



Jax Air News

A CHINFO AWARD-WINNING NEWSPAPER

TOUCHING BASE



Paving continues

Paving operations on Yorktown Avenue between Allegheny and Wasp are currently ongoing and should be completed by Oct. 5. Paving will be completed one lane at a time, but will interrupt vehicle traffic flow for the next two weeks. It is recommended personnel use adjacent parallel streets for station transit east or west during paving operations. For more information, call NAS Facilities and Engineering Department at 542-5571, Ext. 257.

Hunting course offered

If you haven't completed a hunter's education course yet, you can still attend this course on Oct. 1-3 from 6-10 p.m. at Bldg. 610. The course is free. The 16-hour course consists of 12 classroom hours and four hours on the range. To register or to obtain more information about this course, contact Base Game Warden Lt. Henry Harriel at 542-2662/2663.

Town Hall meeting coming up

A Town Hall meeting and barbeque will be held at the Yellow Water Housing Area Recreation Center on Oct. 3 at 5:30 p.m. Child care will be provided by MWR.

Mark calendars for Navy Ball 2002

The Navy Birthday Ball will be held Oct. 11 at 6:30 p.m. at the River Cove Officer's Club. Tickets are \$15 per person for E1 through E6, \$20 per person for E7 through O3 and \$25 for O4 and above, civilians, retirees and guests. Tickets are now on sale through the Wing CMC, Hospital CMC and Base CMC offices.

The attire is dinner dress whites for E7 and above, service dress whites for E6 and below and black tie and coats for civilians.

For more information, call 542-2934.



Photo by Kaylee LaRoque

Members of a joint color guard proudly display their flags at the POW/MIA Recognition Ceremony held at the Veteran's Memorial Wall last Thursday.

Not forgotten

Remembering POW/MIAs past and present

By Kaylee LaRoque
Staff Writer

Despite the extremely hot weather, several hundred military members, retirees, families and friends visited the Veteran's Memorial Wall at the Jacksonville Coliseum last Thursday to honor former American POWs and those still unaccounted for. This ceremony is usually held each year on Sept. 19 to commemorate National POW/MIA Recognition Day.

This year's guest speaker was retired Navy Capt. Dale Raebel, a former NAS Cecil Field pilot whose A-7A Corsair was shot down Aug. 17, 1972 over North Vietnam. Raebel was captured and remained a POW until March 29, 1973. Upon his return to the United States, Raebel continued his naval career, retiring from the Bureau of Naval Personnel after 32 years of service. He and his family now reside in Jacksonville.

Presenting the POW Pledge of Allegiance, was retired Navy Chief Ordnanceman Carl Creamer, another former POW, who was captured by the Japanese in WWII when his PBV was shot down in the Bering Sea. "I spent three and a half years in a POW camp, but I was very fortunate that I wasn't treated that badly. My father died as a POW in WWI right after I was born. Our family is a Navy family. We have 126 years of total military service which

includes my two sons who are both retired Navy chiefs," said Creamer after the ceremony. "Holding this ceremony each year is important. We need our younger generations to remember the sacrifices made by POWs and to not forget those still unaccounted for."

After a 21-gun salute, those Floridians still MIA were recognized. As Capt. Mark Boensel, NAS Jacksonville commanding officer, Capt. Matthew Schellhorn, NS Mayport commanding officer, Col. Allen Coulter, U.S. Marine Corps Blount Island Command commanding officer and Maj. John Chaput, U.S. Army Corps of Engineers Jacksonville District read each name, a bell was sounded to pay tribute to them and reaffirm that they are not forgotten.

Less than half of the Americans held prisoner in the last six conflicts are now living. Some 142,256 Americans were captured and interned during WWI, WWII, the Korean Conflict, Vietnam Conflict, Persian Gulf War and Somalia Conflict. This includes 81 women seized on Guam and in the Philippines in WWII and two in the Persian Gulf War.

Today according to the Ex-Prisoners of War Association website, there are 3,350 servicemen still missing from WWI, 78,773 from WWII, 8,100 from the Korean Conflict, 1,905 from Vietnam and one Navy captain from the Persian Gulf War.

See POW/MIA, Page 11

Ribbon cut on new Weapons building

By JO2 Christine Hannon
NMCB 14

It's hot, humid and the heat index is more than 105° F every day. There's no air conditioning and no running water. The days are long, frequently lasting well into the evening hours.

For the Seabees of Naval Mobile Construction Battalion 14 (NMCB 14), it's just another day at the office.

That office is now the new NAS Jacksonville Naval Weapons administration building, located on Akron Street. More than 100 Seabees from NMCB 14, have participated in this project as part of their two-week annual training throughout the spring and summer. It's taken 1,080 man-days from

start to finish, but the Seabees have come together to complete the project on time and under budget.

Final acceptance and the ribbon cutting ceremony of Building 374 took place Sept. 19. Capt. Mark Boensel, commanding officer, NAS Jacksonville, and Cmdr. Charles Fanshaw, commanding officer NNCB 14 performed the ceremony. Cmdr. Charles King, NAS executive officer, Lt. Cmdr. Chris Latham, weapons officer, Lt. Cmdr. Scott Shiver, executive officer, NMCB 14, Lt. Cmdr. Suzanne Openshaw, Charlie Company commander, NMCB 14, CW04 Rick Lee, assistant weapons officer and the men and women of the Weapons Department and Seabees of NMCB 14 were also present for the ceremony.

See WEAPONS BUILDING, Page 11

NMCB 14 Commanding Officer, Cmdr. Charles Fanshaw (left) and NAS Jacksonville Commanding Officer, Capt. Mark Boensel, celebrate the construction of the new NAS Naval Weapons administration building on Akron Road by cutting the ribbon and welcoming its new tenants.



Photo by Miriam S. Gallet

Region 'kicks off' CFC

Combined Federal Campaign (CFC) Regional Director Steve Conrad (left) accepts a CFC kick-off check for \$22,896 from Galen Carver, Commander Navy Region Southeast executive director and Capt. Hardy Kircher IV, CNRSE chief of staff, at a ceremony held last Friday at NAS Jacksonville NEX Food Court. During the acceptance speech Conrad praised the Region's men and women for their selfless donations and contributions to CFC over the years and looks forward to this year's drive. According to CNRSE Regional CFC Coordinator Sherri Albertson, this year's goal is to have 100 percent contact with every military and civilian employee aboard NAS Jacksonville, NS Mayport and Naval Submarine Base Kings Bay. "The events of Sept. 11 reminded us how important it is to contribute and to support charitable organizations and the CFC is the easiest and safest way for military and civil service members to do so," said Albertson.



Photo by Miriam S. Gallet

WEEKEND WEATHER



FRIDAY 76/88
SCATTERED THUNDERSTORMS



SATURDAY 76/88
PARTLY CLOUDY



SUNDAY 77/90
PARTLY CLOUDY

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site:
<https://www.nlmof.navy.mil>

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SAFETY TALK

Don't use cell phones while fueling

From the Safety Office

The Naval Safety Center has recently been deluged with questions concerning the validity of safety issues associated with fueling vehicles. The latest questions have been in reference to concerns of static electricity or the use of cell phones around flammable materials or atmospheres, during fueling operations.

Apparently there are e-mails circulating that cite several instances of people fueling their vehicles and experiencing a fire caused by one of the possible ignition sources listed above.

Many people have asked for clarification concerning the use of cell phones while fueling a vehicle. This issue is complex so the Naval Safety Center has asked the National Fire Protection Association (NFPA) for their opinion.

According to Robert Benedetti, principal flammable liquids engineer, NFPA International, this issue started out in the "urban legend" category.

"A fire incident supposedly occurred in a Far East country when a patron refueling their vehicle, used a cellular telephone and ignited gasoline vapors.

The incident could not be confirmed and even the reporter who wrote the

story for the Far East edition of the Wall Street Journal admitted she had gotten the story third-hand," said Benedetti.

"The stories proliferated and the major petroleum marketers decided that they had to do something. So, a few started posting warnings and initiating public service messages. Once a few did, the rest followed, as did the American Petroleum Institute," he added.

It was also reported in the early stages of these issues that a few European countries had always prohibited the use of cellular telephones and similar devices at service stations. Recently, two incidents were reported.

In the United Kingdom, an auto mechanic experienced a fire when his cellular telephone rang while he was working on the fuel system of a car.

Another incident occurred on an offshore oil platform, when an instrument technician had a similar experience while working in an environment that may have contained an ignitable atmosphere. The first incident is not confirmed. The second was confirmed but there is a question as to what was the ignition source.

According to Benedetti, cellular telephones are not designed for use in an environment where an ignitable atmosphere might exist. The owner's

manual of most leading cell phone manufacturers states this fact quite clearly.

This is also true of many pagers, particularly the "full function" types. Some pagers are suitable for such atmospheres; they carry a small label stating so.

Benedetti also added that it would be possible to create an ignition capable spark with a cell phone. One scenario involves dropping the telephone in such a way that the battery is ejected and is short-circuited across its charging terminals.

He did say however that, the chance of all the right conditions coming together at the same time are distinctly remote. There are numerous potential ignition sources on an automobile, but the incidence of fires during fueling episodes is rare, to say the least.

There has also been thought on static electricity being an ignition source in some of these fires. The Petroleum Equipment Institute in March 2002 issued a press release warning motorists to be cautious while fueling their vehicles and to follow three basic guidelines while filling up.

Turn off your engine.
Don't smoke while fueling a vehicle.
Never re-enter your vehicle.
For more information check out their website at www.pei.org.



Meet A Sailor...

MS2(AW) STEPHANIE CANTEEN

Job title/command:
NAS Jax Galley

Hometown: Bronx, N.Y.

Family Life: Single with four boys.

Past Duty Stations: San Diego, Calif., Winter Harbor, Md., VP-45, NAS Jax.

Career Plans: To finish school for medical assistance and have a career in labor and delivery.

Most Interesting Experience: Raising my children on my own.

Words of Wisdom: Put God first in whatever you do, and it can be done. To help others you must help yourself first.



Meet A Civilian...

ALICE DUVALL

Job title/command:
Sales Clerk, Navy Exchange

Hometown: Orange Park

Family Life: Married for 22 years with two children.

Past Duty Stations: Norfolk, Va.; Sicily, Italy; and Subic Bay, Philippines.

Career Plans: To be the best sales associate possible.

Most Interesting Experience: When I became a United States citizen.

Words of Wisdom: Follow your dreams and stay determined and focused.

HEY MONEYMAN!

Hey, MoneyMan!

Last night a nice insurance agent talked with my wife and I about life insurance and sold us a policy which covers me for \$100,000 and my wife for \$50,000. Our children are also covered.

The policy is \$150 per month for all of us and he said we would have more than \$250,000 in savings when I reach age 65. Please pass the word about this great deal to your readers.

MoneyMan Sez:

It's true that most of us should have life insurance and fortunately you are eligible for \$200,000 for about \$16 per month through your SGLI. Your wife can also get Family SGLI at a low cost and your children

are automatically covered for \$10,000 at no extra cost.

If you think you need more insurance, although you probably don't, think about term insurance. For example, several companies offer \$250,000 term insurance policies for around \$18 to \$20 per month for males or females under age 32.

