



Jax Air News

TOUCHING BASE

No Jax Air News next week

The Jax Air News will not be published on July 3 due to the Fourth of July holiday. The next issue will resume July 10. Due to the holiday, all articles must be turned in by July 3 for this issue. The classified ads deadline remains the same, Mondays by noon.

Retirement prep workshop planned

Navy College Office will be conducting a Retirement Preparation Workshop today at 1 p.m. in Classroom Three at the Navy College Office. Retirees, retiring military or previously military retired civil service personnel are invited. For more information, call 542-2477.

Gate delays during holiday weekend

During the July 4 holiday weekend, motorists may encounter some delays entering NAS Jacksonville. Drivers should expect delays at the main gate and the Birmingham gate. Inbound and outbound traffic lanes will be reduced due to security measures. The Birmingham gate will be open July 4-6 from 7 a.m. to 6 p.m. to help with the traffic flow.

Jaguars tickets on sale soon

Mark your calendar - Jaguars tickets go on sale July 16 from 9-11 a.m. Tickets are \$47.90 for lower level seats. Come out and meet two of The Roar cheerleaders. You also can sign up to ride the I.T.T. shuttle to all the home games. If you sign up for all the games the price is \$6 per game. A ride to a single game is \$8. For more information, call 542-3318.



AT-2C "Buckeye" and a T-45C "Goshawk" (TW-1 trainers) fly over the hangar aboard NAS Meridian, Miss. U.S. Navy photo

Navy Region Southeast welcomes six new installations to the team

By Bob Nelson
CNRSE Public Affairs

Six Navy installations throughout the southeastern United States will soon report to Commander, Navy Region Southeast (CNRSE) headquartered at Naval Air Station Jacksonville.

Scheduled to transition to the CNRSE team effective Oct. 1, are: Naval Air Station Meridian, Miss.; Naval Air Warfare Test Systems Division, Orlando; Coastal Systems Station Panama City; Naval Supply Corps School Athens, Ga.; Naval Air Station Atlanta, Ga.; and Naval Support Activity Mid-South, Millington Tenn.

The reporting change is a result of the Chief of Naval Operations (CNO) recent announcement to shift and reorganize shore management functions at all Navy shore installations to Commander, Navy Installations (CNI). Key elements of the new CNI stand-up calls for consolidating command resourcing and management responsibilities.

CNI will be responsible for Navy-wide Shore Installation Management (SIM) functions, to include authority as the Budget Submitting Office for installation support and the Navy point of contact for installation policy and program execution oversight.

CNRSE will report to CNI for SIM functions, effective October 1, 2003.

Jim Rountree, CNRSE Special Projects Officer, says, "As a part of the implementation of CNI, installations have been aligned to the Regional



Commander who is responsible for other Navy functions within the geographic area of responsibility. CNRSE is responsible for the states of North Carolina, South Carolina, Georgia, Florida (with the exception of the Pensacola area), Kentucky, Tennessee, Alabama, and Mississippi. Navy installations located in these states will report through CNRSE."

CNRSE serves as one of three Navy regional coordinators on the East Coast, setting policy and providing the leadership and continuity necessary to sustain the highest quality, combat-ready force. CNRSE leads the combined efforts of 13 commands and activities that support operational fleet units in the southeastern United States and the Caribbean. As a subordinate of Commander, US Atlantic Fleet, CNRSE serves as the Immediate Superior in Command (ISIC) of nine operational and four support commands.

Commands currently reporting to CNRSE are: Naval Air Station Jack-

sonville; Naval Hospital Jacksonville; Naval Dental Center Jacksonville; Public Works Center Jacksonville; Naval Station Mayport; Naval Air Station Key West; Naval Submarine Base Kings Bay, Ga.; Naval Hospital Charleston, S.C.; Naval Weapons Station Charleston, S.C.; Naval Station Pascagoula, Miss.; Naval Construction Battalion Center Gulfport, Miss.; Naval Station Roosevelt Roads, Puerto Rico; and Naval Base Guantanamo Bay, Cuba.

CNRSE also serves as the Navy's Regional Planning Agent, Regional Environmental and Public Affairs Coordinator and the U.S. Environmental Protection Agency liaison, as well as the Casualty Assistance Calls Officer (CACO) in the eight southeastern states.

According to the Commander of CNRSE, Rear Admiral Annette E. Brown, installation Commanding Officers and their staffs should see minimal changes in the way day to day business is conducted and missions are accomplished at their respective commands following the reorganization. "The goal of the reorganization is to improve the effectiveness and efficiency of shore installation management. We welcome the new commands to our team and look forward to seeking-out ways to better improve the effectiveness and efficiency of shore installation management."

To learn more about CNRSE visit www.cnrse.navy.mil. To learn more about CNI visit www.navy-im-clearinghouse.net.

SAR swimmers make heroic rescues

From HS-11

A helicopter from HS-11, embarked on USS Enterprise (CVN-65) recovered an injured civilian from a private fishing vessel 90 miles off the coast of Savannah, Ga. in the early morning of June 22.

USS Enterprise received a distress call shortly after midnight from the fishing vessel "Satisfaction" requesting assistance for an injured crewmember. Enterprise coordinated with the U.S. Coast Guard station in Charleston, S.C., and determined Enterprise was in the best position to render assistance. Enterprise launched an HH-60H "Seahawk" helicopter from HS-11 shortly before 2 a.m. to retrieve the injured person.

The Helicopter Aircraft Commander (HAC) was Lt. Will Hargreaves and his copilot was Lt. John Van Jaarsveld. The crewman were AW2 Joel Sizemore, AW2 Jeremy Miller and AW2 Beau Buford. Also on the helicopter were CVW-1 Flight Surgeon Lt. Tracy Novosel and HM2 David Haven.

Buford said 8-foot waves were tossing the 44-foot fishing boat too much to lower anyone onto the "Satisfaction" itself. After two tries, they decided to put a rescue swimmer into the water to reach the vessel. SAR swimmer AW2 Jeremy Miller was lowered into the water behind the "Satisfaction," swam to the vessel and climbed aboard.

The boat's erratic motion prevented the rescue team from lifting the injured man off the deck so they had to take him back up the way they came: into the water and up the hoist. The rough seas made it too difficult for one man to manage the rescue, so a second SAR swimmer, AW2 Joel Sizemore, entered the water to assist with the rescue.

Despite 8-foot seas and intermittent rain showers, the two HS-11 AWs were able to rig their rescue litter and hoist the survivor safely in the aircraft.

See RESCUE, Page 12

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Festivities scheduled for July 4

From Staff

The following is a list of events scheduled for July 4 in the Jacksonville community:

City of Jacksonville

The City of Jacksonville will host Freedom, Fanfare and Fireworks: City of Jacksonville Fourth of July Celebration, at Metropolitan Park. Gates open at 4 p.m. This day will celebrate our great nation's birth featuring a free concert starring Lonestar with special guest, Sara Evans with Amy Dalley and Dean Miller. The day will end with Skyblast, the over the St. Johns River. For more information, call the USO at 778-2821.

Orange Park

A Country Day Celebration is planned in Keystone Heights July 3 at 8 p.m. and July 4 at 9 a.m. to dusk. For more information, call (352) 473-7053/264-2651,

Ext. 4.

An American Pie Fourth of July will take place at Moosehaven from 4 to 10 p.m. The event will feature food and craft vendors, free children's games and rides, boat cruise and fireworks. For more information, call 264-2651, Ext. 4.

The annual Fourth of July Middleburg Parade kicks off at 2 p.m. For more information, call 282-9164 or 264-2651, Ext. 4

Jacksonville Beach

Jacksonville Beach will host Liberty Fest 2003, July 4 at the Sea Walk Pavilion. The event is free and open to the public. Celebrate an old-fashioned Fourth of July with bands, music, children's activities, good food, and fireworks to celebrate America's birthday! The fun

See JULY 4, Page 12

WEEKEND WEATHER

	FRIDAY 75/90 ISOLATED
	SATURDAY 75/88 ISOLATED
	SUNDAY 76/89 ISOLATED

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site: <https://www.nlmof.navy.mil>

EO UPDATE

Grooming standards and culture

By QMCM (SW/AW) Kathy Cochran
CNRS EOA

I've been asked to solicit feedback on the subject of grooming standards and culture. There is a concern that the current instruction (Navy Uniform Regulations) is ambiguous, subjective, and perceived to be culturally bias (specifically towards African-American/black women).

The instruction is being revised and the Equal Opportunity advisors have been asked to provide input.

I have looked at the grooming stan-

dards and granted it has more print about women's hair than men, but not by much. It states that grooming standards are not a factor in the assurance of equal opportunity, but I assumed it was referring to men and women, not different races.

The primary consideration is to have a neatly groomed appearance while wearing naval uniforms. All women are at the mercy of the media and their stylists when it comes to beauty including makeup, nails and hair. They just have to choose a style that fits the Navy.

I have always been of the opinion

that two heads are better than one and I would like the opinion of any Sailor, Chief's Mess or Wardroom that would like to comment.

Before you state your opinion, I would like you to review the uniform instruction, Chapter Two, Grooming Standards which you can look at online at: http://bupercd.technology.navy.mil/bup_upd/508/unireg/uregMenu.html and do some research on current hair styles that are based on culture.

Please send your professional inputs to me at cochranm@cnrse.navy.mil or call me at 542-3321.

