because we admire you, we appreciate you, and we cherish you," he said.

The senators dined with the crew, visited squadron rooms where some of their home state constituents waited, walked through the Combat Direction Center and toured Combat Air Traffic Control Center. Then, after briefly watching airplanes from Carrier Air Wing (CVW) 1 launch and land on the flight deck, the group made its way to the hangar deck at mid-afternoon.

Five of the members (Lieberman, McCain, Reed, Nelson and Carnahan) are on the Armed Services Committee. The senators were roundly applauded when TR

Commanding Officer, Capt. Rich O'Hanlon, thanked the entourage for helping get the armed services a big pay raise this year.

Lieberman, the senior senator of the group, said that he is very impressed with the success of Operation Enduring Freedom.

"The operations we have been conducting form the sea have been enormously important and remarkably successful," he said. "The percentage of hits on target has been so much dramatically higher than it was for instance in the Gulf War, and it shows the skill of our pilots, the sophistication of our systems and the dedication of each and every one of you to doing things right."

McCain echoed those sentiments. "On Sept. 12th, Americans were frightened and had reason to be frightened," McCain said "We are proud of you. What you have done has restored calm and confidence to a frightened nation."

McCain said that there has never been such great success in a campaign with so few casualties.

"That's because of our equipment, that's because of this great ship, that's because of these wonderful airplanes," he said, "but most of all it is because of the men and women that are serving this country in uniform. We are proud of you."

After Lieberman and McCain addressed the group, all of the senators met the crew for photos and autographs. Chief Petty Officer Jay Boyer, an aviation electronics technician from Dunedin, Fla., was one of the Sailors in the group. He wanted to meet not with Sen. Nelson from his home state, but rather McCain, a former naval aviator.

"He understands what it's like to be at sea, away from home and serving something more noble than self," Boyer said. "I didn't want a picture or anything, just to shake his hand."

Boyer said that he admires the senator's years as a prisoner of war followed by his continued service in the Navy afterward.

And McCain admires the hard work of Theodore Roosevelt Sailors.

He said, "Through your service and your sacrifice these 113 days - and there may be other sacrifices that you will be called upon to make - you have made a nation proud."

Marine plane crashes in Pakistan

WASHINGTON, Jan. 9, 2002 — A Marine Corps KC-130/R crashed into a mountain near Shamsi, Pakistan, at 6:45 p.m. today Pakistan time, U.S. Central Command officials said.

Seven Marines were aboard the aircraft.

The Department of Defense announced that the following Marines were killed as a result of the crash: Command Pilot, Capt. Matthew W. Bancroft, 29, of Shasta, Calif.; Co-Pilot, Capt. Daniel G. McCollum, 29, of Richland, S.C.; Flight Engineer, Gunnery Sgt. Stephen L. Bryson, 35, of Montgomery, Ala.; Loadmaster, Staff Sgt. Scott N. Germosen, 37, of Queens, N.Y.; Flight Mechanic, Sgt. Nathan P. Hays, 21, of Lincoln, Wash.; Flight Navigator, Lance Cpl. Bryan P. Bertrand, 23, of Coos, Ore. and Radio Operator Sgt. Jeannette L. Winters, 25, of Du Page, Ill.

The Marines are assigned to Marine Aerial Refueler Transport Squadron 352 (VMGR-352), the "Raiders." Elements of Marine Aerial Refueler Transport Squadron (VMGR) 352 are attached to Combined Task Force 58, in support of Operation Enduring Freedom. VMGR-352 is home-based at the Marine Corps Air Station, Miramar, Calif.

The flight originated in Jacobabad, Pakistan, and was on a multistop mission. Officials did not know whether the aircraft had gone into Afghanistan. CENTCOM officials said it was "unlikely" the crash was the result of any enemy action, but said the cause of the crash is already under investigation.

The destination of the flight was the Forward Operating Base at Shamsi in southwestern Pakistan.

KC-130s are multi-role, multi-mission tactical tanker- transports flown by the Marines. They can refuel both tactical aircraft and helicopters in flight as well as provide rapid ground refueling when required. They can drop paratroopers and cargo and also operate from short, rough- landing airstrips.