If you were to buy one of these policies for you and one for your wife, you would have \$450,000 of insurance for yourself and \$250,000 for your wife for approximately \$50 to \$55 per month.

Investing the difference for what you could pay for "whole life" insurance you could save up to \$100 per month. At \$100 per month for 40 years with a 10 per-

cent return, this would give you more than \$550,000 in savings.

The best thing to do is to check out all "great deals" with someone you trust and never sign a contract until you do.

Hey, MoneyMan!

I just bought a used 1995 Mazda 626 for \$8,250 which was \$1,000 off the sticker price. My payments are \$350 a month. I thought I got a deal, but my buddy tells me I got ripped-off. What do you think?

MoneyMan Sez:

Maybe, maybe not. Which model did you buy? What is the NADA retail price? How long are you going to be paying \$350 per month? Did you put anything down? Is the car in good condition? These are

just some of the questions you should ask before you buy the car.

It is always a good idea to get a second opinion on all major purchases prior to signing a contract. Take your contract to someone you trust - your CFS, Navy Relief, the FSC financial counselor or one of our credit unions and have them check it out.

Just as an example the NADA (blue book) retail price for a 1995 Mazda 626 DX is \$6,800. If you put \$800 down and financed the balance for 24 months at 8.5 percent APR, your payment would be around \$275 per month.

More questions? Call Hey MoneyMan! at 778-0353.

Personal benefits information accessible 24 hours a day

From CNRSE Human Resources Office

Department of the Navy (DoN) civilian employees now have access to personal benefits information at their fingertips.

Using either your telephone or computer, you can access your benefits information and make electronic transactions at your convenience - night or day.

Make benefits transactions

Complete your health and life insurance, and Thrift Savings Plan (TSP) transactions using the telephone or computer. For most transactions, help from a counselor is not needed.

However, if you are using the Benefits Line to make a health insurance transaction for family coverage you will be transferred to a benefits customer service representative (CSR) to have the names of your dependents added to your enrollment.

The system will also prompt you to a CSR if you or your spouse have health insurance other than federal group health coverage.

Confirmation of your transaction is immediate. Confirm by listening over the phone or view the transaction on the web.

After the effective date of the transaction, ensure proper deductions are withheld by reviewing your Leave & Earnings Statement. This will be your confirmation that your transaction has been completed.

Use your phone

Dial 1-888-320-2917.

Enter your Social Security Number (SSN).

Enter your Personal Identification Number (PIN). Your PIN will be 4-

digits equal to your month and year of birth (MMYY) for first-time callers.

For security purposes the system will prompt you to change your PIN to a 6-digit number of your choice. Note: Your benefits line PIN will also be used as your Employee Benefits Information System (EBIS) PIN.

Enter your daytime telephone number.

Press the menu option for the benefit information or transaction you want.

Use your computer

Go to www.donhr.navy.mil and click on the EBIS icon.

Establish a password. The system will require you to enter data that is specific to your personnel record. You can get this information for your (LES).

For security purposes you will not be allowed to establish a password until the system recognizes you as an employee of the Navy.

Once you establish your password you will be allowed to enter the EBIS application. You can log into EBIS using your SSN and password.

To make a benefits transaction or access personal information you will need to enter your SSN and PIN. If you are a first-time user and have not used the Benefits Line you will need to create a PIN.

If you have already used the Benefits Line then your benefits PIN will be your EBIS PIN. Note: If you create an EBIS PIN it will be used to access the Benefits Line.

Follow the menu options to select general information or personal information.

Retirement planning

You can obtain instant retirement estimates and Personal Benefits State-

ments.

In EBIS go to the retirement, personal retirement information, select estimates or personal benefits statements, estimates or benefits statements can be viewed and/or printed.

On the Benefits Line, go to the retirement menu, select estimates. Estimates can be faxed to you at a number you provide after entering answers to specific retirement questions.

Note: It is recommended that you speak with a Benefits CSR if you have any of the following:

- Are planning to retire within one year
- Post-56 Military Service

vice

- Have had a break in service
- Received a refund of retirement contributions
- Have performed temporary service
- Transferred from Civil Service Retirement System (CSRS) to Federal Retirement System (FERS)

Need help?

There may be times when you need to speak to a person. Call 1-888-320-2917, Monday through Friday, 7:30 a.m. - 4:30 p.m.

A Benefits CSR will answer your questions and help you solve any benefits-related issues.



Sunday Services

You are invited to the following Base Chapel Worship Services this Saturday and Sunday:

Saturday 5 p.m. - Catholic Mass

Sunday 8:30 a.m. - Protestant

Communion 9:30 a.m. - Catholic Mass

11 a.m. - Protestant Worship

Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon.

Register to vote by Oct. 7

Voting registration books will remain open until Oct. 7 for anyone interested in voting in the general elections on Nov. 5. Contact your command voting representative to register.

Cecil Fielders holding reunion

All personnel who were stationed at NAS Cecil Field are invited to attend a Cecil Field Reunion on Saturday from 6:30 to 10:30 p.m. at the NAS Jacksonville O'Club.

Tickets are \$20 per person and include a dinner buffet. Entertainment will be provided by a DJ.

For more information and to RSVP, call Carol Begue at 542-8612, Lee Pica at 542-3106 or Angel Sanchez at 542-2381.

Attendees are requested to RSVP by today at noon.

Jax Air News

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Ruce relieves Wood as 'Topcat' commanding officer

By Lt. j.g. Ricardo Alston
VS-31 PAO

Cmdr. Kevin Ruce relieves Cmdr. Randolph Wood as the 47th commanding officer of the VS-31 "Topcats" in a ceremony today at 10 a.m.

Rear Adm. David Architzel, commander, Navy Region Mid-Atlantic, will be the guest speaker. Architzel was the VS-30 "Diamond Cutter" commanding officer during Wood's first S-3 tour at NAS Cecil Field.

Ruce, a native of Duluth, Minn., received his commission in 1984 through the Aviation Officer Candidate School in Pensacola.

As a Naval Flight Officer (NFO), his flying tours include duty with VQ-2 in Rota, Spain where he flew the EA-3B Sky Warrior in support of Sixth Fleet, two tours flying the ES-3A with VQ-6 at NAS Cecil Field and a tour with VQ-5 at NAS North Island, Calif.

He was named the Sea Control Wing, U.S. Atlantic Fleet Senior NFO of the Year for 1995.

Ruce's shore assignments include a tour with U.S. Space Command's opera-



Cmdr. Kevin Ruce



Cmdr. Randolph Wood

tions staff in Colorado Springs, Colo., the Canadian Armed Forces Staff College in Toronto, Canada and assignment to the Office of the Secretary of Defense as a policy officer in the Defense POW/Missing Personnel Office in Washington, D.C.

Ruce reported to VS-31 as executive officer in July 2001.

Wood's next assignment will be as the S-3B requirements officer on the Navy staff in Washington D.C.

The incoming "Topcat's" executive officer is Cmdr. Edward Baron II, a native

Kennedy, the squadron's homeport is at NAS Jacksonville.

The 52-year-old squadron first flew the Avenger aircraft, followed by the AF Guardian Hunter Killer aircraft.

In 1954, the squadron received the first Grumman S-2 Tracker and in 1977 transitioned to the jet-powered Lockheed S-3A Viking. VS-31 was the first squadron to deploy with the S-3B in 1990.

The squadron has been awarded the Battle Efficiency Award eight times since its inception and Lockheed's Golden Wrench Award for maintenance excellence nine times.

The "Topcats" have a proud history of excellence and hold the longest-running flight safety record in all of carrier aviation in the past 32 years, with more than 130,500 hours and 19,500 carrier-arrested landings without a "Class Alpha" mishap.

The squadron recently returned from an extremely successful combat deployment to the North Arabian Sea in support of Operation Enduring Freedom.

of Long Island, N.Y. Baron comes to VS-31 from the United States Central Command at MacDill Air Force Base in Tampa, where he served as a planning officer until April 2002.

The "Topcats" would like to extend a warm welcome aboard to Baron and his wife Anne Elizabeth.

VS-31 is a carrier-based squadron that flies the S-3B Viking aircraft in a variety of patrol, anti-submarine, and anti-surface missions.

When not deployed aboard the USS John F.

Fill the barrel

Hospital Second Class Association collects goods for Base Food Locker

From Naval Hospital Jacksonville Public Affairs

To benefit junior Sailors at NAS Jacksonville, The Naval Hospital Jacksonville Second Class Petty Officers Association (SCPOA) led by Association President HM2 Stacy Williams recently held a food drive to restock shelves at the Base Food Locker.

Association volunteers collected donations of non-perishable canned goods through August and early September. Donations came from the hospital, the NAS Jacksonville Branch Medi-

cal/Dental Clinics, Occupational Health, Preventive Medicine and Naval Air Reserves Medical as well as other departments and individuals outside the hospital.

A collection barrel was set up during the month on the hospital's quarterdeck for staff and guests to drop off donations. The drive was coordinated by PC2(SW) Shemika Jeffries, HM2 Tamara Marks and HM2 Anna Herrera.

The Base Food Locker is located in Building 590. The food stored there is available to active duty and retired Sailors in need who



Photo by HM3 Pamela Penn

HM2 Rhonda Wiley, PC2 Shemika Jeffries and HM2 Tamara Marks display the canned goods the Hospital's Second Class Association recently collected for the Base Food Locker.

have been referred through their command financial specialist, or a chief petty officer.

Hours of operation for the Base Food Locker are 7:30 a.m. to 4 p.m., Monday through Friday. For infor-

mation on the Base Food Locker, call EM3 Paul Pennell at 542-3918.

NAS Jax to host military retiree seminar

NAS Jacksonville is hosting the 31st Annual Military Retiree Seminar Saturday, at the VP-30 Auditorium from 9 a.m. until 3:30 p.m. All retired military members and their families in the Northeast Florida area are invited.

Topics to be covered include legislative updates, long-term care, TRICARE, and military pay. Booths will be set up to answer questions.

The keynote speaker is Bob Hurley, Relocation/Retired Affairs Program manager at Submarine Base Kings Bay, Ga. Hurley is also Chairman of the Submarine Vets Veterans Affairs Committee, and a member of the Secretary of the Navy's Retiree Council.

The NAS Jacksonville Retired Activities Office (RAO), a component of the Fleet and Family Services Center aboard the station, is coordinat-

ing the seminar.

RAOs were established in 1981. They serve as a link between the retiree and the military community and other government and private agencies. The RAO is staffed by retired volunteers trained to assist other retirees, their families and survivors.

The RAOs clients are retirees from all branches of the uniformed services, both regular and reserves, their spouses, former spouses, children or designated representatives and guardians. All may seek help.

Military members still on active duty who need assistance, especially their local RAO. The RAO aboard NAS Jacksonville can be reached by calling 542-2766 Ext. 126 or 124, or e-mail at: raojax@nasjax.navy.mil.

Tri-base Military Job Fair slated

The Fleet and Family Support Centers of NSB Kings Bay, NS Mayport and NAS Jax are sponsoring a Military Job Fair at the Morocco Shrine Auditorium on Oct. 29 from 9 a.m. to 2 p.m.

The purpose of the fair is to bring employers together at a central location to give service members and their families a chance to learn more about employment opportunities in the area.