ON THE HOMEFRONT

Girl bonding - plays important role with wives

By Sarah Smiley
Special Contributor

Men and women returning from deployment: It's like a giant fraternity invading domestic reality, isn't it? All those "port stories," war tales, and memories of exotic Spanish restaurants.

It makes the spouse who has been waiting at home wonder, "Will he really be able to fit back into normal life again? Can he deal with just being here at home? How will changing dirty diapers compare to strolling the streets of Cannes?"

Some Navy spouses put a lot of time into worrying about their returning loved one fitting back into domestic bliss. And it's true these men and women need time to adjust...but so do you!

No, you may not have toured Europe or landed on the carrier more times than anyone cares to hear about, but you've been living your own special "sorority life" for the past few months, and you're life is about to change too.

The friendships my girlfriends and I formed during my husband's first deployment were unparalleled.

Never since surviving freshman year in college with my best roommate have I felt such closeness to a group of women of which I'm not related.

In fact, I joked with one girlfriend that we needed to "break up" in order for our husbands to return.

"It will be so weird not to talk to you on the phone every night," I told her.

"I'll miss watching your son grow day-by-day," she said.

It was like a scene from a bizarre Lifetime movie. But the reality was that we did, in fact, need to separate from each other emotionally in order to let our husbands back in.

The first few weeks my husband was home, I hardly thought about missing my friend. We were swept away in the post-deployment honeymoon. But little by little, things began to surface.

For instance, my husband could not appreciate my need to watch every episode of "Big Brother" and talk about the contestants as if I actually know them. Nor could he relate to my need for a new pair of shoes when I was feeling blue.

The idea that the mall can actually be uplifting

was as foreign to him as me understanding why tactics and autorotation can be so interesting. And he definitely wasn't agreeing to any "chick flicks" when we were renting movies.

In particularly girly, emotional moments (you know, a tear-jerker commercial or lost puppy on the local news), I found myself sneaking off to the phone and calling my friend.

At social functions, just as our husbands continued to gather in circles and tell their "cruise tales," us women would huddle to talk about how much we thought the husband's were exaggerating.

As happy as I was to have my husband home again, a part of me longed for the friendships and girl-bonding I experienced while he was away. And I guess I can only imagine the same was felt by him.

Sometimes I caught him looking back at old cruise photos and reminiscing about different ports and funny stories about all his friends.

But there's one distinct difference here: Once they are home from deployment, the husbands still go to work together every single day.

They may not be touring around the Med anymore, but they are bonding at work. Us wives, busy with our own work and children and homes, aren't as lucky to connect in the ways we did during cruise.

During deployment, the wives make attachments and friendships that cannot easily be forgotten after homecoming.

And yet, after the big fly-in, most friends rarely see each other with the same frequency again. In effect, while the husband's life has just been made complete (now he's got his buddies and his wife!), the wife is suffering a significant loss (she misses her girlfriends).

Testament to this, a conversation between my friend and her husband a month after they returned:

"Let's do something with the Smileys this weekend," she said. "I feel like I haven't seen them in forever."

To which her husband responded: "I sit next to Dustin at work every single day!"

Sometimes, ladies, men will never understand. And that is why our girlfriends (and our girl time) are all the more important.

Jacksonville University now accepting applications for SCAAT Program

From the Navy
College Office

Professor Gail Jaji, director, Second Career as a Teacher (SCAAT), has announced that Jacksonville University (JU) is now accepting applications for the fall semester SCAAT classes EDU 508 (starting Aug. 25 and ending Oct. 22) and EDU 510/520 Curriculum (starting Oct. 27 and ending Dec. 12).

SCAAT is an alternative teacher-education program conducted by JU's School of

Education in collaboration with NAS Jacksonville.

In order to be accepted the applicant must have a bachelor's or higher degree from an accredited university with a grade point average of 2.5. The applicant must also have the academic requirements to meet Florida certification.

Classes are conducted in the NAS Jax Chapel Annex from 5-8:45 p.m., Mondays and Wednesdays, starting Aug. 25.

All persons going through the program will complete 16 semester hours of gradu-

ate professional education courses and six hours of student teaching.

The student-teaching block will be at the end of the program and will be at the convenience of the students, the school where the teaching will be accomplished and JU.

The tuition for each three-semester hour course for military personnel will be \$125 per semester hour (or \$375 per course).

Eligible students will

have a major portion of that amount paid through Navy Tuition Assistance. Students will pay for books and materials.

Upon completion of the 22 semester hours, a student will have completed the professional education courses and practical experience required for teacher certification by the Florida Department of Education.

For more information or to register, call Ruby Brobeck at 256-7131.



Meet A Sailor...

SA JOSHUA HORNE

Job title/command:
Admin Clerk

Hometown: Live Oak, Fla.

Family Life: Married with one child.

Past Duty Stations: Naval Weapons Station, Yorktown, Va.

Career Plans: To work in law enforcement.

Most Interesting Experience: Flying.

Words of Wisdom: We only have one life. Make the best of it.



Meet A Civilian...

JENNIFER EVOGES

Job title/command:
MWR Marketing Director

Hometown: Elkton, Md.

Family Life: Married with two dogs.

Past Duty Stations: NAS Meridian, Miss., NAS North Island, Calif.

Career Plans: To continue working for MWR.

Most Interesting Experience: Being married to an active-duty military member and living in different cities.

Words of Wisdom: Life is what you make of it.

Workshop for future teachers planned

On July 17, Ron Burton, program manager for the Florida Troops to Teachers (TTT) office will be conducting a workshop/briefing on the Troops to Teacher's Program Thursday, at the base theatre from 10 a.m. to noon. The program sponsored by the Navy College Office, will cover provision of the TTT legislation, teaching as second career, Florida's recently modified Florida teacher certification requirements and other options of the program.

It is never too early to plan for your second career. If you are approaching retirement from active duty or a Reserve component, or separating after more than six years of service and already have a bachelor's degree, now is the time to consider public school teaching as a career.

Services offered at the workshop include unofficial transcript reviews and assistance in determining your eligibility for teacher certification. If you have specific questions concerning your eligibility, they can be addressed if you bring copies of your college transcripts. If you have questions call the Navy College Office at 542-2475.

Jax Air News

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Deadline for all routine copy is close of business the Friday before publication. Deadline for Classified submission is noon Monday. Questions or comments can be directed to the editor. The **Jax Air News** can be reached at (904) 542-8053 or by fax at (904) 542-1534 or write the **Jax Air News**, Box 2, NAS Jacksonville, Fla., 32212-5000. All news releases should be sent to this address.

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HEY, MONEYMAN!

Hey, Money Man!

About a year ago I applied for a new credit card and filled out the application online. I did not get the card, but now I am worried about identity theft. I feel pretty dumb because I gave them my name, social security number and birth date. Is there anything I can do to protect myself now?

MoneyMan Sez:

Identity theft is one of the latest scams. If someone else has your social security number and your birth date, they can gain access to a lot of personal data and sometimes use your name to obtain credit, make purchases, and just have a great time - at your expense!

There is something you

can and should do right now. Immediately call the three major credit bureaus and put a "fraud alert" in your file.

It may not totally prevent fraud, but it sure can't hurt. Also contact the credit card company who has your information and ask them to clear your name from their files and to not provide your information to anyone else.

The three major bureaus may be contacted at 800-680-7289 or www.transunion.com, 800-525-6285 or www.equifax.com, and 888-397-3742 or www.experian.com.

More questions? Call Hey, MoneyMan! at 778-0353.



Sunday Services

You are invited to the following Base Chapel Worship Services this Saturday and Sunday:

- Saturday** - 5 p.m. - Catholic Mass
- Sunday** - 8:30 a.m. - Holy Eucharist Episcopal
- 9:30 a.m. - Catholic Mass
- 11 a.m. - Protestant Worship
- 6:30 p.m. - Contemporary Service
- "The Leading Edge," Hangar 749 at the Base Chapel Center.

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-12:15 p.m.

Ware to become Naval Dental Center Southeast CO

From Naval Dental Center Southeast

At 10 a.m. tomorrow, Capt. James Ware will assume command of Naval Dental Center Southeast when he relieves Capt. Kimon Rumanes during a ceremony at VP-30's auditorium.

Rear Adm. Dennis Woofter, chief of Navy Dental Corps and assistant chief for Dentistry, Bureau of Medicine and Surgery, will be the guest speaker for the ceremony.

A native of Savannah, Ga., Ware attended Emory University, Atlanta, Ga. where he received his Bachelor of Science in biology in 1978.

He received his Doctor of Dental Medicine from the Medical College of Georgia in 1982. Upon graduation from dental school, Ware reported to the Fleet Marine Force, 2nd Dental Battalion at Camp Lejeune, N.C.

During 1983, Ware was assigned with the 24th Marine Amphibious Unit, which deployed to Lebanon as part of a multi-national peacekeeping mission. Following the terrorist attack on the Marine Corps barracks at the Beirut International Airport in October 1983, Ware



Capt. James Ware



Capt. Kimon Rumanes

assumed a primary role in organizing and directing the on-scene casualty recovery efforts.

Ware's next assignment was the assistant dental officer on board USS Orion (AS 18), a Mediterranean forward-deployed submarine tender, homeported in La Maddalena, Sardinia. In 1987, he transferred for duty under instruction to the National Naval Dental School, Bethesda, Md., where he completed a two-year comprehensive dentistry residency with honors from the International College of Dentists for Outstanding Achievement in Dental Research.

