



# JaxAir News

VOL. 59 • NO. 42 • NAS JACKSONVILLE, FLA

## TOUCHING BASE



RP2 Gary E. Oates hands RP2 Marilyn Cruz a Christmas shoebox filled with gifts destined to the needy overseas.

### Operation Christmas Child

By JO2(SW) Shae Blasko  
Staff writer

The Naval Air Station Jacksonville Base Chapel is an active participant in Operation Christmas Child, an overseas philanthropic effort organized and run by "The Samaritans Purse."

For the past few months both, the Protestant and Catholic Chapels collected 143 Christmas shoeboxes filled with small gifts and Christian literature to distribute, through this program, to children and families in overseas countries ravaged by war, poverty and disaster.

"We are doing more than just delivering shoe boxes," said Chaplain Lt. Cmdr. Wayne Hatman, chapel deputy director. "We are reaching children and families with the good news of Jesus Christ."

Grace and Paul Heffner, chapel members, organized the drive and Hazel Russell wrapped all boxes in brightly covered Christmas paper.

The chapel also donated \$700 to the Samaritans Purse to cover processing and transportation costs involved with this \$3,500 project.

The Samaritans Purse is a non-profit Christian relief organization founded by Franklin Graham.

For further information on Operation Christmas Child or other charities offered by the base chapel, contact the base Chapel at 542-3051.

## IT'S BEGINNING TO LOOK A LOT LIKE CHRISTMAS

### Holiday season arrives at NEX Garden Center



Photo by Loren Barnes

Annice Coleman and George Lance (above) care for hundreds of poinsettia plants at the NEX Garden Center.

The Christmas season burst into bloom at the NAS Jacksonville Navy Exchange last week as the first shipments of Christmas trees and poinsettias arrived at the NEX Garden Center.

The smell of fresh cut pine and

rows of red and green foliage filling plant stands at the center, located near the Birmingham Gate, are sure signs that Christmas is on its way.

A wide selection of Christmas trees, including Balsam Firs,

Dutchman Balsams, Blue Spruce, Fraser Firs, and Scotch Pines, are just some of the varieties available in sizes ranging from 3 to 12 feet.

Tree prices range from \$12.50 to \$43.50.

The Center also offers plenty of

poinsettias and other seasonal plants.

Poinsettias range in price from \$1.99 for a 4-inch plant to \$8.99 for a 10-inch hanging basket.

For more on Christmas tree care and safety, see Page 3.

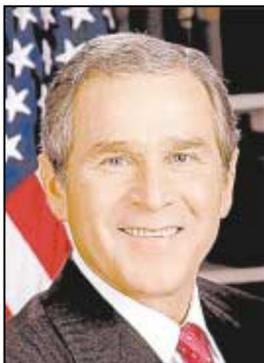
## President signs 4.6-percent pay raise into law

By Brian Friel  
Special Contributor

Federal workers will get an average 4.6-percent pay raise in January under a bill signed into law Monday by President Bush.

Bush signed the 2002 Treasury-Postal appropriations bill despite his year-long opposition to a 4.6-percent raise. The Bush administration, in its February budget, had proposed a 3.6-percent average raise, which would have been \$900 million less expensive than the higher figure, according to administration estimates.

Members of Congress, including Rep. Steny Hoyer, D-Md., and Sen. John Warner, R-Va., pushed through the higher raise, arguing that military and civilian personnel should get roughly the same basic pay raises. Military personnel will get a base increase of 4.6 percent next year, with targeted increases boosting their overall raises to between 5 percent and 10 percent.



President George W. Bush

where employees work. Employees in high-priced labor markets, such as San Francisco and New York, will get higher raises than those who work in rural locations or smaller metro-

politan areas such as Richmond, Va., or Huntsville, Ala. President Bush will decide how to divvy up the raise later this year. In a statement accompanying his signature of the bill, Bush made no mention of the federal pay raise.

The \$17.1-billion Treasury-Postal spending bill includes other key provisions affecting federal workers:

- Allows a 3.4-percent raise for members of Congress, which would raise the cap on Senior Executive Service salaries. SES salaries are tied to congressional salaries. Currently, pay caps keep executives at the top three of the six SES pay levels at the same salary level. In eight cities, federal executives at the top four levels are all paid the same.

- Gives agencies permanent authority to offer child care subsidies to low-income employees. Congress authorized the current childcare subsidy pilot program in September 1999, but its

See RAISE, Page 3

## 'Nightdippers' visit area school children

By Lt. William R. Urban  
IS-5 PAO

Last week, several Helicopter Antisubmarine Squadron (HS) 5 "Nightdipper" pilots and aircrewmen visited Lakeside Elementary School in Orange Park.

The visit was a part of the Squadron's Adopt-A-School Program which attempts to "Give a little something back" to the community.

As part of a Veteran's Day Salute to the Military, which included the children singing numerous patriotic songs, the school presented the "Nightdippers" an American flag which had been painted by the Lakeside Elementary Students. In return, the "Nightdippers" presented Lakeside Elementary a framed lithograph of an HS-5 armed helicopter.

Early in the morning, a "Nightdipper" contingent of five pilots and five aircrewmen arrived at Lakeside Elementary School in their flight suits. The contingent was led by HS-5 Commanding Officer Cmdr. Steve Schreiber. The children, from kindergarten to third grade, were in a school-wide



The students and staff at Lakeside Elementary give the visiting Sailors a handmade American flag which the "Nightdippers" will take along for inspiration on their upcoming deployment.

assembly. The principal of Lakeside Elementary presented Skipper Schreiber with a beautifully hand-painted American flag. The children had applied paint to their hands and then used their handprints to form the stars and stripes of our national ensign. The flag was given to the "Nightdippers" in recognition of the past support they had given to the school and for important upcoming work they will be doing in support of the country.

In appreciation, the Commanding Officer, on behalf of the entire

squadron, presented the Principal with a lithograph of an HS-5 helicopter that was signed by all of its pilots and aircrewmen. Schreiber then thanked the school for this honor and gave the students a brief about what the "Nightdippers" do.

While the children seemed pleased to see the men and women in uniform, the true stars of the morning were all the students in the program. The children were tremendous. They sang many patriotic songs, including: The Star Spangled Banner, America the

Beautiful, My Country Tis of The, and The Battle Hymn of the Republic.

It was a truly stirring performance, which made everyone feel proud of this wonderful country. The final song was truly a show-stopper. The children's rendition of Proud to be an American, while everyone else stood and waved small American flags, was a special site to see.

The "Nightdippers" left the school amazed and uplifted by the

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## WEEKEND WEATHER



FRIDAY 66/72  
ISOLATED SHOWERS



SATURDAY 55/70  
PARTLY CLOUDY



SUNDAY 53/68  
PARTLY CLOUDY

Seven-day forecast available at Naval Atlantic Meteorology and Oceanography Facility Jacksonville's Web site:  
<http://www.nlmof.navy.mil>

# Deployment preparation includes good planning on your legal matters

By Lt. Jeff Truitt, JAGC, USN

There is an old Navy saying that when it comes to having children, it's better to be there for conception than for the birth.

Although operations may in fact prohibit you from attending significant life events involving your family, good planning can ensure that these milestones do not include unforgettable experiences such as eviction, wage garnishment, or loss of driving privileges.

Here are some things you should consider before deployment to help put your personal affairs in order:

- Determine possible needs for special powers-of-attorney. These might include vehicle registration, tax filing, banking and investment decisions, real estate transactions, medical care, and child/dependent care. While the Naval Legal Service Office (NLSO) can provide a special power-of-attorney to meet almost any need, an even better approach is to contact the institution directly and ask if they have an in-house form. Such a move will guarantee acceptance.
- Note that a childcare power-of-attorney is required of all single parents and dual military couples.
- Negotiate with your landlord for lease renewal before you leave. Also know that under a recent change to Florida law, a military clause is in every lease. This allows members to terminate their leases (with certain provisos) upon receipt of PCS orders or in the event of premature discharge or release.
- Get a will. This is especially important if you have minor children, own real estate, have combined marital assets (including life insurance) greater than \$1 million, or do not desire your assets to be passed to your surviving children, parents, and siblings (in that order).
- Consider obtaining a living will. Essentially, this document makes known your desire to die naturally and peacefully if two doctors agree that you are incompe-

tent and cannot be saved. This could alleviate significant emotional and financial trauma to your family. If the legal skids are not greased beforehand, your loved ones may be unable to effectuate the withdrawal of artificial life support without court action, if at all.

- Get a medical power-of-attorney. This special power-of-attorney delegates decision-making authority if you become temporarily incapacitated.
- Check your life insurance and investment account beneficiaries. Remember that life insurance is a contract that operates outside your will. The standard SGLI form is just a starting point and an attorney can help you tailor this document to meet your specific desires. A common tactic is to direct life insurance proceeds into a trust created by your will for the benefit of your minor children.

Do not panic if you are sued while you are away. Instead, get help. Under the Soldiers' and Sailors' Civil Relief Act, you may be able to "stay the proceedings" until you are available to appear in court. This law also gives families protection against eviction.

- Make sure your family knows how to contact the nearest NLSO. Also ensure their information is updated in DEERS, on your Page 2, and that their I.D. cards will not expire.

Naval Legal Service Office Southeast (NLSO SE) provides free legal assistance to active duty servicemembers and their dependents, retirees, and reservists on active duty. The most popular services provided are powers-of-attorney, wills, advance medical directives, and help with civil lawsuits, consumer, landlord/tenant, child support, and tax issues. NLSO SE cannot provide business advice, represent both sides of a dispute, or assist in a claim against the US Government. Branch offices are located at NAS Jacksonville, Mayport, Roosevelt Roads, Kings Bay, and Charleston.



## Governor says thank you to Armed Forces

As Military Appreciation Month draws to a close, it is important for all Floridians to take pride and recognize those men and women in uniform who have served our country in the past, and those of you who continue to do so today - especially as our armed forces are deployed overseas in support of Operation Enduring Freedom and Operation Noble Eagle.