Employers offer job information, accept applications and conduct interviews. Job Fairs are coordinated by the Spouse Employment Assistance Program (SEAP) managers at the three naval bases.

Employers at the job fair come from a cross section of the Jacksonville area busi-

ness community and selected national firms. The Fall 2002 Job Fair is expected to draw approximately 150 to 200 employers. They will be there to discuss employment opportunities and/or your career aspirations.

All military personnel including retiree's and their family members (spouses included) are encouraged to attend. Stop in and check out what the local job market has to offer. You may find a "second career" opportunity, or that "dream job" you have been looking for.

The fair is free to attend. Bring resumes and dress for success. For more information, contact the Kings Bay Fleet and Family Support Center at (912) 673-4513.

HS-11 generous with their time for community

By Lt.j.g. Teresa Ferry
HS-11 PAO

HS-11 "Dragonslayers" and their family members proudly call Jacksonville home and are welcomed by the local community.

To show their appreciation the squadron spends many hours volunteering their time and effort in local community projects. Recently, they participated in School Scape 2002, Girl Scouts of America Rescue Weekend Retreat, and Habijax.

On Aug. 24, AWC (AW/SW) Chad Barrett, AW1(AW) Steve Ayers, AW1(AW/SW) Brantley Lowe, AW2(AW) Dave Brown, AW2(AW) Shad Hernandez, AW2 Jeremy Miller, AW2(AW) Jake Johnstone, AW2 Lance Crego, AW2(AW) Ceasar Urgiles, AW2(AW) Tim Lemmerman, AW3 Jay Harris, AW3 Dustin Kirk, AW3 Dilon Dover, AW3 Thomas Buford, AW3 Noland Yates, and AW3 Chris Dondelinger went to Orange Park High School to help in School Scape 2002.

They spent their day landscaping the school grounds in preparation for the new school year. Existing trees and bushes were trimmed, new plants were added, the grounds were raked and all trash was removed. Orange Park High School students were able to enjoy the newly renovated school grounds upon their return to school.

HS-11 aircrewmembers also

took some time to join area firefighters, paramedics, and law enforcement members and participated in the Girl Scouts of America Rescue Weekend Retreat. They taught the Girl Scouts rescue and survival techniques and basic swimming in an effort to improve their skills. Volunteers for this project included AWC(AW/SW) Larry Favors, AWC (AW/SW) Chad Barrett, AW2(AW) Todd Simpson, AW2 Stacy Valdez and AW3 Kenny Sevenello.

On Sept. 7, Cmdr. John Schoeneck, Lt. Cmdr. Larry Patrick, Lt. Matt Polzin, Lt. Tre McQueen, Lt.j.g. Hampton Parrish, PN1 James Reed, YN1(AW) Salvatore Lettieri, AW1 (AW) Steve Ayers, AW2 Joel Sizemore, and YN2 Kevin Glover volunteered their services for Habijax, the local branch of Habitat for Humanity.

Volunteers landscaped, installed mailboxes, completed minor trim work and cleaned the inside of three new houses to make sure they were in move-in condition for the new homeowners. The "Dragonslayers" worked side-by-side with other area volunteers and with the new homeowners of each house.

The squadron enjoys every opportunity to help and improve the local Jacksonville community through volunteer programs. HS-11 "Dragonslayers" stand ready to assist wherever they are needed.



HSO Sailors do some landscaping at a Habijax house.

Photos by JOC Bill Austin

HSO Sailors put in some sweat equity for Habijax

By JOC Bill Austin
HSO PAO

Sailors from the Naval Healthcare Support Office (HSO), based aboard NAS Jacksonville, once again rallied together to help make a dream come true for new homeowners of a Habitat For Humanity house in Jacksonville.

On Sept. 20, 11 volunteers conveyed to the downtown brick building of Habijax, the local chapter of Habitat for Humanity International, to receive their assignments with a huge crowd that waited for the same. Afterwards, everyone joined hands and formed a circle to pray before the workday started.

Habitat for Humanity International is a nonprofit worldwide Christian housing organization that invites people of all backgrounds, races and religions to build houses together in partnership with families in need. The organization was founded in 1976, and has built more than 100,000 houses around the world, providing more than 500,000 people with affordable shelter. Habijax, according to the group's Community Relations Dept., has built 1,000 houses in Jacksonville to date.

Habitat is not a "free ride" though. Certain criteria must be met before the first nail is driven. Habitat houses are not sold, not given to prospective homeowners. To qualify, they must live in substandard or overcrowded housing. They also have to be able to make the mortgage payment. "Sweat equity," or several hours of work has to be given as well to either their prospective new home, or another sponsor organization to build another house.

The new unfinished house stuck out like a shining star in a neighborhood that lost its glimmer long ago. Old cars litter many front yards here, and uncut grass and tall weeds cover trash and other dirty



HSO'S HN Marilyn Ongoco (above) levels the yard at a Habijax house.



HSO'S HM3 April Halberg (left) prepares a window surface before painting.

collections lying beneath. Dahlia Greathouse is not concerned about any of that though, she and companion Tim Syrmis are proud new owners of a house of their own, and are more than happy to tell you about it. "This is a dream come true," said Greathouse, her brown eyes dancing. "It is so nice for you all to come and volunteer your time for us," she added with a big smile. The couple has been putting in their "sweat equity" since the beginning of construction.

HSO Sailors didn't waste any time rolling their sleeves up for the day ahead. Today the task was land-

scaping and interior painting. "I wanted to do something to help out," said HN Katherine McBride, as she dipped her paintbrush. HM2 Wilmer Sanders spent his day outside planting flowers and trees. "This is the second time that I have volunteered for Habijax, and I think it's a great program," he said as he brushed some dirt off his hands.

One shirtless man walked out of his house in the afternoon sun rubbing the sleep out of his eyes. He probably summed up the efforts of the HSO group best when he said with a serious look, "you done good."

KUDO KORNER

The following staff members of Fleet Area Control and Surveillance Facility, Jacksonville were recently recognized with awards:

Navy and Marine Corps Achievement Medal

AC2 Daniel Dammarell

Good Conduct Award

OS2 Ricky Mullings

AC2 Erwin Sinsay

OS1 Tracy Dover

AC1 Craig Sipe

AC2 Daniel Dammarell

KEFTACEX – a success for VP-5

By Lt.j.g. Brett Staples
VP-5 PAO

More than 1,500 people from nine nations converged on NAS Keflavik, Iceland from Aug. 23 to Sept. 9, to take part in the eighth annual Keflavik Tactical Exchange (KEFTACEX).

This is the largest Anti-Submarine Warfare (ASW) exercise in the North Atlantic. VP-5 sent its Combat Aircrew Eight (CAC 8) and a team of maintenance personnel as representatives of the Maritime Patrol Fleet.

KEFTACEX is a Navy invitational exercise designed to improve NATO interoperability and advance the basic fundamen-

tals and concepts of coordinated ASW against diesel submarines. The exercise is also used as an ASW "Battle Lab" for experimental tactics and procedures. This year's exercise involved military forces from Canada, Denmark, France, Germany, Italy, Norway, the Netherlands, the United Kingdom, and the United States.

According to Rear Adm. John Waickwicz, commander, Iceland Defense Force and commander, Fleet Air Keflavik, the purpose of the exchange is to advance the readiness of participants in ASW so that they are well practiced and ready to execute the missions if ever called upon in a time of tension or war.

Vital to the success of the exercise was the coordination between the ships and the aircraft flying above trying to find and track the submarines. Data was retrieved from every mission and compiled by the Surface Warfare Development Group (SWDG) into a digital state-of-the-art 3-D

recreation of the exercise. Severe weather was a continual factor for much of the exercise, but thanks to the flexibility of the aircrew and the tireless efforts of the maintenance personnel, the "Mad Foxes" of VP-5 were able to safely return home having achieved all of their objectives.

The Naval Hospital Jacksonville Color Guard lowers the National Ensign to half-mast as hospital staff and gathered guests remember those lost in the terrorist attacks of Sept. 11, 2001.



Photo by HM2 Michael Morgan

Another day that will live in infamy Naval Hospital Jacksonville remembers Sept. 11

From NavHosp Jacksonville Public Affairs

Naval Hospital Jacksonville joined the rest of the nation on Sept. 11 to remember and honor, with a special memorial service, all those who lost their lives in the events that tragic day just one year ago - events which British Prime Minister Tony Blair described as "not an attack on America alone but an attack on the free and democratic world."

The Naval Hospital Jacksonville service, attended by an estimated 200 people, started with the raising of the National Ensign by the Hospital Color Guard while the National Anthem was performed by Navy Band Southeast. Held at 8 a.m., the hospital service preceded a base-wide ceremony which took place later in the morning at Patriot's Grove aboard NAS Jacksonville.

After the invocation, Hospital Executive Officer Capt. John Sentell, who was at the Pentagon on the day of the attacks, reminded those in attendance of the challenges that lie ahead for us all but especially for members of the Armed Forces.

Sentell said, "Those of us in uniform need to be ready to fight this long battle. It is all about family. This is all about

Freedom, Family, our Navy and our Nation. We have to remember why we wear the uniform." Sentell concluded, "I told my father, I do what I do so you can live the way that you live - in freedom."

The service continued with an invocation, a recitation of the Sept. 11th timeline of events, the doleful ringing of a bell and the haunting refrain of Taps. Passages from Psalms 46 were read and prayers were offered by the hospital Chaplains.

Following the service, a few of those in attendance shared their thoughts on this sad anniversary.

Claire Stacy, who works in Inpatient Records, said, "It's a very sad day and brings back thoughts of last year's events. When you see the events on the news it's hard to believe that this could happen to our country. President Bush has done a remarkable job."

Lt. Cmdr. Jenevieve Williamson, Mental Health Division Officer, said, "It was a day of remembrance, faith, honor, courage, commitment, patriotism, strength in numbers and the realization that together all things are possible with God as our leader."

Longer waiting time as pharmacy upgrades

By Loren Barnes
Naval Hospital Jacksonville Public Affairs

Big changes are planned for the Naval Hospital Jacksonville Pharmacy over the next few months, all designed to improve service.

Partnering with National Naval Medical Center Bethesda, Naval Hospital Jacksonville is preparing to implement the latest generations of pharmacy dispensing systems. The Outpatient Pharmacy is being upgraded to a new state-of-the-art automation system that incorporates a barcode system. This system will mean a safer, more reliable process for you from start to finish.

Due to the extent of the renovations, which will begin in December and continue through February 2003, several phases will be needed to enable the pharmacy to provide services while, at the same time, revamping the production areas. During this time, pharmacy customers may experience longer waiting times than normal due to the construction going on inside the pharmacy.

Lt. Jody Dreyer, Outpatient Pharmacy division officer said, "The Pharmacy staff will try to minimize



Photo by Loren Barnes

Pharmacy Technician Charles Small loads pills into the Opti-Fill 2, robotic refill processing machine. After you place your order via the touch call service at the hospital it is dropped into the pharmacy's computer system and processed by the Opti-fill 2. The machine fills 800 to 1,500 prescriptions per day.

customer wait time and inconvenience during this construction but would appreciate customer patience." He said, "Everyone should keep in mind that the new system is to enhance patient safety.