Upon completion of his residency, Ware was assigned with the Fleet Marine Force, 3rd Dental

Battalion in Okinawa, Japan from 1990 to 1993. In July 1993, he served a two-year assignment as the personnel exchange naval dental officer with the British Royal Navy. As the assistant dental surgeon at HMS Nelson, Portsmouth, England his assignment included duty aboard Her Majesty's Yacht Britannia in 1994.

Ware served as the director, Branch Dental Clinic, Naval Station Ingleside, Texas from 1995-1998. In 1998, he transferred to Naval Dental Center, Parris Island, S.C. as the director, Marine Corps Air Station, Beaufort, S.C. for one year and reassigned in July 1999 as the director, Branch Dental Clinic, Marine Corps Recruit

Depot, Parris Island. Ware's most recent assignment was executive officer of the 3rd Dental Battalion/ US Naval Dental Center Okinawa, Japan.

Ware is a Diplomat, Federal Services Board of General Dentistry, a Fellow of the International College of Dentists, a Master in the Academy of General Dentistry and a member of the American Dental Association.

Ware was awarded the Distinguished Service Award, United States Marine Corps League, in 1984, and the Marine Corps Association Osborne Award for superior leadership in 1992.

He graduated from the Marine Corps University, Command and Staff College, Quantico, Va. in 1990.

Rumanes is a Fellow of the Academy of General Dentistry, a Fellow of the International College of Dentists, and a member of the American Dental Association. He was the 11th commanding officer of Naval Dental Center Southeast.

Rumanes will report for duty to the Bureau of Medicine and Surgery, Washington, D.C. and serve on the staff of the Chief of the Navy Dental Corps.

VP-45 wins 2002 CNO Aviation Safety Award

By Lt. J.g. Richard Foster
VP-45 PAO

The Commander, Naval Air Forces Atlantic recently announced the winners of the 2002 CNO Aviation Safety Award.

In an extremely close competition acknowledging the safety climate of commands throughout the Navy, only one patrol squadron on the east coast was chosen: The "Pelicans" of VP-45.

VP-45 attributes their impressive safety record to several procedures and policies that foster a safety-conscious atmosphere. The foundation of the strong safety program starts with every new "Pelican" completing the online Operational Risk Management (ORM) university class and continues through a member's tour in the command.

The Pelicans also have an active "Anymouse" program, which allows personnel to make suggestions to the command, safety related or otherwise.

In addition, VP-45 recognizes individual efforts to promote safety with the squadron "Safety Pro" award. Sailors can be nominated for the award for actions both on and off duty. The net results of these and other robust safety programs is a culture that prides itself on impressive on-station performance in a safe operating environment using ORM as a cornerstone.

The men and women of VP-45 are a hard working team who take safety seriously 24 hours a day. It is their professionalism in operating and maintaining the aircraft that made it possible.

VP-45 Commanding Officer Cmdr. Will Fitzgerald stated, "I am proud of the men and women of VP-45 who earned this award by using good maintenance procedures everyday as well as operating their aircraft to its potential to perform on-station."

This safety conscious environment has earned the Pelicans fleet-wide recognition, but more important to them is the ability to continue to operate and maintain their aircraft safely.

Flying for free

Space 'A' flights available to military members and families

By Kaylee LaRocque
Staff Writer

You see the advertisements for discounted travel pretty much every day – on the Internet, in the newspaper, on TV and when listening to the radio.

Many promote cheap airline tickets to faraway places that many only dream about. But did you know that military members and their families can travel for free to these places aboard an Air Mobility Command (AMC) flight? It may not be the best idea for those on a strict time schedule, but if you have the time and a little patience, a free flight to Europe, Asia or Hawaii might just be worth it.

The process works like this. "We get a schedule in three days prior to a flight. Any military member, either active duty or retired, can call in to check the schedule and sign up by coming into the terminal here or faxing in a Space Available (A) form. Check-in time is two hours before a flight. If we have room for them, we'll take them. We also have regular flights to Guantanamo Bay, Cuba, NS Roosevelt Roads, Puerto Rico and Norfolk, Va. The flight originates in Norfolk, stopping here on Tuesdays and Fridays to pick up passengers. It comes back through on Wednesdays and Saturdays," explained ABHC(AW) Harold Tyler, passenger terminal leading chief petty officer.

This specific flight is the primary reason NAS Jacksonville operates an air terminal. It is contracted to a commercial airline on a six-month basis. "Right now we just contracted this route to Spirit Airlines. We've used numerous other major airlines in the past. Our main priority with this flight is to get the active duty members on orders to their duty station in Cuba," said Tyler.

Other flights also come through the terminal traveling to all parts of the world. "We get many different types of aircraft coming through from C-12s to C-141s. The flight crew lets us know if and how many people they can take and we sign them up. Some may be more comfortable than others and most of them don't provide any special services like food or beverages," he continued.

While it does sound like a pretty good deal, there are some things you need to remember when traveling



Passengers arriving on a chartered flight from Guantanamo Bay, Cuba, disembark at the NAS Jax Air terminal.

Space "A." There is a priority list with specific categories as to who gets to fly first. Active duty military members and their families on orders, and service members on emergency leave travel first, followed by active duty, families and civilians on Environmental and Morale Leave (EML) and DoD teachers during the school year. Category three is for active duty members on regular leave, house-hunting orders and those on special liberty for three to four days. Category four includes family members traveling without a sponsor on EML and DoD teachers during summer break. Category five is for those on no-cost TAD orders, family members with a visitor's pass and those traveling on regular leave without a sponsor. Retirees and reservists fall into the last category.

"We do have many retirees traveling through here. They fall into the last category because many of them have time to spare and can afford to get bumped," Tyler added.

Another guideline to follow when flying Space "A" is to pack light. Passengers are only authorized to check two pieces of baggage weighing no more than 70-pounds and measuring no more than 62-linear inches. Carry-on items are authorized provided they fit under the seat or overhead. These allowances vary on specific aircraft so it's important to check the requirements before reporting to the terminal.

Uniforms are no longer required for military flights. "We prefer our passengers to be in appropriate civilian clothing," said Tyler.

One recent change is that family members are now allowed to fly within the United States. "In the past, family members coming into terminals from over-

seas were required to disembark and take commercial flights. That rule has changed, they can now use military flights in the states," Tyler stated.

The NAS Jacksonville Air Terminal employs 19 military members and seven civilians. They are responsible for checking passengers in, processing manifests, meeting and greeting aircraft, baggage and cargo handling and maintaining the terminal. Last year, the staff processed 1,292 aircraft, 26,891 passengers, 1,882,370 pounds of baggage and 740,871 pounds of cargo.

They also played a vital role in support of Operation Enduring Freedom by coordinating and handling more than 300 passengers, cargo and baggage during their bi-weekly regular



ABH3 Robert Murrell checks Army Sgt. Ayana Carroll's luggage as she signs in for a flight to Norfolk, Va.



ABH2(AW/SW) Kevin Henry (left) and Robert Thomasson offload some special passengers. Pets are allowed on certain AMC flights.

flights. Air Terminal personnel also coordinated flights for several distinguished visitors sponsored by the USO.

Security measures at the terminal are much like that of any commercial airline. All baggage is screened with highly sophisticated equipment and all personnel are trained in security measures.

For those who have layovers here or just find themselves waiting, the terminal offers free Internet, a child play area and snack machines. There is also a rental car agency located in the terminal.

If traveling Space "A" is something you're interested in, Tyler has a few words of advice.

"Plan ahead and have money and time available to fly Space "A". That's exactly what Space "A" means. If we have room for you, we can take you. If you have time and patience most likely we can get you where you want to go, but you should always have other alternatives, just in case," he said.

To check on flights flying in and out of NAS Jacksonville, call the Air Terminal at 542-3825/ 3956/8165.

Photos by Ryan Adrick

Photo by JO2(SCW) Eric Clay

New CNRSE command master chief on board

By JO2(SCW) Eric Clay
Staff Writer

If you haven't had the opportunity to meet him yet, there is a new command master chief making the rounds at Commander Navy Region Southeast (CNRSE).

CNOCM(SW/AW) Rick Trimmer recently checked on board when CNOCM(AW) Philip Mauffray retired June 6.

Trimmer comes to CNRSE following a three-year tour as command master chief of Naval Support Activity Mid-South in Millington, Tenn.

"It was a fantastic tour thanks to the outstanding people working there," Trimmer said. "It was great to be associated with them, from the commanding officer to the junior enlisted and civilian employees. I really enjoyed working there and I gained a lot of knowledge while in the position."

Coming to work at CNRSE was an easy transition for the 25-year veteran. "I felt extremely comfortable when I first arrived here and was welcomed with opened arms. One of my first impressions was that the CNRSE staff is very professional and take pride in their work," Trimmer commented.

A native of Greenville, Penn., Trimmer began his naval career in 1978. After completing boot camp and Electrician's Mate "A" School, he was sent to Beach Master Unit II at Naval Amphibious Base Little Creek, Va. On his next tour, he commissioned USS John A. Moore (FFG 19) in Long Beach, Calif. where he worked as leading petty officer in the electrical division.

His next sea duty tour in 1984 took him aboard USS Enhance (MSO 437) where he became the leading electrical mine sweep electrician, sonar operator and chief master-at-arms.