Photo courtesy of CPRW-11
Capt. Mark Ensor, Commander Patrol and Reconnaissance Wing Eleven, addresses Patrol Squadron (VP) 3 reunion members.

CPRW-11 Commodore speaks on patriotism

By Lt. James Rankin
CPRW-11 PAO

December provided Capt. Mark Ensor, Commander Patrol and Reconnaissance Wing Eleven, with two opportunities to speak on patriotism outside of his normal military environs. The first opportunity was the reunion of the Patrol Squadron (VP) 3 "Screaming Eagles" on Dec. 6. The second was the Annual Candlelight Christmas Celebration of the National Benevolent Association on Dec. 13.

The former members of VP-3 were introduced to the modern Maritime Patrol and Reconnaissance (MPR) community with a tour of a P-3, hosted by the "War Eagles" of VP-16, on Dec. 6. That evening, the members hosted a dinner at which Ensor spoke. Prior to the dinner, the veterans and the Commodore swapped sea stories and discuss Navy changes since VP-3's 1955 disestablishment.

After dinner, Ensor delivered a presentation on the capabilities of the P-3 and its future as well as the future of the entire MPR community. The reunion members were quite impressed with the leaps in Naval Aviation regarding the P2V-5 Neptunes they flew and the P-3C Orions being flown today.

Following the presentation, Ensor took some time to speak to the reunion about patriotism and its importance today. He stressed that veterans need to talk about their experiences in order to foster patriotism in today's youth and to encourage them to serve their country.

A week later, the National Benevolent Association presented the Commodore another opportunity to discuss patriotism. He made mention of the Statue of Liberty and what she represents, reminding the attendees that her real moniker is "Liberty Enlightening the World." Ensor emphasized that America is still growing and still bringing that light of hope to all corners of the world. He also stressed that America needs to continue on with our daily lives in wake of the terrorist attacks and the subsequent War on Terror. At the same time, we must not forget that we are at war and the effort must be supported.

AT THE GALLEY

Meal hours
 Monday through Friday
 Breakfast: 6 to 7:30 a.m.
 Lunch: 11 a.m. to 1 p.m.
 Dinner: 4:30 to 6 p.m.

Saturday, Sunday and holidays
 Breakfast: 6:30 to 8:30 a.m.
 Brunch: 10:30 a.m. to 12:30 p.m.
 Dinner: 4 to 5:30 p.m.

Meal costs
 Breakfast - \$1.50
 Brunch/Lunch - \$3
 Dinner - \$3

Thursday Breakfast
 Corned beef hash
 Home fried potatoes
 Boiled eggs

Grits
 Grilled ham slices
 Waffles
 Omelets and eggs to order
 Lunch - Fiesta Special
 Mexican chicken
 Mixed vegetables
 O'Brien potatoes
 Beef tacos
 Beef fajitas
 Refried beans
 Mexican rice
 Beef noodle soup
 Blueberry crisp
 Dinner
 Swiss steak
 w/brown gravy

Rice pilaf
 Whole kernel corn
 Fresh pork ham
 Egg noodles
 Green peas w/mush-rooms
 Tomato rice soup

Friday Breakfast
 Minced beef w/toast
 Hashed brown potatoes
 Oatmeal
 Boiled eggs
 Grilled sausage links
 Pancakes
 Omelets and eggs to order
 Lunch
 Parmesan fish
 Lyonnaise potatoes
 Steamed asparagus
 Corn chowder
 Ginger pot roast
 Steamed rice
 Lima beans
 Peanut butter cookies
 Dinner
 Salisbury steak
 Rice pilaf
 Green beans
 Chicken chow mein
 Scalloped potatoes
 Stewed tomatoes
 Chicken noodle soup

Saturday

Breakfast
 Baked sausage links
 Hashed brown potatoes
 French toast
 Omelets and eggs to order
 Corned beef hash
 Grits
 Boiled eggs
 Brunch
 Baked sausage links
 French fries
 Mixed vegetables
 Chili macaroni
 Coleslaw
 Old fashioned soup
 Eggs to order
 Dinner
 Barbecue beef cubes
 Steamed noodles
 Steamed carrots
 Chicken mushroom soup
 Grilled ham steaks
 Parsley boiled potatoes
 Southern style green beans
 Pineapple sauce
 Coleslaw