Customers are also encouraged to utilize the pharmacy call-in and internet refill options as much as possible to place refill orders to reduce the number of customers being seen at the pharmacy itself.

To place refill orders through the dial-in refill system, dial (local) 542-7410 (local), 1-800-628-7427 (automated refill), 542-7405/6 (general infor-

mation).

To place a refill order online go to the Naval Hospital's website navalhospitaljax.com and simply click the "Pharmacy Online FastLink" on the website's introductory page. You will then be offered a form asking you for your sponsor's ID number, the prescription number, etc. Refills can be picked up conveniently at the drive-thru pharmacy pick-up building located in the hospital parking lot.

As the construction project approaches look for updates in Jax Air News on specific weeks in which patient wait times will be most impacted.

New hours for Navy College Learning Center

The Navy College Learning Center has returned to its normal operating schedule: Monday and Wednesday 9 a.m. - 6 p.m., Tuesday and Thursday 10 a.m. - 7 p.m. and Saturday 9 a.m. - 1 p.m. The evening hours on Tuesday/Thursday provide a later study time that is less hectic for students. The early Monday and Wednesday hours give students the opportunity to meet command obligations and pursue career advancing

endeavors such as ASVAB preparation or officer program requirement preparation.

You are invited to experience the Saturday Study Set on Sept. 28 from 9 a.m. - 1 p.m.

The Saturday Study Set features self-paced learning, refreshments and prizes to welcome the return of our dedicated students. Space is limited.

Call 542-3676 today, to reserve your computer seat.

Red Cross volunteers - a valuable asset

By HM3 Jessica Peau
Naval Hospital Jacksonville Public Affairs

A terrific resource for Naval Hospital Jacksonville in providing family centered care comes directly from the community the hospital serves.

That resource is the pool of volunteers who work with the Hospital Red Cross program. These dedicated individuals work in a variety of areas such as nursing, administration and computer technology. Volunteers also man information desks, greet visitors and run the hospital's parking lot shuttle.

One very valuable volunteer is Irene Thomas. Originally from Richmond, Va., Thomas has volunteered with the Red Cross Volunteer Program at Naval Hospital Jacksonville since 1992 when she retired as a school food manager.

She started volunteering at the

Family Practice Clinic taking patients' vital signs, doing standbys for the physicians and helping with prenatal charts.

For the past two years she has been volunteering at the administration office, orientating new volunteers with Naval Hospital Jacksonville's safety and confidentiality requirements.

Thomas and her husband, a Navy retiree, wanted to volunteer on base and give back to the military community.

"After giving birth to five children at different naval hospitals and finding that everybody was always so nice and helpful to me, I felt the need to be involved with the patients and to give back some of what has been given to me," she said. "I love being in a hospital atmosphere and being able to help those who need it."

When she is not volunteering at the Naval Hospital you might find

Thomas singing with her church choir, reading, working in her garden or just simply observing people.

"My family and friends are very important to me and I'm very happy to volunteer with the Red Cross," she concluded.

Naval Hospital Jacksonville appreciates the efforts of volunteers like Thomas, who share their time to help our community. The Red Cross is looking for more of them. There are plenty of opportunities at the hospital for those wishing to volunteer. The hospital is adding a second shuttle cart to its parking lot service and will need volunteers with a valid Florida driver's license and a friendly disposition to operate it.

Volunteers must be able to work four hours per week and be friendly and caring. For further information call Helen Donahoe, Naval Hospital Red Cross, at 542-7525.



Photo by HM3 Jessica Peau

Irene Thomas has been a Naval Hospital Jacksonville Red Cross volunteer since 1992.

Navy medicine awarded patent for dengue DNA technology

From Bureau of Medicine and Surgery
Public Affairs

Navy medical researchers received a patent this week for new technology that may lead to developing a vaccine against dengue fever.

Dengue fever, a mosquito-borne infection that in recent years has become a major international public health concern, is found in tropical and sub-tropical regions. Its symptoms include those associated with a severe case of the flu.

It is rarely fatal, but has a potentially lethal complication, dengue hemorrhagic fever (DHF), that can lead to high fever, enlargement of the liver, circulatory failure, shock and death.

The World Health Organization estimates that a half-million cases of DHF require hospitalization each year. Without proper treatment, fatalities can reach 20 percent.

"Historically, dengue has had a compromising impact on military operations and for that reason DoD made vaccine development for this agent a top priority," said Navy Capt. Kevin Porter, Medical Corps, head of the viral diseases department at Naval Medical Research Center in Silver Spring, Md.

Porter and his research team is taking a novel approach to developing the vaccine called "naked DNA immunization." Navy researchers have been using this approach to develop dengue and other DNA vaccines since the mid-1990s.

Dengue fever, unlike its distant cousin West Nile fever, is caused not by a single virus but by four types of viruses simply known as dengue-1, dengue-2, dengue-3 and dengue-4.

Once in the body, the virus enters cells and releases genetic material that replicates and kills the cells.

"The science of the virus is well understood," said Porter, "but developing an effective vaccine against it is tricky."

The Navy's DNA vaccine is made up of tiny amounts of genetic material from each virus

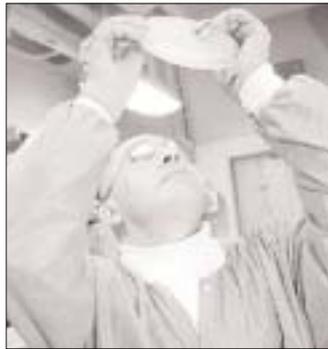


Photo by PHAN Jessica Davis.

HM3 Carlos Aguilar from Mexicali, Mexico, looks at bacterial growth on a petri dish in the USS George Washington's medical department. Washington is homeported in Norfolk, Va. and is on a scheduled six-month deployment conducting combat missions in support of Operation Enduring Freedom.

type, which then mimics the virus' behavior in cells but doesn't kill them. Instead, it provides immunity against the disease.

The vaccines against dengue-1 and dengue-2 have been successfully tested in the laboratory and the Food and Drug Administration has approved phase one clinical trials on the dengue-1 vaccine. The trials are expected to begin early next year.

The vaccine patent is shared by five NMRC researchers: Porter; Lt. Cmdr. Tadeusz Kochel, Medical Service Corps; Dr. Kanakatte Raviprakash, Ph.D.; Dr. Curtis G. Hayes, Ph.D.; and retired Navy Capt. Stephen Hoffman, Medical Corps.

Dengue was a major incapacitating illness among American troops in the Philippines, Asia and the Western Pacific during World War II. It continued to incapacitate troops in Vietnam, in Somalia during Operation Restore Hope, and in Haiti during Operation Uphold Democracy.

Medical personnel head west for training



Photo by HM2 John Veres

Naval Hospital Jacksonville Executive Officer Capt. John Sentell inspects Naval Hospital Jacksonville medical personnel in preparation for their Fleet Hospital Training detachment to Camp Pendleton, Calif. Two hundred Naval Hospital Jacksonville medical, security, and construction personnel are spending this week erecting a fleet hospital from the ground up. The trainees also go through numerous drills such as chemical biological, security bomb and riot drills.

'Scouts' re-up Milford

By Lt. j.g. Chad Lukins
VS-24 PAO

VS-24 "Scout" AK3 Andrea Milford re-enlisted Sept. 6. AFCM Randall Anderson performed the re-enlistment ceremony where Milford signed a new enlistment contract for the next four years.

Milford has been with the "Scouts" for the last four years coming here from VF-101 in Virginia. When asked why she reenlisted she stated, "I haven't accomplished all that I wanted to. I want to make second class petty officer and also want to learn more about my rate. My follow on orders will allow me to do that."

Additionally, good leadership within VS-24 has enhanced her Navy experience, specifically mentioning CWO3 Ken Shaw. According to Milford, Shaw was instrumental to her professional development, mentoring her along the way, and providing an enjoyable learning environment even when doing fuel or OPTAR reports.

A native of St. Stephen, S.C., Milford said her parents have been very supportive of her career.

Her advice to aspiring Sailors is, "stick it out, be patient, do a good job and you will be able to do what you want with your



Photo courtesy of VS-24

AK3 Andrea Milford displays her re-enlistment papers as her Re-enlisting Officer, AFCM Randall Anderson looks on.

career."

Milford will be transfer to Aviation Supply Depot Mayport in March 2003. She sees her new assignment as a great opportunity for learning and is looking forward to the move. "I'll be exposed to the other side of the supply system. I have been working with squadrons and now I get to learn how the supply depots operate," she said.

Got a consumer problem?

The following are phone numbers of contacts who can help with consumer problems:

Family Service Center - 542-2766

Better Business Bureau - 721-2288

State Attorney's Office Consumer Mediation - 630-2075

City of Jacksonville/ Consumer Affairs Division - 630-3467

Florida Dept. of Business & Professional Regulation - 1-850-487-1395

Construction Industry investigative services - 727-5590

EMBRY-RIDDLE CLASSES

Jacksonville Center – Building 110

Phone - 779-0246

Winter Term - Term Dates Oct. 14 – Dec. 14

NAS Jacksonville Undergraduate Classes

| Course | Title | Day | Time/PM | Building |
|--------|------------------------------------|-----|------------|--------------------|
| AMT270 | Airframe Structure & Applications | M | 4:30-10:45 | NAMTRA Room 119 |
| AMT271 | Airframe Systems & Applications | TH | 5-9:45 | NAMTRA Room 119 |
| BA311 | Marketing | W | 5-9:45 | Bldg. 110 Comp Lab |
| BA312 | Managerial Accounting | W | 5-9:45 | NAMTRA Room 119 |
| BA320 | Business Information Systems | TH | 5-9:45 | Bldg.110 Comp Lab |
| COM219 | Speech | M | 5-9:45 | Bldg. 1 Room 128 |
| EC211 | Macroeconomics | TH | 5-9:45 | FL Real Estate |
| MA211 | Statistics w/Aviation Applications | W | 5-9:45 | Bldg. 1 Room 128 |
| SF320 | Human Factors in Aviation Safety | TU | 5-9:45 | FL Real Estate |

Graduate Classes

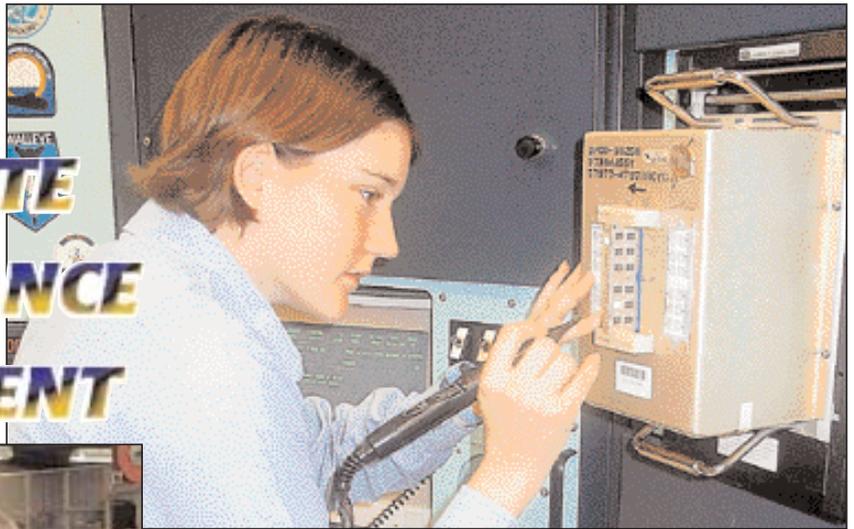
| Course | Title | Day | Time/PM | Building |
|--------|--|-----|---------|--------------------|
| MAS602 | Air Transportation System | M | 5-9:45 | Bldg. 110 Comp Lab |
| MAS605 | Research Methods & Statistics | TU | 5-9:45 | Bldg.110 Comp Lab |
| MAS612 | Aviation/Aerospace Industrial Safety Mgmt. | TU | 5-9:45 | NAMTRA Room 119 |
| MAS606 | Aviation/Aerospace Comm/Control System | TH | 5-9:45 | Craig Airport |
| MAS690 | Graduate Research Project | | TBA | |

Registration is currently ongoing

Add/Drop registration and TA deadline: Oct. 21 Withdrawal "W": Nov. 18

Tuition Rates: Undergraduate = \$164 per credit hour Graduate = \$278 per credit hour

AIRCRAFT INTERMEDIATE MAINTENANCE DEPARTMENT



ATAN Casey McLamb runs a diagnostic test on a FEB card.