This was followed by shore duty with Naval Recruiting District Pittsburgh in 1987. Four years later, Trimmer headed back to sea aboard USS Simpson (FFG 56). From there he went to Naval Air Technical Training Center at Millington, Tenn. as the JOBS Training Officer.

After being screened for duty as a command master chief, Trimmer reported to VFA-97 at Lemoore, Calif.

In August 2000, Trimmer reported to Naval Support Activity Mid-South.

During his career, Trimmer has worked with numerous junior personnel, providing guidance and direction.

"I think that junior Sailors should look



Photo by JO2(SCW) Eric Clay

CNOCM(SW/AW) Rick Trimmer, command master chief for Commander, Navy Region Southeast, and his assistant YN1(AW) Salvador Ortiz look over the master chief's schedule of activities for the day.

for the best career opportunities and align themselves with the people who can help them complete a positive rewarding career," he said. "They should also hold themselves responsible for their own actions and take charge of their destinies by taking advantage of the opportunities offered to them."

"Successful people align themselves with successful people," noted Trimmer as he recalled one of his own mottos. "Sailors should learn their jobs and perform those jobs to the best of their abilities."

As for his own successes, Trimmer is quick to mention he didn't do it all on his own. "I credit a lot of my Navy and personal success to my wife and to those people who positively influenced me during the years," he added.

As for his future at CNRSE, Trimmer predicts a great deal of growth for the command. "We are already absorbing six more installations and the areas of responsibility for CNRSE will continue to enlarge in the future," he said, enthusiastically.

"While here, I would like to create and maintain a chain of command that supports Rear Adm. Annette Brown and the mission of CNRSE. I have an open door policy because I want to know what information is being relayed to our Sailors. I am available to talk to anyone, but I do hope Sailors will use their chain of command before coming to see me because that's the way the Navy should work," Trimmer concluded.

Just cruisin' around!



Photo by Kaylee LaRocque

Ted Brown and his wife, Evelyn, of Salt Springs, Fla., recently visited the NAS Jax Navy Exchange in his "Blue Angels" PT Cruiser. Brown, a retired Navy Seabee, decided to detail his vehicle to look like a Blue Angel jet because he couldn't make it into a bulldozer. "I chose number six because it's the number of the Marine Corps Blue Angels pilot and I used to work with the Marines," he said.

KUDO KORNER

The following Fleet Area Control and Surveillance Facility Jacksonville personnel received awards during a ceremony June 5:

Navy and Marine Corps

Commendation Medal

OSC(SW) James Daniels,

Good Conduct Medal

ET2(SW) Paul Outland Jr.

AC3 Tara Dewese
AC3 Cory Hendrickson
ET3 Joshua Kostic

Flag Letter of Commendation

OS1 (SW) Carolyn Robinson
AC3 Horacio Bady

Volunteer Service Award

AC2 Nicholas Thomas



NAVAIR clears Seahawks for 12,000 flight hours

From NAVAIR PAO

In April, NAVAIR's Air Vehicle Engineering Department (AIR-4.3) cleared the in-service U.S. Navy Seahawk fleet of H-60B/F/Hs to continue flying to 12,000 hours.

This milestone marks a major achievement for the numerous Seahawks currently supporting Operations Enduring Freedom and Iraqi Freedom as well as a variety of Counter Drug and Homeland Security Operations.

The requirement for at least a 12,000-hour airframe life was recognized in mid-2001 when facing two major inventory changes. First, the MH-60R was changing from a remanufacture strategy to a build new strategy. The increased time for new build would mean that MH-60R would take more time to fully field to the fleet when it commenced deliveries in 2005.

Second, the chief of naval operations was to approve a new Helicopter Concept of Operations transition plan (approved January 2002). This major warfighting and transition strategy makes the MH-60R/S the primary maritime helicopters for the entire Navy.

The single biggest consequence of these two changes was the formation of a gap in usable SH-60B aircraft during the transition. There was only one possible solution that did not jeopardize either program - the service life of the Navy's SH-60B had to be extended from the current life limit of 10,000 hours through an Advanced Service Life Extension (ASLE) program to 12,000 hours.

The extension for the SH-60F and HH-60Hs would allow for flexibility to mitigate future inventory problems.

Airframe service life extension is not a new concept within the NAVAIR helicopter engineering community. Chuck Miller, an engineer with NAVAIR's Air Vehicle, Structures - Strength Engineering Department (AIR-4.3.3.2), and



Photo by PH2 Michael Kennedy

The landing signal enlisted onboard the guided missile frigate USS McCluskey guides an SH-60B Seahawk from the "Battlecats" of HS-43 in for a landing on the ship's flight deck.

Mike Bumgarner, NAVAIR

Cherry Point H-60 In-Service Support Team, were given the task to develop a way forward to 12,000 hours that could be adapted to any further life increase requirements.

Both engineers' teams worked closely with each other, using their respective talents and experience to develop a solid plan and schedule forward to meet the goal. The process targeted aircraft between 9,500 and 10,000 hours.

Through the type commander, the squadron and type wing would submit a request for inspection. The closest depot would then evaluate and document the material condition of the aircraft with specific inspections related to structural fatigue. This data was forwarded to the In Service Support Team at Cherry Point to review and determine corrective actions for discrep-

ancies as well as documenting satisfactory material condition to justify extension. These findings were then reported to AIR-4.3.3.2 for review and to determine any structural fatigue trends. After 12 aircraft were inspected and found to meet the requirements set forth by Miller, a blanket extension would be granted for the entire fleet.

In April 2003, AIR-4.3.3.2 released the blanket 12,000-hour Service Life Extension message completing an effort that started in June 2001.

"This effort was expeditiously completed during a time of high national tasking for the H-60 fleet as well as the engineering and logistics support structure for those aircraft," said Ken Caniglia, deputy program manager for NAVAIR's H-60 Program Office (PMA-299). "Those considerations being ac-

counted for, the achievements of the H-60 team at NAVAIR, the depots, and the fleet, are even more impressive. Battle Group commanders will continue to have adequate numbers of H-60 aircraft filling critical mission tasks and the path forward to Helicopter CONOPS is closer to being a reality."

NAVAIR provides advanced warfare technology through the efforts of a seamless, integrated, worldwide network of aviation technology experts.

From aircraft and weapons development to carrier launch and recovery; from sensors to real-time communications to precision targeting; from aircraft and weapons sustainer to state-of-the-art training; NAVAIR provides dominant combat effects and matchless capabilities to the American warfighter.

Fleet Seminar Program offered

The Naval War College's (NWC) College of Distance Learning is again offering its Fleet Seminar Program in the Jacksonville area. This academic year (August 2003 - April 2004), the Joint Maritime Operations Course will be offered at NAS Jacksonville and the Strategy and Policy Course will be offered at NS Mayport.

This highly acclaimed program closely parallels the course of study followed by students at the College of Naval Command in Newport R.I.

The three-hour classes are held one night a week for 34 weeks. Seminars are led by adjunct faculty members from the local area.

Students can earn a NWC diploma, JPME Phase I credit and up to 21 graduate credit hours. All books and materials are provided on a loan basis and there is no tuition charge.

Enrollment is open to all Navy, Marine Corps or Coast Guard member O3 and above, Army and Air Force O4 or above and Department of Defense GS-11 or above. All applicants must have a baccalaureate degree.

Applications must be submitted by July 15. To obtain an application, go online to CDE.NWC.navy.mil. For more information, call Lt. Cmdr. Michael Varias at 542-2211 or Professor Dave Fay at 779-6077.

Bureau of Immigration and Customs

Elite agency protects borders, people

By Ryan Adrick
Staff Writer

From land, sea, and air the United States is patrolled by one of the most elite law enforcement agencies in the world, the Bureau of Immigration and Customs Enforcement (ICE), formerly known as the U.S. Customs Service.

This highly important role of patrolling our skies and waterways has been left in the hands of the office of Air and Marine Operations (AMO). Their mission is to, "Protect the nation's borders and the American people from the smuggling of narcotics and other contraband with an integrated and coordinated air and marine interdiction force".

With the events of Sept. 11, 2001 and the establishment of the Department of Homeland Security, 22 different federal agencies have combined their efforts in the common mission of protecting the U.S. and it's citizens. AMO is a specialized unit that serves the Bureau of Immigration and Customs Enforcement, Border and



The Jacksonville Aviation Branch is located along the NAS Jax flight line. This is their operational nerve center for air interdictions and surveillance.

Transportation Security Department, and the Department of Homeland Security. AMO has been awarded the task of being an important investigative arm of the Department of Homeland Security.

NAS Jacksonville, AMO Branch Director and retired Navy Cmdr. William Oliver explained the major impact these new changes are making, "This will enable the investigators to protect the homeland by dismantling organizations that pose a threat to our security through illegal alien smuggling, threats to our nation's financial infrastructure, strategic technology exportation, or the exploitation of our nation's future, our children," he said.

NAS Jax plays a key role in strategic air and marine operations for AMO. "The Jax Air and Marine Division maintains oversight of the hub facility aboard NAS Jax as well as aviation units in Tampa, Long Island, N.Y., and marine interdiction units in Clearwater and Ft. Myers," said Oliver.

The AMO's mission on a daily basis is to use air and sea power to protect the nation, in order to do so they must use cutting edge technology and state of the art aircraft to complete this task.

At NAS Jax, AMO's air and sea superiority has been invaluable



Photo by JO2(SCW) Eric Clay

Staff Officer Mike Vaughn and Customs Pilot Andrew Breithaupt execute a tactical entrance on a simulated urban structure.