During this time of national urgency, Floridians are particularly aware of the enormous responsibility that you and your colleagues bear, as you fight to defend our freedom and liberty. Please know that the thoughts and prayers of all the citizens of our great state are with you and your families.

Less noticed, however, is how critical the military is to Florida's economy, society, and culture. You serve not just our nation, but also our communities, with the utmost dedication and leadership. You are true community leaders, serving as Little League coaches, scout leaders, and participating in community service organizations.

The military also helps bolster Florida's prosperity. While the attacks of September 11 — combined with a national economic slowdown — continue to impact key sectors of our state's economy, Florida's military bases and defense industries provide a solid foundation on which to build our economic recovery.

Florida is home to 21 military installations in 13 counties and three unified commands that together employ over 115,000 active duty and civilian personnel. Fifty-two of Florida's 67 counties are home to defense contractors contributing \$7 billion annually and tens of thousands of jobs to our economy. Military retirees provide an additional \$3 billion annual boost. Combined, the military and defense-related industries have a \$30 billion annual impact on Florida's economy.

We have worked hard in the past few years to maximize cooperation between the state, military commanders, and defense industry leaders. We have held Base Commanders meetings to foster dialogue; passed several laws to help military personnel and their families during times of deployment, active service, and transition; and offered grants to communities to help them keep their military and installation infrastructure viable and active.

Florida's partnership with our nation's Armed Forces dates back generations, and will only grow stronger in the years ahead. I encourage all Floridians to be thankful today not only for the brave actions of you, our service men and women, but also for the pride we all share in calling the Sunshine State home.

Governor Jeb Bush

## Sunday Services at the Base Chapel

You are invited to the following Chapel Worship Services this Sunday:  
 8:30 a.m. - Protestant Communion .  
 9:30 a.m. - Catholic Mass  
 11 a.m. - Protestant Worship  
 Children's Sunday Class - Protestant Sunday School program is at 9:45-10:45 a.m., and Catholic CCD is 10:45 a.m.-noon.

"Train up a child in the way he should go and when he is old, he will not depart from it."



# CREDO

It's free! Give yourself the gift of a Navy CREDO Retreat. A Marriage Enrichment Retreat is scheduled for Dec. 7-9. The next Personal Growth Retreat is Jan. 24-27. For more information, or to register, call CREDO at 270-6958.

### Meet A Sailor ...

## LT. DUSTIN SMILEY



**Meet A Sailor:** Lt. Dustin Smiley  
**Job title/command:** Aircraft division officer, Helicopter Antisubmarine Squadron (HS) 3  
**Hometown:** Fairfax, Va.  
**Past Duty Stations:** BuPers, VT-2, HS-10, HT-18.  
**Family Life:** Married to wife Sara with one child, Ford.  
**Career Plans:** Lead, fly, excel.  
**Most Interesting Experience:** Being a father.  
**Words of Wisdom:** "Treat everyone with respect, think before you act or speak."

### Meet A Civilian...

## GLORIA CRAIG



**Meet A Civilian:** Gloria Craig  
**Job title:** Customer Service Manager.  
**Hometown:** Virginia Beach, Va.  
**Past Duty Stations:** Barstow, Calif.  
**Family Life:** Two children, Sheree and Tennille.  
**Career Plans:** Successful retirement.  
**Most Interesting Experience:** Having a maid in Japan for four years.  
**Words of Wisdom:** "Never let the light go off at the end of the tunnel, just hold on and keep going with a smile."

## Letters to Santa to be published

The Jax Air News will publish selected Letters to Santa in the Dec. 20 issue. Based on the amount received we will print as many letters as our space allows so Santa will have a better chance to see what the children from Jacksonville, Fla., 32212-5000 or dropped off to the office, Room 219, Building 1 by Dec. 14. Letters can also be faxed to 542-1534.

Letters can be mailed to the Jax Air News, Box 2, NAS Jacksonville, Fla., 32212-5000 or receive in their Christmas stockings this year.

## MWR offers holiday airport shuttle

By JO2 Mike Jones  
Assistant Editor

For many service members, securing a ride to Jacksonville Airport, especially during the holiday season, proves challenging. That friend who owes you a favor is suddenly nowhere to be found and you just don't have the cash to take a taxi nearly 30 miles to catch your flight.

To help alleviate the stress of holiday travel, MWR is offering an airport shuttle for NAS Jacksonville Sailors.

"We realize how hard the Sailors here work, and we wanted to have something for them over the holidays," said Jaimie Buddock, Liberty Program coordinator. "This program is designed to help get those Sailors up to the airport, and its offered only over the Christmas leave period," she said.

The shuttle will run Dec. 14, 15 and 16 from the Liberty Cove Recreation Center at 7 a.m., 1 p.m. and 6 p.m. To make sure enough vehicles are avail-

able, Buddock said all interested participants must sign up at the Liberty Cove Recreation Center by Dec. 13. "If we know early enough in advance, we'll be able to make arrangements and get people there," she said. "We have a 15-passenger van. However, if we need more, we can borrow some other MWR vehicles or use one of the MWR buses."

MWR will also offer a return shuttle service Dec. 26, 27 and 28 for Sailors needing rides back to NAS Jacksonville, Buddock said.

"We'll have announcements at the information counter in the airport for those

wanting to come back to NAS Jax."

With the airport roughly 30 minutes away (in good traffic), cab fares can be expensive, Buddock said. "The MWR shuttle service runs at no cost to the Sailors. We've budgeted for this program. It's paid for with MWR funds," she said.

The shuttle program has been in operation aboard NAS Jacksonville for the past several years, she added. "We had about 20 to 30 people use this last year," she said.

For more information, call Buddock or Kari Krause at 542-3491 or 1335.



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Deadline for all routine copy is close of business the Friday before publication. Deadline for Classified submission is noon Monday. Questions or comments can be directed to the editor. The Jax Air News can be reached at (904) 542-1533 or (904) 542-3531 or by fax at (904) 542-1534 or write the Jax Air News, Box 2, NAS Jacksonville, Fla., 32212-5000. All news releases should be sent to this address.

The Jax Air News is published by The Florida Times-Union, a private firm in no way connected with the U. S. Navy under exclusive written agreement with the U. S. Naval Air Station, Jacksonville, Florida. It is published every Thursday by The Florida Times-Union, whose offices are at 1 Riverside Ave., Jacksonville, FL 32202. Estimated readership over 32,000. Distribution by The Florida Times-Union.

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# Bike ride to benefit CFC



A Cycle for Charity (CFC) ride with United States Postal Service (USPS) Pro Cycling Team member Kenny Labbe is slated for Dec. 1 at 8:30 a.m. at Cecil Field.

This 30-mile ride will start at the Cecil Field Commerce Center and is open to everyone. All funds will go to the Combined Federal Campaign.

Labbe was a mid-season addition to the United States USPS Pro Cycling Team in 2000. He has ridden in numerous domestic races as a support rider for the team and won the Junior State Criterium Championship and was the Illinois State

Junior Rider of the Year in 1989. He has also competed in several races in Europe. Following the "Kenny Ride," is a 3.5 mile family bike ride at 9:30 a.m.

Fees are \$25 for the 30-mile ride and \$25 per family, up to four riders. Those registering by Nov. 23 will receive a free t-shirt. Shirts will be available for \$10 after that date. To obtain a registration form log on to the CFC web site at [www.cfc-at-work.org](http://www.cfc-at-work.org) or call 390-3259.

The Combined Federal Campaign will run through Dec. 15.

# RAISE: Bush signs 4.6-percent federal pay raise into law

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legislative authority ran out Sept. 30.

• Requires Federal Employees Health Benefits Program plans to provide coverage for contraceptives, but blocks coverage for abortions except in limited cases. "I am pleased that the bill continues current law provisions that prohibit the use of federal funds to pay for abortions in the Federal Employees Health Benefits Program, except in cases where the life of the mother is endangered, or the pregnancy is the result of an act of rape or incest,"

Bush said.

• Creates a new awards program for senior government professionals, mirroring the Presidential Rank Awards for members of the Senior Executive Service. The awards for nonexecutive employees would include cash bonuses.

• Requires the Office of Personnel Management to submit a report to Congress describing the results of a 60-day telework pilot program the General Services Administration would begin immediately. Under the pilot program, GSA is to target employees whose

jobs are suited to telecommuting and allow them to work for 60 days at a telecenter.

• Allows air traffic controllers older than 56 to continue to work, depending on how many years they have served. Controllers who manage air traffic are now subject to mandatory retirement at age 56.

• Allocates \$5 million to the President's electronic government fund. In his fiscal 2002 budget request, the President asked for \$20 million to fund e-government programs.