AM2(AW) Korak Marrerro (left), AMAR Rafael Bustamante, and AMAA John Wiggins inspect the metal work they performed on a damaged aircraft wing.

Photos by
JO2
Jackey Bratt



AM2 Christian Carson works on a H-60 brake at AIMD's 500 Division.

Making sure the Air Wing is always ready

By JO2 Jackey Bratt
Staff Writer

Aircraft Intermediate Maintenance Department (AIMD), one of the largest departments aboard NAS Jax provides intermediate level maintenance, inspection, test and check, calibration, component repair and maintenance of support equipment to the P-3, S-3, H-60, and Air Wing.

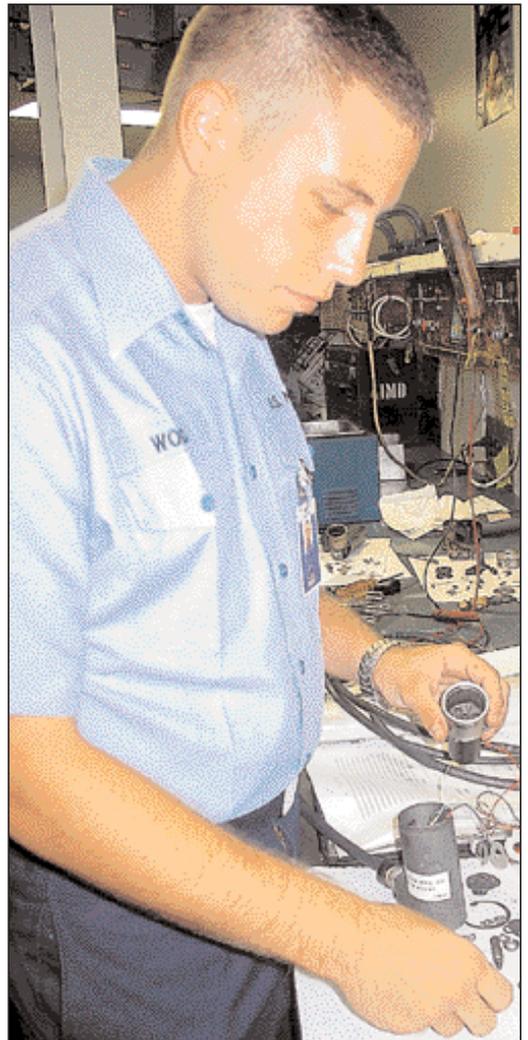
AIMD has the capability to test, repair and service more than 16,000 different aircraft components. The level of these repairs range from the small delicate and detailed work performed by micro-miniature repair technicians to the complex work performed by engine mechanics. The Sailors at AIMD find innovative ways to repair whatever is broken to ensure the Air Wing is always ready to carry out its mission. They also coordinate the shipping of components that must be repaired off-site.

The 600 Division, considered the largest division in AIMD, with more than one-third of the personnel assigned to it, performs varied tasks. The avionics work centers within the division provide electrical and electronic repair of aircraft radios, radars, navigation equipment, generators, instruments, missile launchers and bomb racks.

"Our shop repairs and maintains communication equipment for the aircraft," stated AT1 (AW) Steve Gallassero. "We operate on a day/night shift schedule and provide weekend maintenance as well."

Because the division is so large, the Sailors find it rewarding and enjoy learning about others.

"One of the most rewarding things about working here is having the chance to work with



AEAN Michael Wood assembles a bleed air valve.

other Sailors from diverse backgrounds and cultures," said Gallassero.

Some of the Sailors in the division also work with the Consolidated Automated Support Systems (CASS) equipment that was developed in 1994. This system is able to consolidate a mock of what the aircraft does, allowing the Sailors to specifically troubleshoot a problem within the aircraft.

"It's extremely advanced and a more efficient system," explained AT1(SW/AW) Chris Debroeck.

The division is also responsible for repairing anti-submarine warfare equipment on P-3's, which can present many challenges.

"Obtaining parts for old gear can become timely so we make sure we use our resources wisely," said AT2(AW) Edward Curley. Curley and his shipmates in the work center feel the same pride when they see their work in action.

"I've driven by the Buckman Bridge and have seen rescue training exercises performed by helos and think about the work gone into making sure the aircraft is at top performing level," added Curley.

Another busy division within AIMD is the 800 Division. These paraloft experts are constantly inspecting and repairing aviation support equipment. Navy parachute riggers used to only pack parachutes. Now they service, maintain and repair flight clothing, rubber life rafts, life

jackets, oxygen-breathing gear, protective clothing and air-sea rescue equipment. These pieces of safety equipment are essential for surviving emergencies like fires and chemical attacks and emergency evacuations.

"We provide our customers with timely, quality aviation support and maintenance services to ensure optimum readiness and accountability, while maintaining a cohesive team environment," stated PR1 (AW/SW) Warren Dykes.

"I deal with all aviation life-support gear. It could be anything from parachutes, survival slings or life rafts. It's gear that pilots or aircrew need to survive if forced down over land or sea," said PRAN Shelby Rayner.

"Everything is by the book and about attention to detail," Dykes explained. "As a parachute rigger, I know that aircrew and flight deck personnel can accomplish their mission, because I have provided them with the gear they need."

There is never a dull moment for the 500 Division, also known as the airframes shop. The tire shop, composite shop, structure shop, welding shop and powder coating shop all belong to the versatile aviation mechanics (AMs). These aviation mechanics work around the clock. Airframe work centers repair and maintain nearly every non-electrical and non-mechanical aircraft component.



PR3(AW) Franklin Williams and PRAN Shelby Rayner inspect parachutes for safety and durability.

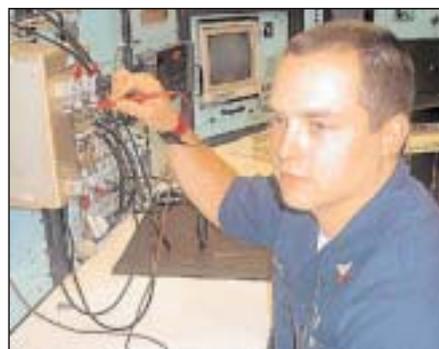
AIRCRAFT INTERMEDIATE MAINTENANCE DEPARTMENT



AT2(AW) Christopher VanNovel adjusts and repairs equipment for the S-3 and P-3 aircraft.



AM3 Nicole Ellis engraves different items at AIMD. Ellis is in charge of making sure orders are filled and delivered in a prompt and timely matter.



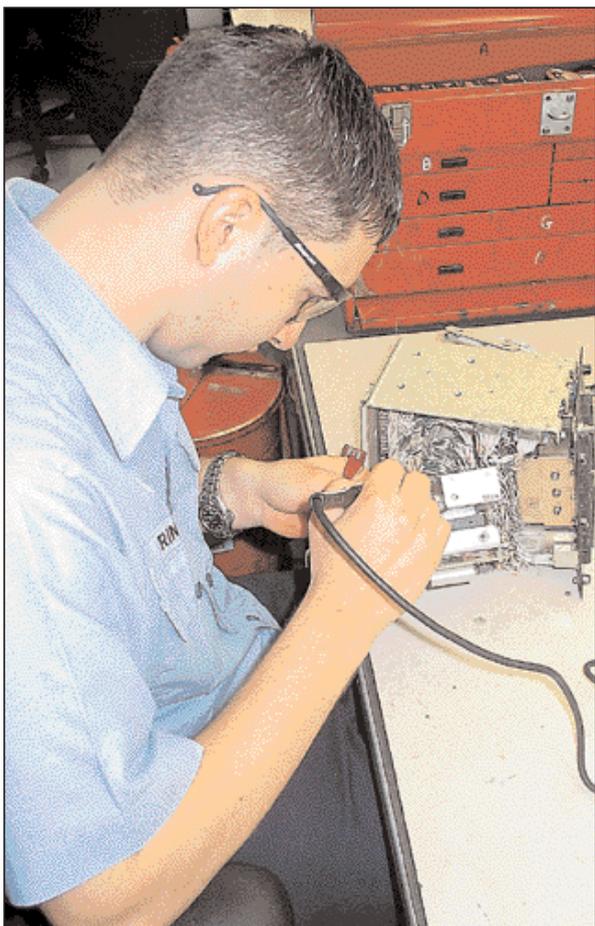
AT2(AW) Christopher Reeves measures a test point on a video card of an AAS-31.



AE2 Tony Boyett from 600 Division and AD2(AW) Zachary Henderson attached to VP-45 assess a broken propeller pump from the P-3 Orion aircraft.



AZCS(AW) David Smith mentors AZAN Quincy Simms at the Production Control Division.



AT2(AW) James Riner works hard at 62-Alpha within AIMD's 600 Division.



AIMD: Testing, repair and service support of the Air Wing

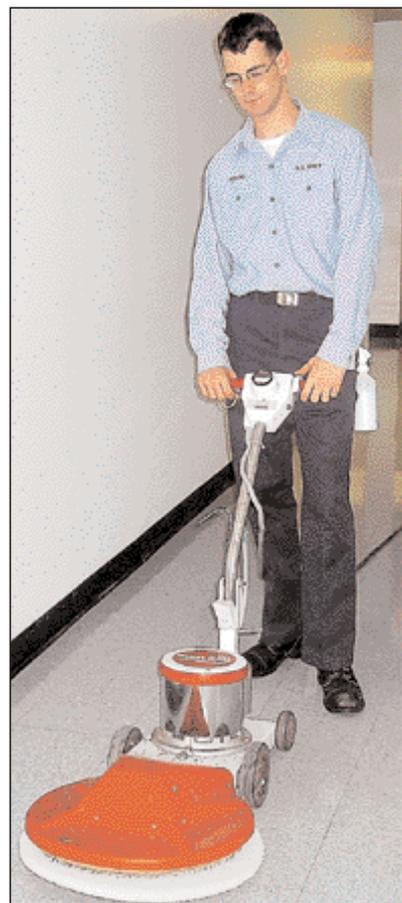
From Page 8

"We repair constructional components of aircraft for all the squadrons," said AM1(AW) Mike Salinas.