Staff Officer Mike Vaughn and Customs Pilot Andrew Breithaupt prepare for an assault on a simulated drug house.



Photo by JO2(SCW) Eric Clay

From the kneeling position agent Andrew Breithaupt fires his Steyraug rifle.

in patrolling the coastline from Maine to Puerto Rico since 1979. Oliver makes the point of how important the airborne units are.

"The use of an airborne platform for surveillance and intelligence gathering is a very powerful tool and will provide a significant force multiplier to the investigative efforts of ICE," he said.

"In the early 1980's, the U.S. Customs acquired several Navy P-3 Orion aircraft", remarked Oliver. These aircraft are used in their long-range interdiction and surveillance operations.

P-3's along with the Cheyenne IIIRC, the Hughs 500 helicopter, Black Hawk apprehension helicopter and the fast-moving intercept boats, with their four 250-horse power engines create the perfect combination of longevity, maneuverability, and speed that AMO requires. All of their aircraft are equipped with the most state-of-the-art technology.

In their fleet of P-3's, some are equipped with E2-C radome's to detect airborne threats or smugglers. The Cheyenne IIIRC planes are the only five existing in the world, all of which are stationed aboard NAS Jax. This Customs High Endurance Tracker (CHET) can carry more fuel, a higher gross weight, and travel at altitudes higher than any other Cheyenne aircraft. They are equipped with Forward Looking Infrared systems (FLIR), and the Air Force F-16 air-to-air radar. The helicopters are also fitted with FLIR systems and other navigational systems. Customs Pilot and retired Army Capt. Keith Adams simply stated, "It's hard to get away."

The essential role that these



Photo by JO2(SCW) Eric Clay

Agents Bill Oliver and Andrew Breithaupt attempt to qualify with their Steyraug rifles. This is a part of a quarterly weapons qualification test that is a requirement for all officers.

aircraft play is made clear by the frequency they are used. "We fly more air to air intercept missions than any other organization in the world," explained Adams. Air and Marine operations are also a vital element of the airspace security over special events and the nation's capital.

Combined with the Federal Protection Service, air power is used in the security of federal buildings across the nation.

"Although we have been active in this mission profile since 1994, current world events have heightened our dedication to this effort," Oliver said.

Projecting such a large and substantial presence requires 24-hour surveillance and a relentless group of professionals.

Along the flight line in a heavily secured hangar building, all of the Jacksonville Air Operation's aircraft are housed and maintained. Inside this building the

lower level is occupied by civilian workers, along with the Raytheon maintenance crew that has been contracted by the government to maintain all the AMO aircraft aboard the base.

The AMO officers, 90 percent of whom are pilots or air crewman, occupy the upper level.

Many of the pilots stationed at the Jacksonville Air Division are also retired military, getting their flight training and skills from the armed forces much like the men and women serving aboard the base have done. Those who are not prior military pilots earned their pilots qualifications from a civilian flight school.

Along with the flight training that is required, all agents must attend and complete a grueling 24 week law enforcement school. This school trains every agent in ICE to become fully qualified law enforcement officers, including pilots, aircrew, and land opera-

Bureau of Immigration and Customs



Along the NAS Jax flight line the Customs P-3 Orions are parked ready for a mission at a moments notice.



A Customs P-3 Orion (above) taxis down the runway aboard NAS Jax, preparing to do a surveillance mission.



Raytheon maintenance crew member Don Blaner performs an engine flush on a Hughs 500 helicopter to extend the life of the aircraft.



**Photos
by
Ryan
Adrick**

Customs Pilot Keith Adams performs a systems check on a Hughs 500 helicopter.

CUSTOMS: Significant seizures across the nation

tions agents.

In the fiscal year 2002, U.S. Customs was responsible for many significant seizures. More than 12,000 people were arrested, 167,834 pounds of cocaine was seized, along with 6.4 million rounds of ammunition, and 60 million dollars of counterfeit goods were confiscated.

Oliver explained the many rewarding aspects of his work and continuing dedication of AMO.

"There are few recent events that have

such a historical significance as the transition we are involved in. The opportunity to participate in the task of protecting our citizens, our homeland, is unparalleled. It provides still further incentive to perform our mission to excellence knowing that our efforts are to protect our very way of life and preserve that way of life for our children," he concluded.



Officer Craig Moore sits in the communications center, monitoring satellite, UHF and AM/FM communications.



Customs Pilot Keith Adams looks over one of the five Cheyenne IIIRC aircraft assigned to the Jacksonville Air and Marine Operations branch.

'Great Nurses' include six from NH Jax, BMC Mayport

By Loren Barnes
Naval Hospital Jacksonville
Public Affairs

Every three years, Jacksonville area nursing organizations, including District 2 of the Florida Nurses Association, honor Northeast Florida's "Great 100 Nurses." Among the nurses honored this year were three from Naval Hospital Jacksonville and three from Branch Medical Clinic (BMC) Mayport.

Naval Hospital Jacksonville honorees included Nurse Educator Sharon Gladden, Lt. Cmdr. Sharon Evans of OB/GYN and Emergency Room Nurse Lt. Cmdr. Christopher Schmidt. Recognized from BMC Mayport were Lt. Sharon Mawby, Certified Case Manager Jenny Roy and Obstetrical Clinic Charge Nurse Dora Engleman.

The "Great 100 Nurses" award recognizes professionalism in the workplace and community involvement.

Gladden was not only selected as one of Northeast Florida's "Great 100 Nurses" but was also among 10 nurses singled out from the 100 to receive the Florence Nightingale Award. This recognition was just the latest Gladden has received during her exemplary career.

For instance, last year she was selected "Educator of the Year" by the Northeast Florida District of the Florida Nurses Association. Other past awards include selection as Naval Hospital Jacksonville Civilian of the Year and the Navy Meritorious Service Medal.

Gladden said her job, as Nurse Educator "is a perfect fit." "Ever since I was seven years old I wanted to be either a teacher or a nurse," she said. "Becoming a nurse educator worked out great for me."



Photo by Loren Barnes

Emergency Room Nurse Lt. Cmdr. Christopher Schmidt works with a patient in the Emergency Department.

In her job, Gladden wears two hats. As a the diabetes program manager and diabetes educator she not only helps people with diabetes learn how to manage the diabetes and stay healthy but also helps provider staff, nurses and physicians stay updated on the latest and greatest in diabetes treatment.

As health education coordinator she communicates with the various clinics, inside the hospital and outlying clinics, to ensure educational programs are meeting the needs of the patients and meet the guidelines of the Joint Commission on Accreditation of Healthcare Organizations (JACHO) and the Navy Inspector General (IG).

Gladden's community involvement is far-reaching. She helped Orange Park Medical Center set up a diabetes program that secured American Diabetes Association recognition for the Center.

She is serving her third term as president of the Jacksonville Association of

Diabetes Educators. And she's worked with the American Association of Diabetes Educators National faculty, helping write a curriculum used around the world for certification training of nurses, pharmacists and physicians.

Evans entered active duty service in 1991 and has been at Naval Hospital Jacksonville for three years. As a perinatal clinical nurse specialist, she has designed and implemented many programs, instructions and services related to perinatal nursing care. She has overseen the training of 15 Registered Nurses and 20 ancillary staff.

Drawing on her expertise in bereavement, counseling and program development, Evans coordinated the Hospital United Grief Support (H.U.G.S.) program.

This program tracks and monitors pregnancy losses at the hospital and ensures that families who experience such loss receive caring support from hospital staff.

Evans has been working

with the Navy Bureau of Medicine (BUMED) to standardize the program Navy-wide.

"This is the premiere bereavement program in DoD medicine right now," Evans said. "No one else is doing what we do. While most Naval Hospitals have such programs, few are as extensive as ours. Most focus on later gestation term still born deaths, while we focus on earlier term losses as well."

On a broader level, Evans said she has enjoyed her work at Naval Hospital Jacksonville in OB/GYN. As she prepares to transfer to Naval Hospital Camp Pendleton, she said she looks back with pride at her experience here. "Being a small place, Naval Hospital Jacksonville staff can devote a lot of energy to patients," she said.

"The hospital probably has one of the best nurse and corpsman ratios to patients of any hospital in the area. We may not have the fanciest hospital in the DoD but we make up for it with care and one-to-one personal attention," she said.

In nominating Schmidt for the "100 Great Nurses" award, Cmdr. Sharon Miller, Emergency Room department head described him as a "natural leader whose easy-going demeanor makes people want to follow him without hesitation."

She said younger nurses and corpsmen routinely seek him out for guidance. As a division officer, Miller said, "he exhibits forward-thinking problem solving, implements multiple initiatives to improve quality of care for all patients, and spearheads initiatives to improve patient safety and education."

Working as a team, Schmidt, Lt. Cmdr. Jeffrey Johnson, assistant division officer and Miller manage 19 nurses, 18 hospital corpsmen and eight physicians who see more than 35,000 a year in the main ER and 18,000 in the Acute Care Clinic.

Miller is an instructor in

Emergency Department Triage, the CEN Review course, EKG course, Pediatric Advanced Life Support, Advanced Cardiac Life Support, the Emergency Medicine Technician Course and Med Teams.

Schmidt's work has been published in numerous professional journals including ENA Connection, the official newsletter of the Emergency Nurses Association; The Journal of Emergency Nursing; Geriatric Education for Emergency Medical Services; and Navy Medicine.