## Combined Federal Campaign totals as of Nov. 16

Activity	Contributions
345th Combat Support Hospital	\$0
Administrative Department	\$2,020.00
AIMD	\$16,146.00
Air Operations Department	\$7,775.00
Aviation Support Depot	\$1,700.00
Aviation Survival Training Center	\$1,052.00
Base Legal	\$1,014.50
Blount Island Command	\$2,784.00
CBU-14 Naval Mobil Construction	\$734.00
Chaplain's Office	\$948.00
COMHSWINGLANT	\$4,809.00
Commissary Store	\$431.00
COMNAVREG SE	\$18,905.16
COMPATRECONFORLANT DET AMPO	\$1,850.00
COMPATRECWING 11	\$4,583.00
COMSEACONWINGLANT (CSCWL)	\$9,520.00
Construction Battalion Unit 410	\$1,188.00
Defense Automated Printing	\$2,095.08
Defense Courier Service Station	\$48.00
Defense Reutilization & Marketing	\$2,005.00
DISA DECC Detachment	\$7,640.66
Disease Vector Ecology & Control	\$4,890.00
Drug Screening Lab H2033	\$2,230.00
Facilities & Environmental Office	\$1,693.00
Family Service Center	\$1,827.00
FASOTRAGRULANT DET	\$6,791.08
Fire Department	\$2,104.50
FISC	\$6,335.00
Fleet Area Control & Surveillance	\$5,414.00
Healthcare Support Office	\$4,047.00
HS-3	\$0
HS-5	\$4,692.00
HS-7	\$8,957.04
HS-11	\$8,813.00
HS-15	\$6,807.00
HS-75	\$0
I & I Staff USMC Company B	\$438.00
Military Entrance Processing Station	\$708.00
Mobile Inshore Underwater Warfare	\$303.00
Morale Welfare and Recreation	\$6,941.08
NADEP 1.0 Program Management	\$2,886.00
NADEP 3.0 Logistics Competency	\$10,757.40
NADEP 4.0 Research & Engineering Competency	\$0
NADEP 6.0 Depot Operations	\$33,203.74
NADEP 7.0 Corporate Operations	\$6,258.66
NAMTRA UNIT	\$6,309.00
NATEC	\$940.00
Naval & Marine Corps Reserve	\$1,582.00
Naval Air Reserve	\$3,774.00
Naval Brig	\$1,169.00
Naval Computer and Tele-Communications	\$5,613.08
Naval Criminal Investigative Service	\$1,014.08
Naval Dental Clinic SE	\$3,389.00
Naval Hospital	\$61,574.32
Naval Legal Service Office	\$2,874.00
Naval Reserve Readiness Command	\$1,168.00
Naval Reserve Recruiting Command	\$381.00
NAVLANT MET OC DET	\$4,889.00
Navy Band	\$2,621.00
Navy College Office	\$356.00
Navy Exchange	\$3,724.93
Personnel Support Activity	\$5,269.72
Personnel Support Detachment	\$3,033.00
Public Works Center	\$15,562.24
ROICC	\$3,257.50
Safety Office	\$527.00
Security Department	\$928.50
Southeast Regional Cal Center (SERCC JAX)	\$2,778.00
SPAWAR	\$11,111.34
Supply Department/Combined BQ	\$2,513.50
Transient Personnel Unit	\$3,352.00
U.S. Customs Service Aviation	\$990.08
U.S. Customs Service Surveillance Branch East	\$3,405.00
VP-5 Patrol Squadron Five CFC OVERSEAS REG	\$0
VP-16 Patrol Squadron Sixteen	\$9,865.00
VP-30 Patrol Squadron Thirty	\$43,085.00
VP-45 Patrol Squadron Forty-Five	\$7,036.00
VP-62 Patrol Squadron Sixty-Two	\$2,705.00
VR-58 Fleet Logistics Support	\$1,845.00
VS-22 AIRANTISUBRON Two Two	\$3,049.00
VS-24 AIRANTISUBRON Two Four	\$10,309.00
VS-30 AIRANTISUBRON Three Zero	\$5,337.00
VS-31 AIRANTISUBRON Three One	\$5,378.00
VS-32 AIRANTISUBRON Three Two	\$11,161.00
Weapons Department	\$3,017.00
<b>Total</b>	<b>\$470,238.19</b>
Overall goal and percentage of goal	74.05 percent
Goal: \$635,000	

## VISIT: 'Nightdippers' visit area school children

From Page 1

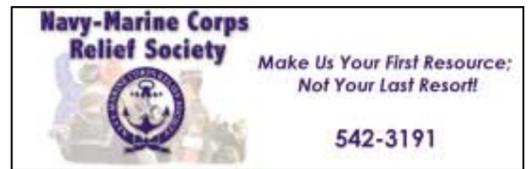
spirit and patriotism displayed by the entire Lakeside Elementary School student body and faculty. Everyone was proud of the children and happy that they were able to give a little back in these trying times. Of course, every "Nightdipper" who participated realized that they had just received far more than they were able

to give.

The "Nightdippers" will be deploying soon to join the war against terrorism.

When they go, Lakeside Elementary can rest assured of two things, we

will serve our country proudly and we will have a special American flag proudly displayed with us made by Lakeside students with little hands and huge patriotic hearts.



# Fire Department reminds you to take care over holidays

The Holiday Season is now here. Christmas trees, decorative lights and materials, candles individuals smoking at parties all increase the likelihood of a fire in your home. To help everyone enjoy a fire safe holiday, follow the "Holiday Season Fire Safety Tips" provided below.

## Christmas Trees

- When buying a fresh-cut tree, make sure it is fresh. When the trunk of a tree is bounced on the ground, a shower of needles shows that the tree is too dry and a greater fire risk.
- Cut the trunk at an angle at least one to two inches above the end to help the tree absorb water. Place the stand well away from exits, your home traffic pattern and sources of heat. Check and maintain water level on a daily basis.
- When buying an arti-



Photo by Loren Barnes

Annice Coleman and George Lance run a Christmas tree through a bagging machine at the NEX Garden Center.

cial tree, make sure it is labeled or otherwise identified or certified by the manufacturer as being "flame retardant" or "flame resistant".

## Holiday Lights and Decorations

- Use only UL or other safety-tested lights. Check

markings on light sets for "indoor" or "outdoor" use and display accordingly.

- Check light sets, new and old, for broken or cracked sockets, frayed or

bare wires, and loose connections. Replace worn and broken lights.

- Do not overload extension cords. Check and follow manufacturer's recommendations for multiple light connections.
- Do not connect more than three standard size sets of lights per extension cord.
- Do not use electrical decorations before or lights on metal Christmas trees.
- Turn off all lights on trees and other decorations before you retire for the evening or leave your home. Remember, an electrical "short" can and will start a fire.
- Use only flame-retardant or non-combustible decorations.

## Candles

- Locate candles away from Christmas trees, combustible decorations, displays, curtains or drapes.
- Place candles in areas where they cannot be knocked or blown over.
- Always use candleholders that are sturdy, won't tip over easily, and made of non-combustible material.
- Never leave burning candles unattended or within the reach of small children.
- Always extinguish candles before you leave the house or retire for the evening.
- Ensure matches and lighters are kept out of reach of children.

## General Fire Safety

- Do not burn gift-wrap-

ping or trees in the fireplace. Flames can get out of control and spread embers around the room.

- Equip your home with a UL listed ABC (all purpose) rated fire extinguisher.
- Empty ashtrays often, wetting their contents before dumping them.
- After a party, check cushions, around furniture and on the floor for smoldering cigarettes or cigar butts.
- Test your smoke detector at least monthly.
- Have a fire escape plan. Dial "911" in case of an emergency.

The NAS Jacksonville Fire Prevention Bureau wishes everyone a joyous and fire safe holiday season.

## Dedication of Florida World War II Memorial scheduled for Friday

From the Florida Department of Veterans Affairs

Final plans are under way for Friday's dedication of the Museum exhibit portion of the Florida World War II Memorial.

The 10 a.m. ceremony at the Museum of Florida History will be the first segment of the Memorial to be dedicated. Future plans for the Memorial include a permanent monument outside the museum, as well as an educational curriculum to be implemented throughout Florida schools to enable young people who have no personal knowledge of the event to understand the human experience of World War II in Florida.

Keynote speaker for the dedication ceremony is Governor Jeb Bush. Joining Bush will be Jennifer Carroll, executive director of the Florida Department of Veterans' Affairs; James Hendrix, a World War II Medal of Honor recipient; and Joe Martory, chairman of the Governor's Commission on Veteran's Affairs.

"Although the deadline for us to complete this Memorial is 2005, our goal has been to open it as far ahead of schedule as possible," said Carroll. "We're losing so many of our World War II veterans every day - almost 1,300 nationally, 100 of which are from Florida. By opening the Memorial on this day, the 60th Anniversary of Pearl

Harbor, we hope to show our veterans that we are sensitive to their concerns and share their sense of urgency for a World War II Memorial."

Major donors to the Memorial will also be attending the dedication. Beber Silverstein of Miami, has been the exclusive source of publicity efforts for the fund-raising campaign, including a just-completed TV advertisement, which will be shown for the first time at the reception.

Best Litho, also of Miami, has worked closely with Silverstein in printing most of the printed materials for the fund-raising efforts. Sun Trust Bank and Publix have been the two largest donors to the Memorial.

Following the dedication will be a reception at the Capitol Courtyard, food provided by Sonny's barbecue. Guests will be able to view vehicles, uniforms, and artifacts from that era thanks to members of the Military Vehicle Preservation Association. The Florida National Guard is also providing its support by way of the 13th Army Band who will perform during the reception. At noon, Taps will be played in commemoration of the 60th Anniversary of the attack on Pearl Harbor.

For information, contact Cat Mills at 727-518-3202, ext. 508, or e-mail at: millssc@fdva.state.fl.us.

## Tech fair to feature hardware and software

There will be a technology show at the NAS Jax BOQ Conference Room (Bldg 11) 1 on Dec. 11 from 10 a.m. to 2 p.m. More than 30 major technology companies will demonstrate the latest, fastest and "best of show" computers, related hardware and accessories. You can evaluate and compare the latest products & services, as well as discuss your needs with expert on-site representatives. The event is free and open to all personnel. Complimentary refreshments will be available. For more information

call toll-free 1-888-282-2262, E-mail: info@atc-expo.com or see www.atc-expo.com/shows

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# HS-11 selects Sailor of the Year for 2001

By IT2 Jerod Keevican

An Emmy. A Grammy. An Oscar. These are the highest honors that a performer can hope to earn during their careers. In comparison, when a Sailor is selected as his or her command's Sailor of the Year, it is the highest honor that can be bestowed upon them.

Just as with an Emmy, Grammy, or Oscar, a Sailor has to be the very best in his or her field to earn the title of Sailor of the Year.

Helicopter Antisubmarine Squadron (HS) 11's

Sailor of the year is PN1(SW) David M. Krohmer.