High-time maintenance items, such as tires and hydraulic equipment are repeatedly cycling through the airframes shop. Extremely fast takeoffs and landings are hard on an aircraft. This maintenance is vital to the aircraft and the pilots who fly them. Various parts and panels are sawed, shaped, drilled, welded, and laboratory tested before they go back in the aircraft. Structural damage resulting from an accident calls for immediate action.

"It's nice knowing that we can fix something that looks irreparable," said AM1(AW) Jerry Cooper, welding program manager.

These divisions provide highly technical support for the P-3, S-3, H-60, and Wing aircraft seven days a week. They ensure that every piece of gear is in sound working order prior to the next take off. Thereby, contributing to the overall success of each squadron's mission.



ATAA Deryk Perkins ensures that when Sailors and visitors enter AIMD the areas are clean and reflect the pride the Sailors have of their workstations.

NavAir Environmental hosts fourth fleet information exchange

From NavAir Public Affairs

This year's fourth NavAir Fleet Environmental Information Exchange (FEIE) was held at Naval Station Norfolk, Va. co-hosted by Navy Region Mid-Atlantic.

Fleet representatives from various Navy and Marine Corps hazardous material, supply, and corrosion control programs came to this year's exchange to discuss their environmental aviation-related issues with NavAir environmental and acquisition experts, as well as learn about new technologies and network with their peers. Forty-seven needs were collected, with burning issues ranging from environmental training and education to hazardous waste disposal. All action items collected at the FEIE have been distributed to the appropriate NavAir subject-matter expert for follow-up.

The Marine Corps attendees all agreed that there is a pressing need to establish a standard Marine Corps Military Operating Specialty (MOS) for hazardous materials control, as these functions are currently performed on a collateral duty basis. By creating the MOS, they believe they

would greatly benefit from reliable training and processes, which in turn will help consistently meet mission readiness and environmental requirements.

Other topics included the need for consistent hazardous materials control systems between Navy and Marine Corps aviation maintenance operations; manual discrepancies and electronic publications; leveraging the Navy's Technology Needs Survey process for the Marine Corps; F-14 fueling operations; pre-positioning hazardous materials for deployments; Qualified Products Lists; shelf-life; and many other items related to support equipment and hazardous materials management.

In addition to discussing their pressing needs face-to-face with the people who can initiate or effect results, attendees benefited from hands-on demonstrations of new technologies. The highlight of the demos was a corrosion control tool kit that uses bristle-disk technology for corrosion touch-up repairs.

AMC(AW) Ron Higham, an aviation structural mechanic with VAW 120, Airborne Early Warning Wing, US Atlantic Fleet, participated in the

fleet evaluation of the bristle-disk technology and attended the FEIE to talk about the experience with his peers.

"Working with NavAir on new technologies before fleet introduction is the best way to do business," said Higham. "The original disks we tested were blue, and it was difficult to find broken bristles because the color blended with the shop surroundings. We asked to have the color changed so that if a bristle broke off we could see it easier. Now the disks are bright orange and yellow. Fleet deck plate testing is a great idea because the sailors get to check out the technology before being transferred to the fleet."

Attendees also received demonstrations on automatic particle counters and steam cleaning, and were briefed on the Navy shelf-life program, HMAUL processes, and general series manuals. Hazardous Communication training was also conducted for training credit.

For information on this and future information exchanges or the action items, contact Herman Varmall, NavAir Environmental Planning and Management at 301-757-2155.



Photo by Amy Cheshire

From left: James Padgett, painter; James Odom, planner/estimator; Capt. Karl Yeakel, commanding officer, NavAir Depot Jax; Clive Jordan, aircraft exam ordnance system mechanic; and Dale Eisel, sheet metal mechanic.

Employee suggestions recognized at NavAir Jax

By Susan Brink
NavAir Depot Jax, Public Affairs Specialist

On Aug. 29, Karl Yeakel, commanding officer, Naval Air Depot Jacksonville (NavAir Depot Jax) awarded Depot employees through the Valuable Ideas Save Investments Of NavAir Depot (VISION) Program.

Dale Eisel, sheet metal mechanic and Clive Jordan, aircraft exam ordnance system mechanic, received recognition for developing a new procedure and recommending the manufacture of a reaming fixture used in the overhaul of the SJU-17 ejection seat. The fixture allows the artisan to ream upper and lower mounting holes to the proper size the first time. With approximately 50 percent of all ejection seats requiring overhaul, the use of this fixture significantly improves hole quality and reduces potential rework and collateral damage, thus saving time and material.

James Odom, planner/estimator (P&E), earned official recognition for sug-

gesting the repair of broken mounting lugs on the F-14 hydraulic oil cooler housing. The housing, which is neither available through normal supply chains nor procurable, can be repaired, thus preventing damaged units from being surveyed. This idea has already proven to be effective and economical with annual savings of more than \$100,000 per year.

James Padgett, painter, was recognized for recommending P-3 cockpit seats be painted a single gray color vice using the traditional two-tone paint scheme consisting of gray and burnt orange. This re-engineered process not only saves material dollars, but also it significantly reduces turn-around-time by two thirds. More than \$15,000 in tangible savings is expected the first year of implementation.

Yeakel commended the recipients of the VISION awards and applauded them for their efforts to improve quality, productivity, and economy at NavAir Depot Jax.

NavAir Depot Jacksonville military recognized

By Susan Brink
NavAir Depot Jacksonville Public Affairs Specialist

On Sept. 12, Capt. Karl Yeakel, commanding officer, Naval Air Depot Jacksonville (NavAir Depot Jax), recognized two active duty members departing the Depot.

As Capt. David Beck, executive officer read several citations, the CO congratulated them for their past and present accomplishments.

The Navy and Marine Corps Commendation Medal was presented to Lt.j.g. David Littleton for meritorious service while serving as Production Support officer and Quality Assurance Special Projects officer, NavAir Depot from September 2000 to August 2002.

Littleton unsurpassed dedication

and steadfast commitment to excellence has had far-reaching effects on the success of the NavAir Depot. He was instrumental in, and a driving force, behind the Depot's attainment of International Standards Organization 9000 and Aerospace Standard 9100 quality assurance certification. He designed, coded, and fielded the Continuous Improvement Program Database, providing a positive means for management to prioritize, assign, and track corrective actions within the Depot. In personally fielding this database, he saved the Depot \$50,000 in initial procurement costs and \$200,000 in ongoing software support costs.

Cmdr. Edward Harter was presented the Meritorious Service Medal

from the Commander, Naval Air Systems Command, Vice Adm. Joseph Dyer for outstanding meritorious service while serving as Production Support officer for the NavAir Depot from October 2000 to August 2002. Harter demonstrated inspired leadership, superior problem solving ability, and extraordinary managerial acumen in guiding the 600 members of the Production Support Competency.

His diligent efforts and extraordinary leadership skills were cornerstones of NavAir Depot Jacksonville's successful implementation of manufacturing resource planning. In addition, he led the production support competency through a highly successful ISO 9000:2001 audit.

HELPING HANDS

SportsAbility Expo – Oct. 11-13

The Sunshine State SportsAbility Expo 2002, an event of the Florida Disabled Outdoors Association will be held in Jacksonville. Volunteers are needed to help set up displays, assist with registration, load equipment, direct traffic and help during the event. For more information, call 262-1722. **Jacksonville Agricultural Fair Senior's Country Store – Oct. 16 - 27**

Volunteers are needed to assist at the Jacksonville Agricultural Fair in the Senior's Country Store. Local seniors make and sell handmade crafts with all proceeds benefiting Jacksonville seniors. Shifts are available daily.

All volunteers will receive free parking and admission to the fair on the day of their volunteer assignment. Volunteers ages 18 and older are welcome to participate. To sign-up, contact Sue Bisesi, at 630-1020 or email at volunteer@coj.net.

Jacksonville Humane Society Southern Women's Show – Oct. 17-20

Support the Jacksonville Humane Society during the Southern Women's Show. From Oct. 17-20 help educate the public about responsible pet ownership and the services the Humane Society provides by monitoring the event table. Minimum age is 18. To sign-up, call Chris Whitney at 725-8766, ext. 206.

Alzheimer's Association Memory Walk - Oct. 19

Lots of special event volunteers are needed for this walk through San Marco Village. Duties include assisting elderly participants and running errands beforehand. The event is from 10-11:30 a.m. Minimum age is 18 or 16 with a parent. Sign up to help out by contacting Courtney Kraft at 398-5193.

Downtown Ecumenical Service Council (DESC) Dinsmore Catfish Tournament – Oct. 19

Help out with this annual fishing event. DESC is looking for assistance during three shifts 1-4 p.m.; 4-7 p.m.; and 7-10 p.m. Volunteers will help with set-up, parking, registration, weighing fish, cooking and serving barbeque, and clean-up.

The tournament will be held on a pond at the Davey Big Tree Nursery in Dinsmore (north of downtown Jax near Dunn Avenue). The exact location is top secret until the week of the event. The rain date, if needed, will be Nov. 2 and any changes will be communicated via WJXT, TV 4. For more information or to sign-up, call 358-7955.

Jacksonville Zoo 'Spooktacular!' – Oct. 24 - 31

The Jacksonville Zoo is looking for volunteers to help out with their annual Zoo 'Spooktacular!' celebration. Volunteers are needed for a variety of costumed activities and set operation from 5-10:30 p.m. each night (costumes will be provided if needed). They also need assistance with their

Pumpkin Carving events on Oct. 23 from 4:30-7 p.m. and Oct. 27 from 1-5 p.m. All volunteers interested in costumed activities or set operation must attend a one-time orientation session prior to the event. For more information, call 757-4463, ext. 176.

Make a Difference Day – Oct. 26

This year's project, headed by Volunteer Jacksonville, will be to partner with First Coast News on Operation Suitcase 2002. Each year suitcases and toiletries are collected for children in need. This year, volunteers will be collecting backpacks, duffel bags and toiletries for children in the Jacksonville's foster care program. This will be a community-wide event held from 10 a.m. – 4 p.m. More information to follow.

Kooker Park Boys & Girls Club Octoberfest! – Oct. 31

The Kooker Park Boys & Girls Club needs volunteers to assist with this celebration by painting faces, taking pictures, serving

food and more. Minimum age is 18. To help out, contact Jennifer Shannon at 396-4435, ext. 10.

Florida/Georgia Weekend - Nov. 1 - 2

The Florida/Georgia activities include a variety of events such as a street festival, mini-museum, Hall of Fame banquet and

others. Come out to assist with games, merchandise tables, photo booth and other activities during the outdoor festival. Shifts are available from 10 a.m. – 10 p.m. both days. Minimum age is 16 without supervision. For more info, contact Sue Bisesi, at 630-1020 or e-mail volunteer@coj.net.

NAS Jax teams to compete in Wilderness Challenge

By Lt.j.g. Angela Webster
Healthcare Support Office

Are you up for a challenge? How about a 10K mountain run, followed by a whitewater raft race in Class 3-5+ rapids. Throw in a swim in freezing waters and you've only just begun. Add a 10-mile mountain bike ride over flat terrain, intense hills and tons of mud puddles, and a 14-mile mountain hike featuring some of the most rugged terrain in the Appalachians. Top it off with a paintball battle and you have yourself an adventure race.