Schmidt has recently been appointed by BUMED to be a specialty leader for trauma nursing.

Schmidt said he has three roles in the Emergency Department (ED). He is a division officer. He is a credentialed emergency nurse practitioner in which capacity he supplements physician staff for evaluating, diagnosing and treating patients. And he is a supplemental charge nurse.

Schmidt says he firmly believes in those in leadership positions working with patients alongside their staff. "The foundation is at the bedside," he said. "Love is truly helping the patient."

EFMP helps with special needs

By Marsha Childs
Naval Hospital Jacksonville
Marketing

For the Patterson family, the Exceptional Family Member Program (EFMP) reflects the Navy's concern and support for active duty families with chronic medical, psychological, or special educational needs.

Conner Patterson was diagnosed with severe asthma triggered by food allergens and cold weather shortly after his birth in July 2001. When Lt. j.g. Luke Patterson of VP-5 received verbal orders to Maine, he and his wife, Amanda, were very concerned for their youngest son's health.

Amanda said, "Being transferred several times, we weren't really anywhere long enough for Conner to be followed by one doctor. I needed to know that we were being put in one place for consistent care."

Because of Conner's placement in the EFMP and his assigned category, the Patterson family was allowed to remain in the area to ensure treatment at Naval Hospital Jacksonville. Now almost two years later, Conner is thriving and has reduced many of his medications under the watchful eye of his pediatrician, Lt. Cmdr. Tammy Wind.

The main purpose of the EFMP is to ensure that duty station assignments match the needs of the enrolled family member. Enrollment in the program is mandatory and must be done when special needs are identified, or at least nine months prior to the sponsor's projected rotation date. Some of the leading diagnoses that qualify family members for the program are learning and language delays, attention deficit disorder, asthma, developmental delays,



Amanda Patterson holds her son, Conner, while his brother, Jon-Alex, and sister, Victoria, look on as Galya Taborn, EFMP coordinator, shares information about the program.

Photo by HM2 John Veres

seizures, affective psychoses, cerebral palsy or birth disorders, diabetes, heart condition, and depression. Early enrollment is essential so as not to hold up orders. EFMP enrollment will not hurt a service member's chances for promotion. In fact, the promotion/selection boards do not have access to this protected information, and sea/shore rotation will not be affected.

Naval Hospital Jacksonville's EFMP Coordinator Galya Taborn is passionate about the program. A licensed clinical social worker, she reported to Naval Hospital Jacksonville in November 2002 after serving as a family advocacy counselor at NAS Sigonella, Italy.

Taborn has more than 30 years experience working with children, and of those, 24 years with the Department of Defense. She educates active duty families about the program and assists with the enrollment process. Additionally, she provides training to the

Fleet about the benefits of enrollment and available services. Taborn also serves as a valuable resource and refers patients for "special needs" services within the community.

She states, "I love my job. It is so rewarding to work

with our active duty families. I feel that I am serving my country in a civilian capacity."

For more information about the EFMP, call 542-7348 or visit <http://web.whs.osd.mil/formsDD2792.pdf>.

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For information on Naval Hospital Jacksonville services call the Customer Satisfaction Office, (904) 542-9173, or visit navalhospitaljax.com.

JULY 4: Events and functions

From Page 1

begins at noon, with fireworks at 9:45 p.m.

NS Mayport

The base is hosting its annual Red, Hot & True Blue 4th of July Extravaganza from 11 a.m. – 10 p.m. at the Sea Otter Pavilion.

The pool will be open from 11 a.m. – 7 p.m. with relays and games. There will be games and prizes in front of the pavilion from noon to 7 p.m. Enjoy live music from Dr. Hector & The Groove Injectors from 5:30-9:30 p.m. The biggest fireworks show in years kicks off at 9:30 p.m.

The CPO Club will hold a BBQ and feature live music with The Bloozers. There will be numerous tournaments as well.

For more information, please call 270-5360.

St. Augustine

St. Augustine kicks off Celebrate Liberty, the Independence Day activities June 29, with an old-fashioned concert featuring the 30-piece Jacksonville Community Band. Beginning at 4 p.m. in the historic Plaza de la Constitucion, the concert will feature a wide variety of musical selections to create a musical Americana feeling. July 3 Florida's 13th Army National Guard Band will perform in the Plaza at 7 p.m. July 4

the band will return to the Plaza at 4 p.m. where it will perform a formal, military band concert. At the conclusion of the Army band's performance, Celebrate Liberty will continue with a special concert by the All Star Orchestra at the Gazebo in the Plaza at 7 p.m. The grand finale will commence at 9:30 p.m. with a spectacular fireworks display above Matanzas Bay. All concerts and events are free and open to the public. Attendees are encouraged to bring blankets or lawn chairs for comfortable seating. For more call 1-800-653-2489.

Kings Bay, Ga.

This year's annual Independence Day celebration along the St. Mary's waterfront promises food, fun and a salute to patriotism. The all-day event kicks off at 7 a.m. with a 5 and 10K fun run/walk and a pancake breakfast sponsored by the St. Mary's Kiwanis Club. The parade begins at 10 a.m. and will feature floats paying tribute to the United States of America, its history and military forces. There will be lots of entertainment, dance presentations and live music.

At dusk enjoy fireworks on the St. Mary's waterfront.

For more information, call 1-800-868-8687.

Columbia College summer schedule

From the Navy College Office

The following is the schedule for Columbia College's next semester which runs Aug. 18 through Oct. 11:

NAS Jacksonville			
Nights/Hours	Course #	Course Title	Room
M/W 5-7:30 p.m.	CISS 243	Programming III	Lab 1
	PSYC 330	Lifespan Developmental Psychology	Test Room
	FINC 354	Investments	Room 3
	MGMT 362	Organizational Behavior	Room 1
M/W 7:45-10:15 p.m.	CISS 238	Java	Lab 1
	PSYC 336	Industrial/Organizational Psychology	Room 1
	ENGL 350	Major Literary Figures	Room 3
	ACCT 280	Accounting I	Test Room
T/TH 5-7:30 p.m.	CJAD 345	Ethics and Morality in Criminal Justice	Bldg. 590
	CISS 280	Systems Analysis and Design I	Lab 1
	MGMT 393	Business Information Systems	Room 3
T/TH 7:45-10:15 p.m.	CJAD 311	Police	Bldg. 590
	PHIL/POSC	Political Philosophy	Test Room
400			
	MGMT 360	Organizational Theory	Room 3
Blount Island Command			
Mon. 5-10:15 p.m.	HIST 101	Western Civilization I	
Tues. 5-10:15 p.m.	ENGL 111	English Composition I	
Wed. 5-10:15 p.m.	MGMT 265	Business Law I	
Thurs. 5-10:15 p.m.	MATH 104	Beginning Algebra	
Fri. 5-10:15 p.m.	ECON 293	Macroeconomics	
Clay County Sheriff's Office			
Wed. 5-10:15 p.m.	CJAD 350	Corrections and Penology	
St. Augustine Technical Center			
Mon. 5-10:15 p.m.	CJAD 405	Laws of Criminal Evidence	
For more information, call 778-9769 or go to www.ccis.edu.			

RESCUE : HS-11 helps save fishermen

From Page 1

Once the patient stabilized, a second HS-11 helicopter flew the rescued seaman to a hospital in Jacksonville at sunrise. That aircraft was commanded by Lt. Dean Liner, with co-pilot Lt.j.g. Matt Wright, AW2 Lance Crego and AW3 Charles Curry.

The helicopter was still in the air on its return trip when Enterprise received a second distress call at about 11:30 a.m., this time from the fishing vessel "Tail Chaser." There, a crewmember of the 34-foot ship had suffered a leg injury.

"I was excited and ready to go," said Curry, a SAR swimmer. "As soon as I heard the call, I started changing and getting the information."

"We decided that the boat was too small for the rescue hoist, so the swim-

mer and the victim had to get in the water and we would lower the hoist then," added Wright.

"Curry did an awesome job keeping the victim calm, talking to him and getting him in the water," explained Crego, the team's SAR crew chief. "Lt. Liner, the aircraft commander, did an awesome job keeping a steady hover, which made it easier to get Curry and the victim up." The helicopter then flew their rescue survivor directly to a hospital in Jacksonville.

The following day, the commander of the Enterprise Carrier Strike Group, Rear Adm. James Stavridis awarded medals to the crew of the first rescue, calling them "modern day heroes". The ceremony was also attended by HS-11's CAG, Capt. Jeff Cathey, commander Airwing One.

Worksheets

available for signature in July

All candidates taking the advancement exams in September must go to PSD to sign their worksheets July 14 through Aug. 15. For more information, call PSD at 542-4233.

Jax Navy Flying Club holds open house

By Jennifer Eveses
MWR Marketing

On Saturday, the Jax Navy Flying Club (JNFC) hosted an open house picnic at the Cecil Commerce Center to welcome home members recently returning from deployment.

Approximately 80 members and their guests attended the picnic.

JNFC also used the open house to welcome others interested in learning more about the club and what it offers to its members.

Currently, JNFC has 140 members, a mixture of active duty military, reservists, retirees, DoD civilian personnel, and Civil Air Patrol members. Eligibility to join is governed by Navy BuPers Instruction 1710.22.

The primary purpose of the club is to provide recreational opportunities in aviation for military personnel and their family members. JNFC also operates a Federal Aviation Administration (FAA) certified flight school, offering students the opportunity to earn a private pilot's license.