Of his selection, Krohmer said, "I am really humbled to have been selected as Sailor of the Year. There were several other candidates who could have easily been selected. I am just honored to be included in that group and able to work with some of the best in the fleet. I must give a lot of the credit to my wife, Laurinda. Without her tremendous support and constant pushing, I probably would not have even gotten this far."

//  
I am really humbled to have been selected as Sailor of the Year.  
//

**PN1(SW)  
David M. Krohmer**



She has always been there throughout my career, anxious to do whatever is needed to help."

Krohmer, from Holtville, Alab., is the HS-11 Command Career Counselor, First Lieutenant

Division Leading Petty Officer, and the senior Command Financial Specialist.

In addition, he was the Administrative Department Leading Petty Officer for most of the year.

As Command Career Counselor, Krohmer devotes his time to ensuring all personnel are informed of the latest policy changes that can impact their naval careers.

He personally led HS-11 to a retention rate of 64 percent for first-term enlisted and an overall 84 percent enlisted retention

rate, a performance which led to the squadron being awarded the 2001 Retention Excellence Award.

Volunteering to be First Lieutenant Division Leading Petty Officer, he expertly molded and trained the command's most junior Sailors, smoothly integrating them into the "Dragonslayer" team.

Two things that Krohmer would like to do before leaving HS-11 are to earn his Enlisted Aviation Warfare Specialist qualification, and advance to Chief Personnelman.

## NavComTelSta Jax Sailors of the Quarter

Naval Computer and Telecommunication Station Jacksonville recently recognized two Sailors as NavCom TelSta Jacksonville's Senior and Junior and Sailor of the Quarter.

Both were selected based on their primary duties, collateral duties and volunteer efforts.

Senior Sailor of the Quarter ET1(SW) David Woods Jr. has marked himself as a proven leader and manager who inspires both his peers and subordinates



ET1(SW) David Woods Jr.

by the examples he sets. He is the Assistant Leading Petty Officer, Command



IT3 Charlotte Kingston

Financial Specialist and First Class Association Treasurer.

He also volunteers for the Florida/ Georgia Blood Alliance and the Teacher Supply Depot.

IT2 Charlotte Kingston was chosen Junior Sailor of the Quarter. She is the Reserve Program Manager and serves on the Command Assessment Team. She recently received both the Volunteer Service Medal and was a Clay County Military Person of the Year Finalist for 2001.

## KUDO KORNER

Fleet Area Control and Surveillance Facility, Jacksonville presented the following awards at a ceremony on Nov. 6:

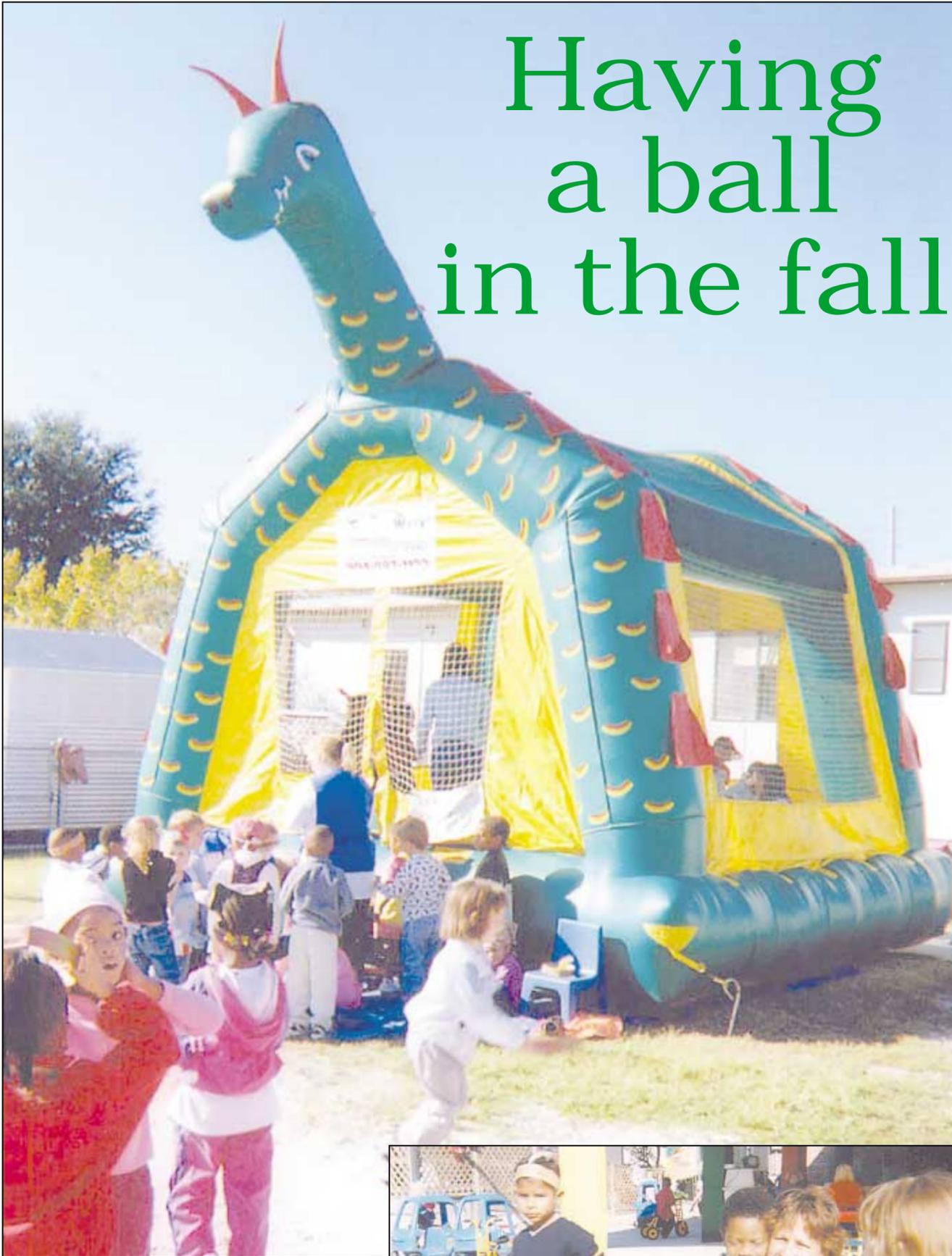
AC1 Veronica Gilchrist - Navy and Marine Corps Commendation Medal

AC2 Fred Malpica - Navy and Marine Corps Commendation Medal

OSCM Tracy Connell - Good Conduct Medal (7th)

AC3 Scott Brady - Military Outstanding Volunteer Service





# Having a ball in the fall

## Child Development Center enjoys successful festival

By Dorothy M. Harris  
CDC Program Assistant

The Child Development Center had a huge fall festival on Nov. 16. The pre-schoolers, toddlers and pre-toddlers had a blast! The fun lasted for hours beginning at 9 a.m. and continued throughout the day.

Pre-schoolers celebrated with lots of games on their playground, such as ring toss, beanbag toss, basketball, hula-hoops and more. They also recreated the history of Plymouth Rock where the Pilgrim fathers landed and discovered the "New World." Their playhouse served as a cabin scene and the children wore paper costumes. Fresh raw vegetables were exchanged to represent the sharing of foods between Pilgrims and Indians.

When the toddlers entered their playground, they were amazed by the transformation. In place of bicycles and cars there were farmyard scenes with paper turkeys on nests of hay near the pretend barn. Warm welcomes from tall imaginative paper figures of Pilgrims and Indians offered good nutritious foods throughout the sheltered play area. They were also entertained with games, such as pin the nose on the pumpkin, ring toss, basketball and lots of music for dance, which set the tone for activities.

The pre-toddlers; the youngest of the "explorers" were "tickled pink" over playing in ball pits that are see-through inflatable jungle-looking, inflatable, jungle-looking houses overflowing with more than 400 palm-size multicolored balls.

Two huge inflatable Space Walks,

that stood more than 16 feet, were rented by the center. One was placed on each playground. The jumping fun lasted for hours and laughter could be heard from yards away.

Carnival food, such as cotton candy in colors of pink and blue "floated through the air like snow," said Deridre Logan of the CDC. The smell of freshly popped popcorn drew noses from every corner of the building. Hotdogs were served for lunch along with other nutritious foods and milk.

One of the program assistants remarked, "Children will be sleeping hard today, after having so much fun with all of the activities. Much rest is needed away from all the hustle of the morning!" After two hours of rest, we will be right back at it again," says Tonya Daniels of classroom number 104.

"Parents, if you have a pre-schooler that is not enrolled in the center, they are missing out on a lot of fun," said Center Administrator Sandy Powers. "Not all our activities are advertised. You must come to the center to get the 'inside scoop' on all of the fun events that you don't hear about."

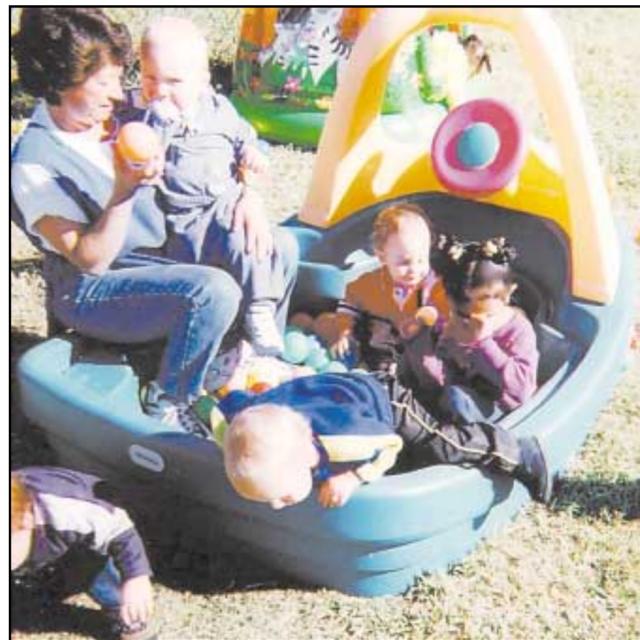
"Pre-schoolers take field trips to places like the Zoo, Pumpkin Patch, the Christmas tree farm and more." An upcoming event is the lighting of the base Christmas tree," on Friday from 6-8 p.m., at the Pavilion located on the corner of Child Street and Yorktown Avenue. "We will meet you there," said Logan.