Sunday Breakfast
 Oven fried bacon
 Cottage fried potatoes
 Pancakes
 Eggs and omelets to order

Sunday

Grilled ham slices
 Oatmeal
 Brunch
 Eggs to order
 French fried onion rings
 Mulligatawny soup
 Steak and Cheese
 Subs
 Steamed broccoli
 Dinner
 Roast Pork Loin
 Duchess potatoes
 Green peas
 Baked chicken w/rice
 Buttered egg noodles
 Savory summer squash
 Beef noodle soup

Monday Breakfast
 McMuffin sandwiches
 Hash brown potatoes
 Grits
 Omelets and eggs to order
 Creamed beef w/biscuits
 French toast puffs
 Boiled eggs
 Lunch
 Baked tuna and noodles
 Franconia potatoes
 Harvard beets
 Vegetable soup
 Salisbury steak
 Tossed green rice

Tuesday

Glazed carrots
 Brown gravy
 Dinner
 Liver w/onions
 Rice pilaf
 Steamed succotash
 Zesty bean soup
 Creole chicken
 Baked potatoes
 Steamed broccoli
 Brown gravy

Tuesday Breakfast
 Cottage fried potatoes
 Texas hash
 Rolled oats
 Grilled bacon
 Boiled eggs
 Pancakes
 Eggs and omelets to order
 Lunch
 Braised pork chops
 Buttered noodles
 Green beans
 Parisienne
 Mushroom gravy
 Swedish meatballs
 Steamed rice
 Corn O'Brien
 Beef barley soup
 Dinner
 Oven fried fish
 Lyonnaise rice
 Vegetable supreme soup
 Macaroni/cheese

Wednesday

Cantonese ribs
 Steamed carrots
 Herbed broccoli

Wednesday Breakfast
 Home fried potatoes
 Farina
 Boiled eggs
 Eggs and omelets to order
 Grilled ham slices
 Blueberry pancakes
 Grilled bacon
 Lunch
 Stuffed fish fillets
 Steamed broccoli
 Minestrone soup
 Spaghetti noodles
 Spaghetti w/meat sauce
 Club spinach
 Garlic bread
 Orange rice
 Dinner
 Szechwan chicken
 Pork fried rice
 Vegetable stir fry
 Brown gravy
 Stuffed peppers
 Simmered egg noodles
 Beef tomato soup
 Southern fried okra

Note: The Galley Menu is subject to change. The food service officer is authorized to make changes to the general mess menu to provide substitutions for food items not in stock or to permit timely use of perishable stocks.

COMMUNITY CALENDAR

The Navy Wives Club of America, NWCA Jax No. 86, meets the first Wednesday of every month. Meetings are held in Building 612 on Jason Street at NAS Jacksonville at 7:30 p.m. The Thrift Shop is open Tuesdays and Thursdays and every other Saturday from 9 a.m.-1 p.m. Call 772-0242 or President Barbara Howard at 471-1444.

Clay County Chapter 1414, National Association of Retired Federal

Employees, (NARFE) invites all retired and currently employed federal employees to their regular monthly meeting, the second Tuesday of each month at 1 p.m. at the Orange Park Library. For more information call 276-9415.

Girl Scout Troop 333 meets every Wednesday from 7-8:30 p.m. at NAS Jacksonville Chapel Annex. All girls grade 4-6 are invited Adults are also needed. If interested contact Lynne Sebring at 317-2363 or

come to the meetings.
St. Joseph's New Directions is a year-round support group for the divorced and separated. Meetings are held the second and fourth Wednesday of every month. The meetings start at 6:45 p.m. and are held at the Lil' Angels room at St. Joseph's main church on Loretto Road. Call 268-1591.