The school also offers advanced classes such as commercial and instrument instruction, a multi-engine course, flight instructor training and airline transport pilot certificates.

The FAA has five levels of pilot certificate from student to airline transport pilot depending on what type of aircraft you want to fly and how much experience a person has. JNFC is authorized to provide instruction for all these certificates.

To earn a private pilot's license, students are required to complete six weeks of Private Pilot



Paul Fredrickson (left), a Jax Navy Flying Club member, and John Eveses of VS-30 complete the pre-flight checks before taking a Piper J-3 Cub for a flight during the open house Saturday.

Photos by Jennifer Eveses



Philip Hueneke of NAS Jax NADEP takes advantage of the open house airplane rides.

Ground School and to complete a 60 question written exam. Classes are held twice a week at night.

After passing the FAA private pilot written exam, they must then complete the flying portion of the course consisting of 26 flight lessons. The FAA sets the syllabus and inspects our operations regularly. JNFC has seven instruc-

tors on staff, certified to teach lessons ranging from private through airline

transport rating.

JNFC is approved for VA flight training benefits where a pilot may receive 60 percent reimbursement for any flight training beyond the private pilot's license.

"Right now is the best time to learn to fly because the rates are so low," said Randall Haney, JNFC member.

Currently the club maintains and operates seven aircraft and is anticipating the arrival of two additional club-owned aircraft later this summer.

The club welcomes eligible personnel to try an introductory flight for a low cost. Call 786-9293 for more information.



MWR NOTES

Escape the ordinary on an I.T.T. trip

Have some fun with I.T.T. - take a trip or treat yourself to a show! Stop by our office located adjacent to the NEX, and sign up for a great trip. Our trips are open to all hands, so bring a friend! For more information call the office at 542-3318.

The following are upcoming I.T.T. trips:

July 19 - Mt. Dora shopping extravaganza. Antique shop till you drop for only \$12.25.

July 9 - Rivership Romance. Treat your sweetie to a three-hour luncheon cruise up the St. Johns River. Transportation, cruise, lunch and gratuities are included for \$45.75.

July 19 - Mt. Dora shopping extravaganza. Antique shop till you drop for only \$12.25.

NAS Jax Golf Club happenings

A golf and lunch special is being offered for \$19 weekdays after noon and weekends and holidays after 3 p.m. This special ends Aug. 31.

Players are entitled to 18-holes, cart, green fees and one lunch menu item. For more details stop in the Pro Shop or call 542- 3249.

Aquatics Department taking reservations

The Outdoor Pool is now open for the summer season. The hours are 11 a.m.-6 p.m. daily.

The Aquatics Department staff members are now taking reservations for private parties at the outdoor pool.

The Aquatics staff is eager to help you get you fit. Join them for an aqua aerobics class, Monday - Thursday from 11 a.m. to noon, or Monday, Wednesday, and Friday from 4:30-5:30 p.m. and again from 5:30-6 p.m. There is still time to enroll in May swimming classes. Registration is open for all levels. Please contact the Aquatics Department at 542-2930.

The Heritage Cottages

MWR's new Heritage Cottages are now open for only \$60 a night. These cottages make for a great vacation home away from home. They are fully-furnished with plenty of space. Make your reservation now by calling 542-3138/3139.

Mulberry Cove Marina news

For the month of June, purchase a rod and reel or rod/reel combo and receive two free packs of artificial bait, your choice of colors.

Are fuel prices emptying your wallet? Take advantage of free gas this summer when you rent a 40-hp pontoon boat, whaler, bass boat, 10-hp stump knocker, or Yamaha jet skis.

The NAS Jax Yacht Club offers sailing classes. Now that the weather is warm, and the breezes are strong would be a great time to learn this renowned boating activity. After you've completed your class, the marina has sailboats for rent.

The marina offers free kayak and canoe rentals for active duty Sailors on Thursdays. It's a great way to get acquainted with some of the equipment on hand and have some fun too. For more information, call 542-3260.

Auto Skills Center

Visit the Auto Skills Center for your professional or hobby car care needs. The center offers an array of services for the novice or professional auto enthusiast. There is an ASE qualified mechanic on hand to assist with questions and tips on servicing your vehicle. The center is open Monday, Thursday and Friday from noon to 8 p.m., Saturday and Sunday from 9 a.m. to 5 p.m. and all holidays from 9 a.m. to 3 p.m. except Thanksgiving, Christmas and New Year's Day.

The Auto Skills Center offers a shop orientation class on the third Thursday and Friday of each month. Reservations are required for the orientation. Call 542-3227 for information.

Liberty happenings

If adventures and challenges are your cup of tea, then join the crew at Liberty Cove Recreation Center for some real excitement this month. Shipmates get on board for a great week of fun.

Liberty Cove is selling Luau tickets at reduced price for single Sailors.

Tonight - Bowling at NAS Freedom Lanes. Free for active duty. We will have free food at 6 p.m. and bowling starts at 7 p.m.

July 4 - We're hosting an Independence Day BBQ from 4-5 p.m. Join us for a Best Banana Split contest. The winner receives a \$25 gift certificate from the Navy Exchange. At 6:15 p.m.

we're driving to The Jacksonville Landing for fireworks. Seating is limited. Sign-up by 3 p.m. the day of the event.

July 7 - Take the Boater Safety Course at the marina at 4 p.m. All who participate will receive a 25 percent discount for the month of July to use at the marina on any boat rental or bait/tackle purchase.

July 9 - The Liberty staff is hosting an evening Indoc BBQ from 5-7 p.m. We will also be kick off our two-day billiards tournament. The top eight players will go with us to NS Mayport and compete against their top eight players. Prizes will be awarded to the top two players.

July 10 - We're stopping for a pizza buffet on the way to NS Mayport for the billiard tournament. The Liberty van leaves at 4:30 p.m.

July 12 - AMC Theatre Movie Night. The van leaves at 6:30 p.m. and seating is limited. This is free for active duty only. Sign-up at 4 p.m. the day of event.

July 16 - We're having a Jason Street Block party at the Budweiser Brewhouse. The party starts at 3 p.m. with a band and DJ Marc. Discount tickets are available for E1 through E5 at the Recreation Center.

For more information on our events, call 542-3491/1335.

NAS Freedom Lanes offers great deals

NAS Jax Freedom Lanes is hosting an intramural bowling league meeting on today at 11:30 a.m. for all interested active duty personnel.

This summer enjoy some bowling fun. Each weekday this month through August, patrons can enjoy three games of bowling (including shoes) or two games, shoes and a hotdog and small drink for only \$6 from 11 a.m. to 4 p.m.

Active-duty Sailors take advantage of free bowling on Wednesdays from open to close.

The Freedom Lanes fourth annual Luau is June 28 from 6-11p.m. Bring your friends, family and shipmates to this "Island in the Sun" themed event. The event is open to all hands. There will be bowling, shoe rental; all you can eat buffet, DJ, prizes and beverage specials. The cost is \$20 for adults 13 and up, \$15 for children 5-12, \$5 for children 3-4, and children 2 and under are free. A special buy of five adult tickets get an additional ticket for free.

Call the center for event schedules at 542-3493.

Youth Activities Center happenings

Take advantage of the fun events at the Youth Activities Center. Monday evenings we have indoor soccer from 6:15-8:15 p.m. On July 10, we'll have a pool trip from 1-4 p.m. The cost is \$1. Sign-up by July 8. July 11 is Dinner and Movie Night from 6-8 p.m. The cost is \$1 and you must sign-up by July 9.

Dance classes and Tae Kwon Do classes are available at NAS Jax Youth Gym and Yellow Water Youth Activities.

If you are interested in registering your child stop by either center or give us a call at 778-9772 (NAS Jax) or 777-8247 (Yellow Water)

Free movies offered

Enjoy free movies at the base theater each Friday evening starting at 7 p.m. and every other Saturday at 5 p.m. and 7 p.m. Bring your own popcorn, soda and snacks. Sit back and enjoy some of Hollywood's premier blockbuster hits. There are no alcoholic beverages allowed in the theater and persons under 17 are not permitted without adult supervision.

Tonight, 7 p.m. - Head of State (R)
July 4, 7 p.m. - Gods & Generals (PG13)
July 5, 5 p.m. - Treasure Planet (G)
July 5, 7 p.m. - The Quiet American (R)
July 11, 7 p.m. - X-Men 2 (PG-13)

Visit MWR online at www.nasjax.navy.mil and look for the tab marked MWR this is your tab to unlimited fun. For questions or comments e-mail us at mwrmtg@nasjax.navy.mil.

Married? Want to work with kids?

Girls and Boys Town is seeking married couples to be Family-Teachers® in its residential programs and work with youth in a family setting. Girls and Boys Town has more than 100 residential homes across the country.

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A CFC participant
 Provided as a public service




Navy Lodges are great for vacation stays

By Kristine Sturkie
NEX Public Affairs Specialist

Thinking about summer vacation? Don't forget the Navy Lodge has locations at many vacation destinations. Whether it's a beach holiday travel overseas, the Navy Lodge can help you have your dream summer vacation. With 41 locations around the world, you can enjoy the history of the Tidewater, Va., area or visit the nation's capital. If you'd rather see the sights of the big city, there's Navy Lodge New York.

A beach getaway is possible at Navy Lodge Key West, and Navy Lodge North Island or take in the sights of Italy while staying at Navy Lodge Sigonella. Stay at the Navy Lodge in Puerto Rico or Washington State and see the only rain forests in the United States.