This Oct. 3-5, two teams from NAS Jacksonville will travel to West Virginia to join 46 other teams representing the Navy, Marines, Army and Air Force and

give their all to compete in this all-military race sponsored by MWR Norfolk, Va. This is only the second time this race has been held, as last year's competition was cancelled due to 9/11 events.

Adventure racing is an up-and-coming sport, taking the traditional triathlon a step further. The primary difference between them is triathlons are an individual sport, and adventure racing is a team sport. Adventure racing calls for teams of two to four participants, sometimes co-ed. The team is only as strong as it's weakest member, and some members are better in some areas than others.

An adventure race consists of a distance run, mountain biking, kayaking, and 'mystery events'.

Perhaps the best-known extreme adventure race is the Eco-Challenge, produced by Mark Burnett of 'Survivor' fame. Burnett also sponsored the Armed Forces Eco Challenge, held in Alaska in August, to benefit Tragedy Assistance Program for Survivors. The winning team secured a spot in the coveted Eco-Challenge, which will be held in Fiji this year.

Bill Bonser, director of the Southeast Navy Regional Running and Triathlon Team (SNRRTT), is excited about the prospect of sponsoring a team to enter this race. "Our program is open to active duty military to showcase Navy athletes as positive role models. Qualified individuals represent and promote

the Navy at various road races and triathlons within their geographic region. We are looking forward to entering our teams in future adventure races as a new element," said Bonser.

Membership in SNRRT carries several benefits, including uniforms, equipment, lodging, and reimbursement for race entry fees. Members run a minimum of three events every six months. Personnel interested in joining the SNRRT should contact Bonser at 542-2930 or via email dbonser@nasjax.navy.mil.

The two teams from NAS Jacksonville are - Team Warmowski and Team Extreme Medicine. Team Warmowski is racing in memory of their teammate, Lt.Cmdr. James Warmowski, who was tragically

killed on July 14 while on a cycling training ride. He competed with Lt.j.g. Angela Webster of HSO, Lt.j.g. Chris Cooper and Lt. James 'Russ' Linderman of ASTC to win the Mayport Adventure Race held in June.

By winning the Mayport Adventure Race, Team Warmowski will have their entry fees and transportation to the Wilderness Challenge paid for by Naval Station Mayport's MWR. HM1 Adolph Herrera of NavHosp, a friend and fellow runner of Warmowski, will race in his place. Team Extreme Medicine is made up of HM3 Christopher Lunsford, HN Curtis Hildebran, and Lt.j.g. Wendy Trevino of BMC Jax and AD2 Jeff Tomaszewski from AIMD.



Former WWII POW Carl Creamer leads the Pledge of Allegiance during the ceremony.

Photo by Kaylee LaRocque



Photo by Miriam S. Gallat

Seabees of NMCB-14 and members of the NAS Weapons Department listen to Capt. Mark Boensel, commanding officer, NAS Jacksonville as he praises the outstanding job done by the Reserve Seabees.

NEW BUILDING: Weapons new home

From Page 1

The Seabees and the members of NAS Jax "Quality of Service Initiative," worked diligently to ensure the new building will consolidate all NAS Jax Weapons Department facilities into one central location.

According to Jim Morgan, deputy public works officer for NAS Jacksonville, the weapons group had been spread out into three locations on the base in older World War II-era buildings. "The Quality of Service Initiative was implemented specifically to consolidate personnel into more modern facilities and demolish aging facilities that are no longer economically viable," said Morgan.

According to TMCS Thomas Wheeler, Weapons Department LCPO, the new Weapons administration building, along with the equipment maintenance building (a NAVFAC construction contract) and the new Weapons storage facility and Armory (NMCB 14 construction) will provide improved quality of work spaces and result in improved operational efficiency for the Weapons Department. The Armory will remain in Building 875 until then.

Headed by BUC Robert Ashley, the project was started in April 2002 and was completed in five months. The Seabees of NMCB 14 showed their "Can Do" spirit by completing the project ahead of schedule and \$10,000 under budget.

"This is really a win-win situation for all involved," says Wheeler. "The Reserve Seabees had a great opportunity to get some hands-on training, and we get a great new facility at a lower cost to the Navy. We're also moving our administrative personnel closer to the production facilities which helps us do our job better."

"It was hot, and the days were long, but it was great," says EO1(SCW) Michael Falk, a project crew leader. "We're Seabees. This is what we train for."

NMCB 14 Charlie Company Commander, Cmdr. Susanne Openshaw, agrees. "This was a great opportunity for us. The skill and dedication of the Seabees from NMCB 14 is reflected in their outstanding work. They are the hardest working group of Seabees I have ever worked with," said Openshaw.

GMC(SW) Dan Burnham says he appreciated the traditional "Can Do" spirit displayed by the Seabees who worked on the project. "To be able to come in here with different crews every couple of weeks had to be extremely challenging," says Burnham. "The crew leaders, safety petty officers, everyone seemed to have a unique camaraderie and a positive attitude, in spite of the heat, rain and working through the weekends."

All phone numbers will remain the same and the Weapon's Duty Officer can be contacted in the new facility at 542-3337/8/9.

POW/MIA: Lost but not forgotten

From Page 1

POW/MIA Recognition Day was first commemorated in a ceremony held July 18, 1979 in Washington D.C. National POW/MIA Recognition Day legislation was introduced yearly until 1995 when Congress deemed that special days would no longer be proclaimed by Congress. However, the President continues to sign a

proclamation each year. In the mid-1980's POW/MIA Recognition Day was held April 9, but was changed later to September due to inclement weather conditions.

Today, ceremonies are held throughout our nation to ensure that America remembers its responsibility to stand behind those who serve in our military and do everything possible to account for those who do not return.



Photo by JO2(SCW) Eric Clay

Guests at the POW/MIA Recognition Service held at the Veteran's Memorial Wall last Thursday recite the POW Pledge of Allegiance.

MWR NOTES

Bingo happenings

There's money to be won and people to be met at the Bingo Hall. Come check out our hot specials this week:

Mondays pay out \$50 on part A and special games.

Tuesdays offer VIP drawings. You have the chance to win \$69 for a computer plus \$25 each time you yell Bingo.

Wednesdays are double lucky with double lucky ball - payout is \$300.

Thursdays change up Bingo to bogo with buy one get one free and special games.

Fridays are for fun and \$50 payouts part A also featuring the one and only \$1,500 game.

Is your command up to the challenge?

The Haunted Woods Challenge has been issued for 2002 to all commands on board NAS Jacksonville. Commands that wish to design and staff a scene for the Haunted Woods on Oct. 18 and 19 may win up to \$500 for their recreation funds. Cash prizes (for recreation funds) are given for the top three places and you get to have a lot of fun being scary. Registration forms are located in all MWR facilities or can be obtained at www.nasjax.navy.mil.

CPO club

Settle back at your club and enjoy some great deals and fun. Members of the Monday mug club can enjoy refills for \$1. Tuesdays and Thursdays enjoy Happy Hour with free munchies and beverage specials from 4 - 8 p.m. Wednesdays are spouse's night. Bring your spouse to the club and they enjoy beverage specials. Dance to your favorite tunes, bring your own CD's.

Mulligan's Octoberfest

Come and join our authentic style Octoberfest at Mulligan's 19th Hole. This themed event is Oct. 4 beginning at 4 p.m. Enjoy the sounds of Bavaria, and the German Alpine. Dance the polka, chicken dance, or join in on a conga line. There'll be a caricaturist to impress you with his artistic styling and a costume contest with prizes.

Sea and Sky Spectacular planned

The thrills in the skies and the wonders of the sea are coming back to Jacksonville.

The 2002 Jacksonville Sea and Sky Spectacular will take place Oct. 31 - Nov. 3 at NAS Jacksonville and The Jacksonville Landing. For more information check out www.nasjaxairshow.com.

Free movies in the base theater

To read a description of these movies visit MWR on-line. Please do not leave children under 18 unaccompanied and no alcohol please.

Tomorrow, 7 p.m. - Changing Lanes (R)
Saturday, 5 p.m. - A walk to remember (PG)

Saturday, 7 p.m. - The New Guy (PG-13)

Treat yourself through I.T.T.

You deserve a vacation, stop by I.T.T. and sign up for one of the many trips on the calendar.

I.T.T. has Jaguar tickets on sale for every home game, only \$28 a ticket and anyone on base can purchase them with no limitations. I.T.T. also runs a shuttle to the home games and you can sign up for any game when you purchase your tickets. We are looking for a few good volunteer drivers to drive the MWR shuttle to Jaguar games and other sponsored trips. If you currently hold a CDL license and would like to drive, please contact Pam Tierney at 542-8464 or e-mail dtierney@nasjax.navy.mil.

For more information stop in our office located adjacent to the Navy Exchange in Bldg. 953-A. Trips are open to all base personnel and their guests. Call 542-3318 for more ticket information.

The following are upcoming events:

Holy Land Experience - Take a pilgrimage this Saturday to the Biblical theme park that takes you back in time to the Land of the Bible. Transportation and tickets for adults are \$29.60 and children are \$25.60.

Octoberfest In Savannah - Enjoy a historical tour of the city, followed by an Octoberfest celebration on Oct. 5 for only \$26.50.

Capitol Fun - Experience Tallahassee with I.T.T. on Oct. 19. See Mission San Luis, the Capitol and the History Museum - all this and more for \$12.25.

Halloween Horror Nights - Tickets are now available at I.T.T., don't spend your time waiting in line at the park, have your ticket in hand when you get there. Peak night cost is \$36.80 and non-peak nights are \$30.10 per ticket.

Aquatics opportunities

Adult lessons are daily from 7:15 - 8 a.m. and active duty enrollment is free. Children's lessons are from 5 - 8 p.m. depending on level. Call 542-2930 for class times and descriptions.

Aqua aerobics classes are Monday-Thursday 11 a.m. - noon for shallow, 12:15 - 1 p.m. for deep. Monday, Wednesday, and Friday 4:30 - 5:20 p.m. for shallow and 5:30 - 6:20 p.m. for deep.

Ladies golf clinic

Ladies, come out and socialize Fridays at 4:30 p.m. at the NAS Jax Golf Club for only \$10/week.

Demo day at the golf club

Tomorrow, six vendors will be on-site to demo their merchandise. For more information, call 542-3249.

Upcoming Liberty trips

Trips are open to active duty and their guests only. Some trips are restricted to active duty only.

Sept. 28 - Paintball trip. The cost is \$5 for active duty and \$18 for guests. This includes gun, transportation and 250 rounds of ammo.

Oct. 1 - Ice skating and rollerblading trip. Van leaves Liberty Cove Rec. center at 7 p.m. The event is free. Sign up begins at 3 p.m. the day of the event.

Oct. 3 - 8-ball tournament. Free food at 6 p.m. and play begins at 7 p.m. Free to enter, and winner receives a \$25 gift certificate to the NEX. Active duty only.

Oct. 5 - Halloween Horror night. The van leaves at 4 p.m. The cost is \$25 for active duty, and \$29 for guests. Space is very limited-sign-up now.