The United States Asiatic Fleet Combined Forces 1910-1942 reunion is sched-

uled for Feb. 26 through March 2 in Houston to commemorate the proclamation signed by President George Bush designating March 1 as Asiatic Fleet Memorial Day. For more information contact John Slaughter at captjack@juno.com.

Fleet Reserve Association's regular monthly meeting is tonight at 8p.m.. The meeting will be located at their Branch home, 7673 Blanding Blvd. FRA National President Richard Smith will make his offi-

cial visit tonight. The host dinner will be held at 5p.m. at the Steak and Ale.

Spring Edition of **Jacksonville Home and Patio Show** Returns to the Prime Osborn Convention Center Feb 21-24.

Parks offer Sailors free admission

Any active duty members returning from deployment and their families will receive free admission on a one-time basis only at Sea World and Busch Gardens now through May 31.

A command letter is acceptable showing proof of deployment.

All other active duty members also receive free

admission now through April 30 although family members tickets must be purchased for 50 percent off the regular gate prices.

For more information, stop by the USO, located at the main gate of NAS Jacksonville, or call JoAnn or Charlene at 778-2821.

Donors needed for blood drive

By JO2 Mike Jones
 Assistant Editor

A blood-drive vehicle from the Florida/Georgia Blood Alliance will visit NAS Jacksonville Jan. 22 from 8 a.m. to noon. During that time, military and civilian members on base are encouraged to donate a pint of blood to the drive.

"We have these drives at NAS Jax approximately every 36 days," said Jason Bloom, Florida/Georgia Blood Alliance donor resource consultant. "The drives are ongoing."

The procedure takes less than 10 minutes, and the mobile blood center is equipped to handle six donors at a time, Bloom said. "Before blood is drawn, a mini-physical is performed," he said. A brief review is conducted to determine a donor's eligibility to participate in the drive. Once approved, approximately one pint of blood is drawn and stored for use in a local hospital.

In the last two years, donor support has increased by four percent, but usage has gone up 17 percent. "We need blood everyday," he said. "Blood is only good for 42 days before it must be disposed." According to Bloom, approximately 10 percent of the FGBA's blood supply comes from military donations. "The military has always been supportive in this drive."

For more information, call 353-8263 or visit <http://www.fgba.org>.

MWR NOTES

NAS Lanes offers deals

Roll your way over to NAS Lanes and check out some of the great deals they have available. The Bowling Center is open to all base personnel and their guests and families, so come check out of their money-saving opportunities.

Tuesdays: 4 p.m. - close: \$5 per person "All you can bowl"

Wednesdays: 11 a.m.-3 p.m.: free bowling for active duty

Saturdays: 11 a.m.-4 p.m.:

\$12.95 per lane/1 hours and up to four shoe rentals

\$17.95 per lane/1.5 hours and up to four shoe rentals

\$21.95 per lane/2 hours and up to four shoe rentals

\$25.95 per lane/2.5 hours and up to four shoe rentals

\$29.95 Per Lane/3 hours and up to four shoe rentals

Sundays: 1-4 p.m.:

\$12.95 per lane/1 hours and up to four shoe rentals

\$17.95 per lane/1.5 hours and up to four shoe rentals

\$21.95 per lane/2 hours and up to four shoe rentals

\$25.95 per lane/2.5 hours and up to four shoe rentals

\$29.95 per lane/3 hours and up to four shoe rentals

Smoke-free bowling is every Saturday and Sunday from open until 6 p.m.

XTREME bowling is every Saturday from 4-6 p.m. and 10 p.m. to 1 a.m.

Call 542-3493 for more information.

Yellow Water has activities for youths

Yellow Water Youth Activities is calling all kids from Kindergarten and up to join. The center is open everyday at 4 p.m. and there is no charge. If you are a current member, come over and get involved after school. If you're not a member yet, get your parents to sign you up today. Don't delay or you will miss out on some of the sweet deals going on. Call 777-8247 for information.

I.T.T. is the place for tickets and travel

Call or stop in and pick up some information on I.T.T.'s Trip and Travel Program. I.T.T. is located across from the Post Office and next to the Tailor Shop on Enterprise Avenue.