Golf, tennis, sailing, hiking, swimming, museums, history, biking, boating, nature, and much more are available at your Navy Lodge in association with MWR. Navy Lodges are on average 40 percent less expensive than comparable civilian accommodations, but still have all of the same amenities.

Rooms are air-conditioned, have cable TV with HBO, a videocassette recorder, direct-dial telephone service and a kitchenette complete with microwave and utensils. You'll also have housekeeping service, vending machines, video MWR.

Navy Lodges are on average 40 percent less expensive than comparable civilian

accommodations, but still have all of the same amenities. Rooms are air-conditioned, have cable TV with HBO, a videocassette recorder, direct-dial telephone service and a kitchenette complete with microwave and utensils.

You'll also have housekeeping service, vending machines, video rental service and guest laundry facilities as well as handicapped accessible and non-smoking rooms. Free local calls, free in-room coffee and newspapers as well as convenient on-base parking are also available during your stay.

"Staying at the Navy Lodge also offers the convenience of being near all the base amenities," said Michael Bockelman, Navy Lodge program director. "You can visit the Navy Exchange for snacks, film or batteries, and purchase discounted attraction tickets at the MWR office."

To make reservations for your vacation or to receive a Navy Lodge directory, call 1-800-NAVY-INN, 24 hours a day, 7 days a week or go online at www.navy-lodge.com.

Once you make a reservation, you cannot be bumped from your room. Reservation and room assignments are accepted on an as-received basis without regard to rank.

Check out the web site at www.navy-lodge.com. It gives a listing of each Navy Lodge location complete with directions, phone numbers, room rates, area attractions, installation facilities, lodge amenities and photo.

COMMUNITY CALENDAR

The Navy Wives Clubs of America, NWCA Jax No. 86 meets the first Wednesday of each month. Meetings are held in Building 612 on Jason Street at NAS Jacksonville at 7:30 p.m. The Thrift Shop is open Tuesdays and Thursdays and every other Saturday from 9 a.m. - 1 p.m. For more information, call 387-4332 or 272-9489.

The Navy Wives Club's DID No. 300 meetings are held the second Thursday of each month at 7 p.m. at the Oak Crest United Methodist Church Education Building at 5900 Ricker Road. For more information, call 387-4332 or 272-9489.

Clay County Chapter 1414, National Association of Retired Federal Employees, (NARFE) invites all retired and currently employed federal employees to their regular monthly meeting the second Tuesday of each month at 1 p.m. at the Orange Park Library. For more information, call 276-9415.

MOMS Club of Northeast Florida meets the second and fourth Thursday of every month from 10 a.m. to noon. The meeting is free and open to all at-home mothers and children who live in the zip code areas of 32206, 32218 and 32226. MOMS Club is a support group for moms wanting a variety of activities for you and your children. The chapter offers monthly meetings, newsletters, activity calendars, playgroups, field trips and service projects. For meeting location or more information, contact Debbie at 751-0671 (debbiejkg@yahoo.com) or Kathi at 751-3400 (katdj28@aol.com).

The Marine Corps League, Jacksonville Detachment holds their monthly meeting the first Thursday of the month at 7:30 p.m. at the Marine Corps Recruiting Station at 3728 Phillips Highway, Suite 229. For more information call John Leisman at 779-7375.

St. Joseph's New Directions is a year-round support group for the divorced and separated. Meetings are held the second and fourth Wednesday of every month. The meetings start at 6:45 p.m. and are held in the Convent at St. Joseph's main church on Loretto Road. Call 268-1591.

Christian Fellowship Night is held behind the Chapel in Bldg. 749 from 6:30 - 9 p.m. every Tuesday night. For more information call 542-3051.

The National Naval Officers Association (NNOA) holds its monthly meeting on the third Thursday each month at 5:30 p.m. at the Jacksonville Urban League, 903 West Union Street. Interested personnel are encouraged to attend or contact Lt. Herlena Washington at 696-5005 or email WashingtonHO@matcobic.usmc.mil.

The Jacksonville Shell Club is holding their 37th annual Shell Show Fair Saturday and Sunday from 9 a.m. to 5 p.m. at the Days Inn Ocean Front at 1031 S. First Street. For more information, call 887-1738 or go to www.jaxshells.org.

The VFA-131 20th Anniversary Reunion will be held July 11-12 in Virginia Beach, Va. For more information contact Lt. James Yeats, VFA-131, Unit 60145, FPO AE 09504-6229 or email yeatsja@vfa131.navy.mil.

The U.S. Naval Academy Alumni Association is hosting a luncheon meeting July 16 at noon at the River City Brewing Company. The guest speaker will be Chet Gladchuk, athletic director of the U.S. Naval Academy. The cost is \$22 per person.

The U.S. Coast Guard Auxiliary (Flotilla 14-8) is sponsoring a one-day Boating Safety program July 26 from 7:30 a.m. to 5 p.m. at Mandarin High School. The cost is \$20 per person. For more information, call Bob Strong at 721-1346.

The Retired Activities Office (RAO) is offering a retiree seminar Sept. 13 from 9 a.m. to 2:30 p.m. at the NAS Jax River Cove Officer's Club. Presentations will cover pay matters, Survivor Benefit Plan, Tricare for Life, Long Term Care, Tricare pharmacy benefits, PSD benefits, hospital benefits and a spouse workshop. For more information, call 542-2766, Ext. 126.

The annual VP-24 Reunion is scheduled for Oct. 24-26 at NAS Jacksonville. For more information, write Don Hall, 2003 Jax Reunion Host, 4421 Commons Dr. East, #413, Destin, Fla. 32541 or email djdestin@cox.net.

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NS Mayport offers scuba camp for kids

From NS Mayport MWR

Give the kids a week of fun they'll never forget. Now is the time to sign your children up for PADI SEAL Team, a scuba mini-camp for children age eight and up. The camp is held Monday-

Thursday from 9:30-11:15 a.m. for one week at the NS Mayport base swimming pool.

The cost is \$129 and includes use of scuba equipment all week, an Aquamission activity book, Seal Team video, log with a binder, and a certificate.

The next class dates are July 7-10, July 14-18, July 21-24 and July 28-31. There is space for six children each week.

To sign up, call 270-5541 or email mwrdivadventures@yahoo.com.

Hunter education course set

The Florida Fish and Wildlife Commission is offering a hunter education course July 12, 19 and 26 from 1-7 p.m. at Hangar 1000 at NAS Jax.

The course is free and includes the required orientation from the NAS Jax game warden to hunt on federal lands. Pre-registration is required by calling (352) 625-2804.

NavHosp Jax chaplains offer grief support

Naval Hospital Jacksonville will offer a Grief Reconciliation Group for persons who have recently lost a loved one. A seven-session course will begin in August.

The day and time will be determined by the group participants. This

group is designed to assist with emotional and spiritual healing.

If you have lost a loved one and would like to participate or need more information, please call Chaplain Beede at 542-7531.



SPORTS AND STANDINGS

Flag Football meeting slated

There will be a meeting for anyone interested in participating in flag football on July 9 at 11:30 a.m. in Building 590 in the MWR conference room. The flag football league is open to all NAS Jax active duty personnel only. For more information, call 542-3239.

Sports officials and scorekeepers needed

The North Florida Military Officials Association is looking for individuals to officiate soccer, softball, football, and volleyball at NAS Jax. Scorekeepers are also needed for basketball. Experience is not required. If interested, contact Al Vandercar at 282-0809.

Navy Southeast Regional Running and Triathlon Team

Represent the United States Navy in 5K, 10K, marathons, and/or triathlons. The Navy will showcase elite active duty men and women in regional

competitions. Uniforms are provided as well as transportation, entry fees, and lodging costs. Interested runners must compete in sanctioned (USA Track and Field, USA Triathlon Association, or Roadrunners Clubs of America) races and your time must be one of top 10 regional qualifying times. If you have run in sanctioned race and your time meets regional qualifying time, contact your base athletic director.

Southeast Regional qualifying times:

5K	
Men 19:00	Women 24:00
10K	
Men 34:00	Women 46:00
Marathon	
Men 3 Hrs. 30 Min.	Women 4 Hrs.
Triathlon	
Men 2 Hrs. 30 Min.	Women 3 Hrs.
Triathlon time based on 1.5k swim, 10k run, 40k bike	

For more information about any of the sports articles, call 542-2930/3239.

Intramural Golf Freedom League 2003 Standings

Teams	Wins	Losses	Ties
Navy Band	1	0	0
NAMTra 1011	1	0	0
AIMD Albatross	1	0	0
AIMD Khaki	1	0	0
Naval Hospital	1	0	0
ASTC	0	1	0
SERCC	0	1	0
GEMD	0	1	0
VS-22 Checkmate B	0	1	0
Wing 11 "A"	0	1	0
VP-16	0	0	0

Intramural Golf Liberty League 2003 Standings

Team	Wins	Losses	Ties
CSCWL	1	0	0
FASFAC	1	0	0
REDCOM	1	0	0
FASO	1	0	0
Wing 11 "B"	1	0	0
VR-58	0	1	0
VS-22 "A"	0	1	0
AIMD SE	0	1	0
NADEP	0	1	0
NAMTra	0	1	0
VP-62	0	0	0

JAX TALES By Mike Jones WWW.RICKYSTOUR.COM



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