More events are planned for 2002.

"Come on in and see us, parents, while space is available," said Kathy Gleaton, operations clerk for the CDC.



Program Assistant Ada Carpio (above) gets a hug from Jessica Floyd as pre-schoolers Bashiri Brooks and Gavin Kumar have a great time at the fair. CDC children (top) wait in line at the "Space Walk."



Child Development Center pre-toddlers Program Assistant Maria Busby entertains some busy 1-; 2- and 3-year-olds at the Fall Fair. Keeping Busby busy are Zeph Kane, 18 months, Conner Olesen, 13 1/2 months, Jason Vaughn, 17 months, and Thalisa Nieres, age 3.

# MWR Carnival: Fun for all!



Kyle Mondson, 7, enjoys getting stuck on the Velcro Wall.

By JO2 (SCW) Eric T. Clay  
Staff Writer

NAS Jacksonville Morale Welfare and Recreation (MWR) Youth Activities sponsored a Carnival for Military Family Appreciation Week. The carnival took place on Nov 17 in the NAS Jacksonville Navy Exchange parking lot.

More than 500 people enjoyed the carnival and its events. MWR arranged for a private contractor to provide five carnival rides for the event including inflatable rides such as a Velcro

Wall, a Balloon Drop, a "Caterpillar" and the "Sports Challenge." There was also a Gyro ride. For this dizzying experience, children were buckled in and spun around in circles.

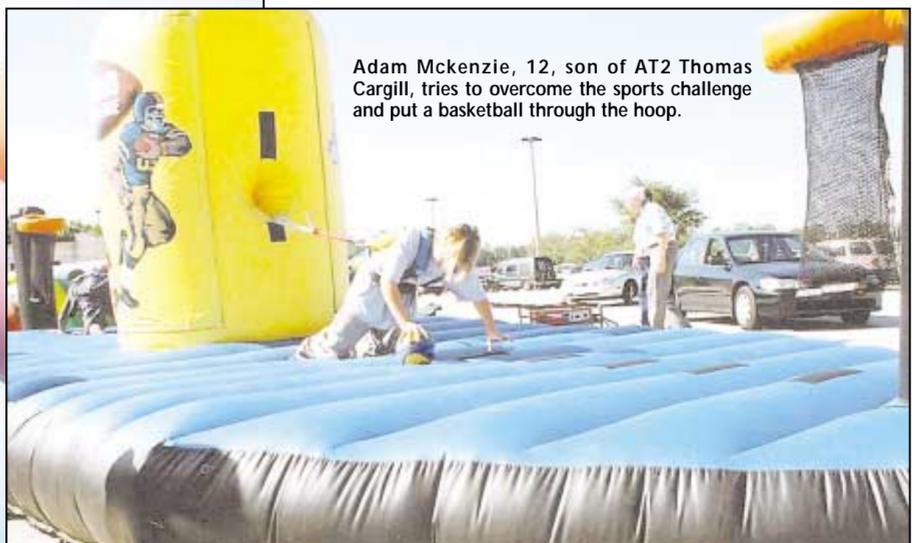
MWR also featured games such as a duck pond, a loli-pop tree and a beanbag toss. The event was for all participants. Erica Hickey, MWR youth director, said, "Everyone in attendance seemed to have a really good time and enjoy themselves."



Ricky Zych, son of AD1Richard Zych, spins himself dizzy as he rides the Gyro.



Katelyn Landrum, 2, daughter of SH1 Robert and SK2 Lucille Landrum, attempts to win a prize by picking out a special duck.



Adam McKenzie, 12, son of AT2 Thomas Cargill, tries to overcome the sports challenge and put a basketball through the hoop.

## Help! My spouse is on deployment

### Navy provides support for family members

By JO2 (SCW) Eric T. Clay  
Staff Writer

Naval deployments can cause undo stress and family problems if precautions are not made to prepare for unforeseen events before they happen.

Your Navy Fleet and Family Support Center, Command Ombudsman, the Navy Marine Corp Relief Society and the USO can help in the matters that may arise before, on or during a deployment, and provide assistance to family members while the spouse is away.

According to Dianne Parker of the Fleet and Family Support Center, deployments evoke a variety of reactions. Many families experience a fairly predictable cycle of emotions: increased anxiety or stress as a deployment approaches; adjust-

ment after a command deploys; and renewed, though positive, stress during reunion. These three phases are followed by a period of readjustment.

In each phase of the cycle, different emotions or reactions will take place. During the pre-deployment phase, disbelief, anger, guilt and fear are the most common emotions that come over a servicemember and their spouse.

In the deployment phase, relief, anxiety, frustration and guilt are commonly felt emotions. A service member may feel that the family won't be able to cope without them. The service member may feel frustrated because they're not at home to take care of the problems that occur.

During the return or reunion phase of the deployment, ecstasy, nervousness and acceptance are the most common emotions felt. The feeling of ecstasy is characterized by having the feeling "I

can't wait to see her/him." Nervousness is manifested in such thoughts as "what will we talk about when we're alone together? And acceptance concerns are reflected in thoughts such as "I hope he/she likes my new look. I hope he/she will like my new friends."

The Fleet and Family Support Center has support programs to help Navy spouses adjust to all the emotions of a deployment. They also have programs for children. The NAS Jacksonville Fleet and Family Support Center can be reached at 542-2766.

Ombudsmen programs are organized within the service members unit.

The ombudsman is there to help keep contact between service members and their families. The ombudsman also helps families deal with problems that the service member can't be involved in due to being at sea.

Kathryn Kelly is the ombudsman for Sea Control Squadron (VS) 32. She is married to AT2 (AW) Jason Kelly and they have two children, Kyle, 3, and Ashton, 6 months. The Kellys have been

together for eight years and married for six. During their time together, they have had five deployments.

"Communication is the key to a good deployment," Kathryn Kelly said. "E-mail helps. I receive about two e-mails a day. Usually at the beginning of a shift and at the end."

"The old style of mailing each other didn't usually work well. Being on a ship you can get all your letters at once," Kathryn said. "If something happens, it's too late to help. I really like the shipboard e-mail."

Kelly also said, "We (squadron families) have get-togethers at least twice a month to support each other when our spouses are at sea. This helps us because we are all going through the same problems and we don't have to do it alone. Our spouses also have support groups on the ships to help them cope with dealing with deployment. Good friends are very helpful while your spouse is away."

The Navy Marine Corp Relief Society (NMCRS) is also a major help while military spouses are

on deployment. The NMCRS helps with budget counseling, no interest loans, food lockers, a visiting nurses program and education loans and grants. The no-interest loan program is used to help the service member or their families cope with unforeseen expenses. They will not pay for fines or recreation. NMCRS does not give loans for leave or liberty unless the leave is in an emergency status. They also have thrift stores available at most bases. The Navy and Marine Corps Relief Society help line is 542-3515.

The USO has many activities for the spouse and family to participate in while the service member is on deployment. They have a Sailor's Away program through which children can go to Jacksonville Jaguars games. They also, with the help of ITT, provide discount tickets for local attractions such as Disney World and Universal Studios Florida.

The USO is located next to the main gate at NAS Jax. They can be reached at 778-2821.

## MWR NOTES

### I.T.T. – 542-3318 ext. 8

Get away with I.T.T. and let them do all the work while you have all the fun. I.T.T. trips are open to everyone! Sign up on our office located on Enterprise Avenue

### Seasonal St. Augustine

Get into the holiday spirit and celebrate the season with I.T.T. on Dec. 8. Santa will be escorted in grand fashion at the 17th annual Regatta of Lights boat parade. You will have time to wander through the city, do some shopping and enjoy the beautiful decorations. The cost is only \$7.75.

### Mickey's Very Merry Christmas

Celebrate the holidays with Mickey and I.T.T. on Dec. 14. The festivities start in downtown Disney, for a little holiday shopping. In the evening we will ride over to the Magic Kingdom for a wonderful night of celebration with Mickey and all his friends. Transportation and entrance fees are \$47.50 for adults, and children (3-9) are \$37.50.

### Mount Dora's Holiday Fair

If you are still looking for that perfect holiday gift, then Dec. 16 is the date for you. Spend part of the day at Renninger's Antique Fair then head to the city of Mount Dora for more shopping. Cost is \$11.25 per person.

### The Zone – 542-3521

The Zone can meet all your

food and beverage needs. Having an office party, luncheon or friends over? Why do the cooking when The Zone can have all your platters ready to go and serve.

Head to The Zone located on Jason Street & Saratoga Avenue for lunch Monday-Friday and check out our specials available throughout the entire facility.

Can't get away for lunch or dinner? Call the Delivery Zone at 542-3900 we bring food to you anywhere on base. The Delivery Zone has a wide assortment of burgers, subs, salads, wings, pizzas and drinks. If you want to pick-up food, pick-up is available until 8:30 p.m. in the Brew House.

### Bingo – 542-2209

Need some extra cash this holiday season? Try your luck at Bingo Monday-Friday during lunchtime or Sunday, Monday, Tuesday or Thursday evening. Our jackpots will knock you over.

### Tis The Season MWR has activities

#### to get you in holiday spirit

- NAS Jax Annual Christmas Tree Lighting will take place on Dec. 7 in Patriot's Grove on Yorktown Avenue. Enjoy music, snacks and free pictures with Santa. Santa arrives at 5 p.m. The winners of the Command Holiday Card Contest will be announced at the lighting.