I.T.T. is a great place to get ticket discounts, information about attractions, events and places to go or to book a cruise. Along with all these great I.T.T. opportunities we also offer trips to get you on the go. These trips are open to anyone, so come on out and bring some friends and family with you.

Jan. 19 – Savannah - Enjoy one of the most

beautiful cities in the south. The trip includes a trolley tour of the city with a guide, followed by free time for lunch and exploration. Cost per person is \$26.50.

Jan. 21 - Kennedy Space Center - Blast off and check out a launch pad, an Apollo rocket, the rocket garden, IMAX films, exhibits and more. The cost is \$34.

Jan. 26 - Holy Land Experience - This is a living biblical museum that takes you back in time where you experience what is was like over 2,000 years ago. The cost for tickets and transportation is only \$23.75.

Feb. 2 - Mt. Dora Shopping Extravaganza

Feb. 9 - Explore the largest flea market around. The Daytona Flea Market has more than 2,000 vendor stalls ready and waiting.

Feb. 15-18 - Hot-Lanta Experience. Highlights include city tour, Cyclorama, Olympic Centennial Park, the World of Coca-Cola, CNN Center, Fox Theater Tour and Martin Luther King Jr. historical site. Celebrate Valentine's Day in one of the hottest cities in the South. Call for details.

Orlando theme park ticket specials

Walt Disney World - Active duty receives free admission now through April 30. Military members may also purchase special offer tickets for up to five family members and friends at a 50 percent off regular price tickets (must buy at the park).

Free admission to Anheuser Busch Parks (Busch Gardens and Sea World) now thorough April 30. Family members will receive a reduced admission price.

Universal Orlando-free admission for active duty and 50 percent discount tickets available for purchase for up to five family members and friends at the park.

Call 542-3318.

The Zone offers daily lunch specials

Start thinking about Valentine's Day now and place your order to make someone's Valentine's Day Special by sending him or her a heart-shaped pizza and balloons. For only \$7 your special someone will receive a personal size pizza and three balloons. The Zone is where you place your order and make payment.

Stop in for lunch or dinner. Military Appreciation Day is every Monday in The Zone. If you show your active duty I.D. you will receive \$1 off any food purchase.

The Zone offers daily lunch specials Monday-Friday.

Today - fried chicken - \$5.25

Every Friday - fried flounder - \$4

Jan. 21 - closed

Every Tuesday - spicy chicken sandwich - \$4

Every Wednesday - steak sandwich - \$5

Lunch specials come with your choice of ice tea or soda and each special has side items along

with the entrée.

The Delivery Zone offers a wide variety of menu items that can be brought to you anywhere on base. Call 542-3900 to place your order.

Budweiser Brew House features specials

Catch the Super Bowl at the Budweiser Brew House this year and enjoy food and beverage specials, giveaways and the game from all directions. This is the hottest ticket in town if you cannot be there in person.

Budweiser Brew House is offering many different specials throughout the month. Enjoy Happy Hour on Mondays, Wednesdays, Thursdays and Fridays from 4-6 p.m.

Looking for a place to watch the playoffs? The Brew House is featuring all playoff games and serving food and beverage specials.

Marina giving discounts

The Marina is offering discounts to active duty personnel and their family members. Boat rentals are now 20 percent off through February. This special does not apply to fuel for deck boats. All camping gear is 15 percent off if you rent two or more items for a weekend. The discount runs through the end of February. Jet skis are only \$25 per hour for the month of January.

The Marina also sells fishing licenses and has a fully stocked ship store. For information call 542-3260.

Auto Skills Center giving classes

A basic automotive maintenance class is offered for free each third Thursday and Friday from 6-8p.m. for patrons 16 years or older. To reserve your space call 542-3227.

First time customers to the Auto Skills Center will receive one free use of lift bay. Patrons must be assigned to NAS Jax. Call 542-3227.

The Auto Skills Center is open Monday, Thursday and Friday from noon to 8 p.m. and Saturday and Sunday from 9 a.m. to 5 p.m.