Oct. 8 - House of card building contest. See who can build the tallest house in 45 minutes. Free food at 6 p.m. and play begins at 7 p.m. Free to enter, and winner receives a \$25 gift certificate to the NEX.

For more info, call 542-3491 or 542-1335.

Bowling at Freedom Lanes

Looking to get out of the heat? NAS Freedom Lanes has something for everyone. Every Tuesday is \$5 "All you can bowl" from 4 - 9 p.m. Check out free bowling for active duty on Wednesdays from 11 a.m. - 3 p.m. For more information, stop by or give us a call at 541-3493.

Xtreme Bowling Saturdays - 4 p.m.

\$5/Person for two games and shoe rental Saturdays - 10p.m.

\$9 person for three games and shoe rental

Saturday night fun tournaments

Sept. 28 - Scotch Doubles \$20/team

Super Sundays "All you Can Bowl" - 1:30 - 3:30 p.m.

Specials will not be sold after 2 p.m.

Mulberry Cove Marina offers deals

The marina offers 20 percent off boat rentals for active duty Monday-Thursday.

Free canoe and kayak rentals for active duty are offered on Thursdays and family members are half price or you can ride in the same canoe or kayak for free.

Enjoy September's Jon Boat special only \$15 for full day rental.

We also have a free boat launch and camping equipment for rent. For more information, call 542-3260.

Visit MWR online at www.nasjax.navy.mil and look for the tab marked MWR. This is your tab to unlimited fun. For questions or comments e-mail us at mwrnktg@nasjax.navy.mil.

THE NAVAL HOSPITAL JACKSONVILLE
HISPANIC HERITAGE COMMITTEE
INVITES YOU TO ATTEND
**THE OBSERVANCE OF THE 2002
HISPANIC HERITAGE MONTH**

Music & Lots of Fun
Come and Enjoy
Lotto Food samples

Guest Speaker:
Honorable Waldemar Ferreras
Special Assistant to Governor Jeb Bush
Central Florida Regional Office

FRIDAY, 4 OCT 2002 1000-1300
NAVAL HOSPITAL MAIN ENTRANCE

The Wellness Camp
Oct. 24 & 25
sponsored by
The Wellness Center & MWR Fitness Source
Building 967
Enterprise Avenue
NAS Jacksonville

To register: Call 542-1292, Ext. 28

| Day | Time | Activity |
|---------|-------------------------|---------------------------------------|
| Oct. 24 | 7:45-8 a.m. | Introduction |
| Oct. 24 | 8:45 a.m. | Health Status Analysis (HSA) |
| Oct. 24 | 10:00-11:00 a.m. | Intro to Wellness/Steps of Change |
| Oct. 24 | 11:00 a.m. - 11:45 a.m. | Step for Health: Overweight Tour |
| Oct. 24 | 1:00 p.m. - 1:45 p.m. | Lunch (on your own) |
| Oct. 24 | 2:00 p.m. | Stress Management/Relaxation |
| Oct. 24 | 2:15-2:30 p.m. | Power Bar / Fitness Center |
| Oct. 25 | 8:45 a.m. | HSA Reevaluation to Opt. Equipment |
| Oct. 25 | 10:15 a.m. | Step Aerobic/Stretch / Fitness Center |
| Oct. 25 | 11 a.m. - 12:30 p.m. | Lunch (on your own) |
| Oct. 25 | 2:00-2:30 p.m. | Healthy Cooking/Demonstration |
| Oct. 25 | 2:30-2:45 p.m. | Get your Cardion |

What should I wear?

Step One: Wear your bathing suit under your clothes for body to rest and a good set of athletic/active shoes.

Step Two: Wear your gym clothes and athletic/active shoes.

Bring a towel for after your workout.

JAX TALES BY MIKE JONES

RICKYSTOUR@YAHOO.COM



COMMUNITY CALENDAR

The Navy Wives Club of America, NWCA Jax No. 86, meets the first Wednesday of every month. Meetings are held in Building 612 on Jason Street at NAS Jacksonville at 7:30 p.m. The Thrift Shop is open Tuesdays and Thursdays and every other Saturday from 9 a.m. - 1 p.m. For more information call the Thrift Shop at 772-0242 or President Barbara Howard at 471-1444.

Clay County Chapter 1414, National Association of Retired Federal Employees, (NARFE) invites all retired and currently employed federal employees to their regular monthly meeting, the second Tuesday of each month at 1 p.m. at the Orange Park Library. For more information call 276-9415.

Submarine Sailors - If you have qualified on a United States Navy submarine in the past or present you are invited to join "First Coast Sub Vets." If you have qualified on a submarine from a foreign country, you are invited to join as an associate member. Meetings are held the second Saturday of each month at the American Legion Post 316 on Atlantic Blvd. For more information contact the Base Commander at rjrjax@atbi.com or 241-6222.

The Marine Corps League, Jacksonville Detachment holds their monthly meeting the first Thursday of the month at 7 p.m. at the VFW Post 7909 on Blanding Blvd. For more information call John Leisman at 779-7375.

Girl Scout Troop 333 meets every Wednesday from 7-8:30 p.m. at NAS Jacksonville Chapel Annex. All girls grade 4-6 are invited, adults are also needed. If interested contact Lynne Sebring at 317-2363 or come to the meetings.

St. Joseph's New Directions is a year-round support group for the divorced and separated. Meetings are held the second and fourth Wednesday of every month. The meetings start at 6:45 p.m.

and are held in the Convent at St. Joseph's main church on Loretto Road. Call 268-1591.

Christian Fellowship Night will be held behind the Chapel in Bldg. 749 from 6:30 - 9 p.m. every Tuesday night. For more information call 542-3051.

Jackpott, (Jacksonville Parents of Twins and Triplets) are having a garage sale on Oct. 5 from 8 a.m. until noon at the Asbury United Methodist church in Orange Park. The church is located on the corner of Blanding Blvd and College Rd. For more information call 908-4475 or email arttwins@earthlink.net.

The Kirkwood Presbyterian Church Women's Group is sponsoring a crafts show Oct. 5 from 10 a.m. to 4 p.m. The church is located at 8701 Argyle Forest Blvd. For more information, call 779-6511.

The Clay County Chapter 1414 National Association of Retired Federal Employees (NARFE) invites all retired and currently employed federal employees to their regular monthly meeting Oct. 8 at 1 p.m. The meeting will be held at the Orange Park Library, 2954 Plainfield Ave.

A reunion for members of USS Sperry (AS-12) who served on the ship from 1942 - 1982 is planned for Oct. 10-12 in Galveston, Texas. For more information contact Arnold Ross at (281) 534-2459 or email aross14573@aol.com.

The crew of the USS Greene, DD266, AVD13, APD36 will gather in Jacksonville, at the Hilton- Jacksonville Riverside Oct. 10-13. The crew will visit NS Mayport and NAS Jax. Other events include a prayer breakfast, ceremony at the Lonely Sailor Statue and a banquet. For reservations and more information, call 398-

8800.

USS Dwight D. Eisenhower (CVN-69) crewmembers are hosting a 25th anniversary celebration Oct. 14-18 in Norfolk, Va. For more information visit the website at <http://www02.cif.navy.mil/eisenhower> or email ike25@eisenhower.navy.mil.

The Jacksonville Semper Fidelis Society is holding a Marine Corps Birthday Ball Nov. 8 beginning at 6:30 p.m. at the San Jose Country Club. Retired Brig. Gen. Thomas Draude will be the guest speaker. The cost is \$45 per person/\$90 per couple. For more information call Sharon Leahy at 545-0635 or log on to www.jaxsemper-fidelis.org.

VS-30/VS-801 will hold their 50th Anniversary Celebration March 12-15 (in conjunction with Viking Week East) in Jacksonville. Contact: Lt. D.B. Waidelich at 542-8546 or email waidelichdb@vs30.navy.mil. Anyone searching for memorabilia and history should contact Cmdr. Ruth at ruthda@cscwl.navy.mil.



JAX SPORTS NEWS

Sports officials and scorekeepers needed

The North Florida Military Officials Association is looking for people to officiate soccer, softball, football, and volleyball at NAS Jax. Scorekeepers also needed for basketball. Experience not required. If interested, contact Al Vandercar 282-0809.

Men's/women's captain cup tennis tournament slated

These tournaments will be held Sept. 30 at 5 p.m. They are free and open to all NAS Jax active duty men and women. The matches will be played at the Birmingham tennis courts. Individuals playing in the tournament will earn Captain's Cup points for their respective command. Call the NAS Jax gym to sign up by Sept. 27.

Intramural basketball meeting coming up

The intramural basketball league is open to all NAS Jax active duty commands and personnel. The organizational meeting will be held Oct. 9 in the Quarterdeck Conference Room (Bldg 590) at 11:30 a.m. The season is scheduled to begin Nov. 4. All interested personnel should attend the meeting to discuss rules and to get the required paperwork to join the league.

Singles fall tennis tourney in October

A Men's and Women's Tennis Tournament is scheduled for Oct. 21 at 5 p.m. The event is free and open to all NAS Jax authorized men and women. Matches will be played at the Birmingham tennis courts. Call NAS Jax Athletics to sign up by Oct. 20.

All-Navy wrestling tryouts coming up

These tryouts will be conducted by Rob Hermann, All-Navy wrestling coach, at the NAS Jax Gym on Oct. 25 from 5-7 p.m. Weigh-ins will not be conducted and wrestling equipment is not required to tryout. Weight classes are 119; 127; 138; 152; 167; 187; 213; and 286. Call NAS Jax Athletics to sign up.

Navy Southeast Regional Running and Triathlon Team

Are you a runner and would you like to represent the Navy in 5K, 10K, marathons, and/or triathlons? The Navy will showcase elite active duty men and women in regional races. Uniforms are provided along with transportation, entry fees, and lodging costs.

Interested runners must compete in sanctioned (USA Track and Field, USA Triathlon Association, or Roadrunners

Clubs of America) races and your time must be one of top ten regional qualifying times. If you have run in a sanctioned race and your time meets regional qualifying time, contact your base athletic director.

Qualifying times:

- 5k
- Men - 19:00 Women 24:00
- 10k
- Men - 34:00 Women 46:00
- Marathon
- Men - 3H30M Women 4H
- Triathlon
- Men - 2H30M Women 3H
- Triathlon time based on 1.5k swim, 10k run, 40k bike.

For more information about any of the sports articles, call Bill Bonser, Sports Coordinator or Mike Gorman, Athletic Director at 542-2930/3239 or e-mail us at dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil.

SPORTS STANDINGS

Greybeard Softball Standings as of Sept. 20

Intramural Softball Standings as of Sept. 20

| Team | Wins | Losses | Team | Wins | Losses |
|---------|------|--------|---------|------|--------|
| NAMTRA | 2 | 0 | NAMTRA | 2 | 0 |
| VP-30 | 2 | 0 | VP-5 | 2 | 0 |
| VP-45 | 1 | 1 | VP-30 | 2 | 1 |
| VS-32 | 1 | 1 | AIMD | 1 | 1 |
| AIMD | 0 | 2 | Air Ops | 1 | 1 |
| CPRW-11 | 0 | 2 | VP-45 | 1 | 1 |
| | | | HS-5 | 1 | 2 |
| | | | SERCC | 1 | 3 |
| | | | NavHosp | 0 | 3 |