- The Holiday Door Decorating Contest is a great way to show your holiday spirit and win a holiday feast for your family. Two



winners will be selected from NAS Jax Housing and two from Yellow Water Housing. Decorate your doors in housing by Dec. 16 for the judges to come around Dec. 17 and 18. Prizes awarded on Dec. 19. To enter your door, just call Family Activities at 778-9772.

- Letters from Santa - MWR called the North Pole to ask Santa if he would write a letter to the military children at NAS Jacksonville and Yellow Water and Santa said "He'd be honored!" Call Santa's Helpers at 778-9772 to register your child or children's name between Dec. 3-21 and Santa's Elves will have letters to them by Christmas.

- Holiday Tropical Freeze 2001 will be held Dec. 22 from noon to 5 p.m. at Mulberry Cove Marina. Check out the snow sled run, enjoy hot dogs and sodas. Everything is free and

open to all. Call 778-9772 for more info.

- Kids Bingo is Dec. 22 at 11 a.m. Includes lunch, bingo cards, marker and treat from Santa. The doors open 11 a.m. Call 542-2209.

### Golf happenings

- Still shopping? The Pro-Shop

has the deals for you. Everything is at least 10 percent off and selected items marked down even higher. This sale runs Dec. 3-7.

- Ladies Friday Night Clinic is still running on Fridays at 4:30 p.m. and is a great place to meet people, socialize while improving or learning golf skills. Open to all ladies base-wide and the cost is only \$10 a week.

- A 9-Hole Christmas Scramble will be held on Dec. 24 at 2 p.m. Only \$20 per person for green fee, cart and prizes. Sign up in the Pro-Shop.

- Mulligan's Annual Holiday Wreath Contest is on. Drop off a wreath designed by your command or department and the judging will be on Dec. 19. Wreaths judged on traditional theme, creativity and originality. Prizes for the top three places.

- Mulligan's Annual Holiday Sing-a-Long will be keying in on Dec. 12. Enjoy food and beverage specials while you enjoy and take part in traditional and non-traditional holiday songs.

### Auto Skills Center

The Auto Skills Center has extended hours and free 12-point vehicle safety inspections before departing for the holidays. The Auto Skills Center will be open on Tuesdays and Wednesdays from Dec. 4-22. Call for more information or to schedule your holiday check up.

### Liberty Events

- USO Pal Day in St. Augustine will be Dec. 1 get in all the attractions and eat lunch for free. Sign up for the shuttle in Liberty Cove.

- A holiday shopping trip is planned on Dec. 6 when Liberty heads to the Avenues Mall at 5 p.m. After you buy all those gifts Liberty is heading to Barracks #822 for free gift wrapping between 3:15 p.m. and 6 p.m. Wanted: Santa's return reward – \$200 NEX Gift Certificates.

- Santa is hidden somewhere on-board NAS Jacksonville and your mission is to find him and safely return him to Liberty Cove Recreation Center. Daily clues to help find Santa are posted in Liberty Cove.

For more information on Liberty give us a call at 542-3491/1335.

## COMMUNITY CALENDAR

**Clay County Chapter 1414, National Association of Retired Federal Employees, (NARFE)** invites all retired and currently employed federal employees to their regular monthly meeting, the second Tuesday of each month at 1 p.m. at the Orange Park Library.

**USO's PAL Day in St. Augustine** is scheduled for Sunday. Military members and their families can enjoy a free day on the town. For more information stop by the USO located at NAS Jacksonville's front gate or call 778-2821.

**The Stonewood Ride For Life** is Saturday. Registration begins at 7 a.m. The ride begins at 11 a.m. Entertainment, food and beverages will be provided until 3 p.m. Fees for this event are one-up \$20 and two-up \$25. All fees go toward Shriners Hospital for Children.

**The annual Advent Procession of Carols**, sung by the Choir at St. John's Cathedral in a dramatic liturgical setting, is to be performed on Advent Sunday at 5 p.m. in the downtown Cathedral, located at the corner of Duval and Market Streets. The program is free and open to the public. A nursery is provided.

**An Advent Festival of Lessons and Carols** will be presented at Grace Episcopal Church in Orange Park on Sunday at 7 p.m. this is a traditional Anglican worship service composed of advent hymns and carols and Scripture readings. Nursery provided. Grace Episcopal is located on Kingsley Ave. just east of U.S. 17 in Orange Park. Call 264-9981.

**The River City Band Holiday Concert** is Dec. 7 at 8 p.m. It is hosted by the Mandarin Presbyterian Church, admission is free.

**The Fifth Annual Festival of Lights 5K Run** is Dec. 8. This event, sponsored by American Express Financial Services, fills the streets of San Marco with hundreds of walkers and runners. The route will be illuminated with luminaries. Participants will be provided t-shirts, jingle bells for their shoes and the chance to win great prizes. Following the 5K will be refreshments, caroling, face-painting and a visit from St. Nick. The one-mile Fun Run/Walk begins at 5:30 p.m. The 5 K run begins at 6 p.m. Registration for the Run/Walk is \$10 and for the 5K run is \$14 until Dec. 1, increases to \$17 Dec. 2-7 and \$22 the day of the race. Both events begin and end at the Baptist Eye Institute, 1235 San Marco Blvd. Proceeds benefit the pediatric programs at Shands Jacksonville and Wolfson Children's Hospital. For information contact Amy Davis, at 202-2760.

**The 13th Annual Turkey Shoot**, sponsored by the North Jax Shrine Club, is every Friday and Saturday until Dec. 22. The time of the shoot is 6-10 p.m. Tickets are \$3 and \$5. Proceeds benefit the Shriners Hospital. There will be a special all-day shoot on the day before Thanksgiving, Nov. 21, from 10 a.m.-10 p.m.

**St. Joseph's New Directions** is a year round support group for the divorced and separated. Meetings are held the second and fourth Wednesday of every month. The meetings start at 6:45 p.m. and are held at the Lil' Angels room at St. Joseph's main church – Loretto Road. Call 268-1591.

**The 13th Annual Florida Shrine Bowl** fielding the finest senior football players from high schools throughout the state, will be played on Dec. 14 at 7:30 p.m.. The game will be held at the Orange Park High School football field. The cost is \$7.50 for five adults and \$3 for children. For football game information, call 642-5200 ext. 10.

**The St. Johns River City Brass Band** will perform "Sounds of the Season" Dec. 15 at 4 p.m. at the San Marco Tour of Homes, Whatley Park on Hendricks Ave. The event is free.

**The VFW Post 1988 and Ladies Auxiliary in Green Cove Springs** is having a large yard sale, Saturday and a pancake breakfast from 9-11 a.m. Hot dogs, hamburgers, barbecue sandwiches and sodas will also be available. All proceeds will be donated to the Navy and Marine Corps Relief Fund. Donations are welcomed and can be dropped off at the Post or arrangements can be made for pickup. Call the Canteen at 284-0775.

## NAVHOSP JAX NEWS

### Shuttle cart volunteers needed

Naval Hospital Jacksonville is asking for volunteers to start a shuttle service from the hospital's parking lots to the Outpatient Clinic entrance. This service is intended to start in January with golf carts driven by Red Cross volunteers. The service will initially run from 8:30 a.m. to 1 p.m., Monday to Friday, the peak hours for patients arriving at the clinic.



Anne Owen, hospital co-chairperson of volunteers, takes the shuttle cart for a test drive.

The Chairperson of Hospital Red Cross Volunteers, Helen Donahoe is looking for ten people to get the service started.

Volunteers should be able to work one day a week and have a valid Florida drivers license. Call 542-7525 to volunteer.

### New Military Health Care Benefits briefings set

Naval Hospital Jacksonville and Mayport Branch Medical Clinic will each have a TRICARE For Life briefing on Tuesday concerning new health care benefits for military retirees over the age of 65, eligible family members

and widows. Information provided will include the new pharmacy benefit that began April 1 and the TRICARE-For-Life program that began Oct. 1.

The hospital briefing will be at 2 p.m. in the base auditorium, Building 612

on Jason Street.

The briefing at Mayport Naval Station will be at 5 p.m., in the Ocean Breeze Conference Center, 243 Baltimore St.

For more information, please call Naval Hospital Jacksonville at 542-9164.

## NAVY NEWS

# DoD's new top doc urges flu shots for all

WASHINGTON — DoD's top doc got his flu shot Nov. 14 and quipped that he felt better already.

Dr. Bill Winkenwerder, the recently confirmed assistant secretary of defense for health affairs, urged everyone in the DoD family to get a flu shot this year.

Getting a flu shot is important for everybody to do every year, especially the elderly and people with chronic illness, Winkenwerder said. He noted these groups are more at risk of serious illness sometimes caused by the influenza virus.

He said DoD's supply of flu vaccine is "looking pretty good." He expected all military installations to have their supplies by late November. The department ordered 3 million doses this year, he said, "And we're hoping to use them all up."

Winkenwerder noted that the public generally thinks of flu as a mild disease, but in fact it can be serious. "About 20,000 people in the United States die every year of influenza," he said. "That's a bit of a frightening thought." The best way to counter that risk is to get a flu shot, he added.

"I'm a big believer in prevention and preventive health," he said. "Getting a flu shot is one of the very best and easiest ways to prevent illness."

Flu shots are currently available at Naval Hospital Jacksonville.

For more information, visit <http://www.cdc.gov/nip/flu/>.

### CNO salutes dedication of CACOs, Chaplains

WASHINGTON (NNS) — Chief of Naval Operations Adm. Vern Clark recently honored the more than 60 Naval District Washington casualty assistance officers (CACOs) and chaplains who provided around-the-clock assistance after the Sept. 11 terrorist attack on the Pentagon.

"This is a time for us to reflect a little bit on days past, a time to say 'thank you' and express our appreciation," the CNO told the assembled crowd of CACOs, chaplains and support personnel during his keynote speech at the Nov. 20 luncheon co-sponsored by the American Red Cross.

"It's time for us to think about who we are as a people, and to think about what motivates us to do things; what motivated us to be here today."