Liberty Cove Recreation Center events

The Liberty Cove Recreation Center is located

on the corner of Yorktown Avenue and Jason Street. The center features Internet access computers, TV and movie viewing area with a huge movie library, ping-pong, darts, foosball, air hockey, pool tables, Playstations, Nintendo's and Dreamcast systems with tons of games and more. Liberty also plans events and trips. Check out what's coming up:

Ping-Pong Tournament - Tomorrow - The tournament is free to enter and the winner gets a special prize. Food is served at 6 p.m. and the ponging starts at 7 p.m.

Free Ice Skating And Roller Blading Trip – Jan. 22 – The van leaves Liberty Cove at 7 p.m. Skating is from 7:30-9:30 p.m. Sign up that day starting at 3 p.m.

Indoc/Last Buck BBQ – Jan. 23 - BBQ from 5:30-8 p.m. Enjoy burgers and dogs with all the fixings in the porch area of Liberty Cove. A tournament will be played at 7 p.m. and the winner will receive a prize.

Free Dinner And A Movie - Jan. 24 - Enjoy dinner at Liberty Cove at 6 p.m. and then catch the van to the movies to see the movie of your choice. Sign up begins that day at 3 p.m.

8-Ball Pool Tournament – Jan. 27 – The tournament is free and a prize will be awarded for first place. Food is served at 6 p.m. and break-time is 7 p.m.

Foosball Tournament – Jan. 28 - Food is served at 6 p.m. and the matches start at 7 p.m. The tournament is free and a prize is awarded to first place.

Call 542-3491/1335.

Join the NAS Jax Golf E-Club

Have you joined NAS Jax Golf Club's E-Club yet? Drop by and sign up and receive specials and discounts exclusively for their e-mail members. It's free to join. We just need your name and e-mail address.

Visit MWR online at www.nasjax.navy.mil and look for the tab marked MWR this is your tab to unlimited fun

Movies are shown every Friday at 7 p.m. and every other Saturday at 5 p.m. and 7 p.m. The Base Theater is located on Jason Street view the MWR link on www.nasjax.navy.mil for movie descriptions.

Friday, 7 p.m.

Meet the Parents (PG13)

Saturday, 5 p.m.

Princess Diaries (G)

Saturday, 7 p.m.

American Outlaws (PG13)

Jan 25, 7 p.m.

Jeepers Creepers (R)

Feb 1, 7 p.m.

American Pie 2 (R)



JAX SPORTS

Racquetball Tournament is Jan. 22

The Men's and Women's Recreational & Competitive Racquetball Tournament is set for Jan. 22 at 5 p.m. The tournament is free and open to NAS Jax active duty men and NAS Jax authorized (active duty, dependents over 18, retirees, and DOD/NAF civilian employees) women patrons.

This is a Captain's Cup event and a qualifier for the South Atlantic Regional Sports Racquetball Tournament. There are three men's divisions: open competitive (ages 34 & under), seniors competitive (ages 35 & up); and men's open recreational as well as two women's divisions: competitive and recreational.

Winners of the competitive divisions will represent NAS Jax at the South Atlantic Regional Sports Racquetball Tournament at Kings Bay Feb. 9.

For more information, call Bill Bonser, Sports Coordinator or Mike Gorman, Athletic Director at 542-2930/3239 or e-mail us at dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil. Visit the MWR website at www.nasjax.navy.mil/mwr.

Intramural teams organizing

4 On 4 Flag Football League forming

Open to all NAS Jax active duty commands and personnel. Season begins week of Jan. 22.

Intramural soccer meeting Feb. 6 - Quarterdeck Conference Room (Bldg 590), 11:30 a.m., Feb. 6. Season begins March 4.

Intramural softball meeting Feb. 13 - MWR Conference Room (Bldg. 590), noon. Season begins March 11.

Greybeard Fall Softball meeting Feb. 13 - MWR Conference Room (Bldg 590), 11:30 am. Season begins March 12.

Women's Fall Softball Meeting Feb. 13 - MWR Conference Room (Bldg 590), 12:30 am., Feb. 13. Season begins March 11.

Open fall softball meeting Feb. 14 - Mulligans at 4 p.m. Season begins March 11.