The luncheon was held at the Naval District Washington Headquarters at the Navy Yard. The American Red Cross worked closely with CACOs

and chaplains in the wake of the attack.

Clark applauded the CACOs and chaplains, telling them, "We are here today to say 'thank you' to the CACOs and the Chaplain Corps — those of you who have been involved in supporting the circumstances surrounding Sept. 11th."

"It just was not sufficient to send you a letter of thanks," the CNO said. "I wanted to be here in person to tell all of you 'thank you' for what you have been doing for our institution."

The CNO also acknowledged the presence of Chief of Naval Personnel Adm. Norb Ryan and Master Chief Petty Officer of the Navy (SS/SW/AW) James L. Herdt at the luncheon. He praised Ryan and his staff for moving swiftly on Navy personnel issues that were impacted by the tragic events of Sept. 11.

"Adm. Ryan, we so appreciate what you do and the organization you lead," Clark said. "We are indebted to you."

Clark said that having the ceremony during Thanksgiving week is a fitting way to say 'thank you' to those who answer the bugle call with dedication and service.

"We have been through a great deal in our Navy for the last year, and we have so much to be thankful for," the CNO said. "At the head of that list, we are thankful for people like you who make our institution what it is today."

Rear Adm. Christopher Weaver, commandant of Naval District Washington, said the circumstances of that tragic day brought out the best in many people. "We're here today to enjoy food and fellowship with those who continue to be a solid team," Weaver said, referring to the CACOs and chaplains in the audience.

Herdt said that ceremonies such as this recog-



Photo courtesy of Naval Training Center  
Navy recruits march in formation during a Pass In Review ceremony at Recruit Training Command.

nize the hard work and sacrifice of those who respond to the needs of those in distress. "It is a great source of comfort for every man or woman that wears the cloth of the nation to know that they belong to an institution that cares this much, that will expend all energy and effort to make things right for the loved ones that we leave behind, should we be called upon to make the ultimate sacrifice," MCPON added.

Chief Yeoman (SW) Michael Cooper, a CACO with Naval District Washington, said that the duty involves an attention to detail that takes on greater meaning in the wake of tragic moments.

"We're family, and the Navy family takes care of its own," Cooper said. "Commitment to the job we do is part of that credo, 'taking care of our own.'"

Sue Richter, vice president of the Armed Services Emergency Services for the American Red Cross, said that the organization called on volunteers nationwide to provide assistance in the moments following the attack on the Pentagon.

"When the plane struck the Pentagon, and the Family Support Services was established at the Sheraton (near the Pentagon), the American Red Cross set up an opera-

tion for the families, just as the other organizations did," Richter said. "We formed some close relationships with the casualty officers."

Diane Stevens, who came out of retirement with the American Red Cross, organized volunteers in the nation's capital to provide assistance wherever needed.

"I came from the chapter in Atlanta, Ga., to help out in the area of disaster relief," Stevens said. "I previously worked with the military, so it was fitting that I am here today to help honor those who responded with so much."

For more information about the Chief of Naval Operations, go to the CNO's Web page at <http://www.chinfo.navy.mil/navpalib/cno>. For more information on Naval District Washington, go to <http://www.ndw.navy.mil>.

### More force protection training, sleep ahead

GREAT LAKES, Ill. (NNS) — Navy recruits in training may soon be receiving more anti-terrorism and force protection training as well as getting more rest under recommendations made by the Board of Advisors during its first meeting the week of Nov. 12.

The 16-member Board of Advisors, comprised of the fleet and force master chief petty officers as well as command master chiefs of the major training commands, was designed to provide a means to review Recruit Training curricula and make recommendations on what Navy recruits should be learning in basic training.

The Board was challenged by Rear Adm. Ann E. Rondeau, commander, Naval Training Center, Great Lakes, to take a critical look at the curriculum of Basic Training and recommend the changes necessary to produce Sailors for the 21st Century Navy.

"It is a different Navy and we need a different kind of Sailor," she said. "Today, the training mission is about equal to the operational one because it is the top priority of our leadership." Chief of Naval Operations Adm. Vern Clark has made training his top priority in his second year at the helm.

The recommendations made by the panel have been approved by Vice Adm. Al Harms, Chief of Naval Education and Training (CNET). Work will now be done at the command level to study how to implement the recommendations, including scheduling changes, and how to fund the measures.

Commander Naval Training Center Command Master Chief Jon Thompson initiated the concept for the Board of Advisors based on a suggestion made by Cdr. Robert Feinberg of the center's training department. The concept was then approved by senior leadership and with the assistance of Force Master Chief Gregg Pratt of CNET, the board came together to study the boot camp curriculum at Great Lakes for four days last week.

"It is important that the

fleet's senior enlisted leadership defines what our Sailors will look like," said Thompson. "The fleet is our true customer."

A recommendation that recruits in training be given an additional hour of sleep may be the easiest of the areas studied to implement, according to Thompson. The most likely scenario is that taps will be sounded for recruits at 9 p.m. vice 10 p.m.. Currently recruits sleep from 10 p.m. until 4 a.m. the following morning, unless assigned to watch. Studies have shown that young adults learn more effectively and retain more information when they sleep seven to eight hours per night.

"The Navy is the only armed service that currently restricts recruit sleep to six hours per night. This recommendation would be in line with actions taken by the other branches of the armed services," said Carl Ross, dean of training for the Naval Training Center.

Increased curriculum in Force Protection and Anti-Terrorism Training will also likely be implemented based on the recommendations of the Board.

"I think since the USS Cole incident last year, there has been a consensus that additional force protection and anti-terrorism training needs to be implemented," said Thompson. "The question is how and where should that training be implemented."

Recruits currently train on laser-guided M16s and live-fire rounds from a 9 mm handgun. Under recommendations made by the board, recruits will fire additional rounds from the 9 mm and receive live fire training on the Mossberg 12-gauge shotgun.

For more information, visit the Naval Training Center's website at <http://www.ntcgl.navy.mil>.



By Mike Jones - mikejones43@hotmail.com

# Surveillance technology makes shoplifting a bad idea

Story and photo by JO2(SW) Shae Blasko  
Staff writer

The Naval Air Station Jacksonville Navy Exchange (NEX) has implemented new technology in its war against shoplifting and other crimes in its store.

"The NEX has added digital technology to its effort to stop crime at all of its stores," said NAS Jacksonville NEX Loss prevention Manager Bret Bosecker. As the NEX here has been remodeled, the NEX added numerous new cameras to the store and replaced existing cameras. More cameras were also added to the outside of the NEX complex.

"We can see in all areas of the complex to view potential crimes and crimes in progress," said Bosecker. Our color cameras are so powerful you can zoom into a book and read the pages, Bosecker added. We can also record and playback all of our camera footage. If needed, we can also use a color printer to print off pictures showing them committing the crime.

Along with the digital cam-

eras the NEX has added a Web-based data bank. The data bank is used as a research tool to help track and prevent crimes. The database tracks every detail from what kind of items are stolen to what time of day they were taken. "This information can be used as a prevention tool," said Bosecker.

"All kinds of people steal and commit crimes, we are trained to know what to look for," said Bosecker.

"When people steal from the NEX they are stealing from themselves," he added explaining that all profits from the NEX go to Morale Welfare and Recreation (MWR) and military families. "When somebody steals they are stealing from those," said Bosecker.

The NEX also offers programs dealing with shoplifting prevention in the form of educational programs for youths. "We would much rather prevent crimes than to detain criminals," said Bosecker.

Still he said, "When somebody is caught committing a crime we will prosecute to the full extent of the law."



The NAS Jax NEX is now armed with the latest surveillance technology, giving store security an added edge in crime detection.



You're not paranoid, someone is watching.

## Shop til you drop – safely

By Kaylee LaRocque  
Staff Writer

The weeks after Thanksgiving have always been the time to shop, shop, shop. Everyone seems to be in a mad rush to get their Christmas shopping done – all with that December deadline looming.

Retailers thrive on this madness by offering early-bird specials and spectacular discounts. Patrons spend hours just looking for a parking space to get into the mall, only to wait in long lines once inside. Many are in such a rush, they don't even think about their security.

The following are some things to think about when you're out shopping:

- When parking, try to park close and in a well-lighted area. Stow packages in the trunk. Have the keys ready when you approach the vehicle.
- If shopping alone at night, ask a security officer to walk you to your car.
- Beware of pickpockets. Men should carry wallets in the front pocket. Women should hold purses close to their body.
- Never leave packages unattended.
- Use bathrooms in well-trafficked areas and always accompany a child to the bathroom.

- Never leave a child in a video arcade or toy store.
- Many stores participate in a program developed by the National Center of Missing and Exploited Children. When a child is reported missing, employees scour the aisles and the police are called if the child isn't found within 10 minutes.
- When shopping with children, make sure the shopping cart is safe. Place young children in the seat, not the basket. Use the harness.
- ATM machines are a popular place for criminals to hang out. To protect yourself, choose a highly visible, well-lighted ATM.
- If you draw money out at night, have someone with you and try not to make large withdrawals.
- Have your card ready and make your transaction quickly. Don't count the money until you've rolled up the window and locked the doors.
- Never leave the receipt in the machine.
- Don't let a criminal ruin your holiday. Take the time to be a little more aware of your surroundings. Remember a little extra security could mean a lot less heartache.

NAS Jax drivers, be prepared to **STOP**



Watch for base youth boarding & exiting school buses

# Five wrestlers vie for All Navy

## Competition keen for team spots

By JO3 Jackey Bratt  
Staff Writer

Each year, All Navy Team Wrestling Coach Rob Hermann holds Smoker Tournaments at different installations as preliminary screenings for the All-Navy Wrestling Team.

From these tournaments, Hermann gives out five applications to wrestlers. After receiving the applications from across the states, Hermann selects approximately 50 Sailors to attend the official wrestling camp and tryouts.

The next camp is set for Jan. 17, 2002 in Pensacola. If selected at the try-out, the Sailor will train six days a week and represent the U.S. Navy at different tournaments and at the Armed Forces Tournament.

NAS Jacksonville was

host to one of the Smoker Tournaments back in October at the base gym. Approximately 50 Sailor's from the Florida/Georgia area attended this tournament where they each wrestled two matches.

Five wrestlers - Michael Gilbertson, attached to the USS Gladiator homeported at NS Mayport; William Lasalle, attached to VP-45 NAS Jacksonville; Chris Myrick and Carlos Rodriguez both attached to Naval Hospital Jacksonville; and Robert Liles of Patrol Squadron (VP) 30 were given applications from Coach Hermann to be filled out and turned in by the end of December. Included in the application are physical exam forms which must be filled out by medical.

"Last year, I received an application from Coach

Hermann. Unfortunately my chain of command wouldn't allow me to attend the try-out," said Rodriguez, who is weighing in for the 135-pound classification. Rodriguez has been wrestling for eight years. "I've wrestled from seventh grade all the way to my sophomore year at Kansas' Colby Community College," he said. This college level experience may in fact help Rodriguez make the team.

This is the first time that Gilbertson is putting in his bid for the team. Gilbertson, who is in the gym working out every day, has been wrestling for 12 years. He could easily spot his advantage over the other competitors.

"A lot of the Sailors who were wrestling at the Smoker didn't know too much about freestyle wrestling and fortunately I do," he said.

Myrick is no rookie to

wrestling competition. This year will mark his third time to try out for the team. After receiving an application last year, he decided to pursue football, but has come back to the sport of wrestling. He is wrestling in the 127-pound weight class, doing both freestyle and Greco styles.

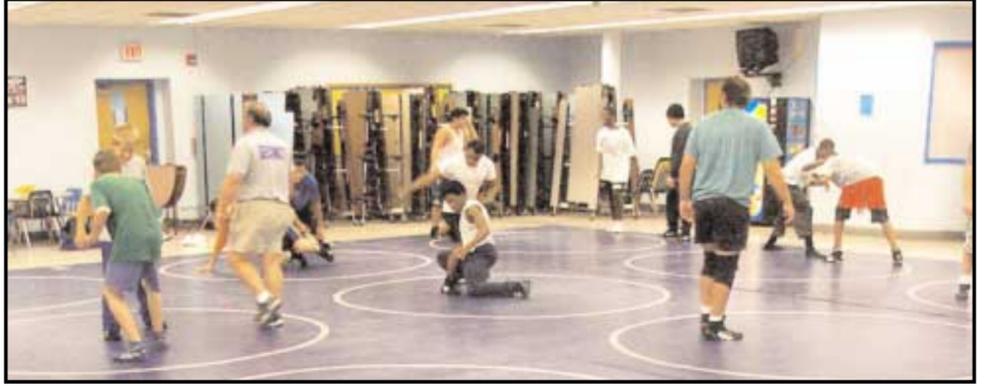
"My goal is to make the All-Navy team, place in the top two at the Armed Forces Tournament, continue onto Nationals and place within the top eight," he said. Being placed within the top eight at Nationals guarantees a spot on the World Team. Myrick will be ready for competition.

"Although I haven't been wrestling long, I am smart on the mat," he said. "I have about three other moves in my mind to use if they decide to counter my move. I will be undefeated!"

All five applicants have basically the same goals. They want to represent the United States Navy through wrestling. They feel they have what it takes to become a member of the elite team.

We will see who makes it past the second match and who takes a beating and is told to pack it up and go home!

William Lasalle works out alongside Lee High School wrestlers at one of their practices.



Chris Myrick and William Lasalle, assistant coach, train for their upcoming tryout for the All Navy Wrestling Team.

Photos by JO3 Jackey Bratt



A Lee High wrestler tries to get the best of William Lasalle.



No it's not the newest technique in headbutting! William Lasalle demonstrates a wrestling move to local high school wrestlers.



Myrick gains confidence as he pins an opponent to the mat during a practice match at Lee High School.



## On The Go With USO

USO's NoHoHO Program is available again this year. This program provides hotel rooms at some of the nicer hotels in our area, for military members living in barracks or aboard ship.

The cost is \$10 per night, not per person, for up to four in a room. The rooms are available from Dec. 18 through Dec. 28. You may use as many of those nights as you need as long as availability lasts.

Reservations must be made through your USO office, Bldg. 1050, front gate, NAS Jax.

It's a great deal for those

who are unable to go home for the holidays, those who would like to have family or friends visit them here, or for those who just like to get out of the barracks for a while during the holiday season.

The hotels in our community offer these rooms each year as an expression of appreciation for the sacrifices made by our Armed Forces, many of whom are far from home and family at this special time of year.

For more information, contact JoAnn or Charlene at USO, 778-2821/542-3028.

## Navy College Learning Center modifies schedule for holidays

In order to accommodate students needs, Navy College Learning Center will offer a modified schedule for the holidays.

NCLC will be open on Fridays in December from 9 a.m. — 1 p.m. on the 7<sup>th</sup>, 14<sup>th</sup>, and 21<sup>st</sup>. These hours will compensate for closed hours during the weeks of Christmas and New Year's.

During Christmas week, NCLC will be open on

Monday, Dec. 24 Wednesday, Dec. 26, Thursday, Dec. 27, and Friday, Dec. 28 from 9 a.m. — 2 p.m. It will be closed on Christmas Day and on Saturday, Dec. 29.

NCLC will also be closed on New Year's Eve and New Year's Day. It will resume with normal hours beginning Wednesday, Jan. 2.

Any questions may be directed to Tawanna or Maryanne at 542-35676.

# JAX SPORTS

## 4-on-4 flag football meeting Wednesday

The Flag Football Intramural League is open to all NAS Jax active duty commands and personnel. The meeting will be held in the Main Event at The Zone at 11:30 a.m. The season is scheduled to begin in January and games will be

played in the evenings under the lights. All interested personnel should attend the meeting to discuss rules and to get the required paperwork to join the league.

## 3-on-3 Holiday Basketball Tournament Dec. 10

This is a Captain's Cup

event and open to all NAS Jax active duty commands. The tournament is free and will be held at the NAS Jax Gymnasium at 4 p.m. Teams must consist of three or four players from the same command. Awards will be for first, second and third place. Teams must sign up by Dec. 7. Call 542-2930/3239.

## Sports officials and scorekeepers needed

The North Florida Military Officials Association is looking for individuals to officiate soccer, softball, football, and volleyball at NAS Jax. Scorekeepers are also needed for basketball and softball. Experience is not required. Contact Al Vandercar 282-0809.

## Men's varsity coach wanted

The NAS Jax Athletic Department is looking for an experienced military or civilian individual who would like to coach the Men's Varsity basketball team. The team represents NAS Jax in military and community tournaments throughout the Southeast Region. Contact the NAS Jax Athletic Department.

Interested runners must compete in sanctioned (USA Track and Field, USA Triathlon Association, or Roadrunners Clubs of America) races and your time must be one of top ten regional qualifying times.

If you have run in a sanctioned race and your time meets regional qualifying time, contact your base athletic director.



And they're off . . . in the annual 5K Turkey Trot run.

## Greybeard Basketball League forming

The Greybeard League is open to all NAS Jax active duty commands and personnel ages 33 and above. The season is scheduled to begin Nov. 27 with games played Tuesdays and Thursdays at 11 a.m. and noon. Interested personnel should stop by the gym and to get required paperwork to join league.

## Competition runners sought by Navy

Competition runners are being sought to represent the U.S. Navy in 5K, 10K, marathons, and/or triathlons. U.S. Navy will showcase elite active duty men and women in regional races. Uniforms will be provided as well as transportation, entry fees, and lodging costs.

### Southeast Regional Qual Times

<b>5K</b>	
Men 19:00	Women 24:00
<b>10K</b>	
Men 34:00	Women 46:00
<b>Marathon</b>	
Men 3h., 30m.	Women 4h.
<b>Triathlon</b>	
Men 2h., 30 m.	Women 3 h.
<b>Triathlon time based on</b>	
<b>1.5k swim, 10k run, 40k bike</b>	

For more information about any of the sports articles, call Bill Bonser, Sports Coordinator or Mike Gorman, Athletic Director at 542-2930/3239 or e-mail us at dbonser@nasjax.navy.mil or dgorman@nasjax.navy.mil. Visit the MWR website at www.nasjax.navy.mil/mwr

# Annual Turkey Trot brings out runners

By Kaylee LaRocque  
Staff Writer

Ninety-five participants spent their lunch hour running along Perimeter Road during the annual 5K Turkey Trot on Nov. 20. The event is sponsored each year by MWR and is followed by a raffle to win 10 Butterball turkeys.



Placing first in the Men's Military Category was Jeff Tomaszewski of AIMD coming in at 17:17. Just one second behind him was Truban Harrison of VP-30. Placing third was Ricardo Damo of VP-16 at 19:19.

In the Women's Military Category, Melissa Jones of AIMD took first with a time of 25:24. She was followed by Josephine Cito of VS-22 at 25:37 and Julia Dean of DVECC coming in at 26:23.

Taking first in the Men's Open Category was John Baty of PWC with a time of 22:38. Placing second was Glenn Mebane of MWR at

25:04 and coming in third was Joe Carreiro of MWR at 25:18.

In the Women's Open Category, Michelle Proses placed first with a time of 26:40. Taking second was Jane Turcotte coming in at 27:54 and third was Sandi Harrington at 31:34.

The next run coming up is the annual Jingle Bell Run on Dec. 12 at 11:30 a.m.

Intramural Basketball League Standings		
Team	Wins	Losses
VP-45	5	0
TPU	4	0
FACSFac	3	1
BMC	2	2
VP-30	1	2
AIMD	1	3
VP-16	1	3
VS-22	1	3
Blount Island	0	4



## Keep NAS clean

It is home and workplace for nearly 25,000 Sailors, Marines and civilians